

THE GREAT TRUTH

BY: PEPE IMAZ

I would like to use this opportunity to thank life for allowing me to meet the soul of an angel called Karina and to be able to share this trip with her. I would like to thank her for her compassion and love on this unordinary path I have chosen to live.

I love you!

... And to my grandfather José, who has been and is the sun of my life, hugging me with his rays and always feeling his warmth.

Last but not least I would like to also give a hug full of love and gratitude to a wonderful adventure colleague called Osvaldo. Thank you for being there!

LOVE IN OUR LIVES!

-... He is waking up! Blanca shouts full of joy.

The nurse who is in charge of taking care of José comes in the room.

-Son... Darling... How are you feeling?

At the same time José asks:

-What am I doing here? What happened?

-José dear, how are you feeling? Blanca keeps asking.

-I feel good mum. But, what happened?

-Darling, you have been in a coma for fourteen days. They found you in your bathroom vanished on the floor. Since then, you have been in the hospital. You had a stroke, but don't worry...

-Mom!!!!!! I can't move either my left arm or left leg! I can't feel them! -José screams very agitated-

Meanwhile, the doctor arrives to the room.

-Hi José, how are you...

-What's wrong with me doctor? I can't move the entire left side of my body. -José keeps saying in distress-. His state is more and more tense and troubled, so much so that the doctor decides to give him a sedative.

-Please leave me alone- José asks the people in the room, who needs some time to digest everything that has happened, and so they do.

A few hours go by and he hears some loud noise from the hospital corridor.

-You can't pass this point.

-But I want to see him!

-Pablo! -José shouts- let him come in please...

-Pepe, how are you?

-Pablo, I am so happy to see you! Please don't go, stay with me please! José's eyes are full of tears.

-Of course, Pepe, I am not going anywhere, don't worry! -Pablo tells him while holding his hand-

-Pablo, I would like to share something with you.

-It is dinner time- the nurse says while knocking on the door to come in.

-Thank you, please leave it over there.

-José dear, do you need anything?

-No, thanks mum, I just want to chat with Pablo for a bit. Please go home and get some rest.

-All right son, call me in case you need anything. I love you darling.

-Me too mum, see you tomorrow!

José and Pablo are left alone in the room. They have known each other for years, both are tennis players and they have gone through so much together. They know everything about one another, or at least that's what Pablo thought...

-I would like to share something very personal.

-Of course, Pepe, what is it...?

-Do you know why I suffered this stroke?

To be honest I don't know. I was very surprised when I found out, you are in such good shape and you are so young! I guess these things happen...

-Please, don't tell this to anyone... In all honesty, I am bulimic. I have been feeling awful for years, with a sense of emptiness inside of me. I tried to fill that void with food, but it only made me feel even worse. I got to a point that I vomited up to eleven times in one day.

-I am so sorry to hear that Pepe, I had no idea! Why didn't you tell me earlier?

-To be honest, I didn't know how.... I suppose I was too proud to talk about it...

As a youngster, José's life was quite normal. He was the youngest of three siblings. When he was four, his parents divorced and when he was seven, his father died. Even though it was a random event, José couldn't avoid feeling a little bit guilty about the situation.

Not long after that, his family moved to a house that had a tennis court. It was there where he discovered the sport that would change his life. When he was ten José decided, on his own, to

move to Barcelona, as around that time it was the only city where tennis players were trained and developed to compete at a higher level internationally. During that time, he lived with a host family that treated him and cared for him really well. And even though his mother would visit him as often as she could, his sense of loneliness was more than he could tolerate. There wasn't a single night he wouldn't cry.

As he was getting older, José was putting more and more pressure on himself because although he was getting better and better, he wasn't reaching that level of "success" everyone was expecting from him.

Every time he won a match, he felt very happy, but if he lost or didn't get a good grade in school, he felt horrible. It was that anguish and emptiness that led him to bulimia when he was nineteen years old.

-So, what does this have to do with your stroke? -Pablo asked-

-When you have been inducing your own vomit for a while, your body, for safety, makes it harder for you to eject the food you eat. But for the bulimic, the only thing that matters is that if a certain amount of food has gotten in, it must come out. And in this whole game between the obsessive mind against your own body nature that wants to protect you and save you, is when my veins in the brain didn't resist any more and it led me to the stroke.

-But Pepe, that's hard to believe. Can I ask you something?

-Of course, Pablo...

-How have you been able to play at such high level competitively being bulimic?

-I have read so much about anorexia and bulimia in the last few years. It was as if someone told me I was sick. In normal circumstances what is common is to deny such thing, but no with me. First, I looked for professional help, and they didn't know how to help me or maybe I didn't allow them to do so. It was something stronger than my will, something that took charge of me. It was then when I started to read everything I could find about anorexia and bulimia, finding out about negative consequences they inflicted on the body, in my case bulimia. For example, when I forced my own vomit, I always did it with clean hands to not cause an infection in my mouth or throat. After every time, I brushed my teeth and gums thoroughly to avoid losing my teeth from the gastric acid. I would drink a liter of water with potassium, magnesium and minerals every time I vomited. Many days it was even ten or eleven times.

I also measured how many calories I burnt every day, depending on what I had done and I would eat the right amount of protein, carbohydrates, fat and fiber to supply it with what my body needed. I never vomited them, that way I had all the energy supply I needed in order to play tennis. But of course, after so many times, my veins didn't hold up any longer...

-I can't believe it José! I would have never imagined! And even more so because I was right next to you when you were doing it!

-What can I tell you... Another thing I did was to drink soft drinks which helped me to vomit the food easier. That way it was a quicker and more silent process.

-Well José, now it is time to get better and recover. You can count on me for anything you might need.

-I am aware that this is going to bring physical consequences. The doctor says I will recover, but I still feel awful.

What José didn't know is that the doctor hoped for a fifty percent recovery in the best of cases.

-Pablo, do you know what? Right before waking up from the coma, I felt the presence of something that made me feel very good. Without shape, without body, but I felt its presence.

-No way! Really?

-Yes. And that presence told me with as much intensity as words can have, that I was going to meet a woman from Lebanon that was going to help me wake up my consciousness, because my mission in life is to help humanity towards the inner awakening of every soul through the way of love. It is so weird! isn't it?

-Wow, José, it is unbelievable!

-Truthfully, I don't know what to believe... If it were a dream, or what was it? You know I am a very rational and realistic person. I have never been very spiritual.

-That's true...

A WINDING PATH

During the first few years after his stroke incident, José felt a huge need to know at a psychological level the human mind, so that he could comprehend and control his personal situation. He read as much as he could about the topic, with the intention to sooth his discomfort. On top of that, he followed a strict regime to achieve a one hundred percent recovery, which is what he expected.

But it got to a point, when he got to a sixty percent recovery that he noticed he wasn't improving anymore. This led him to visit the doctor, but unpleasant news was awaiting...

-José, your recovery has been an absolute success. I would have never believed you could have, in the best-case scenario, achieved a fifty percent physical recovery. You have not only achieved it, but surpassed it. You must be so proud, you can have a normal life!

-Success?!?! What kind of success is it if I cannot practice any sport on a competitive level, if I can't run... No, no, no!!! I have to get better, I cannot stay like this!!! This is not a life I wish for myself!

José didn't accept the situation and suffered from a very deep depression. A few months later, he looked for professional help once again and he found a very good professional, who understood him perfectly...

-Maria José, I still feel very bad. I don't feel happy, I can't accept this situation.

-I know José, but you have to understand that it takes time.

-What time?!?! I know what's wrong with me and what I should do, but I can't...

-It is true José. You know exactly what's going on and what you must do to fix it, but...

-But what Maria José, but what?!

-The same that you are experiencing, other people are as well. We all know it, but fears take control of ourselves- Maria José said, understanding perfectly what his patient meant. She too was aware of the great limitations and fears that she had in her life, not being able to do anything about them, regardless of all her knowledge on psychology.

-There has to be another way, I refuse to give up!

José stormed out of the room, got in the elevator and pressed the ground floor button, where he could exit the building. His mind was racing a hundred miles an hour and his sense of despair was enormous.

The elevator stopped on level five. The doors opened and a slim lady around fifty years old, with glasses and wearing a ponytail got in.

-Hi José, darling.

-Hi, do I know you?

-You don't know me, but I have been waiting for you. I can see your pain and suffering. Would you like to be free from it?

-Yes, of course! There is nothing else in the world that I wish more...

José felt a sense of relief by her mere presence and her voice.

