

brandon perdomo

Brandon Perdomo
(00) (1) 718.734.7389
info.bperdomo@gmail.com
brandonperdomo.com

Brandon Perdomo – RYT (Vinyasa)
Graduate of Sonic Yoga (NYC / RYS)

Brandon's history with movement began at 5 years old, dancing with strips of fabric to Klaus Nomi with in his aunt's living room. He was introduced to yoga soon after, and in his early-teens was led by a friend to practice in the East Village.

He was the youngest graduate in his 200hr. teacher-training class at 19 years old, and has since been driven to incorporate his practice of mind-body integration in his daily life. His approach incorporates his training in both t'ai chi and butoh performance and focuses attention to internal rhythm and the subtle body. He strives to share the healing arts with the global community.

He welcomes complete beginners, as well as seasoned practitioners.

Teaching Experience

Spring 2016	Grappling Club NYC Brooklyn, NY
Winter 2014 – Winter 2015	Red Bird Tattoo Fredonia, NY
Fall – Winter 2014	State University of New York at Fredonia Women's Soccer Team Fredonia, NY
Fall 2012 – Winter 2015	Chautauqua Health & Fitness Dunkirk, NY
Fall 2012 – Winter 2015	State University of New York at Fredonia Aerobics Center Fredonia, NY
Winter 2012	Yoga Bija Fredonia, NY