

TOPIC:

IDENTITY

TABLE OF CONTENTS

SCRIPTURE

ASSIGNMENT

AGENDA

In this session, we'll spend time focusing on who God is and who he says we are. We are created uniquely and will more fully reflect Christ when we discover who he is and who he's created us to be.

SCRIPTURE

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

2 CORINTHIANS 5:17

ASSIGNMENT

The leader will choose to do this topic over one or two meetings.

OPTION 1: ONE MEETING

Read the book assigned to your group.

- [The Gift of Being Yourself](#) by David G. Benner
- OR
- [The Cure](#) by Bill Thrall, Bruce McNicol, and John Lynch

Complete the [Label Activity](#).

Complete the [Enneagram Test](#).

Review the [Enneagram Resource](#) handout.

(Optional) Listen to [Enneagram Made Simple](#) by Typology.

Complete the [Identity Book Reflection](#).

- The goal of the book reflection is to help members read with greater intentionality and application. Please keep the book reflection to one page.
- A book reflection consists of three parts:
 - » A brief summary of the book
 - » Personal application
 - » Meaningful quotes
- Bring printed copies to the meeting for everyone in the group.



TABLE OF CONTENTS

SCRIPTURE

ASSIGNMENT

AGENDA

OPTION 2: TWO MEETINGS

Read the book assigned to your group.

- [The Gift of Being Yourself](#) by David G. Benner
OR
- [The Cure](#) by Bill Thrall, Bruce McNicol, and John Lynch

BEFORE MEETING 1:

Read the first half of the book that was assigned to your group.

Complete the [Enneagram Test](#).

Review the [Enneagram Resource](#) handout.

(Optional) Listen to [Enneagram Made Simple](#) by Typology.

BEFORE MEETING 2:

Read the remainder of the book that was assigned to your group.

Complete the [Label Activity](#).

Complete the [Identity Book Reflection](#).

- The goal of the book reflection is to help members read with greater intentionality and application. Please keep the book reflection to one page.
- A book reflection consists of three parts:
 - » A brief summary of the book
 - » Personal application
 - » Meaningful quotes
- Bring printed copies to each meeting for everyone in the group.

AGENDA

ONE MEETING AGENDA

1. Reflect on what you learned from this month's Scripture.
2. Discuss the book reflection for *The Gift of Being Yourself* OR *The Cure*.
 - a. Share your key takeaways from the book.
 - b. How can you apply what you've learned to your personal life?
 - c. How is what you're learning impacting your relationship with Jesus?



TABLE OF CONTENTS

SCRIPTURE

ASSIGNMENT

AGENDA

3. Discuss the Label Activity.
 - a. What are some of the ways you have identified yourself? Is it around your family roles, work roles, or past/present achievements?
 - b. Do you tend to identify yourself in ways that lean more positively or negatively? (Positive: “I’m an overachiever” or “I’m very independent.” Negative: “I’m worthless” or “I’m a pushover.”) How do you think this influences the way you view yourself and the way you view God?
 - c. How have you experienced a disconnect between who God says you are and who you believe you are?
 - d. Why do you think most people struggle with articulating foundational beliefs about who they are?
 - e. How can the truth combat the false foundational beliefs?
4. Discuss the Enneagram test and results.
 - a. Do you agree with your results?
 - b. What did you learn about yourself?
 - c. How can this be a tool for leading yourself and others well?

TWO MEETINGS AGENDA

MEETING 1

1. Reflect on what you learned from this month’s Scripture.
2. Discuss the first half of the book (either *The Gift of Being Yourself* OR *The Cure*).
 - a. What have you learned so far?
 - b. Is there anything that has challenged you?
 - c. How is what you’re learning impacting your relationship with Jesus?
3. Discuss the Enneagram test and results.
 - a. Do you agree with your results?
 - b. What did you learn about yourself?
 - c. How can this be a tool for leading yourself and others well?



**TABLE OF
CONTENTS**

SCRIPTURE

ASSIGNMENT

AGENDA

MEETING 2

1. Reflect on what you learned from this month's Scripture.
2. Discuss the book reflection for *The Gift of Being Yourself* OR *The Cure*.
 - a. Share your key takeaways from the book.
 - b. How can you apply what you've learned to your personal life?
 - c. How is what you're learning impacting your relationship with Jesus?
3. Discuss the Label Activity.
 - a. What are some of the ways you have identified yourself? Is it around your family roles, work roles, or past/present achievements?
 - b. Do you tend to identify yourself in ways that lean more positively or negatively? (Positive: "I'm an overachiever" or "I'm very independent." Negative: "I'm worthless" or "I'm a pushover.") How do you think this influences the way you view yourself and the way you view God?
 - c. How have you experienced a disconnect between who God says you are and who you believe you are?
 - d. Why do you think most people struggle with articulating foundational beliefs about who they are?
 - e. How can the truth combat the false foundational beliefs?