-What's your name?

-Siham darling. If you want, come tomorrow at five o'clock. I live on the fifth floor, door five. I will be waiting for you- and after giving him a kiss she left.

LOVE COMES BACK TO JOSÉ'S LIFE

And there he was the next day, not really knowing really why, but something inside of him was pushing him to go and visit that woman called Siham. It was five o'clock in the afternoon.

-Hi darling, how are you? -She gave him a hug full of love and told him- come in José!

-Hi Siham, thank you again for welcoming me, but can I ask you something...

-Tell me darling.

-How did you know everything you told me yesterday like my name, the intense pain I am feeling...?

-Darling, I saw it in a meditation and in my dreams that I was going to meet you and that I had to share something with you.

-Really??? And what is it?

-You will see. For now, the question is: do you want me to help you improve how you feel?

-Of course, please...

-All right, in that case I must see you in the next twenty-three days, are you willing to do that?

-Yes, I am. Can we start right away?

-Yes, José, you are ready. Lay down on that massage table on your back and with no shoes. I am going to harmonize you.

After the harmonization finished, José felt very relaxed and calm. They spent around three hours talking after that.

-OK darling, I will see you tomorrow at the same time.

José felt amazed by how much better he felt, of how much his emotional state had improved. Days went by and he started to feel better and better. Not only emotionally but also his left side of the body was improving at an unbelievable speed.

After two weeks, José asked Siham:

-What are you doing to me? I feel transformed, outside and in.

Siham replied:

-You answer me, José. What is it that we talk about the most? What feeling are you digging up from the very deep of your being?

-LOVE- José answered right away, without thinking-.

-Correct. That's the only transformation that you are doing in you, to live in love. On one side the harmonization is the divine energy, most pure and full of love that can exist, and on the other side, what we talk about is what makes you realize how far away from love you were living in. You have only changed the way you live, feel and think about yourself and voilà! Here you go: health and harmony in your body and soul.

-But, how is it possible Siham, that by only living from love you can be set free from physical and emotional illnesses?

-Yes, you can darling, from all of them.

- How?

-I will explain something, José: the human being in its entirety is energy. On a physical level we could say the human body is partly solid and partly liquid. All right, but even further than that take any body part, liquid or solid and if you start to study closely, you will arrive to the cell, which is formed by atoms, which they are nothing but electrons, protons and neutrons colliding with one another at high speeds. The cell is apparently solid to the naked eye (thanks to the help of the microscope), but in reality, it isn't. It is energy vibrating at a high speed.

-When someone is sick, you measure his energy level (in other words, his vibration frequency), which you can tell is lower than when the body is in full health. Nowadays you can measure it with some devices that can prove such thing and also can prove that the energy frequency of a person elevates to a very high level when he or she experiences feelings of love. On the contrary, when he or she experiences feelings of anguish, hatred, anxiety or frustration, all of them derived from fear, the frequency vibration is much lower and, in consequence, giving way to illnesses.

-This is so wonderful Siham! So then, it is very easy to be healthy and happy...

-That's right José.

-So why is this information not available to everybody? On top of that, the solution is free and has no side effects...!

-Oh darling! That's something that if you want I can explain once we are finished with your twenty-three days.

-Well then, I will wait. I want to know about this with all my heart and soul.

-If that's the case, José, don't worry, you will find out about it, because whenever the soul wishes for something, it always happens.

After some time, day twenty-three arrived.

-All right José, darling, today is our last day, how do you feel?

-How do I feel? I feel amazing!!! My body is almost fully recovered, but most importantly, I am a totally different person. With everything you have taught me, I see life with a brand-new set of eyes, from my soul, with love... full of love.

-That's what has healed you, José, the LOVE that you have reinstalled in yourself. You never lost it, you just forgot it. When we are kids, we are pure love. But with time, we erase it from our memory, and you have recovered it again. That's why the immense happiness and harmony you feel in your life.

-And Siham, why doesn't everybody know this? What's stopping it, what's going on?

-I am going to be busy the next two weeks, but after that I will call you and we will see each other every five days. I will then explain to you The Great Truth.

-Thank you Siham, I really care for you.

-Thank you, José, I love you.

A few days later José went to a regular check up with the doctor that was treating him. When he got in the clinic, the first thing that the nurse told José was:

-Look at the light that comes out of your eyes! You convey so much happiness!!! Come in, the doctor is waiting for you.

As soon as the doctor saw him, he became amazed too.

-My goodness José! You look amazing! It is a pleasure to look at your eyes, you convey...-and he went silent-.

-Love, I convey love- José said.

-Maybe. Yes, that's what I was thinking, but I couldn't put it in words.

-Yes doctor, that's right. I am full of love.

-I am happy for you. Why don't we have a look at your body, shall we?

-Of course, doctor.

The doctor felt so captivated by the purity, sweetness and depth of José's look in his eyes that he didn't even notice his physical appearance. He then started to perform some tests and said:

-This is unbelievable!

-It is more than unbelievable doctor, it is wonderful.

-You are almost one hundred percent recovered, I can't believe it! What have you done?!

-Do you want to know the secret doctor?

-Yes, of course, tell me... How did you do it?

-With LOVE.

-What do you mean José?

-LOVE doctor, I feel LOVE inside of me and that's what has made me improve so much outside as well as inside, emotionally.

-Well José, I would like to know more, but unfortunately, I don't have more time, I have patients to take care of. I will call you so you tell me more. I am very happy for you José.

-Thanks doctor, thank you.

José left the doctor's office and thought -It is such a pity that the doctor doesn't understand that LOVE doesn't know about time...

THE KNOWLEDGE OF "THE GREAT TRUTH"

-Hi darling.

-Hi Siham, so great to see you! I was so looking forward to receiving your call! I have been waiting for it for so long.

-Darling, don't wait for things, it makes you anxious and anguished. Simply allow them to happen at the ideal time, in harmony with the whole.

-Wow! Siham, everything you say it resonates inside of me. Your messages are so full of wisdom!

-No darling, they are not my messages, they come from The Light, from the Origin of the Whole, from God, however you want to call it, but not from me, but through me. Do you still want to know about "The Great Truth" to find answers to those questions that you have inside?

-Of course, Siham, I cannot wait!

-OK then. Would you like to meet tomorrow at five o'clock?

-Yes, yes. I will come back tomorrow at 5 o'clock.

-Hi darling, come in...

José felt a lot of inner peace when he welcomed Siham's hug.

-Sit down. Would you like tea or lemonade?

-Lemonade please.

The house was a studio: a room, a small living room and a kitchen that shared the same space. It was the simplest and most modest house you could see, but not even the biggest or most luxurious apartment could have the warmth, peace and comfort of that "piece of heaven".

-All right José, would you like to ask or say something before we start sharing with you "The Great Truth"?

-Yes Siham. Yesterday, when we spoke on the phone, you said that what you say doesn't come from you, that it comes through you, from The Light, The Source, God... And when you said God, I initially felt rejection, because there is something inside that bothers me when people mention God.

-Well darling, you will understand everything as we talk. Before we start, José, I would like to tell you that everything I am going to share with you is from the utmost respect towards all opinions, beliefs and points of view. And also, to say that my intention is not to categorize, that

what I say is the truth and the rest isn't. I am simply sharing with you, knowledge that has come to me and that you have listened to an extent.

-Siham, I have always liked how you express yourself! I can sense humility and respect in your words.

-Well, José, I will start by saying one thing is spirituality and another very different thing is religion. I will talk in a general way, so that later I can explain it a little deeper. The spirituality we could say is like the contact with our being (through our feeling sense) with the Divine source, Light, Origin or God. It is not possible to contact that source through your mind (the thoughts). For you to have an idea I will give you this example: You cannot love from a theoretical perspective, it doesn't give us the feeling of love. Imagine that one person wants to experiment love towards his or her partner from the mind... He or she would say something like this: "I have to pick up Julia from work. I am going to give her a rose, then I will have to open the door to go out to the street and I will tell her something entertaining to start a conversation so that she doesn't feel bored with me".

The other way it would be something like: "I am going to pick up Julia because I cannot wait to see her again," and feel how your heart beats full of love towards her. You don't stop to think what and how to do things, you just look forward to seeing her. The rest will come and will be how it has to be.

In the first example, the person has done the steps that he or she has been taught and he or she will get home without a sense of love in its pure state, because he or she has acted from the mind. Even though he or she has probably felt some kind of feeling, maybe only a ten to a twenty percent.

