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The many threads of fashion designer Keiona Cook
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Farewell to Ascension Academy’s Ms. Jean
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*Marked for demo:
A family business is in limbo over light rail plans
Page 7

The Dimensions in Hair salon is marked with the color pink for demolition under one of the proposals to send light rail up and down West Broadway Avenue North.
Photo by David Pierini
How will you be remembered? What are the memories that will stick in people’s minds when they aren’t in close enough proximity to be gathered in by her loving arms. They played her favorite Michael Jackson songs and dances.

One teacher wrote, “Ariel was one of the happiest students in my room. Her forehead kisses, her smile and her laughter filled our space everyday. It feels like a light has been extinguished.”

I never got a kiss on the forehead from Ariel but I am grateful for meeting and photographing her and her mother last year during the Minneapolis Public Schools teachers strike. I interviewed her mother, Sophia, for a story on how a strike impacts children in special education.

Sophia Foster was grateful for the love the North staff showed her daughter, Ariel, who lived with cerebral palsy and autism, and supported the push for better pay.

When a teacher sent me an email about Ariel, I didn’t initially remember the name. The teacher jogged my memory with the photo that appears with this column, and I remembered she blew me a kiss good-bye. I also remembered how she never tired of saying “I love you, mom.”

“God gave me a beautiful daughter.” Sophia Foster said.

Ariel’s classes paid tribute that morning. They played her favorite Michael Jackson songs and dances.

North Minneapolis Sound Museum celebrates the Northside with Capri Theater event

The city that has its own unique sound will soon have its own sound museum.

The Minneapolis Sound Museum will celebrate the city’s rich music legacy as well as provide a recording space for future waves of song artists.

The non-profit organization setting out to bring a museum to Minneapolis will hold its first community fundraising event on June 7 from 6-10 p.m. at the Northside theater where Prince played his first solo show, The Capri Theater.

The event, which falls on what would be Prince’s 65th birthday, is called “Tales from The Northside: Stories of the Minneapolis Sound.” It will feature oral histories and a panel of guests who will explore how North Minneapolis was fertile ground for this sound.

There will be live performances and an art sale featuring Minneapolis music-related prints. Contact Mary Shively at https://www.minnespolissoundmuseum.org for more information.

Tickets can be purchased by visiting https://www.umphrey.com/TO-

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tickets/07/1880-49800-400-905-470982-292

Northside music school celebrates 11 years

Andrea Myers led the flute choir during a piece at the annual spring concert at Hopewell Music Cooperative North, 4350 Fremont Ave. N, on May 13. The free concert, in celebration of the school’s 11th year and featured a flute choir, vocal choir, ukuleles and orchestra and jazz ensembles. Hopewell’s mission is to improve access to music education in North Minneapolis with affordable, inclusive and engaging music programs. Photo by David Pierini
A remodeled Sumner Library will retain much of its 1915 feel

By David Pierini, Editor

The feel of the interior, with its Gothic design elements and vaulted ceilings, will remain. New to the eye will be furniture and a carpet dense enough to support the heavy lead architect, Mohammed Lawal, was emotional at the meeting. Breedlove said the most recent meeting to Lawal had patrons feeling like the renovation was back on track. Lawal went emotional at the meeting. He told the gathering that he attended the 2005 dedication wearing his three-month-old son, Waziri, on his hip in a baby sling. He noted that the May 8 meeting was just weeks away from his son graduating high school. He will be in his first semester of college as the new renovation is underway.

"Sumner is one of those projects where it’s so close to you, so near and dear," he said.

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The furnitur e depicted was too modern, according to critics, including Breedlove. "I’ve been using that library for 50 years and we just felt everything was out of line with the longtime patrons of the Sumner Library. We just felt everything was out of line with what we felt like it should be," said Anna Schwindt-Johnson, library service manager for the Hennepin County Library system’s northern region. "My number one takeaway when visiting the renovated and very busy lead architect, Mohammed Lawal, was where he learned to read as a boy. Lawal was emotional at the meeting. Breedlove said the most recent meeting to Lawal had patrons feeling like the renovation was back on track. Lawal went emotional at the meeting. He told the gathering that he attended the 2005 dedication wearing his three-month-old son, Waziri, on his hip in a baby sling. He noted that the May 8 meeting was just weeks away from his son graduating high school. He will be in his first semester of college as the new renovation is underway.

