

## The Monthly Ministry Focus: June 2018

*A Moment of Scripture Focus for Every Ministry in First Baptist Church*



To Ministry Leader: Please read or have this scripture read at your monthly meeting /activity/rehearsal.

### SCRIPTURE FOCUS FOR THIS MONTH

#### MATTHEW 11: 28-30

**<sup>28</sup> “Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy and my burden is light.” (NIV)**

With the end of the Memorial Day holiday, June marks the beginning of the summer season, and summer for many of us is a time for slowing down, dressing down, traveling, and taking the time to “reboot.” As members of a busy church with families, friends, jobs, and every day demands, we sometimes need to be reminded that periodically we must slow down, reflect, and find time to *just be*: be at rest, be reflective, and be at peace with God. Slowing down may, in fact, help us to “hear” what God is trying to tell us; it may help us discover ways to be our better selves; and it may help us take the time to count our blessings rather than focus on our burdens.

The greatest source of rest, however, is found in this month’s focus scripture from Matthew 11 within which Jesus tells us that it is He, the Father revealed in the Son, who can provide us true rest: the kind of rest that assures us that no matter what we are going through, we have a God that abides with us in all things. His precious promises make those weighty worries and troubles easier and lighter to carry.

So this summer as we slow down, let us take the Lord at his word: take His yoke upon you and learn from Him, for his yoke is easy and his burden is light.

Other scriptures for study

[Mark 6: 30-32](#)

[2 Corinthians 13:11](#)

[Philippians 4:9](#)