Whereas the person in the second example has felt love to the maximum one hundred percent, without plans or thoughts, simply feeling and being connected with his or her being and not his or her mind.

Well José, spirituality is the connection with its divine source, the feelings and freedom. To sum it up in one word: LOVE.

Religion is a creation from the human mind, with a series of dogmas and guidelines made by people to, through them, get to love. We would say that in religion there is a twenty percent of spirituality and teachings that are very useful and wonderful to get in contact with the divine. As it is for example, the prayers, praying. But there is a big percentage in religion that speaks about punishment and threats if we don't follow a certain way to do things established by that group of human minds that have been modifying to their liking and interest our ways of living.

José, let me repeat that what I am saying is with all my respect towards you and other people that might have a different opinion. My intention is simply to share my point of view with you

and to ask you not to believe anything I say. I hope you verify by yourself if you feel that way or simply forget it all and continue the path that makes you happier.

Jesus Christ only spoke about LOVE, about forgiveness (which is nothing else but love), of being yourself and to not allow to be manipulated, to be free from a place of love. Every single one of his teachings are from love as their only pillar. Religions, that make us behave a certain way, threaten us by saying that if we don't follow those guidelines, we will be judged and punished. Something that couldn't be any further from God is all those wars and dead people in His name that happened during the Holy Wars. Where is the LOVE there? Where is "turning the other cheek"? where is that part of the religion (the small spiritual part) that speaks about being able to take away your physical life but not your divine spirit, which is nothing else but love?

I have explained all of this, José, because I understand very well your rejection towards the word God. But I am not talking about that God that religion portrays. I am talking about Divine God, the creator of all Origin, which is pure LOVE and He is always there when we need Him, without intermediaries. That's why when I talk about Him I do it by saying: Divine Light, The Origin of the Whole, Creator of all Origin, God... Because it is all the same.

Religion took the name of God and has created rejection from the people that do not agree and want to follow a possible manipulation in His name. But I am not talking about that God, I am talking about omnipotent and kind energy, which is pure LOVE.

-To be honest this is very different from what I knew, Siham.

-Of course, darling. Allow me to continue so you can understand it furthermore.

-But Siham, I need to ask you something.

-Tell me, José, ask me anything...

-Where do we come from and where do we go? What are we doing here?

WHERE DO WE COME FROM, WHERE ARE WE GOING TO AND WHAT ARE WE DOING HERE?

-Darling, time has come for you to know about it. Firstly, let me tell you that the question you are asking is inter-dimensional, sort of speak. It is not a tri-dimensional question, tangible and physical. On the contrary, it is metaphysic and we have the big obstacle of our vocabulary, as it is tri-dimensional and it restricts the ability to talk about inter-dimensional topics. That's why I will use stories and metaphors to be able to share this wonderful information with you, would you like that?

José was amazed by everything Siham was sharing with him. She was doing it with so much love and respect as well... Something inside of him kept saying: "this is true, this makes sense, without a shadow of a doubt".

-Well, there you have the answer to your question (Siham was using her hands to explain herself a little bit better, we will use a drawing for this purpose).

-Imagine an ocean José. If you take a tiny drop of water from the ocean and you analyze it, you will see that it is made of the same components. The ocean is nothing more than a huge number of tiny drops of water like the one you took.

Then, imagine that The Whole, The Origin, The Divine Light, God, which is a huge infinite being (ocean) starts to speak to all the tiny drops of water and says: "this is wonderful isn't it? All the love, peace and absolute harmony". And all the tiny drops, after such statement, look at each other, they shrug their shoulders and with a smirk on their faces they say: "what? Good? Love? Peace? I have no idea what you are talking about". God then continues saying: "Of course, you guys don't have a clue how good you have it here and how wonderfully and lovingly we live here because you don't know anything else. Because of it, I am going to play a game with all of you, so that you can be conscious about your circumstances".

(DRAWING NUMBER ONE)

And with a little push, one by one (souls, pieces of God), was taken out from The Whole towards school (life), so that they could learn from every kind of situation through their emotions. For that purpose, The Whole gave a dense energetic body to every soul as a vehicle to their true being (the soul) and He gave physical senses to that body (called human): sight, hearing, taste and touch. The place where those tiny drops were going to learn (school) is going to be called Planet Earth (Gaia) and everything there will be tri-dimensional. Thanks to the physical senses with which he created the physical body, they will be able to sense and live physical experiences.

In this creation (game), God left intact the sense of instinct-intuition, so that every tiny drop (soul) could come back to The Origin (ocean). That's why every human being has the life goal to be happy, be in harmony and experience peace. And he looks for it in the way he is taught, or as it is considered the best option to do it. Here it is where we have been fooled and lied to, pulling us further and further away from the truth, making us believe that happiness comes from the external world, the material world. Nothing could be further from the truth! Happiness is achieved when we are able to connect with the feeling of LOVE,

José, let me explain to you something before I continue sharing the divine game.

THE REINCARNATION

-José, as I always say, don't believe anything I say, let your instinct guide you, which is nothing else than your soul, in other words, your tiny drop connected to the ocean (Original Creator of the Whole), let it tell you whether it is worth listening to this and believing this. On top of that, if you do it that way, you will start to receive information that will back up everything we are saying. Life is magical because the Whole is in everything!

José, I am going to talk about reincarnation. There are a lot of people that by the mere sound of it they become alert and tense, or become fearful. In my opinion, there is a lot of false information and not only that, the person who talks about it is considered crazy, weird and even more negative things with the sole purpose to give the topic a negative connotation. The only reason for such a thing is so that they cannot solve the puzzle and therefore never know the truth. Because when we know the truth, we can't be manipulated.

If for example I told you from a young age: "you can't go to that place, it is forbidden, because there is a man who lives there who kills and eats people that dare to go there". You will grow up with that false information, and you will never go to that place. And I would have achieved my goal, which is to protect all the gold and gem stones that are kept there. That way you will continue depending on me and what I give you in tiny doses like food and every now and then a small present. Not only that, you will consider me your savior, when in reality I am depriving you from a much better and bigger well-being which you have to my SERVICE.

That's why it is so important to know the truth and the hidden interest in hiding it and twisting it (as an example religion, which modifies and takes away a lot of information) to allow for a few people to have control over the vast majority.

Hence the reason why I wanted to talk about reincarnation, to then continue chatting about the divine game of The Creator.

José, the soul is eternal and immortal, because it is a part (tiny drop) of the Original Creator of the Whole (ocean) and only the physical body is temporary and mortal.

In order to make this big trip, in other words, our exit from the Whole, to learn and evolve up until our complete evolution and arrival to the Origin or the Whole once again, we need more than one physical life. We don't have enough time to do it in one mortal life of at best eighty to ninety years of existence in this planet. Our process must be complete, so that when we finish our journey back to the Origin we are perfect beings full of light and enlightenment.

What does this mean? Beings that the only thing that exists inside of them is LOVE. There is no fear, no resentment, judgement, rage, jealousy, material desire... the only thing we are is PURE LOVE.

If we talk to an elderly person so that he or she can share his or her life with us, I am sure that he or she will tell us one or two things that he or she has learnt. It could be, for example, a lesson about betrayal, maybe because he or she suffered it or he or she inflicted it. And

towards the end of his or her life, he or she understood that it was absurd and stupid, because the only purpose of it was to have more material things. Realizing that he or she lost something much bigger and more beautiful: serenity and feeling good with oneself. In other words, to be able to LOVE.

If you stop for a second, José, you will see that the happiest and more peaceful moments in your life come from situations of LOVE: Your first love, the birth of your child... The exterior world, at most, can give you feelings of euphoria, which would be an exaggerated sense of "joy", not harmony. Not only that, it doesn't last long, and makes you a slave, as it makes you look for something else to keep experiencing it. It is the same case as a drug, every time you need a higher dose and more frequently, to afterwards end up losing your life either physically or emotionally. You become a slave of euphoria.

That's why LOVE is the way to follow, without a doubt, as it gives us peace and continuous harmony.

José, they say that everything in life in excess is bad. True, except for one thing, the one that the more you feel it, the better it is for the self: LOVE. Remember that our intuition and instinct is to come back to the course, which is nothing but LOVE to the purest and highest state. That's why the more LOVE you feel, the closer you are to your goal, which is to come back to the Origin.

If we must learn so much, we need enough time to achieve it. It has been solved by giving us multiple physical lives.

-Siham, why is it not possible to do it in one physical life, instead of so many?

