



# REFRESHED THERAPIST BOOK CLUB

a Refreshed Therapist Network community

2017-2018

## Book Selections 2017-2018

<b>November:</b>	<i>The One Thing</i> , Keller and Papasan
<b>December:</b>	<i>Braving the Wilderness</i> , Brené Brown
<b>January:</b>	<i>Rework</i> , Fried and Hansson
<b>February:</b>	<i>Lovelands</i> , Debra Campbell
<b>March:</b>	<i>The Paradox of Choice</i> , Barry Schwartz
<b>April:</b>	<i>Creativity as Co-therapist</i> , Lisa Ruth Mitchell
<b>May:</b>	<i>Be a Wealthy Therapist</i> , Casey Truffo
<b>June:</b>	<i>Becoming Myself</i> , Irvin D. Yalom
<b>July:</b>	<i>Inside this Moment</i> , Strosahl, Robinson, and Gustavsson
<b>August:</b>	<i>Adventures for Your Soul</i> , Shannon Kaiser
<b>September:</b>	<i>The Coaching Habit</i> , Michael Bungay Stanier
<b>October:</b>	<i>Conscious Uncoupling</i> , Katherine Woodward Thomas
<b>November:</b>	<i>The 10X Rule</i> , Grant Cardone
<b>December:</b>	<i>A Year of Yes</i> , Shonda Rhimes