



## MEMBERSHIP

Membership Category	Hanover/New South Hanover	Littlestown Only	Joiners Fee
<b>All Access Rate</b>			
Youth (Infant-18 years)	\$18.25 month	\$16.75 month	\$24.00
College (Full time student)	\$23.50 month	\$19.75 month	\$24.00
Adult (18 years and over)	\$38.00 month	\$30.25 month	\$48.00
Senior Citizen (62 years*)	\$34.00 month	\$28.75 month	\$48.00
Family (Couple or 2 adults + dependents)	\$56.00 month	\$44.00 month	\$72.00
Single Parent Family*	\$51.00 month	\$40.00 month	\$72.00
North YMCA Wellness Centers**	\$28.00 month (Additional fee/ Adults only, 21 years or older)		

\*Single Parent Family Circumstances Only. Rates are subject to change without notification. All fees are nonrefundable. Members are responsible for notifying the membership office of any change in membership status in order to qualify for a new membership category (i.e. college and senior citizen). \*\*See below for information on the North YMCA Wellness Centers. Membership fees can be paid in two convenient ways: A monthly draw from a checking or credit card account or pay in full for the year.

## STAFFED FACILITY HOURS OF OPERATION- All Locations are 24/7 Adult Access

### NORTH HANOVER

500 George St., Hanover/ P: 717-632-8211

Monday-Friday 4:30 AM-9:30 PM  
 Saturday 6:00 AM-6:00 PM  
 Sunday 10:00 AM-5:00 PM

### LITTLESTOWN

95 Keystone St., Littlestown/ P: 717-359-9733

Monday-Thursday 5:00 AM-9:00 PM  
 Friday 5:00 AM-7:00 PM  
 Saturday 7:00 AM-1:00 PM  
 Sunday 12:00 pm-3:00 PM

### SOUTH HANOVER Y SPORTS AND WELLNESS COMPLEX

650 Fairview Dr., Hanover/ P: 717-632-0294

Monday-Friday 4:30 AM-9:30 PM  
 Saturday 6:00 AM-6:00 PM  
 Sunday 10:00 AM-5:00 PM

### 2018 HOLIDAY HOURS

#### Good Friday- March 30, 2018

Hanover 4:30 AM- 9:30 PM/ Child Watch 8:00 AM- Noon  
 South and Littlestown 24/7 Adult Access

#### Easter Sunday- April 1, 2018

All 24/7 Adult Access

#### Memorial Day- May 28, 2018

Hanover 4:30 AM- 9:30 PM/ Child Watch 8:00 AM- Noon  
 South and Littlestown 24/7 Adult Access

#### 4<sup>th</sup> of July- July 4, 2018

Hanover 4:30 AM- 9:30 PM/ Child Watch 8:00 AM- Noon  
 South and Littlestown 24/7 Adult Access

#### Labor Day- September 3, 2018

Hanover 4:30 AM- 9:30 PM/ Child Watch 8:00 AM- Noon  
 South and Littlestown 24/7 Adult Access

#### Thanksgiving Day- November 22, 2018

Hanover 4:30 AM- 3:00 PM/ Child Watch 8:00 AM- Noon  
 South and Littlestown 24/7 Adult Access

#### Christmas Eve- December 24, 2018

Hanover 4:30 AM- 3:00 PM/ Child Watch 8:00 AM- Noon  
 South and Littlestown 24/7 Adult Access

#### Christmas Day- December 25, 2018

All 24/7 Adult Access

#### New Year's Eve- December 31, 2018

Hanover 4:30 AM- 9:30 PM/ Child Watch 8:00 AM- Noon  
 South and Littlestown 24/7 Adult Access

#### New Year's Day- January 1, 2019

Hanover 4:30 AM- 9:30 PM/ Child Watch 8:00 AM- Noon  
 South and Littlestown 24/7 Adult Access

## POOL HOURS OF OPERATION (NORTH HANOVER AQUATICS CENTER)

### J. WILLIAM WAREHIME WARM WATER POOL

Monday-Friday 7:00 AM-8:00 PM  
 Saturday 8:00 AM-6:00 PM  
 Sunday 10:00 AM-5:00 PM

### 25 METER POOL

Monday-Friday 5:00 AM-9:30 PM  
 Saturday 6:00 AM-6:00 PM  
 Sunday 10:00 AM-5:00 PM

## \*\*MENS AND WOMENS WELLNESS CENTERS (ADDITIONAL FEE APPLIES)

The HANOVER AREA YMCA at North Hanover offers wellness centers for both men and women who are 21 years of age and older. (Ask about our referral program!) These facilities include:

- \* Fully equipped fitness center; cardio, selectorized, and free weight areas
- \* Personal lockers, showers and lounge areas, towel service and toiletries
- \* Men's Wellness Center has a Whirlpool and Steam Room
- \* Women's Wellness Center has a Whirlpool and Sauna

# HANOVER AREA YMCA

Our association offers three branches for your use\*, a free equipment orientation, free adult group fitness classes, sports programs for youth and adults, aquatics, gymnastics, and member pricing for most youth activities. Please see our website, [www.hanoverymca.org](http://www.hanoverymca.org), for more details on facility amenities and a list of programs and benefits.

