A growing crisis

Opioid overdoses and heroin use are on the rise. So are response efforts.

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Some of the peace activists in A Mother's Love street outreach group are certified to carry and administer naloxone, an overdose reversing drug. DonEsther Morris, shown holding the drug here, saved a man's life with it near W Broadway Ave. on Sept. 17.

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- Beloved Northsider takes the lead at UROC
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- Out in the open: photos from this year's Open Streets.
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- Introducing our newest class of student reporters
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Earlier this year, North Minneapolis resident Anthoni McMorris urged the North News team to pay attention to how opioid abuse is affecting the area. As a member of A Mother’s Love street outreach team and as someone who has had many up close and personal experiences with addiction, McMorris expressed particular concern for the increase in overdoses and open drug use he has seen on Northside streets, emphasizing W Broadway Ave.

Slightly apprehensive about our ability to report on this massive and sensitive issue comprehensively, but encouraged by our increasing awareness of the vital need for that reporting, we started asking questions. We interviewed people who live and work in proximity to opioid addiction. We attended recovery meetings, read government taskforce recommendations, and spoke with government officials. We walked W Broadway Ave. and through clinic waiting rooms. We met people who suffer, and the those who serve and love them tirelessly. We made it our goal to interrogate the simple, stereotypical narratives media often perpetuates about this crisis: that it’s rural, that it’s white, that addiction is a personal, moral failing.

Writer Chimamanda Ngozi Adichie has talked about the danger in “a single story.” Humanity is lost when we strip people of their complicated histories and realities and reduce them to simple stereotypes. In this paper, we’ve collected many complicated stories of opioid addiction and recovery here in North Minneapolis in hopes of bringing dignity to people who are too often overlooked, locked up, and left to die. This crisis is nuanced and understanding it must be equally so.

Our team is immensely grateful for the vulnerability folks were willing to share with us over these past two months of reporting. In that spirit, I want to share that this issue is close to my own heart. My cousin died of an opioid overdose a couple years ago. He was so much more than his addiction; he was a comedian, a pet lover, a night owl, a deep feeler, and a guy that many, many people adored. The inability to help him, his parents, and his brother avoid this end was excruciating. It’s been healing for me to be in community with people who know this crisis well.

We know there are many, many Northsiders who live in proximity to opioid abuse and won’t see their stories represented here. Please reach out to us if you’d like to share your story. This is, sadly but importantly, not the last time you will see this topic explored on our pages.

We believe the best journalistic storytelling happens collaboratively and communally, and this issue is testament to that. The stories you’ll read beginning on Page 7 would not have been possible without a group of people that extends far beyond the North News staff. Special thanks to Anthoni McMorris, Turning Point, MADDADS, Angelina McDowell, County Commissioner Irene Fernando, Senator Bobby Joe Champion, the Mayor’s Office, Diana Hawkins, First Recovery Church and A Mother’s Love.

On an unrelated but important note, North News will deliver on the last Friday of each month moving forward. Historically, we’ve hit newsstands on Thursdays. A desire to create better working conditions for longtime delivery driver Lyle James has motivated the shift. Lyle delivers all 10,000 copies of North News to our 400 delivery sites each month, regardless of whether the sun shines, the rain pours, or the snow forces him to slow down to a glacial pace. Please tell him you appreciate his efforts if see him out pounding the pavement for us!

Until next time,

Kenzie O’Keefe
Editor/Publisher, North News
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Letters to the Editor

Dear Editor,

I object to you accepting the ad from Ciresi Walburn in the August 29 edition of North News. It shames our community and especially children of color.

Dale Hulme, Pastor at St. Olaf Lutheran Church & former Minneapolis Public School teacher (20 years)

Dear Editor,

Who is your Ciresi Walburn ad in the August 29 edition of North News really hurting?

Understanding the social and psychological effects on children that impact their academic outcomes is of the utmost importance to many of us in education today. In the late 1990s, Psychologists Steele and Aronson of New York University began to uncover a phenomenon they titled “Stereotype Threat.” What they found is that humans are psychologically impacted by the stereotypes that they feel, or fear they are under. How does this play into academic outcomes? Steele and Aronson argued that children are highly susceptible to stereotype threat when it comes to their academic outcomes and performance. For example, female and non-white students who were reminded of gender or racial disparities in testing prior to testing performed worse than students who were not. And, even further, female and non-white students who had opportunities to visualize themselves as successful prior to testing had even more positive outcomes.

Why am I bringing this up now? Because the words we use, the images we tout and the messages we convey matter. Our attempts at morally compelling, or shaming an educational system into having compassion for children of color through taking out full-page ads, billboards or bus signs screaming how devastatingly low our students of color are performing in the state of Minnesota takes no historical ownership, acknowledges none of the bias in the measuring sticks and leaves the burden of pain on the children, particularly children of color. The headline doesn’t scream: White People in MN have created and sustained a system that sustains its power. It doesn’t scream: Bias in Testing is Inhumane and Criminal. It doesn’t scream: The one-room schoolhouse is of the past, let’s get with the future. It screams: “children of color.” It removes onus from the adults, from those in power, from our historical beginnings and from white people.

Mauri Friesleben, North High School Principal

North News welcomes letters to the editor. Please send to kenzieo@pillsburyunited.org or to North News, 125 W Broadway Suite 130, Minneapolis, MN 55411. They must be signed, under 300 words, and relevant to life in North Minneapolis.

Kenzie O’Keefe
Editor/Publisher, North News
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El-Amin’s Fish House is back open with a new location inside North Market

After having a years-long hiatus, El-Amin’s Fish House is back on the Northside with a new location at North Market on 4414 Humboldt Ave. N in Minneapolis. The seafood-based soul food business has partnered up with North Market and is open on Saturdays and Sundays from 11am-8pm serving a variety of dishes that includes catfish, jumbo shrimp, greens, hush puppies and more. The grand opening for the restaurant took place on Sept. 14. El-Amin’s can be found at the deli counter inside the grocery store.

City of Minneapolis asks CURA to assist in Neighborhoods 2020 planning

The City of Minneapolis has tapped the University of Minnesota’s Center for Urban and Regional Affairs (CURA) for the last phase of Neighborhoods 2020. This initiative is a part of the Neighborhood and Community Relations department (NCR) at the city. Of the 84 distinct neighborhoods in Minneapolis, 70 are served by neighborhood associations that work with the NCR in receiving community support and services. CURA will help NCR to develop the final phase of Neighborhoods 2020 by developing goals and ways to measure progress, and creating program guidelines. The final draft will go through the City Council’s Public Health, Environment, Civil Rights and Engagement Committee in late March to be voted on by the City Council in late March or early April of next year.

Trailhead looking for a new restaurant partner after Cajun Twist leaves for Southside

Cajun Twist will be leaving their location at The Trailhead inside Theodore Wirth Park in early November, bringing an end to nearly a year’s residency at the Loppet Foundation. Cajun Twist’s founder Teona Washington is looking towards growing her restaurant following her departure from The Trailhead. Originally from South Minneapolis, Washington spent some time in New Orleans where she acquired a taste for Cajun cuisine. In December she will be moving Cajun Twist to the former home of Marla’s Caribbean Cuisine on 38th and Bloomington. Washington plans to go back to their original menu with gumbo, jambalaya, and other options that they didn’t have the capacity to serve before.

Goddess of Glass forced to find a last minute home

After what owner Connie Beckers has called “a series of unfortunate events,” she first had to close her shop, the Goddess of Glass at Penn and 44th Ave. N and then was unable to move to the new space she had identified. Gethsemane Lutheran Church

Continued on Page 4

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For More Info go to: www.northpointhealth.org
(4656 Colfax Ave. N) came to the rescue, and Beckers will hold art classes there for the rest of 2019. She plans to close for good at the end of the year. "We have had a great nine years sharing art and creativity with the Northside community and hope you'll come help us close out this era on a high note!" Beckers wrote on Facebook. Find the class schedule at www.goddessofglass.com.

Robbinsdale United Church of Christ merges with Northside Parkway location

Robbinsdale United Church of Christ is expanding its congregation as it merges with the Parkway United Church of Christ (3120 Washburn Ave. N) after the latter reached out to share a ministry and future. Serving as the oldest church in Robbinsdale, the church made its name as a champion of progressive and social justice values by supporting anti-war movements and standing in support of LGBTQ members in church ministry and leadership. Both churches worshipped for the first time as Robbinsdale Parkway United Church of Christ on Sept. 15 and shares leadership from both Rev. T. Michael Rock and Rev. Kathy Itzin.

Neighborhood organization shows off renovated home

The Northside Residents Redevelopment Council (NRRC) has a new home, literally. The neighborhood organization for Near North held an open house on Sept. 20 at their new headquarters on 1303 Golden Valley Road: a recently renovated single family home. It aims to serve as a center for future community-based meetings and events. NRRC built several amenities into the backyard: a wood-fire brick oven to make pizza and bread. There is also a small chicken coop for community members to benefit from and drive local sustainable food systems as well as a greenhouse to encourage residents in growing their own fresh produce.

By Abdi Mohamed Staff Reporter | Photo by David Pierini Staff Reporter
catch up with our Council Members

Minneapolis City Council members Phillipe Cunningham (Ward 4) and Jeremiah Ellison (Ward 5) were inaugurated in January 2018. We have invited them to keep in touch with the community through this monthly column in our newspaper.

WARD 4:
Phillipe Cunningham

Happy October, Neighbors!
I am certain many of you are aware of the challenges and dangers presented by opioid use in our city. Statewide, the Minnesota Department of Health has estimated an astonishing 84% increase in overdose deaths involving opioids between 2010 and 2017. While the numbers for 2018 demonstrate a significant drop of over 20%, the effects of this epidemic are still widely felt. I have received letters and calls from constituents that have seen needles in their parks, on their streets, and other places they frequent with their families. I have heard testimonies from organizers and outreach workers about how many needles they have picked up or Narcan interventions they had to administer to someone overdosing during an outreach shift.

