## Capability Driven Design: A step-by-step approach



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Capability Driven Design

An Approach for Understanding Users' Lives

in Design for Development

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## Themes and topics Capability Driven Design

Person				
Self-Reflection & Dreams	Spirituality	Knowledge & Skills	Body & Appearance	
Self –reflection, identity, plans for the future, goals, self-improvement, habits, expectations, barriers, confidence, life satisfaction	Religion, beliefs, rituals, functionings. Involvement of others, time spend, way of practicing, body energy, inner peace, intentions	Knowledge, skills, talents, training, (in)formal education, work, capacities, imagination, reasoning, literacy, language, activities, critique, availability of (in)formal education	Appearance, care, hygiene	
Health				
Health	Healthcare	Happiness & Worries	Food & Drinks	
Physical condition, life expectation, health limitations, medicine, mortality, body energy, ability to perform activities	Doctor, nurse, (in)formal care, dentist, clinic, hospital, trust, familiarity, attitude, beliefs, superstition, stigmas, medicine, subsidies, affordability, accessibility, connectivity	Worries, stress, strain, love, care, support, loneliness, happiness, bless, expression of feelings, vulnerability, uncertainty about future	Habits, intake, nutritional value, availability, affordability, variety, quality, cooking	
Relationships				
Family	Community	Social Life	Colleagues	
Partner, parents, siblings, children (contraception, abortion, infertility, care), in-laws. Ties, love, attachment, romance, pressure, support, having voice, tradition, knowledge transfer, hierarchy, cooperation, acceptance, appreciation, competition, activities, decision making, sharing	Friendships, ties, activities, attachment, stigmatisation, class differences, acceptance, appreciation, competition, cooperation, pressure, tradition, sharing, support, social status	Friends and acquaintances. Strong and weak ties, informal relations, networks / digital, attachment, acceptance, appreciation, competition, cooperation, pressure, tradition, sharing, support	Friends, ties, activities, attachment, acceptance, appreciation, competition, cooperation, pressure, support, exploitation, teaching / inspiring others	
Activities				
Work & Spare Time	Movements	Participation & Organisation	Information & Communication	
Paid / unpaid (e.g., household, care) activities, leisure, hobby, time perception / usage, activity type, where, with whom,	Places to go, freedom to go out, ability to go out, safety to go out	Communal, regional, national. Social activities, involvement, participation, express opinion/ speak up, vote,	Phone, internet, relationships, solving problems, information distribution, mobility, correctness of information	

## CAPABILITY DRIVEN DESIGN: THEMES AND TOPICS

working area, enjoyment, usefulness, power, learning / training, decision making, relaxing celebrations		critique, power, control, view, politics, misuse/misbehaviour/for gery, corruption, justice, rules / regulations, political support	
Living			
Housing	Safety & Security	Facilities	Environment
Type, ownership, size, choice, facilities, attachment, migration, own space, comfort, envy / judging	In- /outside home and area, day and night. Bullying, discrimination, physical and emotional security, cyber security, fright	Energy, energy access, water, infrastructure. Accessibility, affordability, reliability	Nature, climate, condition, wildlife, eco-system, attachment, access, relaxing, rules / regulations, consciousness
Possessions			
Products	Financial Situation	Natural Property	Animals
Household, personal, mobility, communication. Ownership, cultural value, characteristics, product security, attachment, usage, fashion/ trends	Savings, income, expenditure, possibilities, behaviour, affordability, accessibility/ control, taxes / policies, financial security	Land, plants, trees. Number, size, price, availability, rules and regulations, usability, attachment, happiness, relaxing, care, abuse, privacy	Pets, cattle for work, protection or food/drinks, acceptance, attachment, beliefs