



BETTER TOGETHER

*Becoming a church
of groups*

Fall 2017

 **MISSOURI**
UNITED METHODIST CHURCH

204 S. Ninth St. Columbia MO 65201
contact.us@moumc.org
443-3111

www.moumc.org



/MissouriUMC

Here we grow!

When you think of a church group, what comes to mind?

This year we're broadening the idea of a church group. Look... groups don't have to be hardcore with homework and study (there's a place for that); they can also be fun and light. Running, eating, scrapbooking, history, parents of teens, men who BBQ, you name it – we can make a group of it. People who share something in common can gather to do the thing they have in common and/or come together to share their highs/lows and pray for each other. If you want to meet new people in a casual social gathering, that works! If this kind of group sounds right for you, use the forms in the back of this booklet to mark off some of your interests and you will be matched up with your group. I believe affinity groups are some of the best ways to connect like-minded people you otherwise might not have the chance to meet!

All Are Invited

If you are new to the church or have been here your entire life, this is your invitation to participate in a group. I know that can be a little scary for some, so feel free to email me, and we can chat online or in person about a group for you... I love to put names with faces, hear your story and connect you with others. Any guidance I can provide, I'm honored to give.

My prayer is that you'll SAY YES! to a group and it will be just what you need, when you need it!

Groups make our large church feel smaller. They also grow us in connection to God and each other. Groups are for our friends, co-workers, family and us. You don't have to attend Missouri or even identify as a Christian. All are invited and welcomed. Joining a group is not a life-long commitment. Groups range from as little as a four-week term to as much as a year. We want you to find a good fit.

Two Ways to Sign Up:

1. Complete sign up form in the back of this catalog and place in the Sunday offering or drop off at the church office.
2. Sign up online at moumc.org/adults.

Books and Paying

Some of the groups require books. Every group, however, acquires their books differently; some will have books for purchase in the office, and others will purchase on their own. Your facilitator will inform you of his/her plan.

Say Yes to Affinity Groups

So, maybe you want to meet new people and you don't know where to start. We are connecting people with commonalities by helping you form some new affinity groups. Here's a chance to share what you enjoy, and we will do our best to link you up with others who indicate the same. Listen... being part of a large church, it's hard know everyone's name, let alone what they like to do. We hope this new process will connect you with folks. Here's how it works:



1. Complete the "Connect me!" affinity group form on pages 18 & 19 with your hobbies, interests, and even stage of life.
2. The office will compile the information received and put people in contact with each other through email.
3. Charity will invite the various groupings to start a short group this fall or later.

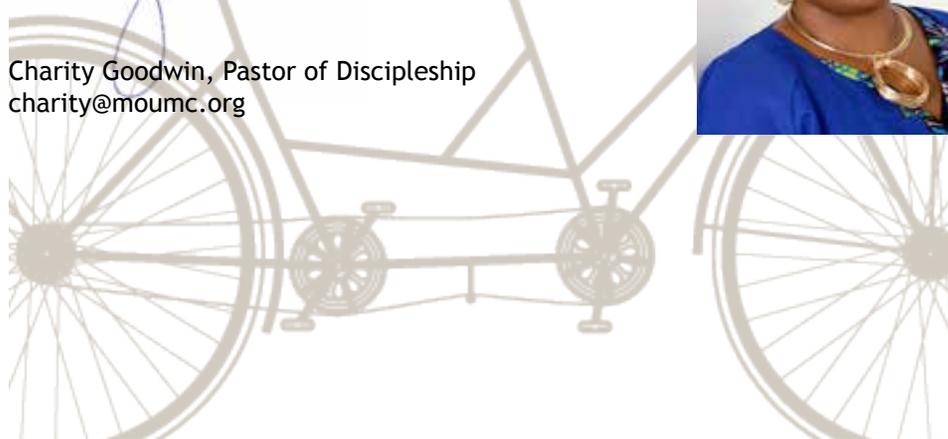
Whether or not the group decides to meet "formally" they will have each other's contact info and can develop friendships on their own.

Catch Your Breath Retreat is a new opportunity that is coming up on Oct. 6-7. This will be an intentional time of connection, purpose and renewal for those who find themselves overwhelmed, stressed and desire to establish or strengthen their connection to God and themselves. Check out page 9 for a few more details.

