We are an association of nonprofit medically tailored food and nutrition service providers across the country that serve thousands of severely and chronically ill individuals.

Our Priorities

To provide a complete, evidence-based, medical food and nutrition intervention to critically and chronically ill people in their communities.

To advance public policy that supports access to medically tailored food and nutrition services for people with severe and/or chronic illnesses.

To promote research on the efficacy of food and nutrition services on health outcomes and cost of care.

To share best practices in the provision of medically tailored meals and of nutrition education and counseling.

FIMC Service

57,000 clients served in FY19

Over 12 million meals served in FY19

Primary Diagnosis

- 35%: HIV/AIDS
- 18%: Cancer
- 12%: CVD
- 11%: Diabetes
- 6%: COPD
- 4%: Kidney Disease
- 12%: Other

Policy Opportunities

MTMs are not available in every community or for all who need them. The most effective way to change this and bring lifesaving meals to the sickest in our communities is through federal policy change.

ESTABLISH

Coverage for Medically Tailored Meals in Medicaid
Support medically tailored meals as a benefit for the sickest of the sick in the Medicaid statute, which would prevent the uneven access currently available through the use of state-based waivers.

Coverage for Medically Tailored Meals in Medicare
Support the Medicare MTM Pilot as this legislation would provide medically tailored meals and nutrition counseling to Medicare Fee-for-Service and Medicare Advantage members living with chronic conditions. The pilot would also evaluate the impact of medically tailored meals on healthcare utilization, outcomes and costs.

PROMOTE

Research on MTMs
Allocate research dollars to fill gaps in the current research on Medically Tailored Meals and their effect on health outcomes and healthcare costs.

PROTECT

Investments in Ryan White HIV/AIDS Program
Increase Ryan White Program funding to address the HIV public health crisis and capitalize on the opportunity to end the HIV epidemic.
The Need

If you are sick and hungry in the United States, there is no federal nutrition support for you, unless you have HIV, and even that is not adequate to cover all who are in need. To meet this need, FIMC agencies raise most of their budgets, and some are forced to create waiting lists, because the need in their communities is so great. As more and more people are diagnosed with chronic illnesses that require specific diets, this need will only grow.

Motors

Our clients are a socially and medically complicated population, often living with multiple co-morbid illnesses and coping with poverty. They require nutrition counseling and tailored meals not available from traditional meal or food providers.

The Solution

By making medically tailored nutrition a reimbursable service in our healthcare system for this high risk, high need, high cost population, we can produce:

- better health outcomes
- lower cost of care
- improved patient satisfaction

The Outcomes

- 16% net healthcare cost savings
- 50% reduction in hospitalizations
- 23% more likely to be discharged to home
- 50% increase in adherance
- 13 new studies on the impact of MTM are in progress across the country at FIMC agencies

FIMC Integration in Healthcare

Through concerted advocacy, many FIMC agencies have successful partnerships with healthcare across the United States.

Medicaid
- 1915 (c) Waivers
- 1115 Waivers
- Traumatic Brain Injury (TBI) & Aged and Disabled (AD) Waivers
- Delivery System Reform Incentive Payment Models
- Community First Choice Option (CFCO)
- In Lieu of Services Option
- Money Follows the Person (MFB)

Medicare
- Medicare Part B - Nutrition Counseling/ Medical Nutrition Therapy (select populations)
- Medicare Part C - Medically Tailored Home Delivered Meals (at plan’s discretion)

Other
- Dual Eligible Demonstration Projects (Medicaid/Medicare)
- Private Insurance

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