CREATIVITY & CONNECTION ON HORIZON AT STAGEBRIDGE

By Vicki Wong

Winter is coming... and so are schedules for the next session of performing arts classes at Stagebridge. Registration begins next week on Wednesday, November 28 for Winter classes that will run January 14 through March 22.

Old favorites such as Singing, Storytelling, Playwriting, and Joy of Dance return alongside new classes like Improvisational Theatre/Storytelling and Solo Swing Movement. A light-hearted offering makes a return in Clowing for Beginners, where students can explore their inner child (“the part of you that is curious about the world but unsure about its rules,” as instructor Shara Tonn describes it) and learn to express comedy with their bodies.

Speaking of bodies... unite your body, mind and soul as Stagebridge’s collaboration with RealTime Oakland. The month of November concludes with a mindful, calming way to exercise: Thursday night yoga class. The final RealTime Oakland yoga class in which all donation proceeds benefit Stagebridge will take place on November 29 at 6:15 pm at Big Oakland Coworking Space, located at 351 15th Street. The suggested donation is $5-10, and all proceeds will go to Stagebridge.

Do something healthy for your body, soul, and community. For more information, see www.realtimeoakland.org.

More community takes place at regular Elder Salons held at Stagebridge and presented in co-sponsorship with the Conscious Elders Network. These free meetings explore the dynamics of living into the elder administrator Paul Benoit.

Over the next 18 months, Piedmont looked to Oakland to come up with a permanent fix to the road. However, according to Benoit, Oakland officials made it clear that any repair would require Piedmont’s initiative.

On Monday, the Piedmont City Council approved an indemnity agreement with the City of Oakland to pay for the Cavendish repairs. The repairs are estimated to cost between $400,000 and $600,000. According to the agreement, Piedmont would pay for the repairs and then Oakland would reimburse Piedmont after the conclusion of a lawsuit with a Trestle Glen homeowner.

Guide to E-W ITEMS

Computers, monitors, TVs, stereo players, microwave ovens, radios, telephones, answering machines, chargers, connectors, wires

Large Appliances e.g., refrigerators, washers, dryers

Sudoku Puzzle

The Piedmont Post

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Piedmont, California

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