Say Yes to a Better Together Group!

Charity Goodwin

Charity Goodwin, Pastor of Discipleship
charity@moumc.org



Better Together Groups

(Listed by day of the week)



Sundays

Living the Questions/Seekers (Everyone) *Starts Sept. 24*

Sundays @ 9:15am in Room 302

The Seekers group fosters open thinking and works to provide meaningful faith development. Living the Questions is for people who think they are alone in being a “thinking” Christian and that “salvaging” Christianity is a hopeless task. What is needed is a safe environment where people have permission to ask the questions they’ve always wanted to ask but have been afraid. After this study, the group will promote other studies through the church’s newsletter, The Messenger, and in the Sunday bulletin.

Facilitator: Mark Headley

Adult Bible Study (Everyone)

Sundays @ 9:15am in CLC 107-109

We share a passion for the Scriptures. Group includes shared prayer concerns, reading and discussion looking both at the Biblical context and the application of Scripture to our lives as Christians. We also serve local missions such as The Wardrobe and sometimes gather for lunch during the week.

Facilitator: Julia Goodell

CONNECT (Everyone)

Sundays @ 10:30am in CLC 110

Join us as we discover how we can understand current events in relation to our Christian faith and United Methodist heritage. This group’s mission is One Table. They host dinners with refugee families in Columbia.

Facilitators: Karen Hayden & Karen Sander

Covenant (Everyone)

Sundays @ 10:30am in CLC 108

The Covenant group is a free-wheeling discussion group based on Christian study and books.

Facilitators: Bruce & Lisa Miles

Tuesdays

Social Justice: Learn and Take Action (Everyone) *Starts Sept. 12*

Tuesdays @ 6pm in CLC 107/109

We will focus on Social Justice issues in all forms. Recent events lead us to become better informed and to try to focus on activity. We will review Kareem Abdul Jabbar’s book, “Writings on the Wall: Searching for a New Equality Beyond Black and White.” We will read, discuss and formulate action in finding our voice as a church. Book: \$15

Facilitators: Roy Robinson and Rev. Jim Bryan

Half Truths: God Helps Those Who Help Themselves and Other Things the Bible Doesn’t Say (Everyone) *Starts Sept. 12*

Tuesdays @ 10am at Lenoir Woods, 3710 S. Lenoir St.

Residents at Lenoir or those who can visit will join in a robust and thought-provoking conversation based on this book by Adam Hamilton. Book: \$10

Facilitator: Cynthia Beverley

Lectio Divina (Everyone) *Starts Sept. 12*

Tuesdays @ 5:30 in the Chapel

Come spend some quiet time with others gathered around God’s Word. This is a time for feeding your soul. We open with a centering prayer. We then spend 15 to 20 minutes reading a brief scripture and keeping silence as we open ourselves to hearing God through the Word. After closing the meditative time with prayer, some may wish may spend a few minutes discussing their experiences. All are welcome.

Facilitator: Julia Goodell

Genesis (Everyone) *Starts Sept. 12*

Tuesdays @ 6-8:15pm at the church

Focus is on Genesis this semester and Exodus in 2018. In this study, participants explore the beginnings of the people of God and what it means to be a child of God. We will use the Disciple 2 curriculum and take our time, one book at a time, for a transformational experience of learning scripture. No previous Disciple study needed. Book: \$20

Facilitator: Gary Beahan

Introduction to the Old Testament (Everyone) *Starts Sept. 12*

Tuesdays 6:30-8pm at the church

A great place to start learning the story of God and God’s people. Perfect for people who have never done a study before but are ready to take a small first step. This is a transformational study rather than just informational. The book is from the Disciple Bible Study series. Group will meet for nine weeks. Book: \$10

Facilitator: Marie Powell

Wednesdays

Advocates (Everyone)

Wednesdays @ 9am at the Columbia Area Senior Center, 1121 Bus. 70 E.

An open sharing group offering a place for people to explore their faith, talk about scriptures and pray. This is a no-agenda, drop-in format group.