"Sumner is one of those projects where it’s so close to you, so near and dear," he said.
Light rail plans put a hair salon’s generational wealth on hold

As they considered how light rail would travel down West Broadway Avenue, engineers determined Lisa Spicer’s hair salon might have to be torn down in the name of progress and public transportation. Spicer says no one has formally told her this.

No one involved in the Blue Line extension project has set foot in the Dimensions in Hair salon, started by her father and step-mother 22 years ago, to inform her of such a possibility, she said.

Not one engineer, manager, or elected leader with a vote on where the route might go, has sat with Spicer to discuss a value built on five generations in the hair business.

“What price would you put on a space where your children grew up and two now occupy chairs, her son in barber and daughter, a naditician with customers who travel from Iowa, Illinois and the Dakotas?”

What of the stylists? Some are booked weeks because of that salon’s value.

“Spicer her self can’t put a price on this mine is one of the impacted buildings. Someone saw an X on a map and said ‘Rondo 2.0’ make the route,” said Spicer. “It created negative health impacts with air pollution to those living nearby. Which killed off small businesses and created negative health impacts with air pollution to those living nearby.

Lisa Spicer bought Dimensions in Hair from her dad and she intends to pass it to her grown children working with her.

Minneapolis is a city short on spaces just for Black and Brown people. Salons and barber shops are sacred in community.

They are consecrated, built with hugs and tears that flows from chair to chair. A intimate conversation built on years of trust.

Spicer herself can put a price on this in the generational wealth her business created. But she wishes someone tied to the project would pay her a visit.

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Lisa Spicer bought Dimensions in Hair from her dad and she intends to pass it to her grown children working with her.
Spicer cultivates a family feeling for her customers. The grandchildren and in some cases, the great grandchildren of original occupants occupy the shop’s chairs.

Many of the mostly Black-owned businesses on West Broadway are opposed to the West Broadway route. They fear the elimination of street parking, displacement during construction and the loss of a space for cultural events, like Juneteenth, something on a map. I watched my mom, my sister, my grandma and my grandpa put so much of their lives into something, something that means a lot of meetings, their business, their families,” Seione Kimbrough said. “So, you have a resource. Yes, it’s like therapy and like a family,” she said.

Lissa Spicer learned the business by spending summers in Indiana working in a salon owned by her grandmother and great-grandmother. As an adult, she decided that building would need to survive a major construction project like the light rail. Her business would need to survive a major construction project like the light rail.

"If we can see change happening, but why did it take light rail to suddenly help people create spaces that can be enjoyed in today’s living? Because it could be more inclusive, it could be more accessible, it could be more economically, socially, educationally. Light rail could be more of a tool for people to move around and to get to their destinations. Light rail can be more inclusive, more accessible, more economically viable, more socially beneficial. It can be more educationally beneficial. Light rail can be more of a tool for people to move around and to get to their destinations. Light rail can be more inclusive, more accessible, more economically viable, more socially beneficial.

Spicer is in her shop every Monday morning for a few hours of cleaning. She is in her shop every Monday morning for a few hours of cleaning.
Richard Robinson was ‘more than just a football coach’

By Achsa’aré Hanson, Reporter

Richard Robinson, a football coach and athletic director in the 1980s and 90s at North High School, died in April from congestive heart failure. He was 87.

Robinson was a highly regarded coach and mentor. Former players say he left an indelible mark on them. His dedication, leadership, and coaching acumen were unparalleled. He produced winners on and off the field under his watch.

In 1972, Robinson began coaching football at Minneapolis Central High School. He led Central to an unbeaten season in 1980-81. The defense gave up just 12 points the entire season.

When Minneapolis Central closed in 1982, Robinson was hired to coach at North. He coached the Polars for eight years before taking over as athletic director in 1980-81. The defense gave up just 12 points the entire season. 1980-81. The defense gave up just 12 points the entire season.

Azhae’la Hanson

Richard Robinson’s 1980-81 Central team, said

Patrick Adams, former player of the Polars to the city conference championship. 

Robinson changed his life. 

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Northside fashion designer teaches youth life skills a stitch at a time

The Lovely’s Sewing Arts Collective, a growing creative non-profit is establishing a name for itself with its objective to inspire artistic expression and life skills in youth through the power of sewing.