Earlier this year, the Interjurisdictional Opioid Task Force that included Northside community leaders brought forward recommendations to help address the opioid epidemic. In the 2020 City Budget proposal, $400,000 has been set aside for a recommendation for the creation of a hospital-based bedside intervention program similar to our Next Step program for victims of violent crimes. When people are brought into the hospital because of an overdose, a specialist will be at their bedside to connect them to resources, support systems, and addiction treatment when they need it most. We need to remove the stigma of addiction and treat those suffering as loved members of our community who deserve help. As a fierce advocate for the public health approach to public safety concerns, I support this strategy as it focuses on getting people resources to help break the cycle of opioid addiction. However, this is one strategy and much more is still needed.

I want to hear from you! What additional resources you believe are needed to address the opioid crisis? Who are the community partners who should be leading this work? Do you know of other programs that have been successful? It is important to me to center your voices in the solution. Please reach out to my office with your ideas, suggestions, and thoughts by email at ward4@minneapolismn.gov or by phone at (612) 673-2204.

WARD 5:
Jeremiah Ellison

Our Renter Protections are finally passed! I’ve been updating you all since the beginning of this ordinance and I’m happy to announce that we’ve passed the final version of our Limited Lookback and Security Deposit Cap. There was a lot of good discussion surrounding the ordinance in this past year, and there were a lot of changes to strengthen the ordinance so that it accomplished its intention. In the end, we added a 10-year lookback for the most serious crimes, in addition to the 7-year lookback for felonies and the 3-year lookback for misdemeanors. We also established a working group to monitor the ordinance and give recommendations for changes based on the real-world effects we observe. All in all, I’m happy with the end result, and I think it’s an important step in ensuring housing stability for all residents.

Last week began some critical work, also on the housing front, to increase access to renters purchasing their buildings from their landlords in the event a sale is on the table. This ordinance, commonly referred to as “Right of First Refusal,” would give renters the first option to buy their buildings. Hopefully, the city will create tools to aid in the purchase. The city held its first study session on the topic, with advocates and experts from around the country flying in to give their first-hand accounts of how this type of policy has played out elsewhere.

Lately, City Hall has been in the thick of a robust discussion regarding safety in our city. One element of safety has to do with how we’re handling the opioid crisis, especially in North Minneapolis, where the issue is no less relevant but gets a lot less coverage.

The city was able to equip all of our officers with Narcan through an outside donation. And I fully support them staying fully equipped, whether through donation or general fund. The mayor has been convening the mayor’s opioid task force, which gave six recommendations, ranging from opioid education to more affordable housing.

I believe that one working strategy, which is one that has worked around the world, is to create a safe injection site. Safe injection sites have been rejected by our federal government, but the benefits are multiple. Safe injection sites would allow drugs to tested for other dangerous chemicals (like fentanyl) and to be taken in front of a medical professional, nearly eliminating the risk of overdoses. It would also reduce the likelihood that users would be tucked in bus stops or under bridges or in other corners of our city. And knowing where our addicted neighbors are would better equip us to deliver services and treatment when folks are ready.

Overall, there’s a lot more work to be done, and it’s a topic I’ll make sure to keep you looped in about as the term progresses.

Please sign up for our newsletter to get more regular updates from the Ward 5 office at minneapolismn.gov/ward5. And, of course, keep an eye out for more of these columns in North News.

Thank you, and as always, I look forward to seeing you out in the community! Call my office at 612-673-2205 or email me at ward5@minneapolismn.gov.
Lifelong community member to lead UROC

Makeda Zulu-Gillespie has worked at UROC for 13 years. For the past 6, she served as its director of community outreach. Photo courtesy of UROC

By Kenzie O'Keefe Editor

Makeda Zulu-Gillespie has been hired as the next executive director of the University of Minnesota's Robert J. Jones Urban Research and Outreach-Engagement Center (UROC). She took the helm on Sept. 16 after a multi-year search process undertaken by the University's Office for Public Engagement.

Former UROC Executive Director and University Associate Professor Heidi Barajas held the position from 2011-2017. Marilyn Higgins served as interim director from Sept. 2017-Sept. 2018. Zulu-Gillespie was as UROC's director of community outreach for the six years leading up to her recent appointment.

Zulu-Gillespie is a lifelong Northside resident. She currently lives in the “heart of the community” in Jordan neighborhood. Her husband, a pastor, educator, and therapist is an “ardent supporter.” She is both a mother and grandmother—identities that give her purpose and keep her grounded.

Her parents, master storyteller Nothando Zulu and storyteller, teacher, and activist Vusumuzi Zulu, live just down the street from UROC where Zulu-Gillespie grew up. She says her father’s example of “lifting people up” and her mother’s example of “always having something to give” but “saving something for herself somehow” have profoundly impacted her own leadership style.

She began working for UROC back in 2006 as a community liaison. “UROC was not yet open. It was still a vision,” she said. As she helped it become a reality, she often navigated tension between the community and the university. She says it has always been important to “tell people the truth even when its ugly—then they know they can trust you.” When she finds herself embroiled in conflict, she says she looks to emphasize connection. “I belong to a lot of communities. I really do believe in servant leadership. I just really want to do right by all the people that believe in me,” she said.

Her desire to ensure UROC coexists with community in “mutually beneficial partnership” and “honors North Minneapolis” has kept her at the organization for the past 13 years. So has the impact she’s seen the organization create. In 2018, she says UROC was home to over 85 university and community partnerships. More than 10,000 people visited the building on Plymouth Ave. “We couldn’t do that without such a dynamic team,” she said.

In an email sent to university community members, University of Minnesota Associate Vice President for Public Engagement Andrew Furco said the job of the UROC Executive Director is to secure “UROC’s success in all aspects of its work,” including financial stewardship and revenue generation, organizational development and staff management, and ensuring the delivery of quality community initiatives and research.

In more blunt terms, Zulu-Gillespie explained: “it will give me license to harass people for greater good.” Zulu-Gillespie looks forward to continuing the legacy of servant leadership and relationship building that precedes her. She looks forward to bringing her own multi generational approach to both programming and communication to impact systems.

“This community has done a lot for me my entire life,” she said. “I continue to survive and thrive in this community.”

School board report
The latest news from the Minneapolis Public School district

By Iyana Esters Contributor

September is here and school is back in session. Here’s the update with Minneapolis Public Schools (MPS):

Since June, the Board of Directors requested the Equity and Diversity Impact Assessment (EDIA) committee to reevaluate policies regarding school choice and school assignments for students of color. Board Director Kerry Felder suggested putting more programs in North Minneapolis schools to retain students in the community. If you have a story about leaving a Northside public school or the Minneapolis district entirely and are interested in sharing your story with North News, please reach out. We will be publishing an in-depth piece on this topic later this year.

An advisory committee is to be formed to support language programs including ESL, world language, and dual languages for students. The first meeting will take place in October to review and provide feedback to the design team in November. Engagement from the public will be held from Jan. 15 to Feb. 15 in 2020.

During the month of November, the final results of the federally mandated local Career Technical Education (CTE) needs assessment will be presented to the Board of Directors and the public. The survey will ensure continued funding for the CTE program. The adopted recommendations are to be implemented during the school year 2022-2023. There is a proposal to have a CTE center adjacent to North High. The date for this proposal has not been finalized.

The Board of Directors is to vote in November or December for reading, math, social and emotional courses for Special Education programs.

The MPS Board of Directors approved to move forward with capital plans for the North High Athletic Field on Sept. 10. The football field is expected to be finished in October, and during December the team facilities are expected to be completed.

Cold weather is approaching, and if last year is any indication, school buses will likely be affected by it. Download the Here Comes The Bus app on the Apple App Store or Google Play to track your bus.

The next MPS Board of Education Business Meeting is Oct. 8, beginning at 5:30pm. The next MPS Committee of the Whole is Oct. 22, beginning at 6pm. Both will be held at the Davis Center (1250 W Broadway Ave.).
Managing pain

By Kenzie O’Keefe Editor

Today, as opioid manufacturers are facing large-scale lawsuits, the destruction caused by their drugs is just beginning to be addressed in North Minneapolis.

Between Jan. 1 and Aug. 12 this year, the Minneapolis Police Department (MPD) received 154 overdose calls for service from the Fourth Precinct, concentrated particularly on W Broadway Ave. between Lyndale and Emerson. The citywide hotspot for calls are the northern Phillips neighborhoods, where 189 calls were received.

Noya Woodrich, Deputy Commissioner for the Minneapolis Health Department, says those numbers likely underestimate the problem for opioid overdoses. “We’re fairly sure that for every overdose we hear about, there are two others we don’t hear about,” she said.

Despite data showing that African Americans, Indigenous people, and youth are disproportionately affected by opioid abuse, nationwide media narratives frequently depict the epidemic as a predominantly white, rural and suburban crisis.

“It’s an equal opportunity problem,” said Woodrich, adding that there is no profile of a typical user.

This is not the first large-scale drug epidemic to hit the Northside community. The ramifications of the crack cocaine crisis of the 80s and 90s are still felt today. Poverty, racism, lack of opportunity, and other social determinants of health have made pain management an essential part of survival for generations of Northsiders. For many, coping with trauma has meant descending into addiction.

Continued on Page 8
A growing crisis

As overdoses and heroin use seem to be increasing on the Northside, response efforts are also ramping up.

Continued from Page 7...

