Juneteenth Joy
Northsiders celebrate history and community.
Page 10

ALSO INSIDE
Car thefts hint at youth in crisis.
Page 5
Meet the valedictorians for North and Henry high schools.
Page 20-21

The Dynamic Dolls Dance Team march up West Broadway Avenue North during a parade that kicked off a Juneteenth block party on June 19th. Photo by Azhoe’la Hanson
with troubling examples of how MPD used excessive force and committed "egregious discriminatory misconduct" against Black, Brown and Indigenous people during enforcement activities over the years.

The findings were released June 19 and Mayor Jacob Frey says the consent decree the city will enter with the justice department gives officials a tool to transform policing here.

"Ideally, accountability will be standard procedure and not something that only occurs when an act of brutality occurs," said Frey. "How could a murder be caught on cell phone video?"

The report left no uncertain terms: police tactics going forward will treat flags, such as non-violent slurs, and other dehumanizing language, a frame of mind that can turn even the most routine encounters into a powder keg.

In the presence of investigators, some offending officers did nothing to conceal their attitudes.

So how can a consent decree tackle the pervasive system of bias and contempt that permeates the department’s culture? "It’s a sign of the reality of what exists in policing," police Chief Brian O’Hearns told North News. "There are issues of bias and racism in police just as there are in society as a whole. We can take advantage of the technology. We have body-worn cameras and we can ensure every interaction that an officer has, particularly during an enforcement, is recorded and that a process is in place for machine review and hold officers accountable when there is some sort of micro aggression or outwardly clear violation of policy."

In the presence of investigators, the officers involved were freed once the community learned of the tree. The inspector of the precinct was caught laughing about the tree on video and was demoted (the fired officers were reinstated after an arbitration hearing).

"In essence, they’re calling us trash," one witness told DOJ investigators.

"The inspector of the tree in the lobby of the Fourth Precinct records: "Of the traditional ornaments a pack of Newport cigarettes, malt liquor cans, police tape and a cup from Popeyes."

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For decades, North Minneapolis has been robbed. The neighborhood has long been redlined, and neighborhood organizers have learned that only occurs when an act of brutality occurs. . . in society as a whole. We can make the change."

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Convicted of murder, Marvin Haynes seeks to prove his innocence in lawsuit

Marvin Haynes, serving a life sentence for murder, is fighting to obtain crucial information he believes will prove his innocence.

Haynes was 17 when he was convicted as an adult and sentenced to life in prison for the 2004 murder of Randy Slover, who was fatally shot while working at a family's flower shop in North Minneapolis.

Aged by his cousin, Haynes, 35, filed a lawsuit against Hennepin County and the City of Minneapolis, accusing them of suppressing essential evidence in his case. Haynes is seeking to compel government entities to produce evidence that would assist him in conclusively proving his innocence.

According to the lawsuit, "The MGDPA requires government entities to respond to data requests. This lawsuit seeks to enforce that request." Marvin Haynes, told the Star Tribune.

Marvin’s case was mishandled, Mike Furnstahl, now retired prosecutor on Marvin’s case, told the Star Tribune. "The officers would not accept that answer. They kept pressing me for information suggesting that Marvin was the perpetrator. At first, I told them the truth, which is that I did not know anything about the murder." Harper said in a statement.

By Ashlea Hanson, Reporter

Rash of car thefts has alarmed families in Minneapolis because of who is behind the wheel — kids. One recent police pursuit of a stolen car in North Minneapolis ended in a crash, a damaged bus stop and several injuries to the suspect, police said.

The alleged driver was 12. And to prevent youth from thefts and dangerous joy rides was the subject of two separate news conferences held at the Minneapolis Police Department on June 14, following the Northcorch crash.

Minneapolis Public School Board Chair Sharon El-Amin said. “We need our hands wrapped around our children.”

With about 4,100 cases this year’s car thefts have alarmed families in Minneapolis. The alleged 17-year-old driver and 5 other juvenile passengers. A significant portion of the cars stolen are Kias and Hyundai because many models lack electronic immobilizers, which prevents, stalls the engine, and prevents the car from starting.

With about 4,100 cases, this year’s total is already more than double from last year’s police said. A significant portion of the carts stolen are Kias and Hyundai because many models lack electronic immobilizers, which prevents, stalls the engine, and prevents the car from starting.

Word on how to hot wire these particular cars has spread on social media and youth are enticed by online challenges. Minneapolis, the average age in these cases is 14.