The collective was founded in 2010 by Keiona Cook, a fashion designer from North Minneapolis, to provide a nurturing environment where people from all walks of life may come together to learn, teach, create and share a passion for sewing and artistic expression and life skills in youth.

The collective was founded in 2010 by Keiona Cook, a fashion designer from North Minneapolis, to provide a nurturing environment where people from all walks of life may come together to learn, teach, create and share a passion for sewing and artistic expression and life skills in youth.

Cook not only learned to sew, but she also realized how significant something as simple as being able to physically repair something means. She wanted to help her mother around the house.

“Once I realized the significance of being able to physically repair something that’s broken, I realized how much those small acts can improve someone’s day,” Cook said. “This inspired me to learn to sew because I wanted to help her mother around the house. I wanted to help her mother because I realized how much the little things mean in life.”

“I met Keiona and we love her to death,” Klauk said. “The experience has been amazing, the kids are so enthusiastic. They focus on creating something that they can keep for themselves or give to others. They learn about sustainable fashion, they learn ‘flowery-calm’.

“Keiona and volunteers are adamant to making sure that the youth are creating everything on their own. They often provide light guidance and supervision to make sure the kids are retaining muscle memory and real life skills. The youth don’t just create fashion; they create everything from scratch, they learn about sustainability, they learn how to do their own laundry, they learn how to iron their clothes and they learn about style.”

“Keiona’s students work the runway themed ‘Futuristic Candyland’ sporting their own creations during an event she produced during MN Fashion Week.

Continued on page 23

Northside Fashion designer teaches youth life skills a stitch at a time

Story and photos by
Ashante’ae Hanson

Keiona’s students work the runway themed ‘Futuristic Candyland’ sporting their own creations during an event she produced during MN Fashion Week.

“The biggest thing for us volunteers is that we’ll meet kids and they’ll work on a project together and then they’ll want to do it to the end of it. We’re here to guide them but not push them. They make their own decisions and they learn about sustainability, they make sandwiches, we clean up after ourselves, we do yoga and we stick to a routine.”

“The youth don’t just create fashion; they create everything from scratch, they learn about sustainability, they learn how to do their own laundry, they learn how to iron their clothes and they learn about style.”

“The youth don’t just create fashion; they create everything from scratch, they learn about sustainability, they make sandwiches, we clean up after ourselves, we do yoga and we stick to a routine.”

Keiona Cook shows a skirt made of her signature ‘Lovely Pattern’, fabric cut into neck tie shapes and then sewn together.
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Ascension Academy’s ‘Ms. Jean’ retires: ‘This is my home’

By Adhara’s Hanson, Reporter

Jean Cerisier, affectionately known as ‘Ms. Jean,’ will bid farewell to Ascension Academy, concluding an illustrious teaching and coaching career spanning more than three decades. A North Minneapolis school, she was quite familiar with its halls. She was a student of Ascension herself when she was in grade school, and a parishioner of the school’s Catholic church. She recalled going through old photos and found a class photo of her in kindergarten. She looked at the image and saw the familiar uniforms that still dawn down the halls.

“I thought, oh my God, I’ve been here all of my life,” she said. Her final day is June 10. When she first stepped into the school’s gym as the physical education teacher three decades ago, she inherited the job from her mother. She was the school’s gym teacher.

Jean Cerisier always keeps an eye on her students. She waits by the window to make sure their blood pressure is under control.

When she left the school, she was remembered for bringing the fun in Physical Fitness. She introduced the school’s donkey basketball, made students personal fitness plans, and taught her daughter that everyone had to be successful in some way.

“It wouldn’t be here if it wasn’t for her,” Cerisier said. “Because I learned so much from her.”

Since then, Cerisier accumulated many titles at the school, serving as a coach, athletic director, dean of students, and assistant principal for the past two years. Cerisier coordinated the church’s kids’ thanksgiving dinner delivery and personally dropped off meals to countless residents.

She also broke barriers as the first female referee in a boys’ high school basketball game in Minneapolis. Cerisier also holds the distinction of officiating in the inaugural Minnesota State High School League girls’ state basketball tournament.

Ms. Jean, without question, has been the most effective person in this role as assistant principal in these short two years, than anyone that has been in that role for the last seven decades. Myself included,” Principal Benito Matias said. “She just has such a presence and is so well known, is so well liked within the community, that she’s able to go up to the staff, with parents, with scholars in ways that really only someone who has 40 plus years can and is just a no substitute for time.