-Good question José. The purpose of having so many lives is so that after each one of them you are able to go through what you lived and rest from those experiences. To be able to have a doctorate in a field, you must go through kindergarten, elementary school, mid school, high school, then university, etc. until you reach and approve the doctorate exam where you can finally claim that you are a doctor, architect, electrician, etc. If they were all in a row, on one hand it would be exhausting to go through without resting periods, and on the other hand, we wouldn't understand and digest so much knowledge.

Also understand something José, in the first few lives, it is when we are beginners as tiny drops, so the acts that we do and receive are very tough to assimilate. If we didn't have resting times, it would be unbearable in our physical state, because of our mind. That's why every time we come back to a physical life, past experiences are erased from our conscious mind (but not from the unconscious), or it would be too much to handle.

Have you never thought about why two twin brothers, who eat the same, go to the same school, they have the same teachers and the same education, can turn out to be completely opposite personalities? For example: one loves sports while the other one loves reading. Most

likely one of them was an elite athlete in his previous life and the other brother was a philosopher. Or why does one love to be under the sun and the other one prefers the shade...?

Why is there a four-year-old kid who understands music at the highest level and can learn almost by himself, simply with minor orientations from his teachers and can write music that not even his mentors can? It is very likely that he was a wonderful musician in his previous life.

I will tell you something that happens quite often, but not everyone dares to share...

A newlywed couple went to Egypt for their honey moon and in a guided tour visit to the Pyramids, the guide started to talk about all the different pharaohs and dynasties. He started to describe each pharaoh and when he talked about one in particular (who he was, and aspects of his life), the wife interrupted him and said: "but the pharaoh you are mentioning wasn't this one..." and she started to share a bunch of details about his life. The guide right away replied: "I am very sorry. By mistake I was talking about a different pharaoh, you are absolutely right (speaking to the woman)." The husband completely startled asked her how she knew about all of it, and his wife even more surprised answered: "I don't know, I can't even tell you where it came from, I just knew".

After a few months that woman was having some emotional issues and they recommended her to see a person who was performing regressions and he could maybe help her. She went to see him and it turned out that in one of her previous lives, she was that pharaoh that she talked about in her honey moon in Egypt (the one she knew all the details of).

-Unbelievable Siham! But what is a regression exactly?

-It consists of taking the mind of a person to a state of hypnosis sort of speak, and allow the mind to come back to the beginning of that person's current life or previous ones, becoming free from space-time as we understand it. I will tell you that I have performed many regressions and I have experienced enough to be convinced and have no doubt that incarnation is a reality.

I will tell you a story out of many that I have witnessed. A woman whom I performed a regression to, was a teacher in a previous life. It was a recent life, if I remember correctly around 1930. I asked her if she didn't have any issue with verifying that everything she was sharing from that life was in fact true. I must tell you José, I was very rational and I needed very tangible facts. She didn't complain, and so we checked. Long story short, it was exactly as she told it.

There is a book called: "Many lives, many masters" from Brian Weiss, in which he talks about experiences and events in a very explanatory way. If you are interested in the topic, you will enjoy it.

José, let me continue with the example's explanation of the divine game of The Creator, in order for me to answer your questions in regards to where we come from, where we are going to and what are we doing here...

-Siham, you are right, I remember where we left it. You were saying that they fooled us and lied to us making us believe that in order to be happy we must achieve material things. But, who has lied to us? Who are they?

You will know it all at the right time. Allow me to tell you...

The Creator, in order to keep organizing his divine game, he builds a team of very evolved beings who are given a lot of power. But nevertheless, He keeps the absolute power to himself, in case he needs to intervene. This team is formed by a total of fourteen entities (to say a number, which in truth, José, I am not so certain about this data and has nothing to do with the science of numerology). Those fourteen entities are given a task:

“Look, I have created a sort of game, in which those souls (tiny drops) are going to live very difficult moments and they are going to need your help. With the power that I have given you, you will help them only if they ask from their heart, not from the mind. WHAT I WISH FOR THEM IS TO LEARN TO ASK FROM THEIR BEING (WHICH IS FROM LOVE), AND NOT FROM THE MIND, BECAUSE WHEN THEY DO SO, EVEN IF THEY RECEIVE IT THEY WON'T FEEL WHOLE AND HARMONIC, WHEREAS IF THEY ASK FROM THE HEART, WITH LOVE, NOT ONLY THEY WILL RECEIVE IT BUT THEY WILL BE FULL OF LOVE AND INNER PEACE, WITH A LOT OF JOY TO LIVE. And a very important thing: never act, unless you are asked. Allow them to make mistakes, because that will cause them to feel bad and suffer pain, which will make them ask from their heart”

Everyone understood to perfection.

The power that those fourteen entities have (could be called angels or enlightened beings to have a clearer idea), is huge, almost absolute. One of them then, let's call it number fourteen, felt so powerful and superior that he told himself: “I am the most powerful one of all, I am truly the one, I will create my own kingdom and I will rule in it”. He then got in touch with all of the souls (tiny drops), who were in the evolution process (in other words, the human beings), which was strictly prohibited. Immediately the other thirteen entities claimed to him that he was breaking the rules, and not following the divine plan from The Creator. The number fourteen looked at them with contempt and said: “You guys have no idea who the boss is here. Useless, worthless beings! I am the best and I will create an even bigger empire than the one from the so-called Creator”.

In a hurry, the thirteen entities went back to God absolutely horrified by fourteen's actions and with love, He calmed them down with a smile full of satisfaction: “don't you worry, this is good news. Now it is when the game is finalized and ready to be played”. “Wait, what? -All thirteen said at once- We don't get it...”

“Of course, my dears. If there wasn't a fallen brother, number fourteen, there wouldn't be a possibility for all the souls that are playing the game to get to know all the different emotions,

good and bad. Number fourteen is going to help us with temptations and even help them abuse from everything that comes from the external world. Then they will suffer (the tiny drops), and they will realize that it is not the way. That's when all of you come in and give them what they need, once the souls (tiny drops) understand that coming back to the Origin is where they find love and harmony, because it is in the being and not in the mind (ego), where LOVE exists".

-Of course! -José said-. Because if they leave from The Whole (which is pure love and light) and travel the entire journey without any obstacle, everything would be fantastic and when they return to The Whole, God, The Creator, He would ask them: "how is it over here?" and they would say: "the same way that over there, not sure, the same". And so, they will continue to not know how wonderful it is to be in a state of LOVE. But nevertheless, when they fall for the temptation and the scam from number fourteen, they will realize it and will ask for help from The Creator through the thirteen enlightened entities. And when they come back to the pure state of LOVE and come back to The Whole, to the Origin, when they are asked by God, The Creator, then they will confirm: "This is wonderful, living in here, in LOVE... it is amazing!!!"

-That's right José, you understood it perfectly. This is the game.

-It is wonderful Siham!

-Well darling, what do you think about continuing tomorrow? It is already ten o'clock at night.

-No way! We have been talking for five hours and it feels like five minutes.

-That proves to you, darling, that time doesn't exist, it is an illusion.

José came back home full of energy, jumping, running... He didn't even remember about his physical limitations. The truth be told, they didn't belong to him anymore, they went away. When he arrived home, his mother amazed, said: "you give so much positive energy son! And your body is full of life, look at your agility and jumps you are making! What happened?"

-Mum, LOVE cures it all, I love you mum!

TRICKS AND CONTROL METHODS FROM NUMBER FOURTEEN

On day five of the meet ups between Siham and José, he asked her:

-Siham, could you tell me how number fourteen does it? How does he pull us away from love and gets us closer to fear?

-Of course, José, I will share it with you. Let's start...

Number fourteen knows almost everything about the game and he is aware of the power that as souls (tiny drops) we have inside. He knows that being connected to our being, means being connected to the Origin, the Creator. In other words, He can make us Co-Gods or Co-Creators in this very moment and number fourteen would lose all influence and power over us. His goal of being the absolute god of our lives and the World (school) will end. The same way applies, if we are distracted, living from the mind. Then he can control us, dominate us and abuse us. To carry on with his plan, he has also formed a team of helpers, who has convinced to join him and have absolute power. The hierarchy of his team is a bit complicated, but I will try to the best of my ability to explain it so you understand:

-I have sort of explained the hierarchy in number fourteen's team but I will focus solely on the group called "the illuminati", as other entities are in other dimensions and are a bit difficult to explain. Although I will tell you where you can find more about them if you want to. Look for David Icke's books and talks he has on YouTube. Also, a man called Gregg Braden can give you information about the reality in which we live in, and how vital LOVE is in our lives.

