

# THE MAINSHEET

COLUMBIA UNIVERSITY SAILING TEAM



SPRING 2019



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# SPRING 2019

## COACH'S NOTE

The Columbia Sailing team should be extremely proud of themselves. They made incredible strides this year and the momentum is just beginning. We started the semester by upgrading venues for the "Annual" team and alumni fundraising event to the Faculty house. I look forward to pulling in more prestigious speakers from throughout the sailing community in years to come.

Throughout the winter, the team met daily for workouts at Dodge and Monday night meetings to organize the Spring season. We started the season at Stony Brook's Spring Open in a very windy 20+ knots; the season opener did not let down for cold water and true spring college sailing. Columbia finished just below mid fleet with debuting College sailing B division Crew Min Kim (aka Andrew) '23.

The following weekend was held in NJ at Ocean County College, Columbia sailed excellently, ending Saturday in 3<sup>rd</sup> of 17. Although the scores are not as indicative of the ability of the sailors, a hard Sunday left us tied for 6<sup>th</sup>. The team reflected on what happened and took the lessons learned into practice.

The weekend of April 13-14 was a tough one, Columbia had two events, the Grant Trophy which was a conference qualifier and the Owen, Mosbacher and Knapp Trophies at Yale. Yale presented a challenge for the new Columbia sailors participating, but we came away with a win over Princeton! The Grant trophy was a huge success as our finish qualified us for the America Trophy! Through gusty conditions and a boom to the head resulted in a tough weekend at the America Trophy, it was a huge



A note from current Head Coach, *Dave Coughlin* step in the right direction for the team to be represented.

Lastly is the MAISA Women's Dinghy Champs on April 20-21. The regatta was going well until our starting B division skipper rolled her ankle on the foot holds of the Flying Juniors cockpit. She was unable to walk much less skipper, we had no alternative but to sit out B division and get ten DNS finishes, when the regatta completed and Columbia had fallen to 12<sup>th</sup>.

The Championship season presented challenges to the young team, but with time and maturity I know Columbia will rise to the occasion and be a regular fixture at nationals. In the meantime we will continue to smile and enjoy the college sailing experience.

As we build this team, you need to keep in mind that this a group effort. Keep sending me any recruits you know of looking to sail in college and offer up other ideas on how to make this team better!

- Dave Coughlin

# SPRING 2019

## CAPTAIN'S NOTE

I write to you at a moment of great excitement and promise for our team. We have enjoyed another year of stability and focus under the stalwart leadership of coach Dave Coughlin. Along with his professional excellence and wealth of contacts that have enriched our support network on and off the water, Dave has helped further ground the team and introduced a structure to practice that has made us more competitive - enabling our stellar spring performance at regattas this past season. Our success is the fruition of the efforts of many past students and coaches. I am honored to follow in their footsteps, and I thank the team for entrusting me with CUST.

We are sad that many of our tried and true members are leaving us to graduate or study abroad next semester, but we are excited to welcome in a wave of freshmen and other new sailors during the first weeks of the fall. The new officer board and I have been working on expanding the role that the team can play in a student's life. Often our most promising sailors feel the need to choose between sailing and their other activities. We hope to make the team community a true family away from home, and to enable students to do any activity they want to through the framework of the team. With new merchandise and publicity pushes, we hope to increase our visibility on campus so that every time one of us wears a CUST shirt the immediate reaction of those we meet won't be: "We have a sailing team?" When we see the initial rush of new interest this fall semester, we are going to establish that CUST is a commitment, and show them why it is a commitment worth making. Offering practices five days a week and encouraging every member of the team to compete at at least one regatta each semester, we will sail the hardest that we can; through expanding the types of social engagement offered off the water, from reserved study rooms in the library to weekly team dinners, we will chill the hardest; and by having more frequent gatherings to come together as a full team, we will celebrate the hardest. I hope through these initiatives not only to continue this team's ability to be a complete community for new students and a home, like it has been for me and many others since freshman year, but to step up our game and seize the energy of our new

*A note from our captain, David Treatman, GSJTS '20.*

board to reach new heights.

Through this formal expansion of how CUST can fit into the Columbia experience, we will grow our committed base and position ourselves to make more progress competitively, getting everyone on the water consistently for the same practice days with the same pairings. This team has so much to offer: the community, the escape from Manhattan and Columbia stress culture, the competitive avenue to let off steam, and more. I can't wait to share CUST with the new students of Columbia in the fall.

It is impossible to overstate how appreciative the CUSTies and I are of the generous support of our alumni and friends, which allows us to continue operating and expanding. Thank you all so much for ensuring that scores of students have a home away from home. This year's Annual was a huge success, and we raised over \$25,000. This, coupled with a radically reimagined way to get new docks, puts us in a uniquely advantageous position to hit the ground running in the fall. We hope to be able to announce this solution to you soon.

As a freshman sitting in the corner of Hamilton 501 for my first CUST meeting, I could never have imagined I would be entrusted with the role of Captain, and I am beyond grateful for the opportunity to give back. I am extremely proud of our energized board and all of their hard work since assuming office.