Instead of these shoes, she would be solving the world’s most difficult riddles.

“She’s always on the run, and typically, with a kid in hand. Cerisier takes kids on walks around the halls when they’re having a bad day, when she wants students to get more familiar with their surroundings, or for fun, letting the kindergarteners take a ride on the elevator.

Throughout the years, her dedication and acts of kindness became synonymous with her name.

“Every time I teach, I’m just to the students of Ascension Academy, preparing a class for the end of the year carnival.” Photo by Adhara's Hanson

North Commons champions shun modest renovation, direct leaders to think big

By David Pietri, Editor

An overhaul refresh with a historic amount of investment will soon transform the facilities of North Commons Park.

But the park everyone hopes for may not be the park everyone gets.

Local lawmakers failed to get North Commons earmarked for infrastructure spending voted on during the legislative session that closed in May.

Anticipating this, project planners gathered North Minneapolis residents April 25 to share an update on funding and pitch a scaled-back park renovation with money already raised.

With concepts designed to cost $35 million and $44 million, Minneapolis Parks and Recreation Board staff presented a third option for around $22 million, the amount currently secured through a mix of public and private funding sources.

That amount of money is sure to split the die and represent the most money ever spent on a Minneapolis public park. It is enough to build a new water park and modify the current recreation center with a second basketball court.

The cheaper option was not well received.

The most vocal residents said they were tired of having less than other communities and expressed outrage over what they saw as continued cuts to the park.

The community meeting was so heated, the Northside representative on the parks board said she was “threatened” by a long-time park volunteer.

“Whoever is cross this line, I don’t want to see you live here,” a parent threatened.

While residents cross a line, one parent threatened in the park. Project managers were clear to continue to build in the ask.

Park project managers wanted to oppose community members and the board of potential funding gaps.

At a board meeting that week, the $44 million option did not receive three options but guided staff to keep the modest option on the table and urged them and the Minneapolis Parks Foundation to continue to raise funds, with hopes one of the more respendent options could be built.

Karen Murphy, who lives a half-mile from the park, was frequent in addressing committees about the restrictions of a pared down option.

“We’re fighting for the resources because there’s just enough money to fund the low-cost option,” Murphy said. “Don’t go small. Be big and represent the boldest, best park that we can possibly have.”

The cheaper option was not well received.

Murphy said the board staff had little hope for another round of state bond funding, which parallels a couple of grants rejected at the state level.

Six project planners brought forward the concept for a building with expanded programming space and four basketball courts, would allow the park to host tournaments. The

Continued on page 23

High blood pressure (hypertension) can lead to heart disease, kidney disease and stroke. Monitoring your blood pressure at home can help you know your numbers!

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Is your blood pressure higher than 120/80?

16 NORTHWEST

17 NORTHWEST

14 NORTHWEST

May 26, 2023

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News

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Is your blood pressure higher than 120/80?
By Ambera Bips

Attend a Free Medicare 101 Presentation

By Ambera Bips for Trailbl and the Senior LinkAge Line

If you’re 65 or older, you are eligible to receive Medicare benefits. If you haven’t enrolled in Medicare, the Senior LinkAge Line can help. We can help you compare plan options and equip you with the information you need to make the right decision for you.

Medicare can be complicated; it’s not a barrier to our 90-minute Medicare 101 presentation. With our presentation, you’ll learn about plan options, prescription medications, and basic healthcare terms. Our presenters are here to simplify things and provide factual, unbiased Medicare information and support to you. The Senior LinkAge Line is a service of the Minnesota Chamber of Commerce, and we provide outreach-videos. Our Medicare presenters have gone to many locations in the Twin Cities, such as the Bible Copley Center, Center of Wok, and the Human Rights Center, Hamline/Midway Elders, and so many other locations across the seven-county metro area. 

Trailbl offers a Medicare 101 presentation in Minneapolis community centers, businesses, corporations and other locations across the seven-county metro area. “I’m on Medicare and was happy to have an opportunity to learn more about my options,” said Marietta B, a Trails participant.

“I am grateful to receive the presentation,” said Marietta B. “I have always wanted to be more educated and I was happy to receive the information.”