## ASSOCIATION WIDE PROGRAMS AND SERVICES

- All Locations 24/7 Adult Access
- Discounted program rates
- Access to hundreds of YMCAs via the Nationwide Membership Program
- Free Fitness Experience and Kick-start Programs
- Youth Party Rentals (North-Pool/ Gymnastics, South- Sports)
- Facility Group Rentals
- YMCA Child Watch
- Massage Therapists
- Wellness Coaches
- Aquatics Programs
- Free Group Fitness Programs
- Youth Activity Centers
- Athletic Development/Sport Specific Training
- Personal Training
- Weight Loss Coaching
- Free WIFI - Available everywhere within the Hanover Facility. No password needed\*\*
- Room Rentals

## NORTH HANOVER YMCA

- Gymnasium (3 courts)
- 25 Meter indoor, 6 lane, heated swimming pool
- Warm Water Pool
- Cardio/Weight Room includes: LifeFitness Treadmills, Cross Trainers, Upright & Recumbent Cycles; NuStep Cross Trainers; Concept 2 Rower; Matrix Treadmills, Ellipticals, Ascent Trainers, ClimbMills & Stepper; and Cybex Arc Trainers. Our Weight Room now has new Cybex Eagle Strength Equipment
- Two Fitness Studios
- Cycle Studio
- Two Racquetball Courts with Wallyball Conversion
- Indoor and Outdoor Track
- Sauna, Whirlpool, and Steam Rooms
- World Class Gymnastics Center
- Early Learning Center (ages 13 mos-5 yrs)
- XerGames™ Youth Fitness Room (ages 9-14 yrs)
- Child Watch Center (ages 2 mos-8 yrs)
- Family Lounge/ Party Rental Room
- Multipurpose/Meeting Rooms
- Outdoor Soccer & Baseball Fields
- Indoor/ Outdoor Pickleball Court
- Playground & Pavilion
- Men's & Women's Wellness Centers (21 yrs and older)
- Locker Rooms include: Men's & Women's, Family, and Private, Handicap Accessible with private shower and sink.

## LITTLESTOWN YMCA

- Gymnasium (2 courts)
- Cardio Room with Treadmills, Cross Trainers and Upright Cycles.
- Upper and Lower Weight Rooms, which include Free Weights, LifeFitness Plate Loaded and Motion Technology Selectorized™ (MTS) Weight Equipment
- Fitness Studio
- Indoor Track
- Sauna and Whirlpool
- Personal Training Center
- Child Watch Center (ages 2 mos-8 yrs)
- Youth Lounge (ages 9-14 yrs)
- Community Room
- Men's & Women's Locker Room

## SOUTH HANOVER YMCA SPORTS AND WELLNESS COMPLEX

### **State-of-the-Art Indoor/Outdoor Sports Complex**

- Indoor Athletic Fields- Baseball, Soccer, Lacrosse, Golf, Flag Football, Lacrosse, Field Hockey, Kickball, Dodgeball, Drop In Sports
- Outdoor Athletic Fields- Coming 2018
- Adult and Youth Sports Leagues
- Gymnasium (2 courts)-Basketball, Pickleball, Futsal
- Sports Party Room Rental With Field and/or Court Packages
- Conference/Meeting Room
- Indoor/ Outdoor Paved Walking Track
- Cardio/ Weight Center: Treadmills, Cross Trainers, Upright & Recumbent Cycles, & Steppers, Free Weights, LifeFitness Plate Loaded and Motion Technology Selectorized™ (MTS) Weight Equipment
- Group Fitness Studio
- Cycle Studio
- Personal Training/ Sports and Agility
- Private Personal Training Room
- South Kids Corner Video Game Room (ages 6-16 yrs)
- Child Watch Center (ages 2 mos-8 yrs)

## FORGET A TOWEL? NO PROBLEM!

**NEW! Add on towel service now available! Never carry a towel to the Y again. Every time you swipe in, grab a towel, work out, shower and leave the washing to us! See Membership for details.**

- Individual \$15/month
- Family \$25/month



\*Littlestown location member only rate applies to Littlestown facility only. To upgrade your membership to include all three Hanover Area YMCA facilities, please see the Front Desk.

\*\*The Hanover Area YMCA does not provide technical support for device. **Quick Info Sheet Valid: March 29, 2018**

Updated: March 29, 2018