Minneapolis Police Department spokesman said the public can not turn a blind eye to socio-economic conditions and the role that they may have played in the uptake in youth offenders.

We have to remember that not only are we dealing with the crisis of the COVID 19 pandemic, they also are in the city in which George Floyd was brutally murdered at the hands of the Minneapolis Police Department,” Levy-Armstrong said in addition, when we think about the effects of COVID-19 we know that it has had mental health impacts, emotional health impacts, as well as financial impacts for too many families that were already struggling before the pandemic, ever happened.”

Prior to Levy-Armstrong’s conference, Mortary proposed strategies of prevention that include social worker intervention and a change to the court process for arrested juveniles.

In 2022, Harper signed an affidavit on another case, that of Myon Burell, who is fighting to obtain his exoneration. The alleged driver was 12. And to prevent youth from thefts and dangerous joy rides was the subject of two separate news conferences held at the Minneapolis Police Department on June 14, following the Northcorch crash.

Mary Moriarty announced a new hotline that would provide support to parents struggling with a child’s troubled behavior. She also spoke of changes in the juvenile court process and how youth offenders are charged.

Training her conference, civil rights attorney Nekima Levy-Armstrong convened a coalition of Black parents and youth advocates to call for partnerships with government entities and the juvenile justice system to support at-risk youth with various interventions and community caregivers.

Minneapolis Public School Board Chair Sharon El-Amin says kids are crying for help from grappling with trauma and having nothing to do. “We have to take a holistic approach,” El-Amin said. “We need our hands wrapped around our children.”

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Northside resident Linda Bentford held a photo the car crashed into a bus stop on Peirce and Driver streets on June 27. A 17-year-old old driver and 5 other juvenile passengers. Photo by Ashlea Hanson.
It’s incredible to see Northside’s brilliance, creativity, and zucchini slime at community events and seeing our neighborhood gather, especially for celebrations of Black culture, history, and excellence during Juneteenth. Our people celebrate Juneteenth to commemorate the end of slavery on June 19 and to honor stories of resilience, Juneteenth to commemorate the end of slavery on June 19 and to honor stories of resilience. Juneteenth is celebrated in Minnesota as a state holiday so that all Minnesotans can celebrate our history together.

Minneapolis City Council members LaTrisha Vetaw (Ward 4) and Jeremiah Ellison (Ward 5) were inaugurated in January 2022 and January 2018, respectively. We have invited Council member Vetaw to share an update on something exciting the Ward 4 Office has been working on.

**LaTrisha Vetaw**

My office receives a constant stream of complaints regarding railroad crossings. I agree with all of you that the current situation is unacceptable, and needs to be addressed. My office has been working on the Railroad Crossing Elimination (RCE) Grant Program which provides funding for rail crossing improvement projects that focus on improving the safety and mobility of people and goods. Eligible projects include grade separation/intersection, track rehabilitation, and the installation of protective devices. There is around $500 million in funding available each year through 2026.

The Consolidated Rail Infrastructure and Safety Improvements (CRI$) Program funds projects that improve rail safety, efficiency, and reliability of heavy and passenger rail. There is about $1 billion in funding available each year through 2026. The Rebuilding American Infrastructure with Sustainability and Equity (RAISE) Grant Program funds road, rail, transit, and port projects that promote achieving national objectives and have a significant local and regional impact. There is around $1.5 billion in funding available each year through 2026.

The FMRA Grant Program awards grants for modal-specific light and heavy transportation projects of national or regional significance to improve the safety, efficiency, and reliability of the movement of freight and people in and across rural and urban areas. There is around $1.5 billion in funding available each year through 2026. If you are looking for a way to help, we would love to hear some of your testimonials that we can use to emphasize the urgency of this issue to state and federal partners. If you are interested, please send an email to Humboldt, 45th, and Lyndale have impacted you to our email at ward4@minneapolismn.gov.

Again, never hesitate to reach out to our office by phone 612-673-2424 or email us at ward4@minneapolismn.gov. Looking forward to hearing from you!

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Xcel Energy pulls funding for Resilience Hubs

By AzaHae’la Hanson, Reporter

Xcel Energy canceled a $9 million project that was planned for the installation of solar and energy-efficient equipment at community centers that serve diverse populations. In 2012, Xcel Energy announced it would begin a project called “Resilient Minneapolis” to work with community organizations to install solar and battery microgrids with Minneapolis community centers. The projects came about as a joint effort between the City of Minneapolis’s Sustainability Division and Xcel Energy to address long-standing inequities in communities that have been disproportionately vulnerable to climate change.