The team cannot wait to get back on the water. Alumni, if you are able to come cheer us on at a regatta or stop by a practice, we would love to see you!

Enjoy the summer sun,

David



# SEASON'S HIGHLIGHTS



This season was jam-packed, with a regatta almost every week, and sometimes even two in one weekend! A few new members also joined this spring, keeping CUST growing.

At the Grant regatta, an all-women team placed 5th out of 16th team, qualifying for America's Trophy at the Naval Academy in Annapolis, Maryland. Congratulations to the A skipper and crew, Lily Loosbrock and Elizabeth Keeney, and the B skipper and crew, Isa de la Torre and Claire Wooten. And last but not

least, a big shout out to alternates Chris Jackson and Andrew Kim.

CUST also hosted two major events: the Annual and the end-of-year BBQ. To read more about the Annual, check out the Annual Recap on page 6. To celebrate the end of the semester, we had a barbecue at Coach Dave's where both new and old salters and some of Dave's friends who have been supporting the team gathered around delicious food and a cozy fire.





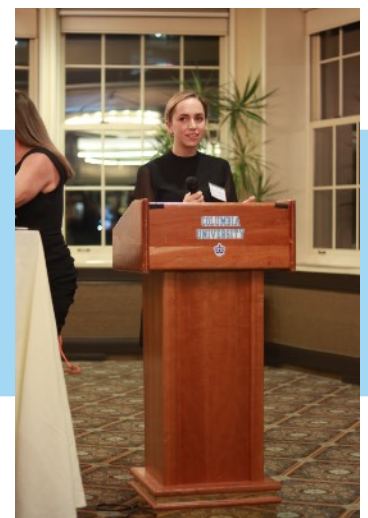
(Left) We were so lucky to have Suzy Leech as our first guest speaker!

## THE ANNUAL RECAP

This semester, CUST revamped the Winter Fundraiser. The new event, called the Annual, was held at Columbia's Faculty House. The Annual was a team effort and all the members helped to make table decorations, gather donations for the silent auction, and more the night of the event. Suzy Leech made the night a wonderful learning experience with her talk and 90s video clips. We hope to have another chance to talk with this year's guests and supporters of CUST as well as to see our new alumni next year!



(Clockwise from bottom left) CUST merchandise and the silent auction helped bring in much-needed funds for the club. Alumni chair Claire Wooten introduces the guest speaker.





# UPCOMING EVENTS

## THE ALUMNI REGATTA

Come practice your roll tacks and brush up on your knots in this CUST-hosted regatta. This is a great time to keep in touch with graduated salters and to keep those sailing skills alive. See you on the water!



# CUST QUOTES



“Nothing could be better than the community developed between sailors. Whether it is in the challenges of competing in regattas or just having fun at social events, it all creates a strong community.”

- Charles Johnson, SEAS '19

“Mateo is the best coach ever!”

- Gleb Vizitiv, SEAS '20



“One of my favorite memories comes from my first regatta when I was sitting on the lawn at the yacht club watching the boats race through the binoculars. I learned a lot about racing that day and it was exciting to watch the sailors perform different strategies out on the water as Dave, the coach, and I were talking about what they were doing.”

- Christopher Jackson, GS '19



If you have any more thoughts or memories about CUST you want to share, email them to Zoe, the communications chair, at [zlc2104@columbia.edu](mailto:zlc2104@columbia.edu) to be featured on the Instagram!





## FALL 2019 OFFICERS BOARD

CAPTAIN: *David Treatman, GS/JTS '20*

FIRST MATE: *Boaz Willis GS/JTS '22*

TREASURER: *Meimei Cao BC '22*

SECRETARIES: *Kyelee Fitts, CC '20*

ALUMNI CHAIR: *Blaine Helleloid CC'21*

COMMUNICATIONS CHAIR: *Zoe Chan CC '22*

MERCHANDISE CHAIR: *Benjamin Barth CC '22*

SOCIAL CHAIR: *Doga Ozesmi, SEAS '20*

## THANK YOU

*Thank you to the board members of Fall 2018 for all your hard work! Best wishes for your semesters abroad.*

# 2018 DONORS

As a team, we want to thank you all for your generous donations to Columbia University Sailing. As a club sport, we rely heavily on the kindness of alumni, family, and friends to make possible all we do. From boat repairs and improving our equipment to hiring a coach and attending away regattas, your contributions go a long way, and we promise we are putting your considerate gifts to good use.

On behalf of all members of Columbia University Sailing, thank you for all you have done and continue to do for us.

## DONORS

Ilana Refaeli  
Alison Rosenfeld  
Edelstein Michelle  
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Koehler Jack  
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Christopher Jackson  
Haley Collins  
Bailey Fryer  
Hungfei Ho  
Mary Kate Mezzetti  
Nicholas Houchois  
Dane Knecht

# THANK YOU

FOR KEEPING CUST SAILING!





CHECK US OUT ONLINE:

 <https://columbiasailing.org/>

 @columbiasailing

 @columbiasailing



We rely on the generosity of our alumni and parents to support the Annual Fund. This fund allows us to travel to regattas, improve our facilities, and employ our coach. Please consider contributing via mail or online at <https://columbiasailing.org/donate/>