



Thank you for entering the Thirteenth Annual Havasu Triathlon. The following is both your confirmation that we have received your entry and information about the race. Any additional information will be given at the pre-race meeting or at the swim start.

PLEASE READ THE FOLLOWING INFORMATION!

WETSUITS ARE ALLOWED.

COLLEGIATE START LIST IS POSTED ON tucsonracing.com

REGISTRATION: 3-8pm, HAVASU ROOM, QUALITY INN

TRANSITION OPENS: 5:30am

SPRINT START*: 7am

COLLEGIATE START*: 7:50am

AGE GROUP OLY: After collegiate

***Start time may be a 2-5 minutes later depending on the ferry schedule.**

If you want to switch from sprint to Olympic or vice versa, you may do so at any time up through registration. If you are going to switch, please email jhgrinder@gmail.com as soon as you know as early notification helps us get it right.

PLEASE TELL US IF YOU SWITCH RACES!

HOST HOTEL: Our host hotel is the Quality Inn at 271 S. Lake Havasu Ave. The Quality Inn and Suites is a short bike ride from the transition area and is the site of packet pick up. Special triathlon room rates are available for triathlon weekend. Please call 928-855-1111 and ask for the special triathlon rate when making reservations.

DIRECTIONS TO TRANSTION: From Quality Inn. Left out of hotel, left on Mesquite. Through SR 95, past In and Out. Mesquite turns into London Bridge Road. Left on Industrial. Into Havasu State Park. Through entry gate, straight for one mile.

WETSUITS: Wetsuits will be allowed at the Havasu Triathlon and are recommended. We are expecting water temperatures in the mid 60s. We encourage everybody to wear a wetsuit. If you do not have a wetsuit, we recommend going to wetsuital.com (not affiliated with the Havasu Triathlon) to rent a wetsuit.

CHECK IN PROCEDURE: Packet pickup and registration is on Friday, March 16 from 3-8:00pm at the Quality Inn, 271 S. Lake Havasu.

Typically we have long lines at 3pm when we open and no lines after 5pm. If you want to avoid the lines, please come after 5pm.

There is no packet pick up on race morning unless you notify us ahead of time. We are happy to accommodate you although we would much prefer it you pick up your packet on Friday evening. If you are planning on arriving in Havasu after 8:00pm on March 16, please email racedirector@tucsonracing.com so that we can make sure you get your packet.

USAT MEMBERS: you must present a photo ID and your valid USAT card. If you do not, USAT rules mandate that we must charge you the one day fee of \$15. There can be no exceptions to this rule.

COLLEGIATE DIVISION: Participants in the collegiate division, must present a valid college ID in order to race in the collegiate wave and/or take advantage of the collegiate discount. If you are a USAT member you must present your valid USAT card as well as photo ID (your collegiate ID is fine if it has a photo).

These rules are per our insurance agreement with USAT and we cannot make exceptions – if you are an annual member you must bring your USAT card and photo ID or pay the 1 day fee.

PICKING UP SOMEBODY ELSE'S PACKET: Unfortunately USAT has notified us that, pursuant to our insurance, you must pick your own packet and cannot have another person do it.

USAT RULE ENFORCEMENT: As of March 8 we are told that we will have a USAT official at the race. Please see the Letter from the Head Referee on the website under the Course Notes heading. They will be on the course and will be also be in the transition area prior to the race.

AGE GROUP RULE: Please be aware of USAT's age group rule. Your race age for the year is your age on December 31 of that year. For example, if you are 39 and turn 40 in September, you are racing in the 40-44 age group for the entire year – including the Havasu Triathlon. Please check to make sure you have entered the correct race age. If you have not, notify us and we will be happy to make the correction. No corrections will be made on race day or after the race and athletes racing under an incorrect age or in a wave not corresponding with their age group will be disqualified from age group awards.

AWARDS CEREMONY: The awards ceremony will take at the transition area at approximately 11:30am. We will make announcements throughout the morning.

RESULTS: Results will be posted at the race on race morning. It is your responsibility to check your results for accuracy and to notify the timer of an error. No adjustments to time or place, for the purposes of the Awards Ceremony, will be made after ½ hour before the Awards Ceremony.

Please email jhgrinder@gmail.com if you note an error after the race.

Results will be posted on www.tucsonracing.com on race afternoon.

PARKING: Parking is available in the Windsor 4 parking lot as well as across the street. Please be mindful of our cones and course markings and do not park on the course. DO NOT park in the lot adjacent to the Hampton Inn or the alley between the bike exit and the Hampton Inn parking lot.

