

LDG BOOK REFLECTION GUIDE

The purpose of a written book reflection is to leverage the content for spiritual transformation rather than reading for information or completing the assignment. The goal is for the information you read to transform your relationship with God, yourself, and others. Transformation comes from your willingness to notice, with God, what is going on internally as you read. Pay attention when something resonates with you and when you feel encouraged. And pay attention when you feel resistance to what you read. When you feel that internal pull, be curious about what you are experiencing. You might not like every part of a book, and that is okay, but we encourage you to remain open to what God has for you.

CONSIDER THESE TIPS:

- Reading and writing should be a slow, prayerful process.
- Don't try to cram it into a few reading sessions. Space out your reading so you have 10–15 pages to read each day.
- Highlight important or meaningful sections. Take notes on what you are learning and pause to apply what you've learned.
- Revisit the sections you have highlighted and noted.
- If needed, listen to the audiobook and take notes.

RESPOND TO THE FOLLOWING QUESTIONS:

- What areas of the book were challenging for you? What areas were encouraging?
- How has what you've learned impacted your relationship with God, yourself, and others?
- How will you lead differently in your ministry role at church based upon what you read?
- What are your top three takeaways from the book?