Facilitator: Ted Craig

GriefShare (Everyone) Starts Sept. 13

Wednesdays @ 10:30am at Boone Landing's Activity Room

A group where grieving people can share time together as they work through some of their grief over the loss of loved ones. We will be using the GriefShare curriculum, which includes a short video, a workbook/journal and time to share with and support each other in Christian love. Book: \$10

Facilitator: Mickey Havener, retired pastor and hospice chaplain

FX: Family Experience (Families, All Ages)

Wednesdays @ 6pm in CLC 103 (Ministers at different times/locations)

Families with children in elementary school work together (set design, production, singing, acting) to create a high-energy shared experience that puts parents, kids and leaders in the same room for an equal dose of truth and laughter.

Facilitator: Walt McManus

The Gifts of Imperfection by Brené Brown (Parents of Pre-K and Younger Elementary) Starts Sept. 13

Wednesdays @ 6pm (various kid-friendly locations)

The subtitle: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are has been part of my salvation journey. This book along with scripture continues to change my life. One of the areas it most shows up is in the way I parent. We will learn 10 Guideposts for living wholehearted lives where we believe we are worthy of love and belonging-- because we are and because we want our children to know it too! Book: \$10

Facilitator: Charity Goodwin

Men's Group Starts Sept. 6

Wednesdays @ 6:30-7:30pm in The Parlor

The men's group discusses men's topics, prayer concerns and volunteer opportunities. The Fall focus is on the book of Hebrews, led by Bill Arendt. This study will last about 12 weeks. Bring your favorite Bible. Be on the look out for special presentations during the year.

Facilitator: Wade Sanders

Thursdays

Entrepreneurship 101 - An Introduction to Owning Your Own Business (Everyone) Starts Sept. 14

Thursdays @ 6:30pm at the church

Group will examine the pluses and minuses of Entrepreneurship. We will explore our dreams of owning a business and the road map to help us get there. We will be joined by business owners and a banker who will help you through the process of owning your dream business. The book we will be referencing will be "EntreLeadership" by Dave Ramsey. This is a six-week group. Book: \$15
Facilitator: John Beverstein, owner of the HoneyBaked franchise in Columbia

The Power of a Whisper: Hearing God and Having the Guts to Respond (Everyone) Starts Sept. 14

Thursdays at 6:30pm

Imagine what life can look like when God's followers choose to hear from heaven as they navigate life on earth. Whispers that arbitrate key decisions, nudges that rescue from dark nights of the soul, promptings that spur on growth, urgings that come by way of another person, inspiration that opens once-glazed-over eyes to the terrible plight people face in this world; this, you'll learn, is the power of a whisper. Group meets for four weeks. Book: The Power of a Whisper by Bill Hybels Book: \$10

Facilitator: Fred Leist

Making Sense of the Bible (20- and 30-Somethings) Starts Sept. 14

Thursdays @ 7pm at the Cole's House

This group will focus on the teachings of the Bible and how they relate to young adults in the 21st Century. Purchase books on your own: Making Sense of the Bible by Adam Hamilton.

Facilitators: Logan and Jessica Cole lpcole10@gmail.com jessicacole1012@gmail.com

Fridays

Fear of the Other, No Fear in Love (Everyone)

Fridays @ 11:30am in the Library

We are a group of progressive Christians seeking to discern the voice of God in whatever form it comes. Our next study is be *Fear of the Other, No Fear in Love* by Will Willimon. We will discover what Bishop Willimon has to say about the command to love our neighbor, especially when that neighbor is outside the mainstream of Christianity. Book: \$10

Facilitators: Bill Allen & Linda Robb

Other Growing Options

Music Ministry: Choir Rehearsal

Chancel Choir Rehearsal Wednesdays @ 7:15pm in CLC 101

This is an adult, mixed ensemble that provides primarily traditional choral literature for the 10:30am worship service.

Wesleyan Ringers rehearsal on Tuesdays @ 6:30pm on 4th floor

Service Opportunities

Missouri UMC is a church rich in service opportunities as we reach into our surrounding community and the global community. There are a variety of ways to be in mission and service – through small groups, all-church efforts and individual interest. Contact Madi Denton, volunteer missions coordinator, at missionmoumc@gmail.com.