"Resilience Hubs" were intended to be a crucial lifeline for communities when facing unexpected disruptions in power supply. These stations would have served as reliable sources of electricity, providing critical support to residents in times of need, such as severe weather events or natural disasters.

Xcel and the city partnered with community organizations to lead and create a plan for the Resilience Hubs, one of which was Renewable Energy Partners (REP), the solar developing company in North Minneapolis led by James Staples. While REP is a developer, Staples says they have been focused on supporting the Northside community in cases where major power outages like in 2011 left residents without power for multiple days. The battery microgrids would have been placed throughout the community at three Minneapolis Public School buildings, Franklin Middle School, Elizabeth Hall Elementary and the Nutrition Center on

By Azhae’la Hanson, Reporter

Xcel Energy canceled a $9 million project that was planned for the installation of microgrids and solar arrays at community centers that serve diverse populations.

In 2022, Xcel Energy announced it would begin a project called “Resilient Minneapolis” to work with community organizations to install solar and battery microgrids with Minneapolis community centers. The projects came about as a joint effort between the City of Minneapolis’s Sustainability Division and Xcel Energy to address long-standing inequities in communities that have been disproportionately vulnerable to climate change.

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By Alanea Wright, North News intern

Joseph Sutton has celebrated Juneteenth all his life but this year feels extra special. For the first time, the day marking the official end to slavery in America was recognized as a Minnesota state holiday.

“It is important for us to feel the importance of having our voices heard, and having this holiday recognized,” said Sutton, a Northsider his entire life. “This holiday is huge for people to realize that this is a day of celebration. It is a Black people’s Fourth of July.”

North Minneapolis celebrated the Juneteenth weekend with several events. People marched in the streets, sang chants, and highlighted Black businesses. People were recognizing the generations before them that sacrificed so much for Black freedom.

Juneteenth commemorates the day in 1865 when, union soldiers informed slaves in Galveston, Texas they were free. They were the last group of slaves to learn of their freedom some two and half years after President Abraham Lincoln’s Emancipation Proclamation.

Slaves celebrated their newfound freedom and the joy that followed. Over the years, it became a holiday celebrated by Black Americans across the nation. In 2021, it became a federal holiday.

On Feb. 3 Gov. Tim Walz signed a bill making Juneteenth a state holiday. It was a bill sponsored in the Senate by Sen. Bobby Joe Champion, who represents North Minneapolis.

“First of all, we want to thank the government for making Juneteenth a state holiday. It was a bill sponsored in the Senate by Sen. Bobby Joe Champion, who represents North Minneapolis.

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It is a holiday dedicated to the triumph of knowing that until all of us are free, none of us will be free. Juneteenth is a long-term reflection and action on the fight for freedom that Black ancestors died for.

This June 17 celebration is a testimony to the impact of recognizing the parts of American history that have been left out. Minnesota is taking steps to

Northsiders reflect on an extra special Juneteenth

Clockwise from top left:
A drummer himself, L.A Buckner snaps to the beat of the drumlines passing by with his daughter. Photo by Azhae’la Hanson

With a fan in hand, Martha Holton Dimick showed she’s a fan of North Minneapolis during a June 17th parade. Photo by David Pierini

You could find food at nearly every intersection on West Broadway June 19th. Photo by Azhae’la Hanson

Continued on page 23
The singer Nstang glowed on the stage outside UROC Saturday, June 17th. Photo by David Pierini

Helen Dillon, left, Rachel Hurst and Cierra Hurst watch each others steps as they dance to music at Bethune Park Saturday, June 17th. Photo by David Pierini

At Bethune Park on Saturday, actors portraying Civil War-era figures re-enacted the day Maj. Gen. Gordon Granger informed the last group of slaves that they were free. Photo by David Pierini

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**Living Healthy with Medicare Benefits**

By Jette Wiedemann Bower, Senior Linkage Line and Trellis

Staying healthy is important, but many older Minnesotans aren’t taking care of themselves as well as they could. Isolation aren’t taking care of themselves as well as they could.

The reality is simple: Medicare or other benefits that help you stay healthy such as gym memberships and access to health promotion classes. Reach out to your Medicare insurance plan’s customer service or benefits department to find out what is covered. You may be surprised to find you are eligible for many programs, such as low-income nutrition programs for seniors.

