



The Fundamental Organizing Systems and Core Clinical Imbalances

<p>Assimilation <i>Digestion, Absorption, Microbiota/GI, Respiration</i></p> <p>Defense and Repair <i>Immune system, Inflammatory processes, Infection and microbiota</i></p>	<p>Energy <i>Energy regulation, Mitochondrial function</i></p> <p>Biotransformation and Elimination <i>Toxicity, Detoxification</i></p> <p>Communication <i>Endocrine, Neurotransmitters, Immune messengers, Cognition</i></p>	<p>Transport <i>Cardiovascular, Lymphatic systems</i></p> <p>Structural Integrity <i>From the subcellular membranes to the musculoskeletal system</i></p>
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Antecedents, Triggers, and Mediators

Mental, Emotional, Spiritual Influences ▶ **Genetic Predisposition** ◀ **Experiences, Attitudes, Beliefs**



Personalizing Lifestyle and Environmental Factors