Welcoming BIPOC communities

All Medicare eligible adults deserve to get the information they need to make good decisions about their healthcare. Language is not a barrier to our 90-minute Medicare 101 presentation. With a commitment to serving BIPOC communities, our outreach staff speaks six different languages and can provide interpretation services if necessary. You can reach us at 612-333-3433 to discuss the information in-person or virtually, and if we don’t speak your language, we can provide an interpreter. We also offer presentations in American Sign Language (ASL), for the hearing impaired. Presenters like Marietta B have gone to many locations in the community to do a presentation, so your friends and family can learn about plan options. Our presentation is designed to be specific to what suits you. The Senior LinkAge Line isn’t affiliated with any Medicare insurance providers, so we will give you unbiased information on all the, so you can make your best decision.

About our Medicare presenters

Our Medicare 101 presenters are well-trained through the State Health Insurance Assistance Program. They complete three days of Medicare training, and to accommodate for the hearing impaired, each presenter is accompanied by a person who is fluent in ASL. Our presenters are well-versed in all aspects of Medicare. They are experts in the field and will provide unbiased information.

Our Medicare presenters are all volunteers and often create presentation videos to share information with their community. Our presenters are here to help you understand your Medicare options.

To request a Medicare 101 presentation, visit trillsconnect.org or contact the Senior LinkAge Line at 800-333-3433 and ask them to assist you. You can ask questions during and after the presentation, and you can always call the Senior Link Age Line for additional help and resources.

Like all presenters, Marietta Bips attended the Senior LinkAge Line’s Medicare 101 presentation, visited trillsconnect.org or contact the Senior LinkAge Line at 800-333-3433 and ask them to assist you. We accommodate most dates and times and are available to present in the evenings and on weekends. Videos of our presentation are also available on our website and as well as for those who can’t see the live presentation.

Trailbl welcomes the opportunity to meet you in your community or online for a Medicare 101 presentation.

*SPONSORED CONTENT*

UN Panel hears testimony in North Minneapolis

By Ashella Hanson, Reporter

Representatives from the United Nations Expert Mechanism to Advance Racial Equality and Equity in the context of Law Enforcement (EMLER) visited the Twin Cities Urban League in North Minneapolis on May 19, 2023, as part of their week-long gathering tour across the United States. The panel of Henriques was organized by the various community groups including Families Supporting Families Against Police Violence and Allies of Blackness.

PANELISTS included Marvina Haynes, Myron Burrell, Elmer DAVIS, and the mothers and relatives of victims of police brutality such as Amicia Locke, George Floyd, Philando Castile, Kobe Heisler and several others.

Some called for an end to solitary confinement in youth, others demanded accountability and reform of police misconduct. Marvina Haynes spoke on behalf of her brother Marvin Haynes, who was convicted of murder in 2004 for a shooting in North Minneapolis when he was 16. There was no evidence he pulled the trigger and is currently serving a life sentence, his sister said. When Haynes was arrested, he wasn’t allowed to receive representation or a phone call from his, his own trial took place in isolation, her sister said. A part of his written testimony read: “Solitary confinement should be restricted to anyone under the age of 18 years old”. Marvina Haynes said: “It is important for us as a nation because we could be saving a juvenile’s life and helping to rehabilitate the youth.”

He said he had seen juveniles attempt suicide because they could not handle the long periods of isolation in solitary confinement.

Twice, with Marvin’s written testimony, Marvina pleaded with the UN to look into ending and or solitary confinement in North Minneapolis.

“Children are supposed to make mistakes. There’s no reason why they should be put into a cell where they have no love,” she said.

Tohido Garwayo, founder of Families Supporting Families Against Police Violence created the support group to support family members and friends who have survived police brutality or have lost someone at the hands of police violence.

“Children were supposed to make mistakes. There’s no reason why they should be put into a cell where they have no love,” she said.

By Azhae’la Hanson

The panelists and families impacted by police violence stood united as the UN concludes their visit to North Minneapolis. Photo by Azhae’la Hanson

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Minneapolis Documenters

Public Health & Safety Committee – May 2

- Presented a quarterly presentation from the Office of Community Safety, which discussed staffing for the office and an update regarding the work of the city’s community safety departments.

- Council members Payne, Wondra and Ellison voiced concerns over the organization chart’s apparent emphasis on media relations and whether the public would approve.

