



Aging Services Council of Central Texas



Speakers Bureau 2018

The Aging Services Council of Central Texas is a network of individuals and organizations working together to provide older adults and their caregivers the information and services needed to support themselves and family members, ensuring the opportunity to live healthy, safe, and meaningful lives in our communities.

Central Texas has one of the most rapidly growing aging populations in the country. Keep abreast of the issues and resources by inviting one of our skilled speakers to come out and present to your business or community group.

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TOPIC	PRESENTED BY
Options for Long Term Services and Supports What will we need/ Where will we find it? How will we fund it?	Area Agency on Aging
Safe at Home: Eldercare considerations about independence, choice, care and safety	Area Agency on Aging
Three Things Every Caregiver Needs to Know – An Introduction to the Role of “Caregiver”	AGE of Central Texas
Mr. Rogers Was Right! – The Value of Connections and Community	AGE of Central Texas
The New Active Older Adult- Aging Really is Cool	Aging is Cool
Stay Smart- How to Maintain Brain Health as You Age (with brain training exercises)	Aging is Cool
Healthy Living for Your brain and Body	Alzheimer's Association
Understanding and Responding to Dementia Related Behavior	Alzheimer's Association
Brain Health: Normal vs. Not Normal Aging	Alzheimer's Texas
Alzheimer's Disease and How to Get Support	Alzheimer's Texas



Fall Prevention in Older Adults	Assisting Hands Home Care
Aging is Place- Resources for Staying at Home	Assisting Hands Home Care
Life is for Living! – Creative Social Engagement for Seniors & Family Caregivers	Caregiving Cafe
Series: What If...? Seniors & Family Caregivers were treated like movie stars	Caregiving Cafe
Senior Food Insecurity	Central Texas Food Bank
Why do We Hoard: Our Collections Inside Out	Copper Bridge Counseling
Transportation options for seniors	Drive a Senior and Senior Access
When It's Time to Give Up the Car Keys- Tips and Tricks for Telling Your Mom/Dad	Drive a Senior and Senior Access
Social Isolation Impacts and Opportunities	Family Eldercare
Senior Housing Options	Family Eldercare
How to Reduce Final Expenses	Funeral Consumers Alliance of Central Texas



The 3 D's of Advance Care Planning: Decide, Discuss, Document	Kitchen Table Conversations
Older Adult Nutrition	Meals on Wheels Central Texas
Addressing the Needs of Diverse Older Adults	SAIVA