Spiritual Connections

Let's celebrate the joys of everyday life as part of our spirituality, interlacing fellowship, stillness, prayer and attentiveness to God. Opportunities to participate, such as a fellowship dinner, Advent event and Lenten event, will be announced throughout the year. For more information, please contact Debbie Luchenbill, Terri Williams or Julia Goodell at cf7cf7@gmail.com.

Wednesday Night Workout

Wednesdays @ 6:30pm in MPR (Starts Sept. 13)

Wear comfy clothes, bring an exercise mat and a bottle of water and be ready to move! Drop in and join us any time!



Catch Your Breath: A Renewal Retreat

Step away from the dizzying daily demands, busyness and constant go of life. Leave lighter and renewed, with a clearer picture of what's coming next for you with God. For you who are new to Missouri, and anyone looking to go a little deeper into faith, Catch Your Breath will give you a few hours to learn, do and reconnect to God's practices and purposes for your life. This will not be a somber contemplative-only experience, we want to practice joy, laughter and fun as well on the journey!

***SAVE THE DATE: Oct. 6 and 7
(Friday evening - Saturday afternoon)
at an off-site location.***

Following the retreat you can opt to continue on the journey in a Better Together group that will meet for four weeks to study *A Disciple's Path* by James Harnish. Book: \$10

- Wednesdays @ 6pm (Facilitator: Charity Goodwin)
Meets Oct. 11 - Nov. 1
- Thursdays @ 6:30pm (Facilitator: Fred Leist)
Meets Oct. 12 - Nov. 2

United Methodist Women

UMW purpose: To be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ, to develop a creative, supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church. The Unit – the full body – meets together three times a year. Individual circles and interest groups meet as decided upon within the group.

For more info, email Georgia Nolph, UMW president, at nolphkg@gmail.com.



UMW Circles

UMW Circles gather for fellowship and support, pray together, and study and learn about the needs of and ministry with women and children around the world. The women of UMW also raise money and give their time and talents for mission. All circles and interest groups are open and welcome new participants.

Breakfast Group Circle

2nd Tuesday of the month @ 8:30am at Upper Crust, 3919 Providence Rd. Christian fellowship and discussion of problems confronting Christians

Esther Circle

2nd Wednesday of the month @ 9:30am in room 304
Works on fabric projects for MUMC and missions

Bratton-Cunningham Circle

3rd Wednesday of the month @ 9:30am at members' homes
Stays informed about current mission needs and current societal events

Searcy-Feely Circle

3rd Wednesday of the month (January-May and September-November) at 10am in the Parlor. Focuses on education, spiritual growth, hands-on mission and fellowship

Gibson Circle

3rd Thursday of the month @ 9:30am in the Parlor
Mission emphasis is Coyote Hill Christian Children's Home

Wesley Circle

2nd Thursday of the month @ 1pm in the Parlor
Works helping those inside and outside of the community

Sophia Circle

2nd Thursday of the month @ 7pm in the members' homes
Collects kits for the Festival of Sharing as well as projects meeting the needs of the community

Val's Circle

2nd Monday of the month @ 11:30am at various locations and @ 1pm program in the Parlor
Educates on needs and mission issues

Eagle Online Circle

Anytime, all the time! A devotion is posted online weekly; prayer and support requests and UMW announcements are shared online.
Designed for women who are comfortable with the computer and desire to communicate from home and/or work

Monday Evening Book Club

1st Mondays (changed to 2nd Monday if the 1st Monday is a holiday) @ 7pm in homes

Join us for fellowship and conversation as we share in reading a variety of books from various genres and various service projects.

MUMC Book Club

2nd Wednesdays of odd-numbered months @ 10am in the MPR Atrium or Lenoir Community Center as announced

Books are chosen by the group and lively conversation always ensues.

Prayer Shawl Ministry

2nd Wednesdays @ 1:30pm in rooms 204-205
(January, March, May, September, November)

This group knits or crochets prayer shawls to provide warmth and comfort to people in our church and the community that are going through a significant event. Please let us know when someone would like to receive a prayer shawl.

Quilters

Thursdays @ 1pm in Room 303

Anyone interested in hand-quilting is welcome to join us as we quilt and fellowship together. We charge for hand quilting and all proceeds are donated to UMW mission projects.

Recovery Support Groups

The church offers space to these groups which are independently facilitated.

