

Groups work best with a balance of light-hearted spontaneity as well as intentionality and planning. We recommend creating your *own plan* using the sample below as a guide. Planning will help you optimize group time for spiritual and relational growth. It will also allow you to schedule events occurring at your church that your group may want to attend together, as well as breaks, socials, service projects, and maybe a retreat.

Below is a sample plan for a new group. It assumes groups meet about three times a month (taking occasional weeks off plus time for holidays and summer). Remember: This is just a sample. You may need to add or removes blocks of meetings to best lead and plan for the individuals in your group.

WEEKS	CATEGORY	TITLE <small>Author (Type – Location)</small>	YEAR ONE
4 Weeks	Community	Circle Up <i>Andy Stanley (Video – Anthology App or store.northpoint.org)</i>	
6 Weeks	Disciplines	Five Things God Uses to Grow Your Faith <i>Andy Stanley (Video – Anthology App or store.northpoint.org)</i>	
1 Week	1-week	Spiritual Pathways <i>groupleaders.org (Video Assessment – groupleaders.org)</i>	
6 Week	Self-Awareness	I Said This, You Heard That <i>Kathleen Edelman (Book – amazon.com; Video – Anthology App)</i>	
4 Weeks	Parenting/Marriage	What Happy Couples Know <i>Andy Stanley (Video – Anthology App or store.northpoint.org)</i>	
1 Week	1-week	The Bible Project <i>The Bible Project (Video – groupleaders.org)</i>	
6 Weeks	Scriptures	The Source: Galatians <i>groupleaders.org (Bible Study PDF – groupleaders.org)</i>	
1 Week	1-week	State of Your Marriage <i>groupleaders.org (PDF – groupleaders.org)</i>	
4 Weeks	God and the Gospel	The Prodigal God <i>Tim Keller (Book – amazon.com)</i>	
1 Week	1-week	Empathy <i>Brené Brown (Ted Talk – ted.com)</i>	

WEEKS	CATEGORY	TITLE <i>Author (Type – Location)</i>	YEAR TWO
1 Week	Community	Vulnerability <i>Brené Brown (Ted Talk – ted.com)</i>	
2 Week	Self-Awareness	Climate Change <i>Jeff Henderson (Ted Talk – ted.com)</i>	
4 Weeks	Disciplines	Growth: Training vs. Trying <i>John Ortberg (Book – amazon.com)</i>	
1 Week	1-week	Core vs. Periphery <i>groupleaders.org (Video – groupleaders.org)</i>	
6 Weeks	Parenting/Marriage	Parenting Through the Phases <i>Orange (store.thinkorange.com)</i>	
1 Week	1-week	The Prayer Dashboard <i>Andy Stanley (Video – groupleaders.org)</i>	
6 Weeks	Scriptures	The Source: Mission <i>groupleaders.org (Bible Study PDF – groupleaders.org)</i>	
1 Week	1-week	The Power of Words <i>Ted Lowe (Video – groupleaders.org)</i>	
4 Weeks	Growth	The Me I Want to Be <i>John Ortberg (Book – amazon.com)</i>	
1 Week	1-week	The Bible Project — What Is the Bible? <i>thebibleproject.org (Bible Study Video – groupleaders.org)</i>	
3 Weeks	God and the Gospel	Aftermath <i>Andy Stanley (Anthology App or store.northpoint.org)</i>	
1 Week	1-week	Ending Well (Part 1 Only) <i>Clay Scroggins (Video – groupleaders.org)</i>	
6 Weeks	Influence/Priorities	Ask It <i>Andy Stanley (Anthology App or store.northpoint.org)</i>	
		Ending Well (Part 2) <i>Clay Scroggins (Video – groupleaders.org)</i>	