Here in Minneapolis, narratives about opioid abuse—and the resources that result from them—seem to focus more heavily on South Minneapolis where the crisis is most pronounced, but not restricted. Anecdotes from community members and public officials suggest that the epidemic is growing on the Northside.

According to MPD data analyst Rachel Crews, the majority of Northside opioid overdoses seem to involve "diverted prescription pills," particularly oxycodone. This year, however, there's been an uptick in overdoses involving heroin. "Overdoses from intravenous heroin were very uncommon in the Fourth Precinct until around mid-April of this year," she said in an email to North News on Aug. 27.

Noya Woodrich says this reflects an overall trend of the crisis: "Pill problems will eventually turn into heroin problems."

Old Highland Neighborhood Association President and social worker Angelina McDowell (see Page 16) says her neighbors are being impacted. "I've heard so many stories at our neighborhood meetings about people finding dirty works in our alleys and our parks," she said. "It's frustrating and it's sad."

Hawthorne Neighborhood Council Executive Director Diana Hawkins says her organization is responding to substance abuse and all the dysfunction it creates in the community. Though she tackles many types of chemical dependency, she's especially concerned about opioids. She says she's heard stories about young people bringing pills to schools. "A lot of kids start using opiates because somewhere in their life was trauma," she said.

Hawkins is concerned about legally obtained prescription pills too, explaining that two of her neighbors died of fentanyl overdoses this year. "You have to be careful, even with a legitimate prescription. They took too much and passed," she said.

Northside medical providers say the number of patients they're seeing with opioid use disorders is increasing. Dr. Brendan Cullinan, a family physician at NorthPoint, estimates that about 10% of the patients he sees during his work days struggle with opioids.

Anthoni McMorris, part of A Mother's Love street outreach team, says he is seeing more open drug use on Northside streets, particularly West Broadway (see Page 10). He says he sees business owners closing their bathrooms off to public use due to fear of overdoses taking place there.

McMorris says he sees the general public "overlooking" drug use and "acting like nothing is happening." He fears this will lead to "people dying on the street."

HARM REDUCTION AND HEALING

The causes of widespread opioid dependency and addiction are diverse and multi-faceted, and so, say officials and those suffering, must be the solutions.

"We can't criminalize this to death. We can't arrest this away," said Angelina McDowell, who hopes Northsiders will "come together as a community to show some community, to show some compassion," and respond in "person-centered" and "harm-reducing" ways. She would like to see a mobile needle exchange program implemented in the community, particularly near Merwin Liquors on W Broadway Ave. Minneapolis Mayor Jacob Frey's Multi-Jurisdictional Taskforce on Opioids released its recommendations for combating the crisis in August after a year of meeting in subcommittees of relevant stakeholders. The recommendations stressed the need for culturally specific response efforts tailored to individual communities.

"The culturally specific education and treatment and community outreach is going to look different in North Minneapolis and South Minneapolis because the needs are different and the community network is different," said Heidi Ritchie, policy director for the Mayor. Making naloxone (often referred to by its brand name "Narcan") more widely available is one top priority for city and Hennepin County leaders, whose first responders, including county library security personnel, all carry the lifesaving, overdose-reversing drug (pictured on the cover of this paper).

Ensuring communities have resources that are effective available to them, like medically assisted treatment, is another priority.

Medically assisted treatment appears to be one of the most effective ways to control an opioid addiction long term. NorthPoint Health & Wellness located at Penn and Plymouth Ave. N has employed a full-time Suboxone coordinator, Jeni Klotz, for over a year now thanks to federal grant money intended to combat the opioid crisis. Suboxone is a mild opioid offered to patients by licensed providers as a way to manage their long term, chronic illness: addiction.

"We're also giving them other services, helping them get better," said Zadok Nampala, a senior social worker at NorthPoint. "Overdose mortality rate for black Minnesotans is the sixth highest in America. MN DHS"

"Overall, overdoses from intravenous heroin were very uncommon in the 4th precinct until around mid-April of this year." Minneapolis Police Department

By the numbers

154

From January-September 2019, Minneapolis police officers have responded to 154 overdose calls for service in the Fourth Precinct (North Minneapolis). MPD

85%

85% of overdoses (fatal and non-fatal) in Hennepin County are happening in Minneapolis. Hennepin County

5x more likely

Native Americans in Minnesota are 5x more likely to die of an overdose than white Americans. MN DHS

6th worst

The age-adjusted drug overdose mortality rate for black Minnesotans is the sixth highest in America. MN DHS

40%

40% of the total jail population in Hennepin County is related to opioid use. Hennepin County
NorthPoint. “It’s more holistic. They’re not getting it out on the streets. They’re getting it with some education behind it. They can have a more fulfilling life in community.”

Julie Bauch, Hennepin County’s Opioid Response Coordinator has been tasked with implementing the county’s Opioid Response Strategic Framework, released in early 2018. She says making medically assisted treatment accessible to those caught up in the criminal justice system at the county jail and workhouse is vital. “It means people who come to jail or the workhouse will be assessed for an opioid use disorder, started on medically assisted treatment like Suboxone if required, and they will be connected to a community clinic upon their discharge for ongoing care,” she said. According to county data, 40% of the total jail population is incarcerated related to opioid use.

But harm reduction approaches can be challenging to implement, as in the case of pharmacists. Community pharmacists have the legal authority to sell syringes to people without a prescription. While clean needles can prevent the spread of Hepatitis C or HIV, selling syringes to opioid users can also result in an overdose. One pharmacist who asked not to be named described this “catch-22” as very hard. “I don’t think I received any training in school that prepared me for these types of dilemmas, choosing between the spread of disease or possible overdoses.” Pharmacists are also challenged when they refuse to dispense syringes as they are often accused of discrimination or profiling.

When it comes to supporting people in recovery, Diana Hawkins from the Hawthorne Neighborhood Council says love, compassion, and second chances are often missing. “There are plenty of resources out there. Honestly, people that are struggling, from what I see, what they need is TLC. They need someone who will trust them and give them a chance. …I have people saying ‘I can’t get a job because of my situation,’” she said.

NorthPoint’s Nampala would like to see more resources to combat homelessness (a major barrier to recovery) along with a more connected network of Northside organizations who provide opioid addiction resources. “Here we are competing for clients and not having the best outcomes. If we could find a way to work as a team, that would be my dream come true,” he said.

Emotional support is a large component of Jeni Klotz’s role at NorthPoint. She says people come to NorthPoint feeling “ashamed.”

“One of the things that I do and I think we all do is really validate that nobody start out wanting to be an addict. Life happens and there are consequences,” said Klotz. “I just say ‘I’m so glad you’re here.’”

Opioid crisis response efforts

- **May 2016**
  The Minneapolis Fire Department began carrying Narcan, a drug that counteracts opioid overdose. It had administered the drug more than 600 times by April 2019.

- **April 2017**
  The US Department of Health and Human Services declared a public health emergency in 2017 after a record 42,000 people died of opioid overdoses nationwide in 2016. Former Health Secretary Tom Price announced $485 million in grants for states to implement “evidence-based prevention and treatment activities.”

- **Summer 2017**
  Minnesota received a two-year, $10.6 million State Targeted Response to the Opioid Crisis grant from the Substance Abuse and Mental Health Services Administration. The grant program “expands access to evidence-based prevention, treatment, and recovery support services, reduces unmet treatment needs, and helps to prevent opioid overdose deaths,” according to the Minnesota Department of Human Services website. The grant ran until July 1, 2019.

- **Late 2017**
  Hennepin County convenes its Opioid Strategic Planning Taskforce, aiming to come up with a “comprehensive and concentrated” and collaborate cross-sector approach to combatting the crisis.

- **April 2018**
  Narcan was first issued to Minneapolis police officers in high-volume overdose areas.

- **April 2019**
  The Mayor’s office releases its taskforce recommendations. The Minneapolis Health Department is charged with implementing them.

- **Summer 2019**
  MN Gov. Tim Walz signed the Opiate Epidemic Response bill into law, which raises funds from prescribers, drug manufacturers and distributors to fight the opioid crisis, while creating the Opioid Epidemic Response Advisory Council to oversee the funding. The bill creates an ongoing funding stream for these response efforts.

  Turning Point opens a recovery and addiction resource center on West Broadway in North Minneapolis.

  Mayor Jacob Frey requests $405,000 in his 2020 city budget for opioid crisis response efforts, including a hospital-based intervention program.
Overdoses and open use on West Broadway

By Abdi Mohamed Staff Reporter

As DonEsther Morris walked down W Broadway Ave. on Sept 17 she encountered a man passed out in his car. She believed he was overdosing. Morris carried Narcan, an opioid overdose reversing drug, in her backpack, and she administered it. After pulling the man out of the car, Morris gave the man a second dose. A nurse who was in the area then administered CPR. Police arrived and gave the man a third dose of Narcan, and he finally resumed breathing.

In an emotional Facebook post later that day, Morris recounted the incident: “It was the first time I saw all of us come together to save that man’s life, and we did it without any regard for the color of anyone’s skin,” she said. The man appeared to be white. Morris is black. “And when it was over and we saw him breathing again we all applauded because we all worked together as a team.”

She revealed it was the fourth overdose she had encountered while out on W Broadway Ave., with A Mother’s Love, a local street outreach group dedicated to curbing violence and working to heal those in the community who have dealt with trauma. Morris serves as the program director of the group which acts as an informal first responder to these type of incidents.

Scenes like this have become common on the corridor.

During the first eight months of this year, W Broadway Ave. was the location of many of the 154 overdose calls to the Minneapolis Police Department made to the Fourth Precinct, many times in front of a business on the corridor. The corridor is home to many important community establishments, including pharmacies, grocery stories, restaurants, and churches. But in recent years the area, particularly between Lyndale and Emerson has also become home to a growing drug problem brought on in part by the opioid crisis. People are found passed out in public spaces such as bus stops and around businesses.

