



# SKIP the small TALK

SKIPTHEMALLTALK.ORG

 SkipTheSmallTalk

 TalkBigNotSmall

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ASHLEY@SKIPTHEMALLTALK.ORG

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## WHO WE ARE

A *Skip the Small Talk* is a research-based and time-tested set of facilitated conversations where participants are gently guided into a new common social contract to share and listen one level more deeply than they might normally. These events, more structured than a cocktail party but less structured than the traditional model of training, are custom designed for the audience, but offer a real experience of shared vulnerability that bonds groups and builds participants' muscles for empathy and authenticity.

## WHAT

Invite Skip the Small Talk into a conversation about how to customize an event specific to the needs of your group or organization.

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## WHY

- Provide an equitable conversational space that helps underserved & marginalized groups feel a greater sense of belonging and inclusion.
- Offer a structured opportunity for self-reflection and insights.
- Foster a healthier collaborative environment.
- Improve camaraderie within a group.
- Increase empathy & meaningful interactions among your team members.
- Help people practice healthy boundaries in real time.
- Decrease loneliness & social isolation.
- Improve communication skills.
- Promote mindfulness.

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## OTHER HELPFUL INSIGHTS

Programming developed from both the most recent psychology research + real-time, iterative attendee feedback over the course of 2+ years

### Direct Audience



### Previous Events





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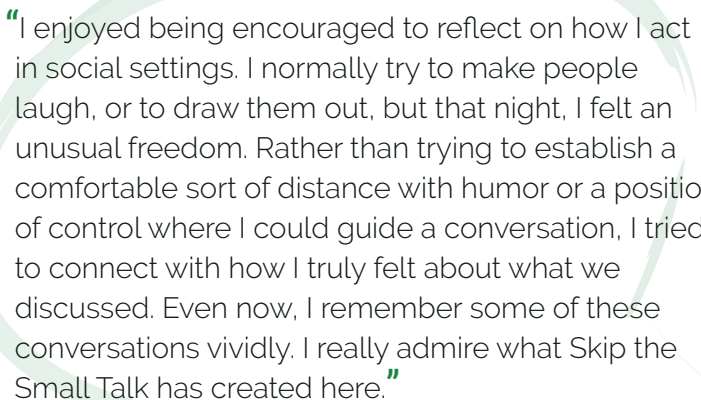
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## PAST CLIENTS + COLLABORATIONS

- IDEO
- We Work
- The Humanist Hub
- Tenderness
- Gathering Space
- Tufts
- Emerson
- Warehouse XI
- Dorchester Brewing Company
- Boston Trustees of the Reservation
- Jewish Arts Collaborative
- The Boston Public Market
- MIT
- TEDx
- Sunrise Movement
- Aeronaut Brewing Company



“I enjoyed being encouraged to reflect on how I act in social settings. I normally try to make people laugh, or to draw them out, but that night, I felt an unusual freedom. Rather than trying to establish a comfortable sort of distance with humor or a position of control where I could guide a conversation, I tried to connect with how I truly felt about what we discussed. Even now, I remember some of these conversations vividly. I really admire what Skip the Small Talk has created here.”

— Nicholas M

“I think everyone should do this while they are alive.”

— Director of Religious and Spiritual Life & Campus Chaplain, Emerson College



## TESTIMONIALS

“I had a lot more fun learning about other people than I was expecting! I honestly thought it'd be awkward, or at the very least turn into a serious 'deep, meaningful discussion.' But it was genuinely just plain fun chatting about things we were actually invested in.”

— Emily K

“Skip the Small Talk first featured at Hostelling International Boston in the summer, when travelers are filtering into the city from all over the world at a vast rate; this event was perfect for facilitating a connection between local community members and international guests. Every time Skip the Small Talk hosts an event, they help people create relationships built on mutual vulnerability and humor, a winning combination. Perfectly suited for both casual and professional venues, Skip the Small Talk is a gathering not to be missed!”

— Melanie Canales, Community Engagement Coordinator, Hostelling International Boston

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## CONTACT

Please reach out for more information if you're interested in the research, or with any questions.

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\*Costs based on a sliding scale depending on demonstrated need.