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F- 27 - OPTIMAL ABX TAA

F- 27 - What is the optimal (type, dose and route of administration) antibiotic treatment for patients with infected total ankle arthroplasty?

Response/Recommendation:

The choice of antibiotic should be made based on the identification and sensitivities of the infecting organism(s). Dosing, frequency, and route of administration of antibiotics should be determined by the infectious disease specialist taking into account the patient weight, co-morbidities, such as renal impairment, and the antibiogram.

Strength of Recommendation: Consensus

Rationale:

There is a paucity of literature regarding the treatment and outcomes of periprosthetic joint infection (PJI) in total ankle arthroplasty (TAA). The two largest studies on post-TAA infection from the United States report the use of 6 weeks of intravenous (IV) antibiotic therapy following surgical treatment of the infection.^{1,2} In a study from Europe, Kessler et al. reported the use of 1-2 weeks of IV antibiotics followed by 3 months of oral antibiotics following surgical treatment for infection.³ In all of these studies, the choice of antibiotic(s) was made based on the identified infecting organism(s) and its antibiotic sensitivity and with the assistance of an infectious disease specialist. In general, the most common pathogens responsible for PJI are *Staphylococcus aureus* (methicillin-susceptible or -resistant), coagulase-negative staphylococci, and other constituents of the skin's bacterial flora.^{4,5}

The timing of PJI following TAA is also important in determining infection management. If the infection developed within 6-12 weeks of implantation, this is considered an acute infection and debridement with retention of the implants (DAIR) and antimicrobial treatment are the most desirable approach. Conversely, for a device that has been present for more than 3 months, a chronic infection is presumed to be present and a one- or two-stage exchange with antimicrobial treatment is the desired course of action.⁵⁻⁷

In the hip and knee literature, there has been debate with regards to the duration of antibiotic treatment. Some studies have recommended as many as 3-6 months of antimicrobial therapy following surgical intervention, depending on the organism.^{6,8} However, other studies have shown 6 weeks of IV antibiotics to be a sufficient duration of treatment.⁹⁻¹¹ The theoretical benefit of a shorter course of antibiotics, aside from patient convenience, includes a reduced risk of adverse drug events (ADEs), including anaphylaxis, nephrotoxicity, hepatotoxicity, and infectious colitis, as well as bacterial resistance.¹² The Musculoskeletal Infection Society (MSIS)'s International Consensus on Periprosthetic Joint Infection stated that the duration of

antibiotic therapy following removal of implants is inconclusive but recommended a period of antibiotic therapy between 2-6 weeks.¹³

The authors of the Infectious Diseases Society of America (IDSA) Guidelines for the Diagnosis and Management of Prosthetic Joint Infection make the following recommendations for the management of hip and knee arthroplasties, while suggesting that similar recommendations can be extended for the management of TAA infections.⁶ The IDSA recommends 4-6 weeks of pathogen-specific IV or highly bioavailable oral antibiotic therapy following removal of implants, regardless of organism, or in non-staphylococcal PJI treated with DAIR. They recommend 2-6 weeks of IV antibiotic in combination with oral rifampin, followed by 3 months of rifampin plus a companion oral antibiotic for a staphylococcal TAA PJI treated with DAIR. If rifampin cannot be used because of an allergy or toxicity concern, the IDSA recommends 4-6 weeks of IV antibiotic therapy. Of note, the IDSA recommendations are the same in the setting of a one-stage exchange as they are following DAIR.⁶

Further studies on the treatment and outcomes of infection in total ankle arthroplasty are needed. For now, we must rely on the hip and knee arthroplasty literature as well as the recommendations of the MSIS and IDSA.

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