Tommy Cohen, the co-owner of Merwin Liquors, has operated the store for the past four years. He says he has been increasingly aware of the issue of drugs on the corridor. “I’ve seen a clear increase of drug related activity along the corridor,” Cohen said. The liquor store is located in a strip mall next to a Cricket Wireless store and a check cashing store.

Like many business owners on W Broadway, Cohen is concerned with what he sees as a lack of coordination on the issue." he said. Many employees and managers of businesses in the area declined to speak on the record for this story due to corporate guidelines barring them from public comment.

One employee at a retail business spoke under the condition of anonymity, saying they see ambulances in their parking lot responding to overdoses and pointed to their private security officer as a way they ensure the safety of their customers. Many businesses have locked their bathrooms due to individuals coming and overdosing in their store with one employee stating it was for the safety of customers and staff to close the restrooms.

Last Spring, KB Brown witnessed an overdose take place across the street from his business. Brown and his wife Katie operate Wolfpack Promotions and were attending to customers when they noticed an individual passed out at the bus stop near the Capri Theater. Brown luckily had a Narcan kit and raced over to resuscitate the man.

He carries Narcan because he wants to make sure “we have the means to help if someone is having an overdose in our immediate vicinity.” His business also carries EpiPens in case someone needs one. Brown’s relationship with Sober Squad, a narcotics anonymous group, played a role in his business being able to get a hold of Narcan.

Brown moved his business onto W Broadway Ave. over four years ago from Northeast and has been an engaged member of the business community on the corridor. He currently serves as the secretary on the board of the West Broadway Business and Area Coalition. Brown sees business owners as being on the “front line” when it comes to the battle with opioids on the corridor. He says that he would like to see every business equipped with Narcan and an EpiPen in case of an incident.

Brown and many business owners point to the lack of police presence on W Broadway Ave. and see that as a major factor as to the large amount of overdoses taking place. When speaking to the day sergeant of the Minneapolis Police Department, Brown learned that there was only a handful of officers made available for the entire Northside and felt as though that was inadequate for the area’s needs. He also shared his desire to see some more resources given to business owners on W Broadway Ave. to deal with overdoses if they were to arise. “I would like to see funds set aside to help with that. It’s time for the business community to be involved with litigating this crisis,” he said.

Although the issue is recognized by many in the community, the lack of response from local officials to create an action plan has created some frustration. Business owners and community members whose work depends on the safety and activity in the corridor seek answers as to when this issue will be addressed more vocally by those with the resources. Millions of dollars are being moved through city and state budgets potentially to address the issue of opioid abuse and Northside residents and business owners hope to see some of that allocated to their community as it has been to other parts of the city.

"I know there are a lot of groups and people with great ideas in terms of improving the situation. I wish there was a better level of coordination between the city, the police and the community to address the issue."

Tommy Cohen, Broadway business owner
Battling addiction on many fronts

Angelina McDowell responds to opioid addiction as a social worker, a Northside neighbor, and a daughter.

By Kenzie O’Keefe Editor

Angelina McDowell has known addiction for her whole life. Her mother struggled with crack and didn’t get clean until the late 90s. As an adult, McDowell joined the army and was deployed to Iraq. She returned with PTSD and medicated it with alcohol, descending into alcoholism that required professional help. Today, the social worker has turned these experiences into expertise at Fairview Hospital, helping the health system figure out how to better serve African Americans dependent on opioids.

“We have African Americans and Natives going into the emergency rooms at higher rates than their white counterparts and overdosing and dying,” she said. “They are medicating their trauma. They are medicating something away.”

She stresses the negative impact of institutional racism in healthcare and the philanthropic groups that fund positions like hers within white-led hospital systems. She says patients need providers who share their identities or, at the very least, understand where they come from and “are willing to be uncomfortable hearing our stories.”

When McDowell is not fighting the opioid crisis from within the healthcare system, she runs into it on her block. She is the president of the Old Highland Neighborhood Association which operates the community garden on the northwest corner of Emerson and 18th Ave. N. Earlier this summer, a friend found “dirty works” stashed behind a shed on the property. When McDowell reported it to the Fourth Precinct, she says she was told that the problem is widespread, especially in the parks. “Safe spaces are being tampered with,” she said. “People are so in the throes of their use that they can’t be mindful.”

She would like to see more on the ground response efforts—harm reduction approaches like mobile needle exchange programs, sharps disposal sites, and medically assisted treatment—along with word of mouth awareness building about the resources that exist here in the community, like the Northside Healing Space inside Liberty Church.

“It’s not just going to be that pill or that therapy. It’s also building community around you in your neighborhood,” she said.

32 years of addiction leads to a reflective journey of helping others

By Abdi Mohamed Staff Reporter

Having battled addiction for decades, James Page Jr. is all too familiar with the opioid epidemic on the Northside. In 2011, Page suffered an overdose near W Broadway Ave. after receiving a bad batch of heroin. It was that near fatal experience that convinced Page to end his 32 years of drug use. In 1979, then 17 years old, Page arrived for his first round of treatment at Turning Point (TP), the African American culturally based treatment center in North Minneapolis. After being treated for six months for his marijuana use, Page would return five years later for another six months stay, this time for a newly developed heroin addiction.

Page’s story is not unique when it comes to the Northside. Scenes of law enforcement arrests and ambulance vehicles related to drug sale and use have become familiar to residents in the area. Having lived and raised his family in North Minneapolis, Page has seen the evolution of the opioid crisis on the Broadway corridor.

“On Broadway, the dealers out there, most of them were from out of town. What they learned to do was to stretch it to make it look more than it was,” Page said speaking about heroin dealers. The limited territory and high demand forced dealers to increase their supply according to Page, even if it required mixing in products that weren’t just heroin. “They found out other stuff to make it look better, but that made it more deadly. First, they put in morphine but then changed it to fentanyl,” he said.

In his dealings with addiction, Page came to understand the important part that law enforcement and the courts play in whether an individual will succeed in their recovery. Having been sent to jail for his drug use, Page found that probation officers have a unique influence in their recommendation of treatment options for individuals. In his first attempt at treatment, Page was sent to Eden House which, unlike TP, was not culturally specific. After abandoning his treatment, Page was later arrested and brought in front of a judge. When asked why he left, he answered that it was because they were all white at Eden. Understanding the cultural component, the judge then recommended his treatment be done at TP.

Although Page sees law enforcement practices changing and distinguishing their approach to individuals suffering from addiction, he takes issue with how they police areas like North Minneapolis. In labeling certain areas of the city as high crime neighborhoods, Page believes that officers have a negative disposition towards the community, especially the youth. This fear-based interaction between law enforcement and residents of the Northside, especially youth, could exacerbate the issues of drug addiction Page believes.

In the years since his treatment for addiction, Page has authored two books titled “Flatline, Your Ego Mind” and “Apples for Addicts and Alcoholics” which cover his strategies for developing spiritual principles and developing emotional intelligence. He also leads a discussion group every Tuesday at the Cultural Wellness Center in South Minneapolis called the Men’s Spiritual Circle which he likens to an Alcoholics Anonymous program, but members of the circle serve as mentors for one another.

North Minneapolis resident Angelina McDowell is the care coordinator for an opioid use disorder treatment program for African Americans. Photo by David Pierini

James Page Jr. battled addiction for years and now leads a men’s group to help others with their recovery. Photo by David Pierini
Dorothy Jones puts people on a path to recovery she has walked before

By David Pierini | Staff Reporter

Dorothy Jones was in college to learn how to help people recover from chemical dependency and quickly began to understand family trauma and addiction.

Jones saw she fit the profile.

Her use of Demerol had developed into a voracious appetite for the painkiller. It was so bad, she went through four or five doctors for prescriptions to keep up her supply. When she was finally cut off, an abusive boyfriend turned her onto cocaine.

“I was oblivious to what was going on until I started going to school,” Jones said. “As far as I knew there was no problem with me. However, I started seeing maybe there was something wrong. I started looking at my family and it was like a light went off in my brain.”

Jones’ sobriety is now in its 35th year. Her story, full of pain and loss in the early chapters, now resonate with grace and forgiveness, peace and happiness. She is 71 and as the intake specialist care coordinator for Turning Point, a North Minneapolis treatment center, she meets with people taking their first steps to recovery.

She starts each day with this prayer: Thank you lord for this day. Thank you for the air to breathe and the sight to see. Thank you for putting my feet on the floor so I can walk in your light. Let me be able to share something with somebody so that they will be able to move on with their life life with your words and insight.

Being able to share with honesty, she tells fragile beginners, makes recovery possible. It brings that light closer to them. It is what she learned.

Jones grew up in Des Moines, Iowa the fifth of eight children. Her parents fought constantly. Her father was a heavy drinker who died from cirrhosis of the liver when she was a teenager. Jones didn’t get along with her mother and resented her for seeming to favor a younger sister over her.

Jones and that sister fought a lot and one day, their grandmother passed out as she tried to break up the fight. An ambulance was called but her grandmother eventually died from heart failure.

“When my grandma passed, that started the whole road to destruction,” she said.

Jones gave birth to a son after her senior year in high school, married her high school sweetheart and moved to the Twin Cities, where they both had family.

They had a daughter but fought constantly, divorcing after five years. Jones got a job doing clerical work with Head Start and later with an alternative high school.

She developed chronic pain in her face, which would later be diagnosed as trigeminal neuralgia, where a cranial nerve transmits pain to the skin of the face. She was given Demerol for the pain. Her body quickly built up a resistance to it, and she found herself taking more and more.

When she couldn’t use Demerol, she turned to cocaine for the pain. She was then prescribed another addictive drug, Valium.