As we mentioned earlier, number fourteen knows his purpose very well: to have us distracted, living from the mind (where ego lives), that way he keeps us far away from our treasure, which is nothing but to live from our being (where LOVE is). The mind is nourished and therefore lives by stimuli and external activities, whereas the being lives and nourishes from the interiorization and stillness.

(DRAWING NUMBER TWO)

Number fourteen is the smartest and he has it very clear. He tells himself: "I want to have them live from the mind so that they can be manipulated. OK, what I must do is over stimulate them with external things". And another astute move on his part: "I will create a state of chaos to make them live in fear and then make them stressed figuring out how to solve it". He then achieves two goals: on one side, to keep them living from the mind. And the other is, to move them away from stillness and to not give them time to rest.

To achieve this, he has had the help of a group of "people" (if you want to know more about the illuminati José, go to YouTube and Google, you will understand why I put quotation marks when I say "people") called Illuminati, which are the ones in charge of running number fourteen's plan here in our planet.

But José, I want you to really understand: they have nothing to do if we live from LOVE and we connect to that high vibration. There is nothing that he or anyone can do in front of such a strong vibration as LOVE. To vibrate in LOVE is to be connected with our being, in other words, with The Whole, God, Creator, Divine Light or however we want to call it. That's what being Co-creators means.

-All right José, would you like to know about the methods and tricks number fourteen uses through the Illuminati?

-Yes, Siham. But first, could you tell me, if possible, who or what are the Illuminati?

-Of course. The illuminati are thirteen families that control and rule the World in every field through influence in our society. They are the ones that make the relevant decisions in politics, economy, military, religious, press...

-How can they control it all?

-They have managed to make the World be ruled by money and they are the ones that buy the people that have positions of power and relevance. Either that or they help get the people they want to those positions. But careful! They are so on top of the hierarchy that nobody knows them. They use their team of "troops", so that they act on their behalf from the utmost secret.

I will give you a clear example: elections in the United States. There are two candidates running for president: A and B. What do the political parties depend on to get to power? Various things, but the most important: financial funding in order to start their marketing plan and electoral strategy. These cost millions of dollars. Then the political parties go to big companies or Lobbies, which they too depend on these Illuminati families.

Let's imagine that political party A is being financed by seven companies, giving him three hundred million dollars. Let's say political party B is financed by another eight companies that give them three hundred and fifty million dollars. What people don't get to know is that these fifteen companies belong to the same owners, the Illuminati. To sum it up, if political party A wins, the President must return the favor and follow their wishes, who are the ones that enabled him to be in power through their financing. In case of the political party B winning, it is the same story.

The most dangerous thing is that we believe we live in the rule of law, in a democracy, and the truth is that it is an under covered absolutist power. From this we take that many government decisions make no sense to the people. They can even go against their own party's philosophy... but you must follow the demands of who has put you in power.

-The trick is quite intelligent and sharp, but time has come to WAKE UP José.

-Please continue Siham, it is wonderful to WAKE UP!

-OK José, there are two ways to pull us away from the being:

- through the mind
- by depleting our physical body

In the first case, they install an idea in our minds that in order to be happy, we must follow a series of things in our lives: a home, a wonderful family, a nice car, kitchen appliances of the

latest technology and a good-looking body so that people respect you. And if you don't achieve it, you must have surgery, because everything is valid in this system.

To achieve all of this, except for a family (although in some cases there are families who have been formed because of interest and economic necessity), you will need money. You will need to work for yourself (business man/woman) or for a company (employee). That way we completely depend on them and their moves, with the sole purpose of achieving the one thing they need: to control us.

The employee depends on the company, the company depends on the country's good economy, or the World's at last, which depends on the decisions of their bosses, and as we shared earlier, they are not the ones who make the final decisions.

Therefore, in order to have all those things that society demands (better said, the whole show made by number fourteen and his "diabolic game") to achieve happiness, I must work a lot. That means a lot of hours (so that you don't have them to be with yourself, to interiorize and connect with yourself). That once I am done working, I end up exhausted and ready to rest. That also means you leave unattended one of the pillars that nourishes and feeds the human being with LOVE: the home, the family.

Pay attention José, nowadays a big percentage of couples have both individuals working, because of the need to satisfy this social demand of having the material things that one must attain to achieve that dream of happiness. And if you have them, the following year or two, you need to change them because they are not in fashion anymore (even though the work!) and continue spending money therefore working (also known as, not having time for the inner self).

When one arrives home, he or she is exhausted and incredibly tired. A thousand thoughts rushing through his or her head, about work, how to solve certain problems at the office (all of this mentally, which is what number fourteen wants). In that moment, the kids at home that were waiting for their parents to arrive, become ignored and unattended. In order to get some attention, they do antics which then leads to more irritability to the parents who then explode all that frustration, stress and rage on their kids. Because of that robotic life (work, little rest, come back to work...), they also undermine the romantic relationship and destroy the sanctuary that is LOVE, which is their home.

Number fourteen is enjoying this to the max; "job done! I have them under control. They are far from connecting with their being and therefore happiness, they are mine! I am the most powerful of them all!"

Another trick that number fourteen uses is to deplete the physical body to the point of sickness, so that we focus all of our attention in surviving (and not living life to the fullest, which is the natural human state). Again, we don't want to connect with ourselves because of the physical discomfort that there is in our lives.

Some ways that he uses to do so are:

- polluted food
- pollution from motorized vehicles
- medication/drugs
- above all, fear

The vast majority of the food that we eat are processed or canned, with a big amount of chemicals in them, which they only fill us up, they don't nourish us and they contaminate our body a lot. Not to mention the tap water that we drink in our homes, full of lime, chlorine and sometimes even fluoride.

-But Siham, is fluoride bad for you? Then what about tooth paste...?

-José, when you know everything I am about to tell you, you will feel emotions of rage, frustration, helplessness... But you will know the truth, and it will be the time to change and resolve the issues, which of course I will tell you how. Because the best part is that although all of this looks terribly wrong, the story has a happy ending. It is like in the movies: even though half way through the plot it looks very bad, the ending is wonderful. This is the same, and we are entering the final part of the story, in which humanity wakes up and comes back to The Whole, to Light, to LOVE. Allow me to continue José...

There have been, for a long time, cars that are run by renewable energies, but they are delaying and postponing their introduction into the market because with the pollution that our cars emanate in our cities, they achieve the depletion of our bodies they want.

On the other hand, they gather us in big cities far from nature and far from open spaces free of pollution, to then control us more. It is better for them to have a big group of three million people together than having small groups of two thousand, ten thousand or fifty thousand, which are harder to rule and control. They sell to us the idea that the city is the future, and it is actually there where we have poorer quality of life. We are only surviving. When we have a free day, the first thing we do is to go to the outskirts or to an open space in nature to recharge our batteries, why would that be the case? Quite contradictory isn't it?

In the next chapter I would like start by saying and expressing my utmost respect for doctors, for the time of their lives spent dedicated to learn ways and treatments to help heal people. But what it is studied is not the fastest and most efficient way to heal (also considering side effects) out of all the methods. We know that the pharmaceutical industry is one of the most powerful Lobbies that exists, and as you can imagine, the tip of the iceberg of that empire is the same people, the "Illuminati". Pay close attention José...

We know that the medication has side effects, that at times is very negative. There are other ways to cure that aren't so aggressive, without side effects and also faster to heal in many

cases. Someone could say: “but that’s not possible! Doctors would know about them and they would supply them”. Yes, if they knew about them, but if they don’t know them or they are told they are a scam, they will never give them to people.

Allopathic medicine works basically with medication that produces side effects, depleting another part of our body, needing then more medication and so on, to then reach an amount of ten to fifteen pills a day. All this medication starts to affect negatively our immune system and contaminating our body with chemicals a well.

From this situation we can take two conclusions:

- Firstly, the pharmaceutical industries from the Illuminati get richer and more powerful
- Secondly, the population is more and more damaged with less free time to focus on their inner being and to connect with it.

-But... Then...

-José, don’t worry, I will explain with you later some alternatives and solutions to this. Relax... you are in LOVE, it is the biggest shield and protection you can have.

Have you noticed that for a while now, the plane steles are very long? Do you remember when you were young, that you could see the steles but they would disappear right away? Now there is a big number of planes whose steles are kilometers long. Well then, that’s called “chemitrails” and it is nothing but the fuel those planes use together with other chemical substances. The idea to spray it over us (as a kind of fumigation), to deplete our bodies even more, to push us further away from a good health state and to keep us busy in surviving instead of living.

