of others. She walks from town to town, state to state, speaking and offering her services, and in return receiving a place to stay and food to eat.

She wears a faded blue sailcloth tunic with pockets in which she carries her papers, newspaper clippings and other few worldly goods. Her shoes are children’s sneakers, of which she has worn more pairs than she remembers.

“They go about 1,500 miles to the pair,” she said. “Good mileage? I think it’s excellent.”

Peace Pilgrim refuses to tell her age or anything about her own personal background, saying that it’s not important. She lives simply, eating only fresh fruits and vegetables, a few nuts and seeds, whole grains, yogurt and buttermilk.

As she started her pilgrimage in California, she comes back often, and spent the better part of this past week in Vista and San Marcos.

She has traveled well over the 25,000-mile goal she at first set for herself.

“I reached that mark in 1964,” she said. “I haven’t counted since.”

With her goal reached, she changed the emphasis of her approach from walking to speaking. She considers her speaking engagements of top priority, and is booked ahead through 1984.

Though her life is more regimented now by the many speaking engagements she has, she still has times when she must sleep by the road or in a truck stop.

“I seldom miss more than three or four meals in a row when I’m on the road,” she said. “I’m just not a slave to comfort and convenience.”

Though her message is essentially religious, Peace Pilgrim subscribes to no denomination and will speak to any group.

“I am a deeply religious woman,” she affirmed. “My attitudes are religious, loving to people; I am obedient to God; and I know I am more than self-centered and the body.”

She said she has preached to all the major church denominations in the country and Canada.

Though she has read the Bible, she said she found her own answer to inner peace by looking within herself, not from the “outside, scholarly approach.”

People accepting her message need not adopt her way of life, she said.

“I wouldn’t recommend my job to anyone. Most people are called into a job into the family pattern by this thing called falling in love. They should also follow sensible living habits and a path of service. I would recommend the principles by which I live — obedience to God’s laws and finding your job in the divine plan.”