“My life was out of control,” she said. “I wasn’t taking care of my kids, I would forget to do things.

I was in a relationship with someone who was chemically dependent. With me taking the Demerol and him on heroin, I was drinking and smoking weed...all this and I’m still going to school.”

But she had to surrender. Her kids were now in counseling and expressing their hurt and fear of life at home. She struggled at work and being on time. Her boss ordered her to get into treatment.

Jones struggled with treatment, but leaving was not an option because of her job. Jones began to slowly tell her story in treatment and a return to church gave her strength to follow through her treatment and help heal her family.

“You can be honest, you can share and God is there for you,” she said.

“Things started getting better because I was believing.”

Jones has had a rewarding career in the field that, first, clued her into her own addiction. The prayer that starts her day is part of the work she does daily to sustain her recovery.

Learn more about the current phase of the project and opportunities to give your feedback.

upperharbormpls.com
Johnny Hunter drove a bus on Sundays to bring addicts and homeless men to local churches. The men were broken and disheveled in appearance and Hunter, a recovering addict himself, could sense the churches felt uneasy welcoming them to service.

This made Hunter say to his mentor one day, “I think God is telling me to start a church.”

Whether visibly high or sober for decades, all are welcome at First Community Recovery Church on Logan Ave. in North Minneapolis.

The church meets each Sunday in the gymnasium of Hospitality House. It started in 2007 with 23 worshipers, all touched in some way by addiction. Hunter wanted a church that united people suffering with addiction with power in scripture and testimony from others in recovery.

Visitors are greeted with a song that says they are loved and cared for. For those distrusting and wary of shame, Hunter says, “I’m not the judge; I’m the love.”

“One thing about our church, we believe in loving everybody right where they’re at,” Hunter said. “Everybody is valuable so love is everything. Love will conquer a multitude of sins.”

The church, which averages 40 to 75 people every Sunday, is not a substitute for treatment, though the message and fellowship bolsters recovery with a spiritual backbone. Like the proverb about a village raising a child, those in recovery are expected to lift an addict with hope and encouragement for the journey ahead.

Those in local treatment programs can request a ride to the church. There is also an open Bible study on Tuesday nights and a men’s group called “God’s junkyard DOG Bible class,” on Thursday at the Salvation Army.

On a recent Sunday, Charles Orange told the congregation he had been to treatment 49 times and has now been clean for almost 14 years.

“Don’t clap for me. I didn’t do anything but show up,” Orange said. “How big is your God? Here’s what I found out. God won’t take you from your problems. He will walk through your problems with you.”

This is at the heart of one of Hunter’s most important teachings: being in service to others. It is how Jesus lived, Hunter says, and staying busy keeps recovering addicts clean and sober.

“In here, you have to be giving back,” said Hunter, a substance abuse counselor with the Salvation Army prior to starting First Community Recovery Church. “You have something to give because you are valuable. I believe you have to give back. Just because you are saved doesn’t mean you will stay clean. If you’re not busy, idle time is the devil’s playground.”

Hunter has nearly 30 years into his recovery and his journey includes a return to high school at age 40 to get a diploma and learning to read so that he could attend Bible college to become a pastor.

Hospitality House was the first and only location he scouted to start the church. As a kid he was a regular at Hospitality House and when he became a recovery counselor, he volunteered to run youth programs. He is now the executive director of Hospitality House.

“God works in peculiar ways,” he said.
On the Northside, addiction has changed form over the years. Turning Point, a nonprofit that offers chemical health treatment and support services, including housing, has witnessed and responded to each iteration.

Founder Dr. Peter Hayden started the organization in 1976 as a halfway house and soon transitioned it into a chemical dependency residential program. Over the years, he says the organization has best served their clients by developing a program rooted in black culture. The leaders found that when treating addiction, issues of poverty, violence and discrimination that have plagued the black community in America must also be addressed as fundamental causes of a client’s addiction.

Hayden, along with Turning Point’s Director of Support Services Angela Reed and Client Liaison and After Care Coordinator Woodrow Jefferson, spoke about meeting unmet needs related to addiction, leading people out of crisis, and offering second chances.
"In terms of the opioid epidemic here, it’s just been a failure of multiple systems over the course of 15 to 20 years. It has to be highlighted and understood."

Angela Reed, Director of Support Services

With addiction. The longer the parent’s been dealing with addiction, the more of an impact on the child. When it comes to African Americans, there’s a lot to do culturally as to why we use. People have to get rid of this kind of thinking that addiction is linked to choice. When it comes to the dynamics of the family, it has to do with the areas of impact and finding the underlying issue. When you have a parent using on and off for a lot of the time it’s because their parents used, it’s a coping mechanism to deal with the stress of being in poverty. It’s not necessarily always the drug that passes on generationally but the problems that caused the parents to use drugs then causing the child to use. With the African American community, you have to understand the whole gambit. This is Maslow’s hierarchy. If we don’t have peace, we won’t be able to find peace. In terms of the opioid epidemic here it’s just been a failure of multiple systems over the course of 15 to 20 years. It has to be highlighted and understood.

What is your outreach like to the community? Angela: At the recovery center we have an active outreach model where people can come in, but we’ll also go to them. We keep an eye out on the community and we’re just able to engage. Even though we have an array of services to get people into recovery, part of our goal is to get to people before they need that recovery. People need convincing, support and encouragement and to feel that they are welcome. We judge people by what they do and how they treat us. It’s human nature. My staff is trained in emotional intelligence, so we know that dealing with this stuff is going to be hard at times. We’re going to want to help everybody. We’ve dealt with the death of a participant who didn’t adhere to the program and that’s going to impact the African American provider. We have to be the first ones to understand our people are traumatized.

What do you think the media gets wrong about the issues around the opioid crisis? Woodrow: One thing I think that’s a misnomer is who’s getting high and doing the drugs. A lot of the time it’s the young folk, but there’s a lot of the elderly who get addicted to opiates. Let’s keep it 100, some people are getting pills and selling them to supplement their income because they’re on fixed income as a way of getting through the month. A woman who’s 77 years old relayed to me that her friend gets 100 pills a month, and she sells them. That’s how she’s able to live her life. She says she’s paying her mortgage and all that cause she doesn’t make enough on her fixed income.

What needs are going unmet in the community that you offer here? Woodrow: One of the needs we see as an agency is on domestic violence. We’ve established a collaboration with another organization. Every Saturday we have meetings open to the public.

Are you seeing women coming to Turning Point seeking treatment? Angela: Women are seeking treatment more and more. We are not still able to reach the number of women that we hoped. Women are able to access our day and evening outpatient treatment. We also offer low income and group residential housing for women. Our recovery center is a great resource for women. Women are able to connect with other women who are positive, engaging trustworthy, and in recovery.

What are the gender dynamics when it comes to seeking help with addiction? Angela: When women in addiction are seeking care their age, family, support system and resources greatly impact their success. Women with children need additional support to make their children healthy as well as a recovery based outlet for social engagement outside their primary role as caregivers. In most situations when a woman is in treatment they also have to focus on making sure they are able to meet the needs of their families when they leave treatment. Because it could be a contributing and triggering factor to their relapse. Women greatly benefit from wrap-around services, long term aftercare, housing and resources to elevate some of the stress of supporting a family.

What is unique to the women’s treatment program here at Turning Point? We have two families living at our houses. The women’s support group is a recovery program that has a talking circle and it’s run with a recovery coach model also with some emotional intelligence concepts. They have a period of time where it’s just open discussion where they can discuss any needs and services that they want. They have the opportunity to form relationships with women who have already been through recovery. The women are at a variety of ages where they can come and discuss services and participate in our

Continued on Page 17
Muslim counselor takes a faith-based approach to addressing addiction

By Abdi Mohamed Staff Reporter

Most faith-based chemical dependency treatment programs in Minnesota are Christian. One local Muslim counselor aims to offer another option.

Al-Haqq Zayid, a licensed addiction counselor, sees the current treatment landscape as a deficit to his Muslim community. So, he founded his own organization, Zulu Islamic Treatment Institute Inc. where he serves as the Treatment Director to fill the gap.

Zayid came to this work through his own involvement with drugs. He was arrested in 2004 for drug possession and given a three-year probationary sentence. To avoid further run-ins with the law, he enrolled himself at the Minneapolis Community Technical College later that year. While there, Zayid took his shahada, a declaration of faith, making him a Muslim. In 2013, he graduated with a bachelor's degree in Alcohol and Drug Counseling from Metropolitan State University and began a career in counseling.

Zayid's experiences working in non-culturally or religiously specific treatment centers motivated him to establish his treatment program. While working at a Christian-based treatment center, he gave Muslim clients a place to pray in his office. Then he faced discrimination at work. In a meeting with staff, his supervisor joked that his church members were afraid Zayid would blow them up. Because of his faith, Zayid also did not partake in holiday parties that his employer put on or potlucks due to his religious restrictions. After three years of working, Zayid was terminated based on an "accumulation" of issues.

Zayid knew he had to start an Islamic-based program of his own.

To do that, he needed approval from Hennepin County and had to prove a need for an Islamic faith-based approach to treatment. Zayid gathered dozens of signatures from community and religious leaders to establish the need from a religious perspective.

The organization he founded, Zulu Islamic Treatment Institute Inc, is based out of Masjid An-Nur located on 1729 Lyndale Ave N. Zayid says that he's enjoyed the support of the mosque's Imam, Makram El-Amin. The name for the institute comes from Shaka Zulu, the South African anti-colonial ruler who Zayid wanted to highlight for the African heritage and Islamic to express the religious approach to his treatment.