-On the other hand, fear is the biggest, most dangerous and effective way number fourteen has at his disposal (through the Illuminati).

-Do you remember that we previously talked about being Co-Creators or Co-Gods and that it means we have the ability to co-create what happens in our lives?

-How Siham?

-Through the Law of Attraction.

-And, what does that law say? How does it work?

-It is all right, José, I will explain the Law of Attraction first and then I will come back to how they control us through fear.

LAW OF ATTRACTION

-Everything in our planet is energy. Well, not only in our planet, in the Universe too, as everything is born and comes from the same place: The Origin, The Original Creator, God... Energy is nothing else than vibration. This energy or vibration can be more dense (low energy) or higher and more pure (high energy). We could say fear is the densest energy, which is the favorite one of number fourteen and his troops. LOVE, is the highest energy that exists, which is God. Have you noticed that when we are in a state of LOVE (maybe because we are in love with someone else or because somebody we love has recovered from a very serious illness, or from your child's birth) nothing can bother us or interfere with us? And not only that, as if it were magic, things that we considered problems no longer seem like so and in some cases, they even disappear. Fear, on the other hand, makes us feel very unpleasant emotions, it is like a snowball that gets bigger with worse and more unpleasant perspectives. And that's how the Law of Attraction starts working. I will continue explaining, José...

Thoughts are also energy, energy waves. The Law of Attraction says something like this: anything alike or equal attracts each other. That is to say, if there is a vibration scale that goes from 0 (the densest, fear) to 10 (the highest, LOVE), it means that if I vibrate at level 3, I will bring to my life things that are in vibration 3. If I vibrate at a level 8, I will attract things and events vibrating at level 8. This law works in everything and with everyone.

Imagine a radio. The transmitter sends a series of waves (which are the thoughts) and, depending of what dial you have set it to, it receives a certain station. If I position myself and move the dial to 100.7 (which would be the vibration level) I will listen to the Sports Radio, whereas if I set it up at 93.2 I will listen to the News radio. From number 93.2 I won't be able to listen to the Sports Radio, for that I will have to change the dial to 100.7. We work exactly the same way.

(DRAWING NUMBER 3)

-Everything that exists in our world is made out of energy, it is to say, it is alive. Everything, absolutely everything.

-But Siham, a piece of door has no life. And a plastic chair?

-In my opinion, and with all due respect José, I don't agree with what you are saying. Look... is it true that what comes from Earth like trees, plants, stones... is made out of atoms and therefore is energy?

-Yes, that's true.

-Well, name anything that you can think of that you have seen in this planet. For example, the piece of door that you mentioned. Would you like to?

-Yes, OK.

-In order to make that door, wood from a tree was needed and therefore, although at a bit lower vibration, it is made out of energy. That applies to any object. Any piece of clothing comes from a natural element from mother Earth, cotton from plants, wool from animals... And you would even say: "OK, and polyester? That's plastic, like the chair. Where does it come from?" I will tell you, without having exact knowledge of its origin, I will tell you with all certainty that it comes from an element that you can find in mother Earth and therefore loaded (although at a lower vibration) of energy.

José, don't worry. When I share the ways to be happy and to free ourselves from number fourteen, you will understand it better.

Let's continue with fear as the preferred way of the Illuminati to manipulate us. As I mentioned earlier, the Illuminati have a big advantage over the vast majority of us, and it is they know The Great Truth, which is no other than the great power that we have when we connect with our Being (tiny drop), because in that very moment we become Co-Creators of wonderful lives, being completely free from manipulation in that state. How?

- Through media channels: television, press, radio...
- Creating an economic chaos
- Generating political chaos... among others

As we talked about earlier, they have the power over everything material and exterior in our society, simply because they have been the ones who have created it. If they lose control over something, they will buy it with money or power.

Media channels are under their control... have you never asked yourself how is it possible that the news section on TV, on the radio or written press is all about negative and pessimistic events? Is there no positivity or good actions in the world? Is there nothing good happening?

Of course, there is, an infinity amount of them. But they know they have control over us by making us wake up in the morning with negative news (low vibration) when having breakfast, to then continue with the overview of the unpleasant news while having lunch and to finally come home and finish the day with a second overview of all the negative events that are happening around the world. Doing that every day, our thoughts will become conditioned to be negative and therefore be in a low vibration.

"Job done and finished, we have them set at a low vibration (fear) and that means that's what they will bring to their lives, more low vibration!" number fourteen celebrates. That way is practically impossible for us to wake up. They achieve their goal, which is to keep us far away from LOVE and time to be with ourselves to connect with our Great Power (our tiny drop or soul).

That's their best method to keep us depending on them and under their control: fear.

HOW TO FREE OURSELVES FROM THEIR CLAWS

-Siham, I have understood everything perfectly and I feel it is so obvious and makes so much sense to me... I am so thankful that you helped me open my eyes to The Great Truth! But I also have a feeling of being in a dead-end road, beaten up, "OK, I know what's going on, but, how do I become free from them, from this social set up that like you said, has full control over everything?" I cannot see a scape..."

-I understand you José. First of all, let me tell you that I am not the one who has opened your eyes, I just shared some information with you and it is you who has decided to take it in, because you felt it was true and you opened the doors to it so that it can be in your life. The same way there are people who, with all the right in the world, they close that door and doesn't allow it to come in. My biggest respect and love to them, because everything is divine and one must be free to do what he or she feels right. Life at the end is the biggest teacher. If our decisions make us happy, then continue along that path; if they don't, maybe it is time to change them. What would be really good is to be open to everything. Try it, maybe it can help you and if that's not the case, then you know that path is not for you.

Maybe we are so conditioned from a very young age that we reject new concepts or ideas, limiting us from discovering new ways that give us more happiness. And José, don't forget those teachings can come from number fourteen, who has an interest in making sure that we don't know anymore than what it is of interest to him.

Coming back to your feeling of discouragement. José, I am going to give you some good news. First of all, DON'T FEAR, which is what number fourteen and his troops want (the Illuminati), because if you fear, you won't leave that low vibration.

The good news is that now comes the best part of it all: knowing how to re-learn to be the master of your own life, and to not be dependent from them and to be completely fulfilled and happy!

-You said re-learn?

-Of course, darling, re-learn, as all of this is already known by your soul (tiny drop). What happens is that when we reincarnate, normally we don't remember it. But when the soul is close to the return to the Origin of the Whole, that's the time it is ready to also know it in the physical life.

-Does that mean that my soul is a bit evolved?

-People that feel what I told you as something that makes sense, are people that are closer to LOVE than to fear. Sort of speak, capable and ready to wake up and to know the way of a happy life, in peace and harmony.

-This, José, is an orientated diagram of the necessary steps a soul must take in its evolution and learning process throughout all the physical lives, to really know what LOVE is, what does The Creator, The Whole, God... want us to learn in order to live in fulfillment.

(DRAWING NUMBER 4)

HOW TO BE FREE FROM NUMBER FOURTEEN, THE GREAT SECRET

-José, imagine a dark room. Now imagine to pull up the blinds and light comes in. What happens? Darkness disappears, right?

-Yes.

-Well, the same occurs with fear (which is darkness) and LOVE (which is light). Darkness (fear) has a chance only in the absence of light (LOVE). At the same time, light comes in and darkness disappears.

Number fourteen, through his Illuminati, does everything in his power to avoid our awakening. It is to say, that we live in a low vibration of fear and doesn't stop giving us situations that can produce fear in us. So, then José, what we take from all of this is that the solution to be free from number fourteen is very simple: simply live in the high vibration of LOVE (turn on the light). In that very moment fear (darkness) won't have a space in your life, as it cannot co-exist with light.

It is very easy, although it has a level of difficulty. We have been conditioned and trained through our minds to believe in fear. We have constantly bombarded during so many years with so much negative information (low vibration, dark), that it is hard for us to let go of it. To give you an example, it is like an ex-soldier from the Vietnam war (or any other war), who is no longer in the battle field, but who is still chased and tortured by those events.

I will teach you how to let go of the dark programming to which we have been exposed from the time we were kids. If you notice, we are already fearful of so many things from a very young age, but they keep training us to add on more fear. And our parents, although with the best of intentions, they pass on their fears thinking they are protecting us (always through the Illuminati).