SCHEDULE

Friday, March 16

- 3:00 – 8:00pm Registration & Packet Pick Up
Quality Inn
271 S. Lake Havasu Ave.
Lake Havasu City, AZ 86403
- 4:00pm Collegiate Athlete Meeting – Swimming Pool at the Quality Inn
- 5:00pm Athlete Pre Race Meeting for all races – Swimming Pool at the Quality Inn

Race Day. March 17

- 5:30am Transition Area Opens
- 7:10am All bikes must be racked in transition
- 7:15am Transition closes
- 7:30am Sprint Race Starts*
- 7:50am Toughman Half Start*

*Note that our start times are approximate by a few minutes. The ferry that delivers employees across the lake needs to get through the channel. Please be prepared and listen to race morning announcements.

INFO ABOUT THE RACE

GENERAL INFORMATION FOR ALL TRIATHLONS

1. Please do not email requesting a refund or entry transfer. At this point we will be strictly adhering to our refund policy in order to be fair to everybody.
2. As this is Spring Break, remember to make hotel reservations early. Our hotel has rates well below the going spring break rate but reservations need to be made early. Please call the Quality Inn at 928-855-1111 and ask for the special triathlon rate when making reservations.
3. This will be a wetsuit swim and wetsuits are strongly encouraged. The temperature of the lake is dictated by air temperature, the temperature of Lake Meade and water releases down the Colorado River. Given our warm weather, the water temp is likely to be in the mid 60s.
4. We encourage you to get in the water and warm up before the race. The beach area to the right as you face the lake is open for warm up.
5. The transition will be in Havasu State Park at Windsor 4. There is a swimming beach at Windsor 4 so we encourage you to come check it out before the race. There are no lifeguards at the Beach but the swimming beach is open to swim at your own risk the day before the race. PLEASE DO NOT SWIM IN THE CHANNEL!
6. Maps are posted on the website. We will NOT be printing and distributing maps.

7. Please email with any questions you have. We are glad to answer all emails until March 16. After that time we will be onsite setting up for the race and will not be able to answer email inquiries until after the race.
8. We will make every effort to get results up on www.tucsonracing.com by the afternoon of the race.
9. Registration and packet pick up will be at the Quality Inn from 3:00pm to 8:00pm on Friday, March 16. Please bring your USAT card if you are an annual member. There is no general registration/packet pick up on race day! If you cannot make it on Friday night please email us so we can make special arrangements for you on Saturday morning.
10. Please be aware of the USAT age group rule. You race the whole year as of your age on December 31 of that year. In other words, if you turn 40 in September, you are racing in the 40-44 age group for the entire year.
11. Lake Havasu City, Arizona, like the rest of Arizona, does not "spring ahead" an hour for daylight savings time. On race day, March 17, Lake Havasu City is the same time as Los Angeles, California (Pacific Standard Time). For athletes coming from out of state, please adjust your clocks accordingly.
12. Many thanks to our sponsors and hosts, Lake Havasu City, Lake Havasu City Visitor and Convention Bureau, Havasu State Park, and the Quality Inn.
13. If you are bringing a boat, California Fish and Game has advised the following: Upon entering California (which is across the lake), "any conveyances, including vehicles, boats and other watercraft, containers and trailers that may carry or contain adult or larval dreissenid [quagga] mussels" may be subject to "inspection and impoundment or quarantine". Please check the link for full information: <https://www.wildlife.ca.gov/Conservation/Invasives/Quagga-Mussels>

MCTC INFORMATION

1. The MCTC entry list is posted on www.tucsonracing.com.
2. Please note the MCTC scoring procedures on tucsonracing.com. Scoring for the MCTC Championships will be done by MCTC.
3. MCTC will be scored among member schools only.
4. Points for the MCTC Championships may only be scored by athletes competing as an individual in the Collegiate Division (International Distance). Relays and sprint distance athletes may not score points.
5. You must be a full time student with a valid ID to race in the collegiate division or take advantage of the collegiate discount. At registration you must present a valid collegiate ID (plus photo ID if your college ID does not have a photo) and, if a USAT annual member, a valid USAT membership card. There will be absolutely no exceptions to this rule. If you have entered the collegiate division and did not bring, or do not have, a collegiate ID indicating full time enrollment, you will be asked to pay the difference in entry fee. Note that if you are a member of a collegiate club, but not a full time student, you are not eligible for the collegiate discount.
6. Collegiate men will start in the first Olympic distance wave, collegiate women in the second. The remaining men will be in the third wave.