12-Step Groups

Sunday	9:00-10:00 a.m.	AA - How It Works Group	CLC 113
	5:00-6:00 p.m.	CoDA - Freedom to Be	CLC 113
Monday	10:00-11:00 a.m.	NA - Addicts in the Daytime	CLC 113
	5:30-6:30 p.m.	Al-Anon - There is Hope Group	CLC 113
Tuesday	7:00-8:00 p.m.	AA - Fraternal Group	CLC 113
	10:15-11:45 p.m.	NA - Quarter 'Til Group	CLC 113
Wednesday	11:00 a.m.-Noon	12-Step Lunch Bunch	CLC 113
	6:15-7:15p.m.	CoDA - Freedom to Be	CLC 113
	8:30-9:30 p.m.	NA - Spiritual Connections	CLC 113
Thursday	Noon-1:00 p.m.	AA - Downtown Group	CLC 113
	5:15-6:30 p.m.	NA - Quarter 'Til Group	CLC 113
	6:45-8:30 p.m.	AA - Young People's Group	CLC 113
Friday	Noon-1:00 p.m.	AA - Downtown Group	CLC 113
	7:00-8:00 p.m.	AA - Young People's Group	CLC 113
Saturday	10:00 a.m.-Noon	AA - Growth Group	CLC 113
	7:00-8:00 p.m.	AA - Happy Hour Group	CLC 113
	11:45 - 12:45 a.m.	AA - Dark Side of the Room	CLC 113

For Kids

Contact: Katja Jones, katja@moumc.org

Sundays

Worship, Kids' Worship! and Serendipity Choir

Sundays @ 9:15am in Whittler Hall

Children participate with their families in worship and then can be dismissed to Kids' Worship! and choir. If families wish for children to remain in worship, Children's worship bags are available with activities to help them connect to worship.

Whittler Treehouse Early Childhood Ministry, Studio K-5, Worship

Sundays @ 10:30am

Children begin in age-level classrooms, move to a large group video lesson and return to small groups to participate in active learning.

Infants (Birth-18 mo.)	W5
Terrific Twos	W7
Preschool	W4
Pre-K	W3
K-1st Grade	CLC 103
2nd Grade	CLC 102
3rd Grade	CLC 104
4th-5th Grade	CLC 105

**See map on page 16*

Grace Notes Choir

Sundays @ 6pm in the Chapel (September-May)

Children in grades 2-5 learn together through music.

Wednesdays

FX (Family Experience and Faith Expressions)

Wednesdays @ 6pm in CLC 103

Families with children in elementary school work together to create a Family Experience program to be performed at different times and locations throughout the year. No experience needed. You can help with the performance or work on set design and production.



For Youth

Contact: Katja Jones, katja@moumc.org

Sundays

Sunday Morning Youth Better Together Group

Sundays @ 10:30am in the Youth Room

Group for youth in grades 6-12 focusing on Bible study plus life application.

Sunday Night MUMY

Sundays @ 5pm in the Youth Room

A gathering of youth in grades 6-12 that includes dinner, worship, small group discussion and games. We begin promptly at 5pm, eat dinner and then have a large group worship and message. We then move into small groups by grade and allow the youth to have discussions over the night's topic plus whatever is going on in life.

Acolytes

Sundays @ 9:15am and 10:30am services

Youth serving as Acolytes is an important part of developing leadership within our youth program. Contact Eric Hucker (ehucker@live.com) for training info.

Confirmation

Our 2018 Confirmation Class will begin meeting in January and classes will continue through April. Confirmation is open to all youth in the 7th grade or older who have not gone through confirmation. Confirmation students learn what it means to be a United Methodist Christian in today's world using Scripture, Tradition, Reason and Experience as a guide in life decisions.

Youth Leadership Team

All youth are invited to participate in the Youth Leadership Team. This team helps the Director of Youth Ministries decide what topics the youth will focus on, what activities the youth will participate in and they help design and lead certain youth activities throughout the year.

Youth Fall Retreat

The youth travel to a local retreat center for a weekend away to be in fellowship, worship and to grow closer to God and as a group.



