



REFRESHED THERAPIST BOOK CLUB

a Refreshed Therapist Network community

2017-2018

Book Selections 2017-2018

November:	<i>The One Thing</i> , Keller and Papasan
December:	<i>Braving the Wilderness</i> , Brené Brown
January:	<i>Rework</i> , Fried and Hansson
February:	<i>Lovelands</i> , Debra Campbell
March:	<i>The Paradox of Choice</i> , Barry Schwartz
April:	<i>Creativity as Co-therapist</i> , Lisa Ruth Mitchell
May:	<i>Be a Wealthy Therapist</i> , Casey Truffo
June:	<i>Becoming Myself</i> , Irvin D. Yalom
July:	<i>Inside this Moment</i> , Strosahl, Robinson, and Gustavsson
August:	<i>Adventures for Your Soul</i> , Shannon Kaiser
September:	<i>The Coaching Habit</i> , Michael Bungay Stanier
October:	<i>Conscious Uncoupling</i> , Katherine Woodward Thomas
November:	<i>The 10X Rule</i> , Grant Cardone
December:	<i>A Year of Yes</i> , Shonda Rhimes