Dietary changes can be helpful. Adding fruits and vegetables to your diet can improve your overall health. Eating a variety of foods, including lean meats, poultry, fish, eggs, and legumes, can also help you maintain a healthy weight.

Health promotion classes can be beneficial. Joining a program that focuses on mental health can help you cope with stress and improve your overall well-being. Taking classes that focus on physical health, such as exercise or weight management, can also be helpful.

Trenton also has resources available. Check out the website for the Minnesota Department of Health or call 800-658-9100 to learn more about how you can get involved in your community.

**Diabetes**

Type 2 diabetes is chronic disease in which your body does not produce enough insulin or becomes resistant to insulin. Insulin is a hormone that helps your body move sugar from your blood to your cells for energy. With type 2 diabetes, your body makes insulin, but not enough to keep your blood sugar levels normal. Type 2 diabetes can make you sick, which can increase your risk of heart disease, stroke, end-stage kidney disease, blindness and even death.

The good news is that you can work with your doctor, pharmacist, and nurse practitioner to prevent and control diabetes. If you eat healthy, exercise regularly, see your doctor, and take the medication prescribed by your doctor, you may be able to prevent type 2 diabetes.

**Obesity**

Obesity is also on the rise. Minnesotans who are obese or are at increased risk for obesity are at a higher risk for heart disease, stroke, type 2 diabetes, and some cancers.

Obesity is associated with poor physical and mental health, so now is the time to focus on your well-being by eating healthy and being active. Movement is great:

- **Physical health:** Helps your heart, lungs, and muscles work better.
- **Mental health:** Helps you feel happier, reduce stress, and sleep better.
- **Emotional health:** Helps you feel calmer and more relaxed.
- **Social health:** Helps you stay connected and make new friends.

Taking care of your physical and mental health starts with setting healthy habits. Many Medicare plans offer special programs to help you stay healthy and active. These programs can include things like exercise classes, mindfulness groups, and nutrition counseling.

**Important Medicaid / Medical Assistance update**

The pandemic was a health emergency for Minnesotans, so if you received Medicaid (called Medical Assistance in Minnesota), you could maintain your coverage throughout the pandemic without reapplying. However, as of April 1, 2023, that has changed and when your renewal notice comes up, you will need to reapply to maintain your health insurance. You will need to reapply to maintain your health insurance.

**Get in the habit**

Get in the habit of taking care of yourself. Do you have questions about Medicare or other topics about aging? We can help!
Celebrate with your favorite wine, liquor, beer and more. And yes, we’re open July 4th!

2220 W BROADWAY AVE, MINNEAPOLIS | 612-522-4384 | MON-SAT 10A-10P, SUN 11A-6P

STOCK UP FOR JULY 4TH

OPEN MON-SAT 10A-10P, SUN 11A-6P

Expert sexual health care for all.

We create a space for everyone to receive the care they need. No matter what. Online or in person.

PPNCS.ORG
1.800.230.PLAN (7526)

FOR INFORMATION ABOUT THE COVID VACCINE, PLEASE VISIT US ON THE WEB!
CONGRATULATIONS
NORTHSIDE GRADUATES!
HENRY HIGH SCHOOL!

Natalia Abib Ali
Muhammad Mustafa Ali
Anaya Nicole Allyn
Trinity Anya Allan
Kamran Jawahar
K. Albin
Bert Elke Anderson
Vernon Andray Andrews
Hannah Kweku Atudio
Savior's Denary Ave Home
Mya Batn
Saman Barnett
Kaike Keith Barron
Marcus A. Berlo
Ashleyn Tahoe Bates
Melik Monee Bates
Joseph Xavier Becker
Amaria Ebbie Bell
Karyan Vang
Kalvin Vang
Ethan Ywjpeng Vang
Benjamin Thong Vang
Areeanna Triplett
Kalia L. Thompson
Newman Marcus Thomas
Plia Thao
Pheng Thao
Ger Nmn Thao
Amy M. Thao
Damiana Nicole Sharp
Ameerah Shaheid
Mariontae D. Sanders
Cameron Royal Rush
Gabriel David Rios Mendoza
Brittany Ramdharry
Beautifull Tonya Partee Porter
Denise Pliego-Galan
Eleonora Perez Rios
Javantae Jerid Payne
Ararsa Osman

FOOD DISTRIBUTION
ALL WELCOME ~ NO QUALIFICATIONS
SATURDAY, AUGUST 5 AND 19
SATURDAY, SEPTEMBER 2 AND 16
SATURDAY, OCTOBER 7 AND 21
LITTLE MOMENTS COUNT FOR
LittleMomentsCount.org

Fellowship Missionary Baptist Church
3333 4th Street N,
Minneapolis, MN
FREE FRESH FOOD DISTRIBUTION
DISTRIBUTION DATES 2023
Saturday, July 15 and 1
Saturday, August 5 and 15
Saturday, September 2 and 16
Saturday, October 7 and 21
ALL WELCOME ~ NO QUALIFICATIONS
The more you talk, play and sing with a child from birth, the better their brain develops. Check out Little Moments Count for tips and tools.