The stigma that drugs have in the Muslim community was one of the reasons that Zayid felt that his institute was necessary. "In our culture, drugs are haram, meaning forbidden, so the older generations don't know how to deal with addiction. They're not familiar with the treatment process," he said.

Having grown up on the West Side of Chicago, Zayid was familiar with the impact of drugs and alcohol on his family and community. He relates the Muslim community's lack of understanding of addiction to that of his own family. "My father who is addicted to nicotine tried to criticize his brother for being addicted to crack. Nicotine is a drug which he had no knowledge of so when he accepted that, he became less critical of his brother," Zayid said.

Zayid's approach to providing treatment has been a collaborative effort as he works closely with other organizations who also cater to predominantly Muslim communities. Currently he works part time as a counselor at the Alliance Wellness Center in Bloomington. Yussuf Shafie is the founder of Alliance Wellness Center, an addiction center aimed at helping individuals of East African background find treatment for their drug and alcohol abuse. In the last year, Shafie has been able to receive 12 beds which helped his organization transition into serving as an in-patient treatment option for clients. Participants stay for 30-90 days depending on their treatment plan and are given different coping mechanisms to solve their chemical dependency.

Just as Zayid pointed out the fear of shame in the black community, Shafie relayed the same cultural stigma shared that there was a need for faith-based services in the Muslim community. “Brother Zayid is a good dude, man. He’s been around the block a few times. There’s a lot of need for that program.”

Zayid's treatment program is currently open for participants to seek treatment. Although the program is based on an Islamic approach, Zayid stresses that it is open to individuals of all backgrounds. Zayid implores those in the Muslim community seeking treatment to reach out to him directly at (612) 338-0889. He currently does outreach locally on W Broadway Ave. and is accompanying Imam El-Amin to prison visits in order to make Muslims who may be incarcerated for drug-related offenses aware of their options for treatment when they get out.
Need help?
Resources are available.

NorthPoint Health & Wellness, 1313 Penn Ave. N. This Hennepin County clinic located in North Minneapolis provides "individualized coordinated services that help to treat opioid addictions." NorthPoint's providers offer medication assisted treatment (Buprenorphine and Suboxone), chemical dependency treatment, chemical health screening, behavioral health therapy, syringe exchange, and social work support. Call (612) 543-2500 or stop by to make an appointment. Health insurance is not required.

Fairview Clinics-Riverside Addiction Medicine, Riverside Professional Building, 606 24th Ave. S, Suite 602, Minneapolis. Opioid use disorder treatment program for African Americans. To start, contact care coordinator Angelina McDowell at (612) 273-1221.

Turning Point Recovery Center, 827 W. Broadway, Minneapolis:
*Women's Life Group: Open support group for women in need of support. Every Thursday at 5pm.
*Blacks in Recovery: Men's Support Group: Contact recovery coach Divine Mohammad (612) 964-9199.

Heroin Anonymous, open meetings in two locations. Fridays 6:45-7:45pm, 2218 First Ave. S, Minneapolis. Thursdays, 6:30-8pm (starting Oct. 18), River Valley Church, 1350 Crossings Blvd., Shakopee. Contact Bill J, (952) 228-7955.

First Community Recovery Church, 1220 Logan Ave. N, North Minneapolis (located inside Hospitality House. Rev. Johnny Hunter. Sunday school, 9am, worship service, 10am. Rides available from local treatment centers. Call Decon Pettis, 612-385-2654 or Rev. Hunter, 612-237-5051 by 6 p.m. the day before services. Open Bible study Tuesdays at 7pm.

Naloxone (which is often referred to by its branded name "Narcan") is a medication that can reverse opioid overdose. It can be purchased at pharmacies without a prescription and costs about $130 per kit. There are two nonprofits dedicated to “training on Narcan and getting it into people's hands,” said Julie Bauch, Hennepin County's opioid response coordinator. Both Valhalla Place and the Steve Rumler Foundation offer free and low cost Naloxone and training.

Valhalla Place
Minneapolis: (612) 454-2260, 3329 University Ave. SE. Brooklyn Park: (763) 237-9898, 2807 Brookdale Dr.

Steve Rumler Hope Network
(952) 943-3937 or email hope@rumlierhope.org.

Turning Point started out in a rundown house over 40 years ago. Today, the main campus of the chemical dependency treatment nonprofit is located at 1500 Golden Valley Road. Photo by David Pierini

general education programming as well. We shift the topics where we can take about parenting, we give them resources on how to talk to their kids about drugs or how to know if their kids are using drugs. We then get them into goal setting, planning and organizing to the point where they’ll be able to be reflective and resilient.

How do you measure the success of your program? Woodrow: One client at a time. First, I become a leader of one, myself. Then I help others lead themselves then they can lead their families out of this crisis that we see. That's my hope. If I can change one man, and he can go back to his children and help them understand, it's a sacrifice we're willing to make. I see hope in our community. I live here on the Northside. I make enough money where I could live anywhere else but I live in the Northside because I believe in the change. Angela: Overall our cultural measurement of outcome is how they [patients] value themselves and are able to set personal goals, large and small. Teaching them the strategy and knowing that there are ups and downs but that you need to have a plan and go back to the process. I like to measure by if you're able to reach a goal that you set for yourself and if you keep going for it. Hayden: What Angela and Woodrow have said. It's kind of like the philosophy of pulling yourself up by the bootstraps, but here you don't have any bootstraps. I think that once you get the person to the point that we're talking about, that's adding the bootstrap.
GRADUATION
North Dakota State University
Natalie Marie Dulka
Jonathon D. Edstrom
Emily Jean Endorf
Rachel Darlene Giemza
Mir Mohammad Firooz Housainee
University of Minnesota Crookston
Devante Nutall

RESOURCES
Hockey for girls and boys ages 6-14 offered at North Commons Park and Northeast Arena during the months of November through February. All equipment is provided and the cost is minimal. Register and get more information at North Commons Park, 612-370-4921. Register early to get the most for your money.

Several City of Minneapolis board and commission positions are open for appointments this fall. The city is seeking applicants with a diversity of backgrounds and experiences for the 2020 Census. The jobs offer weekly pay, competitive pay rates, flexible hours, and paid training. Learn more here: https://2020census.gov/jobs/

Northside Boxing Club (1704 33rd Ave N) offers free lessons to kids ages 9-21. Training includes boxing drills, technique work, running and strength conditioning. Each session ends with a healthy meal. Hours are Monday-Thursday from 4pm-5:30pm and 6pm-7pm. On Fridays, youth open boxing is offered from 4-7pm.

Minnesota Solid Waste & Recycling customers who have not signed up to participate in the organics recycling program may do so at any time by visiting www.minneapolismn.gov/organics. There is no extra cost, but you have to sign up.

Tuesdays – The Twin Cities Mobile Market delivers affordable and healthy food weekly to locations across North Minneapolis and the Twin Cities. A wide variety of fruits, vegetables, meat, dairy products, and staples like rice and dried beans are available at below-market prices. Cash, all major credit cards, debit cards, SNAP/EBT, and Market Bucks are accepted. Questions? Call 612-280-2434. Their delivery schedule does change. For schedule and map information, visit www.wilder.org/Programs-Services/tcmm/Pages/default.aspx.

Do you live in Near North or Willard Hay? Then your block could be eligible for a mini block club grant through the Northside Residents Redevelopment Council. Funds are available for a project or event you want to create. For more information call 612-335-5924 or email contacts@nrrc.org.

The Northside Residents Redevelopment Council is partnering with Mid-Minnesota Legal Aid to connect residents of Near North and Willard Hay with free attorneys. If you are having legal troubles that relate to your home or business and live in the Near North or Willard Hay neighborhood visit their clinic at the NRRRC office Mondays and Tuesdays from 10am-3pm or set up an appointment by calling 612-335-5924.

EVENTS & ENTERTAINMENT
10/3 - The Film Society of Minneapolis St. Paul, in partnership with the Capri Theater and the Minnesota Historical Society, presents Toni Morrison: The Pieces I Am. at 7pm at North Community High School, 1500 James Ave. N in Minneapolis. North High serves as the alternate location for this film series while the Capri Theater is closed for expansion and renovation. Duchess Harris, Professor and Chair of American Studies at Macalester College, will lead a conversation after the film has been screened. Tickets to First Thursday Films are $5 and can be purchased in advance at mspfilm.org or at the door the night of the show.

10/3-12 – The Alliance for Sustainability is looking for volunteers to take part in their Litter Be Gone initiative, an annual community-wide litter clean up event October 3-12, 2019. Volunteers will pick up litter on their neighborhood streets and sidewalks before it becomes covered by leaves and snow. Litter Be Gone will provide volunteers with gloves, bags, and free drink coupons from local sponsoring businesses. To learn more about Litter Be Gone and how to participate in your neighborhood, visit litterbegane.org/participate.

10/10 – Webber Park Library is hosting Percussive Dancing: Unlocking the Human Instrument from 5-6pm in collaboration with The Cowles Center. Grades 6-12 are encouraged to participate.

10/12 – The New Market will be hosting their next pop-up at Juxtaposition Arts from 2-6pm on Emerson and West Broadway. The event is a part of a pop-up series put on by The New Market to promote support of black businesses and re-imagining commerce and community. There will be DJs, artists, food trucks and more. For more information and to get involved, send an email to newmarketmn@gmail.com or call 218-721-2453.