For College Age

Contact: Kim Parker, parker@moumc.org

DINNER & BIBLE STUDY
Tuesdays at 7pm

CONTEMPORARY WORSHIP
Sundays at 7pm

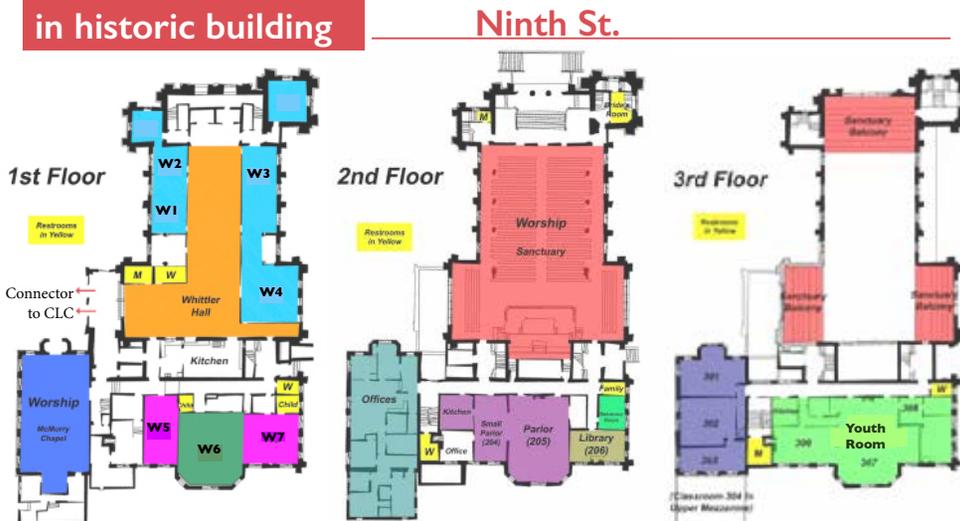
MISSION TRIPS
Native American Outreach • winter break
Mozambique • 2018

www.moumc.org/ignite
#ignitecomo

Christian Life Center (CLC)



Whittler Treehouse in historic building



Sign me up!

You may complete this form and place it (and your check if you need to purchase materials) in the offering or drop off at the church office. You also may sign up online at moumc.org/adults. Please complete one form per person.

NAME _____

EMAIL _____

PHONE _____

Catch Your Breath: A Renewal Retreat

- Attend retreat on Oct. 6-7
- Follow-up Better Together Group, A Disciple's Path (Everyone)

Sundays

- Living the Questions/Seekers (Everyone)
- Adult Bible Study (Everyone)
- CONNECT (Everyone)
- Covenant (Everyone)

Tuesdays

- Social Justice: Learn and Take Action (Everyone) Book \$15
- Half Truths: God Helps Those Who Help Themselves and Other Things the Bible Doesn't Say (Everyone) Book \$10
- Lectio Divina (Everyone)
- Genesis (Everyone) Book \$20
- Introduction to the Old Testament (Everyone) Book \$10

Wednesdays

- Advocates (Everyone)
- GriefShare (Everyone) Book \$10
- FX: Family Experience (Families, All Ages)
- The Gifts of Imperfection by Brené Brown (Parents of Pre-K and Younger Elementary) Book \$10
- Men's Group

Thursdays

- Entrepreneurship 101 - An Introduction to Owning Your Own Business (Everyone) Book \$15
- The Power of a Whisper: Hearing God and Having the Guts to Respond (Everyone) Book \$10
- Making Sense of the Bible (20- & 30-Somethings) Book \$15

Fridays

- Fear of the Other, No Fear in Love (Everyone) Book \$10

Connect me!

Affinity Groups

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NAME _____

EMAIL _____

PHONE _____

- Writing
- Biking
- Walking
- Running
- Crafting
- MU Basketball (Men’s/Women’s)
- MU Volleyball
- MU Football
- Parents of Toddlers
- Parents of Teens
- Parents of College Students
- Play Date Group
- Creating Art
- Single
- History
- Service
- Drama
- Music
- Ages & Stages
- Fishing/Nature
- Environmental Issues
- Bowling
- Conversational Spanish
- Entrepreneurs
- Grief Support
- Cooking
- Baking
- Eating at Restaurants
- Camping
- Travel
- Movie Watching
- Techies
- Fandom (Star Wars, Harry Potter, etc.)
- Other _____



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