And you could say: “There are real dangers that one must be aware of, which we must protect our kids from. For example, if there is a truck driving on the road and I don’t teach my kid to stop, he could be run over”. And I would reply to you: “correct, in that case, yes, because parents are there to protect younger kids in a way, while they cannot do it for themselves”. But it doesn’t mean drilling this all day long: “be careful with the monkey bar”, “be careful with the bike, it is dangerous”, “be careful going down the stairs, you are going to fall”... those are the unnecessary fear cases I am referring to.

I have had the great privilege of being in some small towns in the Amazonian forest in Brazil, and the one and two-year-old kids go walking by themselves, not to mention five-year-old ones, who go into the forest by themselves, with all the “dangers” we believe there are. In my imperfection and contaminated by fears, to which I too have been exposed, I asked one of the adult and wise members of the group if it weren’t dangerous to allow kids to go into the forest by themselves, to which he replied: “they are not alone, they are protected by the biggest of the guardians”. And I said: “by who?” as I didn’t see anyone going with them. He then looked up and responded: “By God Mother-Father Creator, He protects them”.

He gave me an explanation afterwards while kindly sharing some of his time with me: “Isn’t it true that humans are limited?” “Yes” I answered. “Isn’t it true that a father or a mother would do anything for his or her kids?” “Yes”, I said, guessing his following comment. “Imagine what the great Father-Mother does for us”, and he continued: “there is nothing worse in the world than living in the claws of fear”.

That made me remember... some thoughts came to my head when I was a kid and we would play in the playground: the very few accidents we had considering all the number of things that could have happened. Sometimes missed a severe one by millimeters. And so many things... that’s a protection we have, especially children, protection from the energies of Light called by many, angels.

Remember that in the worst-case scenario (seen from our tri-dimensional mind), if we leave this body (physical mind) in an accident, illness... as a child or an adult, we DON’T die, our soul (tiny drop) is still alive to come back to life again. Our physical departure as well (death) in many occasions helps people close to them change their values, it helps them realize about the important things in their lives. They leave their material worries aside.

It also gives us pain, but if we knew The Great Truth that you are getting to know, José, I am sure your suffering wouldn’t be the same.

We all have a very big protection. Not only that, the thirteen entities of Light are waiting for us to ask whatever we need from our heart.

Remember José I am not talking about religion, I am talking about spirituality;

- When one prays, he or she instantly feels calmness, peace and harmony. In that very moment you are connected from your being (tiny drop) with humility towards the divine entities. That's why we feel peace very fast.
- Another way that gets us connected with our tiny drop (soul), and consequently with our origin (The Whole, The Creator, God) is through meditation, which also gives us feelings of LOVE and peace.

But number fourteen likes to be everywhere, and through religion he has also managed to separate us from spirituality. An example: when a person prays because he or she feels very bad, they have taught us to ask like this: "God please give me the strength I need to hold on, please give me strength". And God gives you strength.

Imagine that you are a slave in a battle field and you are carrying heavy stones all day so that you and your family can eat. And you ask for it like this; "God please, give me the strength I need to not fall sick and to keep surviving, that way my family can eat as well". Wouldn't it be better if you asked: "God, Original Creator of the Whole, I ask you to free me from these people that are abusing me and that you give me the freedom so that I can live from it, get closer to your light, from my inner peace and joy to live".

Of course! Anything we ask we are going to get, but they teach us to pray to be strong, and to keep being hard labor for the Illuminati.

Another thing that religion teaches us is to not ask for oneself. It would be selfish to do so and we must be thankful for what we have. They also give us an image of a poor and homeless Jesus Christ, who has barely anything to wear.

First of all, if I don't have water, I cannot give you water. Therefore, ask for your own happiness and love, so that you can give love and share happiness.

Secondly, Jesus Christ didn't lack anything. His clothes were of high quality and there were many rich people and families who provided him and his helpers with anything they needed: shelter and food, and in many occasions of a very high level. He didn't care for any of that, he only wanted to share the message from the Creator: LOVE, LOVE and LOVE.

How could The Creator not give him and his helpers (the Apostles), everything they needed?!

The Creator wishes us to come back to The Whole (the path to LOVE) and for us to not lack anything. But it seems like religions want to dictate the path we must take towards that God that they talk about, through much suffering. In the meantime, they enjoy all the luxuries in the world. I am not talking about humble priests in towns, who do it out of love, but big ecclesiastic positions, who almost look like high ranks in society.

I will explain an energetic work, José, and through the prayers that you and anyone can do to free oneself from fears (darkness). I will teach you how to pray the Rosary. Before that though, I will teach you about numerology.

In a simple way, numerology is the study of the universe through numbers. As I told you earlier, everything is vibration. To put it in a language that can give us some information about this vibration, we use numbers. You must have listened at some point that everything comes from mathematics, or in other words, everything that exists can be explained with numbers.

-In the science of numerology, every figure from 1 to 9 has a specific vibration. The rest of the numbers are "reduced" in order to fall in one of these categories.

For example:

$23 > 2+3=5$.

$175 > 1+7+5=13 > 1+3=4$.

$72123 > 7+2+1+2+3=15 > 1+5=6$.

Number 23 has a vibration of 5

Number 175 has a vibration of 4

Number 72123 has a vibration of 6

I am only going to focus on the vibrations from 1 to 5, which are the ones that are in effect when praying the Rosary. Vibration number 1, sort of speak, represents start, something new. Whereas vibration number 5 means change. Well, the Rosary has 10 units ($1+0=1$), during 5 times, as well as a petition or wish that we ask the Whole or Creator.

(DRAWING NUMBER 5)

As we said, there are 5 groups of 10 $> 1+0=1$

To a vibrational level it means: whatever I am going to ask or wish is change (energy of 5) from where I am to a new state, start of something new (energy 1) which I wish to live.

HOW TO PRAY THE ROSARY

You start with a "Our Father" (the bead that is next to the cross)

Followed by three "Hail Mary", one "Our father", one "Glory to the Father" and we reach our petition (in some rosaries is the image of Virgin Mary or Jesus Christ). That's when we ask for something or say our thanks.

The first praying that I recommend is as follows: Virgen Mary, Divine Mother, Mother of light and Love and Jesus Christ, brother and master, I ask you to intercede to The Father, Divine Spirit, Original Creator of the Whole, to ask Him to transform and transmute all my fears, low energy and emotions with his divine light into energy and emotions of love and light, giving me inner peace and joy of living.

After the petition you follow the Rosary with

10 "Hail Mary", 1 "Glory to the Father", 1 "Our Father"

10 "Hail Mary", 1 "Glory to the Father", 1 "Our Father"

10 "Hail Mary", 1 "Glory to the Father", 1 "Our Father"

10 "Hail Mary", 1 "Glory to the Father", 1 "Our Father"

10 "Hail Mary, 1 "Glory to the Father", This one ends up here.

You must pray it three times a day (it can be in a row or spread out throughout the day), during 18 days, being the first 9 days to ask for something and the remaining 9 to give our thanks for what we asked for. To give our thanks we only need to change our petition (for example what me mentioned earlier) and instead of saying "to ask him" we will say "to thank him".

And why is it three times a day during 18 days? Because:

- 3 represents the Trinity
- 9 equals 3 (The Trinity) times 3 (The Trinity)
- 18 is $1+8=9$, which is 3 times 3

"Our Father"

Our Father,
Who art in Heaven,
Hallowed be Thy name;
Thy Kingdom come,
Thy will be done on earth as it is in Heaven,
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those who trespass against us;
And lead us not into temptation,
But deliver us from evil.
Amen.

"Hail Mary"

Hail Mary, full of grace,
The Lord is with thee.
Blessed art thou amongst women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for us sinners,
Now and at the hour of our death. Amen.

“Glory to The Father”

Glory be to the Father
And to the Son,
And to the Holy Spirit.
As it was in the beginning, is now,
And ever shall be,
world without end.
Amen.

(DRAWING NUMBER 6)

The function and the power of the violet flame is to transmute (transform) any type of negative energy or emotion in to positive, full of light and LOVE ones.

Also, the Platinum Ray can be of great help. It is simple, you order the following: I ask to receive the Divine Light and the Platinum Ray in order for me to make my evolution to the Fifth Dimension, changing my DNA composition and the base of my cells from carbon to silicon, becoming then crystalline and of light.

