AuraSTOP is a dietary supplement based on dry extracts of FEVERFEW and GRIFFONIA, and Magnesium. With sweeteners. Gluten-free.

The elements contained contribute to different metabolic responses and fill in nutritional gaps in cases of low dietary intake or increased physiological requirement. Since the nervous system has a high metabolic activity, nutrient intake may influence its structure and function; consequently, the nutritional approach is assessed for all the neurological disorders, including migraine and headaches.

FEVERFEW (*Tanacetum parthenium* (L.) Sch. Bip., flowers) dry extract tit. 0.8 % parthenolide: It is a perennial herb; thanks to the active compounds in its dry extract, it counters localised stress. The main constituents are sesquiterpene lactones, such as Parthenolide which has been studied and identified as an important active principle. In modern phytotherapy, Feverfew is used due to its painkilling and anti-inflammatory properties. It has an excellent performance to treat migraine (The Cochrane collaboration, Feverfew for preventing migraine, Wider B, Plitter MH, Ernst E - The Cochrane Library 2015, Issue 4 published by Wile&Sons, Ltd; American Headache Society: American Headache Guideline); Guidelines by the S.I.S.C. (Italian Society for the Study of Headaches) to treat primary headaches (page 78).

GRIFFONIA (*Griffonia simplicifolia* (DC) Baill., seeds) dry extract tit.20 % 5-hydroxytryptophan, contributes to maintain a regular mood, promotes relaxation and emotional balance.

MAGNESIUM not only counters tiredness and fatigue, but also contributes to the regular functioning of the nervous system, namely to electrolyte balance, and the effective management of the transmission of nerve impulses. Mg is also an enzymatic cofactor in several other metabolic reactions.

USE & DOSAGE: Take 1-2 sachets per day with a glass of water. For larger dosages, consult a doctor.

WARNING: Keep product in a cool, dry place, and protected from light. The expiry date applies if product is properly stored and its package is not damaged. Do not exceed recommended daily dosage. Keep out of the reach of children under 3 years of age. Do not take in case of individual hypersensitivity or allergy to one or more components. Dietary supplements should not be used as a substitute of a varied and balanced diet and a healthy lifestyle.

www.aurastop.it
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