10/25-26 – The Saint Paul Chamber Orchestra in its partnership with the Capri Theater opens its 10th season of concerts in North Minneapolis with a two day event. The concerts will be held at Sanctuary Covenant Church, 710 W Broadway Ave. in Minneapolis. The first event on Friday, 10/25 at 7pm and the second event begins at 10am on Saturday, 10/26. Northside residents may register

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THE PRESERVATION HALL JAZZ BAND
W/ USA AND SPECIAL GUESTS
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www.first-avenue.com | info line: 651-332-1775

2019 Northside Holiday Parade
Saturday, November 30th
11:00am
From Penn to West Broadway along
West Broadway Avenue North
Sign up to be a part of the Parade at
bit.ly/HolidayParade2019

FIRST THURSDAY FILMS
@ THE CAPRI  NORTH HIGH
Presented by:
FILM SOCIETY

Toni Morrison: The Pieces I Am
7pm Thursday, October 3
Conversation Leader: Duchess Harris
$5 tickets: mspfilm.org or at the door
North Community High School
1500 James Avenue North, Minneapolis 55411
mspfilm.org • thecapritheater.org
NOTICE

for free tickets at thecapritheater.org, thespco.org
or by calling the SPCO box office, 651-291-1144.
Tickets ($15 for adults) may also be purchased.

1/1-2 – North Methodist Church will be holding
its Annual Craft Bazaar and Bake Sale at 44th
and Fremont Ave. N. The two day event will take
place on Friday, 1/1 5-8pm and Saturday, 1/2
at 9-11am. The church will be hosting a bake sale
and have local crafters and vendors throughout
the event. There will be food and entertainment
provided and guests can arrive through the parking
lot door. Questions can be directed to the church
or Marlys Burseth via email at marlys@bursethcomcast.net.

Registration for the Capri Gleel Adult Community
Cohor, under the direction of J.D. Steele, is now
open. Rehearsals will take place Tuesdays from
7-8:30pm, on Oct 8 - Nov 12 at Plymouth Christian
Youth Center, 2210 Oliver Ave N in Minneapolis.
The choir’s fall performance will be held at 7pm
Tuesday, Nov 19 at a location to be announced.
Register online at thecapritheater.org or call 612-
643-2058.

Join the Northside Singers choir! They sing in
three and four part harmony and welcome singers
who read music or learn by listening. Practices are
Monday nights starting in the fall from 7:30-8:45pm
at Patrick Henry High School and perform at
residential care centers and community events. For
more information, email: singenforfun@gmail.com
or register at Minneapolis Community Education:
https://minneapolis.ce.eleyo.com. Search for
Northside Singers.

Wednesdays – Kid’s Bookclub. 2:30-4pm. Webber
Park Library. No pre-reading required. A book will
be shared with a discussion and activity to follow.
Sponsored by Friends of the Webber Park Library.
No registration required. Designed for youth in
grades 1-6.

Fridays – Family Storytime. 10-11am. Webber
Park Library. For children of all ages and their
parent or caregiver. Talk, sing, read, write and play
together in a format appropriate for young children.
Share books, stories, rhymes, music and movement.

Saturdays – Read Together. 10am-1pm. Webber
Park Library. Sign up for a weekly 30-minute
session to practice reading with a teen mentor.
Come by or call the Webber Park Library to register.

The Capri Theater is now closed, the old theater
seats are being removed, and every nook
and cranny of the building is being emptied in
anticipation of a June construction start on the
theater’s renovation and expansion. While the
theater is closed, Capri programming will continue
at alternate Northside locations. See website for
details.

EDUCATION

10/8 – The next Minneapolis Public School
Board Meeting will be held on Aug. 13,
beginning at 5:30pm at the Davis Center, 1250 W
Broadway Ave.

10/22 – The next Minneapolis Public School Board
Committee of the Whole meeting will be held on
Aug. 27, beginning at 6pm at the Davis Center at
1250 W Broadway Ave.

What’s Up 612! is an online resource for children
and youth, ages 5-21, where citywide after school
activities can be found. More information can
be found at: http://www.612up.com

North Minneapolis Schools need 38 literacy math
tutors for the 2019-2020 school year according
to Minnesota Reading Corps and Minnesota Math
Corps. Anyone interested is encouraged to apply
now at readingandmath.net or by calling 866-859-
2825. Tutors will begin in Aug, 2019.

Project for Pride in Living (PPL) seeks volunteers
interested in mentoring and tutoring youth in
grades K-5th grade who are living in supportive
housing in Camden. Volunteers are matched 1:1
with a youth to build a strong relationship, tutor
in literacy concepts, and engage in enrichment
activities like arts & crafts, games, creative play.
To apply, visit www.ppl-inc.org/volunteer or contact
Volunteer Coordinator Caitlin Dougherty at caitlin.
dougherty@ppl-inc.org / 612-455-5108.

Teen Tech workshop is held every other Thursday.
North Regional Library, 5-7pm. Get creative and
make music, videos, animation, and other projects
using high- and low-tech tools, everything from
iPads and 3D printers to synthesizers and sewing
machines. Led by the library’s Teen Tech Squad.
More information at http://www.hclib.org/about/
locations/north-regional.

MN Comeback and Great MN Schools launched
Minnesota School Finder. This resource guide
for parents provide objective, relevant information
on schools across Minneapolis so parents can find
schools that are the best fit for their kids.

Housing

The Minneapolis City Council has approved
an ordinance strengthening protections for
renters in Minneapolis. The ordinance will cap
security deposits at a maximum of one month’s
rent and gives property owners two options for
screening potential renters: use inclusive screening
criteria outlined in the ordinance or conduct
an individualized assessment. The inclusive
screening criteria will limit consideration of criminal
background and rental history, including eviction
history, and will prohibit the use of a credit score.
The ordinance goes into effect on June 1, 2020
and property owners with 15 dwelling units or fewer
will have an effective date of 12/1/2020.

Hennepin County funding assistance for lead
paint: homeowners and landlords may be eligible
for a free home test and as much as $8,000 in lead
reduction costs, as well as new windows. Contact:
healthyhomes@hennepin.us or 612-543-4182.

The City of Minneapolis offers free energy
efficiency home visits and 0% financing on
recommended energy-saving upgrades while
funding lasts to qualified households with a family
income less than $94,300. Homeowners and
renters can call 651-328-6220 or visit mnceee.org/
hes-rmpls to schedule a visit.

A new rule has passed that allows the City to
charge property owners for cleaning, repairing
or replacing City pipes clogged with grease. The
grease rule sets up a framework to mitigate risks
and decrease the costs to rate payers. Problem
spots in one-tenth of the sewer system have cost
the City close to $1 million since 2012 to keep pipes
flowing. The clogs divert money and time from
other critical sewer system needs as crews are
inspecting pipes and cleaning out grease
every two weeks. The costs of these services in a
small number of locations are borne by sanitary
sewer rate payers across Minneapolis. Find
more information at: www.minneapolismn.gov/
publicworks/sewers/fats-oils-grease.

The City Council approved a Renter-First Housing
Policy — a framework that affirms the City’s
commitment to advancing renter protections and
developing new tools to support affordability and
stability in rental housing. The implementation
of the Renter-First Housing Policy will include
both early intervention and safety-net strategies.
Highlights include strengthening enforcement
measures to ensure repair issues are addressed
quickly while minimizing negative impacts on
the renter; targeting inspections efforts toward
properties in disrepair or with a high volume of
renter complaints; and creating financial
opportunities for property owners to maintain
housing conditions and affordable housing
without increasing rents.

The City of Minneapolis is now accepting
applications for the Minneapolis 4d Affordable
Housing Incentive Program, which helps property
owners obtain property tax reductions for agreeing
to keep a portion of rental units affordable for 10
years. For more information check out:
http://www.
minneapolismn.gov/tpedhousing/WCMP-214366

Twin Cities Habitat for Humanity has developed
a new program to help first-time homebuyers
who have faced barriers to buying a home through
traditional mortgage lenders. Under the program,
homebuyers can buy on the open market using
Habitat’s affordable, fixed-rate mortgage. They
can even work with the Realtor of their choice,
complete Habitat’s homeownership education
and buy a home in their preferred neighborhood
or city. The new program reaches a broader
income range, including those who may think their
income is too high to qualify. Households earning
$40,000-$80,000 have successfully bought a
home in Habitat’s redesigned homeownership
program. The program revolves around an
“unbeatable mortgage,” a 30-year fixed-rate
with monthly payments set to no more than 30
percent of income. Down payment assistance may
be available. Interested residents can find more
information on the mortgage program at: www.
BuyWithHabitat.org or by calling 612-540-5660.

The City of Minneapolis can help renters who
want smoke-free housing, and it can help
property owners make their buildings smoke-free.
For smoke-free rental housing help, renters and
property owners and managers can call 311 or visit
www.minneapolismn.gov/smoke-free.

BE AWARE

Each Spring and Fall, the City of Minneapolis
sweeps through more than 1,100 miles of streets
in order to keep neighborhoods clean and protect
its waterways. The City’s Public Works department
takes nearly four weeks to complete their sweeps
and updates each Friday of the week prior to
the start of the sweep. To stay up to date on the
street sweeping schedule visit: minneapolismn.
.gov/publicworks/streetcleaning. The schedule
changes to reflect the actual progress of street
cleaning.

The City Council has approved the City’s vision,
misson and values as part of the Strategic
and Racial Equity Action planning process—a
framework that will set the direction for the
future of the City and ensure the implementation
of racial equity goals. The Strategic and Racial
Equity Action Plan is a four-year plan that will
embed racial equity principles into all aspects
of the City’s work, aligning work from City leadership
to departments and defining goals at all planning
levels that can be objectively measured and inform
resource decisions. The goals were also informed
by community engagement from the Minneapolis
2040 Comprehensive Plan. Minneapolis 2040’s first
goal is to eliminate disparities and a targeted
number of policy areas from the plan have been
identified as policy priorities for the Strategic and
Racial Equity Action Plan.