- City Commissioner Alexander responded that while there is a focus on communication, it isn’t meant to detract from other aspects of building the new system. Additionally, he mentioned that the four media relations specialist roles already existed, but now the new org chart centralizes them under a shared leader.

- Police Chief Brian Dohre reported on ongoing staffing challenges with the Police Department, with 583 sworn personnel compared to an authorized staffing of 888 sworn personnel.

- Chief Dohre also noted the ongoing challenges with stolen cars, primarily Kias and Hyundais, due to manufacturing defects making them easier to steal. Thefts of both cars have jumped from 107 in 2022 to 1,899 so far this year, according to MPD data.

Hennepin County Board – May 2

- Received presentation on the county’s anti-displacement initiative for the Blue Line expansion in North Minneapolis.

- The plan is now available for public review and comment. Visit https://yourblueline.org/anti-displacement.

- Recommended next steps include creating an anti-displacement fund.

Minneapolis Board of Education – May 9

- The Minneapolis school board learned that graduation rates in the school district, just released by the state, took a healthy increase in 2022. The increases included a three percent overall increase, and increases of four percent for African American students and Somali students.

- The board was told that the district will have a 7.1 percent increase in revenue for the coming year. It will be the last year that districts receive COVID emergency funding, and the district is facing a “fiscal cliff” following the 2023-24 school year.

- School closings came up several times during the night, especially in the public comment portion of the meeting, but no specifics on what schools are being considered were discussed.

City Council – May 11

- Approved a resolution on Olson Memorial Highway, asking MDOT to “Bring Back 6th” and transform Olson into a walkable corridor. This is a preliminary step in a project that would take years to actualize and complete.

- Recommended next steps include creating an anti-displacement fund.

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Election News

The Ward 4 convention was at Folwell Rec Center at 2 PM. Incumbent LaTrisha Vellon faced challenge Marcina Hayes. After one round, LaTrisha Vellon was endorsed with 85 percent of the vote.

The Minneapolis DFL announced that the Ward 5 convention was canceled, based upon a mutual request from the campaigns. Victor Martinez is mounting a second challenge against incumbent Jeremiah Ellison. The cancellation follows a tense online delegate count in April, when the DFL Minneapolis chair tossed out several of Martinez’s delegates because they were registered to a single IP address.

City Commissioner Alexander responded that while there is a focus on communication, it isn’t meant to detract from other aspects of building the new system. Additionally, he mentioned that the four media relations specialist roles already existed, but now the new org chart centralizes them under a shared leader.

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Champion’s “I’ll take on civil cases, such as housing, family, consumer and housing. The Twin Cities Recovery Project and the Minneapolis Fire Department. Open 24 hours. No judgment or shame. A coach can help get you a variety of services. Struggling with substance abuse? Contact Betsy Brock with other needs or age 60-plus. Hours are Tuesdays and Wednesdays, 1-3 p.m. Call 764-273-0710 to place an order and arrange a delivery.”

Free dinners: The Camden Collective and the Sower Foundation sponsor a weekly food pickup at Saint Louis Church, 2250 S. Shepard Ave. It’s open to homeless people. The Camden Collective does not serve alcohol.

Put pets: Are you in need of pets or pet resources? The North Minneapolis Pet Resource Center, 4204 4th Ave. N., is open for outside pickup Tuesday and Thursdays from 8 a.m.-2 p.m. and Saturday from 9 a.m. to noon. Call 612-723-0710 to place an order and arrange a delivery.

Radio updates in your language: Tune into Minneapolis cultural radio programs for COVID-19 updates. The city is broadcasting update shows on FMS 98.9 FM (English), La Raza 92.1 FM (Spanish), KBUY 95.7 FM (Somali), KOLK 100.9 FM (Hmong) and KPCC 102.3 FM (Khmer).

North Minneapolis Ward 5 contact info: To reach Mayor Betsy Swaroop call 612-521-3644. For more information, call 612-521-3644. Food Distribution: Fellowship Missionary Baptist, 3359 4th St. NW, will distribute free food on the second Saturday of each month from 10 a.m.-noon. There are pre-qualifications. Everyone is welcome.

Fire Department The Healing Place is back at Zen Missions Baptist Church, 6212 University Ave. N. It’s connected to healing trauma in the Black community by helping to break the cycle of oppression. It is a safe space if you need a prayer, a conversation or just a place to sit. Every Wednesday from 1 to 5 p.m.

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