FELLOWSHIP
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The more you talk, play and sing with a child from birth, the better their brain develops. Check out Little Moments Count for tips and tools.
Tenacity earned Mishima Padilla North High valedictorian honors

By Adelaio Hansen, Reporter

Unlike most, this year’s valedictorian says he wasn’t even working for the honor. His parents gave him gentle reminders to do his best. When the pandemic hit, Mishima Padilla took advantage of online classes to soar above his classmates.

"Starting high school in a pandemic, I knew I had to be self-driven because I had to figure things out on my own," he said. "So I did."

That’s not uncharacteristic of this year’s valedictorian, whose philosophy since he was young has been hard work paves the way.

"His biggest desire was to have a future he could call his own," said his computer science teacher Ken Nelson, who was young has been hard work paves the way.

"His parents gave him gentle reminders to do his best. When the pandemic hit, he walked away from wanting the latest toys. Even "tenacity" earned Mishima Padilla the title of valedictorian of the class of 2023,

"If you’re super successful and you’re successful should definitely want to return work hard."

"Whatever he decides to do in the work you also have to understand work in."

"It wasn’t really pressure. It was kind of like a game."

"Molly was a kid who always loved math."

"He’s one of the best students I’ve ever had," Nelson said. "He has the maturity and the drive to achieve his goals."

"It was important to him to understand what’s the reason why some students, some of whom went silent and even withdrew for this period."

"His parents gave him gentle reminders to do his best. When the pandemic hit, he walked away from wanting the latest toys. Even "tenacity" earned Mishima Padilla the title of valedictorian of the class of 2023,

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NOTICES

TOASTING SUMMER LONG

251 Central Ave. N.

Food Distribution: Fellowship Missionary Baptist Church, 1339 4th St. N., will distribute free fresh food on the second and fourth Saturdays of each month from 10 a.m. on. No appointments. Everyone is welcome.

Free Dinners: The Comedy Collective and the Somali Foundation sponsor weekly free food pickup at Salem Lutheran Church, 415 16th Av. N. between 10 a.m. and 1 p.m. Call 612-621-3844 for more information. Walkups are welcome.

Put Pet supplies: Are you in need of pet supplies or pet resources? The North Minneapolis Pet Resource Center, 1404 4th Av. N., is open for curbside pickup Mondays and Thursdays from 10 a.m. to 1 p.m. and Fridays from 1-3 p.m. Call 612-273-0710 to place an order and be in to pick up in 30 minutes.

Radio updates in your language: Tune into Minneapolis’ cultural radio programs for COVID-19 updates. The city is broadcasting in 20 different languages daily, 9 to 9:30 a.m. (Espanol), KAYC 101.7 FM (Somali) and WXXM 94.9 (Hmong).

Pet Supply give away: If you live in Ward 4 and want to reach City Councilmembers Lisa Bender, contact Megan Kohl at email megan.kohl@ Minneapolis.gov or call 612-322-1143. To contact City Councilmember Betty Ashby, contact her at 612-322-1143. A list of Minneapolis’ free pet supplies is available at minneapolis.gov.

United Way 4 contact info: If you live in Ward 4 and want to reach City Councilmember Lisa Bender, contact Megan Kohl at email megan.kohl@ Minneapolis.gov or call 612-322-1143. Contact Betty Ashby with other needs at email betty.ashby@minneapolis.gov or call 612-357-5424. You can also reach Vanya at email batohio.vento@ minneapolis.gov or call 612-322-1143. United Way 4 contact information is available at www.unitedway-4.org.

Free legal advice: Legal Aid takes on civil cases, such as housing, family, consumer, or age 60-plus. Hours are Tuesdays and Fridays from 10 a.m. to 1 p.m. and Thursdays from 1-3 p.m. For more information, call 612-746-3611.

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See hope in connection.

Together, we can find ways to support our mental wellness and bring hope to others.