KMOJ 89.9 HD2

The ICE

Minnesota’s Coldest Music
Homegrown Minneapolis invites community members to participate in any or all upcoming meetings or weigh in online to help develop a food policy action plan. City staff intend for the plan to guide the City toward a more equitable, climate resilient, just and sustainable local food system and local food economy. Access to healthy and local food is important for the health of people who eat it, for the local communities it helps support and for protecting the climate. For more information on upcoming topics, meeting dates and locations and how to stay involved, please visit their website at www.minneapolis.gov/foodactionplan

The Minneapolis Park and Recreation Board website. The Minneapolis Park and Recreation Board would like to hear from area residents as they embark on improving the facilities at Eloise Butler Wildflower Garden and Bird Sanctuary. The constructed is slated for 2020 and 2021 and will include an all-gendered, family-friendly, accessible bathroom, building an addition to the visitor center and re-envisioning the front entrance. To participate in this project, visit https://www.surveymonkey.com/r/EloiseButler and the Minneapolis Park and Recreation Board website.

The Minneapolis Park and Recreation Board (MPRB) is excited to announce “Parks for All,” a new comprehensive planning process that will set its priorities and policy direction for the next decade. Parks for All will engage Minneapolis residents and park users, along with MPRB staff and commissioners, over the next two years to shape the future direction of Minneapolis’ park and recreation system. The last MPRB Comprehensive Plan was approved in 2007 and set a vision through 2020. Visit www.minneapolisparks.org/parksforall.

Carbon monoxide (CO) exposure incidents increase during the winter months and CO is often called the silent killer. It is a colorless, odorless, tasteless gas that when inhaled, enters the blood stream preventing proper absorption of oxygen, leading to illness and even death. Treatment for CO exposure is fresh air or oxygen. Severe exposure requires medical attention. Do not return to your home or building until the source of the problem is discovered and corrected. For more information about natural gas safety, visit CenterPointEnergy.com/BeSafe or call 612-372-4772 or 1-800-245-2377

People must be at least 21 to buy tobacco products in Minneapolis as of Oct. 1, 2018. Minneapolis raised the age from 18 to help protect younger generations from lifelong nicotine addiction, tobacco-related illnesses, and the tobacco-related health disparities between white populations and people of color. Research shows raising the age to buy tobacco will keep an estimated 30,000 young people from starting to smoke over a 15-year period in Minnesota.

The City’s Municipal Minimum Wage Ordinance took effect Jan. 1, 2018. There will be a tiered phase-in period for small and large businesses. Large businesses that employ more than 100 workers will be required to pay employees a minimum of $10 an hour beginning Jan. 1, 2018. Small businesses with 100 or fewer employees will require to pay workers at least $10.25 beginning July 1, 2018. Large businesses have until July 1, 2022, to reach a minimum wage of $15 an hour and small businesses have until July 1, 2024 to reach $15 an hour.

Through its 311 service, the City of Minneapolis has opened a new hotline for reporting hate crimes. Which are harassing behaviors motivated by prejudice. The hotline number is 311 for anyone calling from within the city of 612-673-3000 statewide. The 311 hotline will be answered 7am-7pm weekdays and 8am - 4:30pm weekends. Those with a report to make can also call the Department of Justice at 612-664-5600. As always, in the case of immediate physical violence, property damage, or threats, people should call 911.

The City Council received the City’s first-ever State of Data Report: a data that outlines the current way data is managed by the City and provides a roadmap to improve transparency, accountability and accessibility. The report is a point-in-time summary of where the City of Minneapolis stands with respect to data governance and management, including the way data now informs policy decisions by City leaders and how accessible and understandable that data is. The report also presents a roadmap to making the City more data-driven in operations and services, and looks at how data use is evolving into the future. The 2018 State of Data Report is available on the City’s website.

Following Minneapolis fire laws will help keep our neighborhoods safe and livable; outdoor fires are permitted 9am-10pm, fires must be less than three feet in diameter and two feet high, and a fire must be completely out before being abandoned. Illegal open burning or recreational fires could result in fines that start at $200. For more information on recreational fires or to register a complaint about a recreational fire, call 311 or email Minneapolis 311@minneapolis.gov or to register a complaint about a recreational fire outside 311 hours, call 911. The Fire and Police departments are authorized to extinguish a fire immediately if it is hazardous.

The Minneapolis Park and Recreation Board (MPRB) has banned all tobacco products on Minneapolis park properties and owned and/or operated facilities.

### BUSINESS DEVELOPMENT

Da Hive, a coworking and educational space

Have you heard about the 48.8-acre development on the Mississippi River that is up for redevelopment?

Learn more at an upcoming Learning Table, which offers the “learning water”; a place to ask critical questions and develop the “learning glue”, a place to develop relationships, create partnerships, and make commitments to explore ideas for incorporation in the UHT development. Each Learning Table theme is directly related to development topics.

- Learn together
- Create shared approach
- Coordinate efforts

For more information or to RSVP:
- Find us on Facebook at PPPEJCC
- On Eventbrite: Upper Habor Terminal - Community Engagement Learning Table

October 23, 2019 4pm-8pm
Northpoint Conference Center 1256 Penn Ave N, 5th Floor Free parking | Light meal provided

Contact: Devonn@pillsburyunited.org or 612.377.7000
For more information on the project: http://publicpolicyprojectonline.com/upper-habor-terminal/
Out on the Avenue

W Broadway Ave. was closed off to traffic Saturday, Sept. 14 for the annual Open Streets West Broadway festival. The rain and chill from the previous days lifted in favor of some warm sun and perfect temperatures for walking and cycling.

By David Pierini Staff Reporter

Top: Akayla Casmire, 10, and her sister, Amayah, 8, tried jumping double dutch. They were many failed jumps but they kept trying.
Right: Service dog Bridgette was rewarded for a job well done with a salted-caramel ice cream cone.
Below: Davon Suttles, foreground, and Noah Brewington, performed pieces of their upcoming show, "Melanized," a tap show about living as a person of color. They will perform the show Oct. 3-6 and 10-13 at the Hennepin Theatre Trust Building.

Holiday Wine Gift Boxes
2 and 3-bottle sets for easy shopping!
Order by phone, email, or just stop in!

2220 W Broadway Ave, Minneapolis
612-522-4384 | blompls.com
North High's homecoming recap

Students had barely settled into their fall semester routines when homecoming began on Sept. 9. The week was a flurry of fun activities, like a pep fest, spirit days, and a group tie-dye party that "got people engaged every day," said student Kyla Moore. At the end of the week, the Polars soundly defeated Patrick Henry High School in their homecoming football game 52-6. Students enjoyed a dance in the school gym after the victory.

Clockwise from above: North High Polar cheerleaders are posing for a picture before the big homecoming football game versus their rivals Patrick Henry High School at Parade Stadium on Sept. 13. By Nicole Johnson

The staff and students had a very intense pie eating contest during spirit week. Football coach Charles Adams was sent off to face Henry in the homecoming football game by being pied. By Cassidy Jelks

On Sept. 13 at North High, sophomores Meiko Anderson and Khadijah Ba were crowned as the school's Duke and Duchess at homecoming coronation. By Tim Brown

During the week of homecoming at North High School there was a student versus staff basketball game. In the very last few seconds on the scoreboard, students were down by one. Students had the ball during the last five seconds and junior CJ Brown hit a three point shot to give the students the win. The crowd went wild. By Cassidy Jelks

Senior Jasiona White dances for pep fest on Sept. 13, happy to show her school spirit. By Jaylen Green
Next generation journalists

16 students are enrolled in the journalism class co-taught by North News at North High School. Most are brand new to journalism and our publication. A few are veteran members of our team. For a full school year, these budding journalists will learn the basic conventions and ethics of journalism as they produce written and recorded stories about their high school and their communities.

Photo by Sam Wilbur


They’re healthy.
You’re happy.
And it’s free.

FreeChildCheckups.com
Child and Teen Checkups

The Hennepin County Child and Teen Checkups (C&TC) program is free for children, teens, and young adults 20 and younger who are on Medical Assistance, including young parents.

JUXTAPOSITION ARTS
SKATE-ABLE ART PLAZA ACTIVITIES 2019

FRIDAYS IN THE PLAZA
Music, games & fresh smoothies hosted by JXTA
Friday afternoons
Sept 20
Oct 11 & 18

DROP-IN DAYS
Loaner boards and skate support hosted by City of Skate
Mondays through Thursdays
3:30-6:30PM
Saturdays & Sundays
10:00AM-1:00PM

SPECIAL EVENTS
Movie in the Plaza
Friday, Oct 4: Dusk
Jack-o-Lantern Takeover
Thursday, Oct 31

SOUND STRATEGIES
Performances by local artists hosted by WBC
Thursdays, 4-7PM
Sept 19, Oct 10

More info online at
www.juxtapositionarts.org &
facebook.com/JuxtapositionArts
The 2019 season of skate-able art plaza activities is made possible with support from the U.S. Bank Market Impact Fund.

@jxta_arts /juxtapositionarts

2007 N Emerson Ave, Minneapolis, MN 55411
OCT 18

Minnesota Orchestra at North Community High School

Fri Oct 18 7pm

Osmo Vänskä, conductor
Beverly Cottman, host
Aaron Dworkin, author and spoken word
North Community High School Arts Students
Tamiko French, instructor

Celebrating Youth, Students and Community

A multi-generational concert celebrating Northside artists and hosted by Beverly Cottman

Featuring the high-octane talent of North Community High School dancers and other arts students

Showcasing the first performance of The American Rhapsody with spoken word artist Aaron Dworkin

Culminating in an all-out OrchestraJam: your chance to participate in a spontaneous musical creation with the Minnesota Orchestra!

Tickets

Choose your own price starting at $5

612-371-5656 / minnesotaorchestra.org / facebook.com/mnorch