Another great tool is to be alert and aware to live all of our daily routines from a place of LOVE;

- When you wake up, before anything, say thanks for a new day (that’s LOVE), for being able to open your eyes, for being able to walk with your legs and being able to breathe and love life.
- When you drink or eat your breakfast or in any other moment, say thanks to life and love what you eat or drink.
- When you shower, do the same.
- When you go out to the street and you breathe, say thanks for the oxygen that gives us life and the air that refreshes us, or the heat that keeps us warm (that’s LOVE), and love life.
- When you cross someone on the street that you don’t know, think to yourself “I love you colleague, as you are just another tiny drop”. That’s LOVE.

- When you talk to someone, give him or her a face full of LOVE and a smile. Remember that you are her and she is you, you both are two tiny drops from the same place. When you are smiling and giving her or him LOVE, you are giving it to yourself.
- When someone does something to you that society has taught you that is harmful to you, say to yourself "I understand you, I love you". Those actions are worth double, as they are the hardest to do. That's LOVE. Most likely he or she has done such things from the stress that he or she is under from the social system that the Illuminati has created.
- When you go to bed, say thanks for everything that has happened through the day, as those events have helped your evolution. If they have been satisfying, pray for them to happen again. If they have been unpleasant and they made you suffer, pray to be able to modify and change actions or behaviors, so you evolve. That's to LOVE LIFE.

-José, these are some of the tools that we have, but they are not the only ones. They are easy to use and with practice they are very, very effective. On top of these things that we can do, from 1987 Mother Earth is receiving with the so-called Harmonic Convergence, energetic injections to help us wake up, being more and more frequent and more intense every time. The last one occurred during the last full moon (January, 19th of 2011), where we received aside from a big "shower" of energy and light, a new ray, which belongs to the previous seven rays, called Platinum Ray. It will help us change our cellular structure and DNA.

HOW TO LIVE INDEPENDENTLY FROM THEIR SYSTEMS

-My last question, Siham, is: people need money to live in this society and it makes us depend directly from them. In other words, depend from the Illuminati and their power. What can I do to set myself free? Is there a solution? Is there an answer to this, "my little witch"?

-Of course, darling. Open your ears, or even better, your heart, and here it comes your present, so that you can finally be the master of your own life:

See José, this society (which is directed by the Illuminati), has taught us that in order to achieve those things (food, house, car...), first we must have money and with that money we will be able to get those things... giving money an absolute power and value, because without it, we can't live in this socioeconomical system. But there is another way to get what one needs, or better said in this case, what one wishes. They have been very careful to hide it from us.

It is no other than the Law of Attraction, which we have talked about briefly. Remember there is The Whole, Creator, Divine Origin, God, through whom his team of Light (the thirteen entities), is waiting for us to wish something clear, in order to give it to us. But number fourteen has gotten in the way of The Creator and his team, making us believe that the material way is the only one.

-But Siham, people ask for things and they don't get them. For example, a person who is unemployed, if you tell him or her: "you just have to wish and want to find a job, and you will see how you get it". This person might as well start smacking you in the face and most likely he or she will tell you: "you are a dumb-ass idiot" what do you think... that I don't want it? That I don't wish for it all the time?". They don't receive what they want Siham.

-Very good observation, José. I will tell you... That unemployed person thinks: "this is a disaster, I am unemployed! I need a job, I want a job and I wish for a job. But the economic situation is so bad, I am so old as well... not to mention nowadays most of them require for you to speak different languages and I don't speak any... buff... this is very tough, it is so hard!".

"what does this mean?".

- For a moment he has connected with a vibration level 6 or 7, as he wasn't very hopeful when asking for the job.
- But for an even longer time he connected with an incredibly low vibration of 0 or 1 (fear) and what he is truly getting from the Law of Attraction is a result according to the vibration he thought and it is no other than a negative one.

The best way to achieve that job is as follows:

You lay down somewhere relaxing and quiet, you close your eyes and visualize (you see yourself) in that job that you would like, adding as many details as you want. Imagine yourself surrounded by a harmonic environment with your colleagues, feeling good and valued by your peers. You see yourself happy, smiling in your job. You also imagine the abundant paycheck at the end of the month, which you are very happy about. Always see it and feel as if it were real, as if you already had it. That way I assure you, you are vibrating at a very high intensity and the Law of Attraction will give you exactly the same.

You could also finish your praying routine by saying:

"I ask you to free me from any negative emotion or energy that could get in the way of the job I desire and wish for, to transform them into positive and loving energies, so that I bring that wonderful job I wish for and you have for me in my life".

It would help you to do it after the visualization so that you avoid negative or pessimistic thoughts that can arise, bringing you down to low vibration and not attracting what you were asking for.

Isn't it true people that who want and wish something with determination, in most cases they end up getting it? That person without knowing it, is using the Law of Attraction. The same way you will know of people who are negative and pessimistic and they get obstacle after obstacle and they spend a great amount of time of their lives sick. They are also using the Law of Attraction but at a very low vibration.

-So then, if I wish something from the very deep of my heart and I imagine it and all the emotions that arise are good and positive (of joy, satisfaction, well-being...) am I bringing that to my life?

-Yes, José, that's right. You know you are doing it right when the emotions you feel are good and pleasant at the time you are asking and wishing for it. Correct! That allows you to not be in your mind, but in your emotions and sensations (in your being, soul or tiny drop), directly connected to the Whole and his team, leaving number fourteen for good.

Remember and always have it in mind (make sure no one in number fourteen's team makes you believe otherwise), that God and his team wish the best for you and is "impatient" to get in contact with you and that you ask him everything you want. He wishes for you to finally know that the only way to happiness is through Him, through LOVE, because GOD is LOVE.

Bare in mind He and his team (the thirteen entities) have the main task to not get in your way, to wait for every soul to realize that the way of number fourteen (ego, individualism, being better than, judgement, materialism) only takes them to a path of suffering. By connecting to LOVE, you will get everything you need for your happiness and evolution.

Most likely, when you act this way and people find out, they will tell you things like: you are crazy, that it is stupid stuff and they will try to brain wash you. These people have not awakened yet and they continue to be, like you were, trapped in number fourteen's claws. They are the ones who are wrong, the ones who have been manipulated and convinced they must follow a path of hardship and pain.

The answer to what to do is easy. Try both and see which one makes you happy. But to judge something without knowing doesn't make much sense. That's what number fourteen has worked so hard for: to make you refuse anything that doesn't come from him.

-Siham, it is wonderful! Thank you so much for sharing this treasure with me. I will put it to practice and I will be free and happy. I will tell you something else Siham, with all my respect to any opinion: I feel this is the way to go one hundred percent. I was under such an influence from number fourteen and as a result my life was a misery. Even when achieving that hypothetical success that he promised me was going to make me happy, it was the other way around. It was making feel lonely and unhappy. I now understand why there are so many movie stars, singers or athletes that due to their unhappiness end up taking drugs, drinking alcohol, are addicted to sex or gambling. If they have everything number fourteen promises will make you happy, why do they do that then? The answer is: because that way is huge lie.

-José, allow me to finish by saying that you should not judge or scorn number fourteen. We must thank him for what he is doing, as for without it, the Divine Game would not have been possible. On top of that, if we feel rage and hatred towards him, on one hand we move away from LOVE, and on the other hand he becomes really happy, as that's his final goal: for us to feel negative emotions. So, the icing on the cake is to thank him and send him a big hug full of

LOVE, so that he can leave and come back to the LIGHT too. So that he can reunite with the other thirteen entities, becoming aware there is only one Creator and Origin, that what he did was a divine mistake that gave us the great present to become conscious of what being in LOVE means.

-Siham, if I have a question or people want to ask you something, could we send you an e-mail?

-Of course, darling, I would be happy to do so! You can send it to this e-mail address:

consulta@lagranverdad.es

Besides, when we have a few answered, we could put them together in a new book, for people to read them and that way help each other.

-I love you Siham!

-I love you José!

LOVE IN OUR LIVES!!!!!!

(BACK PAGE)

Imagine you have your head covered and you are unable to see. They are hitting you in the head and pushing you around, giving you obstacles for you to fall... but the moment you remove it, you see the person who is about to hit you with all his bad intentions, although he cannot continue.

Very well, in this book you will understand the reasons behind unhappiness, anxiety and fears that reign in our lives, pushing us away from harmony and happiness.

You will find the answers to questions such as: where do we come from? Where are we going to? What are we doing here? As well as: why are we unhappy? How to stop being unhappy?

There will be a before and after in your life when you get to know what is being discussed and talked about in this book. I will only tell you this:

The importance of LOVE in our lives. LOVE allows for everything to fall in harmony, balance and makes our lives flow. That's why: LOVE IN OUR LIVES!

Remember that without love, there is nothing.

