



HAYLE AND GWITHIAN



INDEPENDENT BUSINESSES of HAYLE THE MAP & Gwithian

by **LITTLE BIRDIE GUIDES**

FREE!

About Hayle

Hayle is situated at the mouth of the Hayle river which runs into St Ives Bay on Cornwall's beautiful Atlantic Coast. There are four miles of golden sandy beaches to be enjoyed which start at the mouth of the estuary; Hayle Towns is a beach that rarely gets crowded and is ideal for sand yachts and kite buggies. Next is Gwithian Towns which is a popular surfing beach with quality waves suitable for all surfing abilities. At low tide large areas of rock pools and caves are uncovered which are great to explore. Hayle's beaches end at Godrevy point where Godrevy Lighthouse stands on an island about 50 metres out to sea. The area is also regarded as an international quality bird-watching spot.

Hayle was not marked on the maps until the early 19th century when it was a very important port and industrial centre in the West Country. The name of Hayle became synonymous with mining related industries such as tin and copper smelting, and the foundries of Copperhouse and Harvey's and for a time it was the most important in Cornwall, exporting Cornish beam engines and other mining equipment all over the world - to Australia, South Africa and the Americas. Today, these industries have ceased and the river has silted up, but remains a very interesting town with huge potential.

The area can easily be explored on foot or by bike and don't forget to stop off at one of the many quality independent businesses for a bite to eat or a spot of local shopping. Follow the logos and colour coding to find your way!

Local Lingo About Little Birdie

'Dydh da' - Good Day
 'Wasson?' - What's happening?
 'Ariiight Bird?!' - Hello (to a lady)
 'Right On, me old bootie' - OK, friend
 'Eeeere!' - Oi!
 'Towans' - Sand Dunes
 'Me Ansom/Me lover' - My Love
 'Gess On' - You're having a laugh
 'Madder Dooe?' - Do I care?
 'Oggy' - Pasty
 'Dreckly' - Soon
 'Bhey' - Mate
 'Innum' - Isn't it

Little Birdie Guides lead travellers, adventurers and locals alike to the best quality, most unique independent businesses around. When you find one, you can say a Little Birdie told you!

If you would like to be featured on a map, why not ask a little birdie louise@littlebirdieguides.com

See all the guides at littlebirdieguides.com

SHOPS

DOWN THE LINE SURF SHOP/HIRE
 Market Square Arcade
downthelinesurf.co.uk
 01736 757025
 Mon-Sat 9.30am-5.30pm
 Sun 10am-5pm

The UK's premier stockist of surfboards for all abilities. They'll get you in the water with their comprehensive range of wetsuits & surfing accessories fitted by friendly, knowledgeable and experienced staff. Surfboard, hire available throughout the year.

ula
 CLOTHING & LIFESTYLE
 The Old Foundry Chapel
www.ula.online
 @UlaClothing
 Mon - Sat 9.30am - 5pm
 01736 755543

British design that reflects the Cornish landscape plus some on trend prints and shapes with lots of organic and fairtrade where possible.

Fabulous customer service, putting this boutique on the fashion "must see" map.

Lucy Kemp JEWELLERY
 55 Penpol Terrace
lucykempjewellery.co.uk
 @LucyKempJewellery
 01736 447420

Handmade sterling silver jewellery, created and designed in Hayle. Contemporary, beautiful and individual pieces perfect for any occasion. All jewellery is handmade using Eco or fully recycled sterling silver, copper and sea glass found on our local beaches.

KINSEI REFILL STORE
 Old Foundry Chapel
 10am - 4pm
 Closed Thurs & Sun
 07429193036
kinseirefillplus.com
 @kinseirefillplus

Hayle's zero-waste shop. Helping you go plastic free for all your grains, seeds, pulses, flours, sugars, herbs, dried fruit, cereals & eco cleaning products, along with a range of sustainable lifestyle products & toiletries.

HAYLE CYCLES
 BICYCLE SHOP/REPAIR/HIRE
 36 Penpol Terrace
 01736 753825
haylecycles.com
 Mon-Fri 9am-5:30pm
 Wed closed out of season
 Sat 10am-5pm Sun CLOSED

Enthusiastic, friendly mountain, road & BMX specialists offering all types of repair in their shop packed full of interesting bikes, parts & accessories. They look forward to helping you with your cycling requirements.

SANDY ACRES SURF SCHOOL / HIRE
 Sandy Acres
sandy-acres.co.uk
 07415 946025

Come and surf away from the crowds! Sandy Acres provide lessons for all ages and abilities in the calmer waters of St. Ives bay. Small group sizes. Fully qualified & professional instructors.

FREE HOT DRINK IN THE CAFE AFTER LESSON WITH THIS MAP

GJ BEADS JEWELLERY WORKSHOPS
 St Erth Industrial Estate
 Mon-Sat 9.30am-5pm
 01736 751070
gjbeads.co.uk

Escape the hustle and bustle to create your own masterpiece at a 'make and take' jewellery workshop. 1000's of beads to choose from. Just £15 each for a 2 hour workshop, including materials. The perfect rainy day activity. Est 2005.

2 HOUR WORKSHOP £15

HAYLE HERITAGE CENTRE
 24 Foundry Sq
 April - Sept
 01736 757683
hayleheritagecentre.org.uk

Discover Hayle's mighty industrial past. The Heritage Centre exhibitions tell the story of Hayle, from prehistory to Victorian industry.

Join a range of workshops & events, including talks & tours. Dogs welcome!

FREE ENTRY

GO EBIKE
 ALL TERRAIN EBIKE HIRE
 10 Gwithian Towns
 07769 831578
goebikehire.com
 Open daily 9am-6pm
 £45 per day

Discovering Cornwall by land has never been so enjoyable! Go where cars can't and explore places even the locals don't know about. All electric bikes come with a helmet, lock and smartphone mount (so you can follow their trusted routes) Child seats & surfboard mounts on request. Bike delivery available.

THINGS TO DO

Shore Surf
 St Ives Bay Holiday Park & Godrevy National Trust car park
 Open 7 Days a week
www.shoresurf.com
 Landline 01736 755556
 Beachline 07855 755556

Come join Shore Surf at their Surfing Centre of Excellence for surf lessons and courses whatever your ability. Door to Shore collection, Ladies Only, SUP lessons and water sports rental/sales are also available from the onsite shop.

5% OFF WITH THIS MAP

LIZARD ADVENTURE
 KAYAK / SUP LESSONS / HIRE
 North Quay
lizardadventure.co.uk
 Open 7 days a week
 07845 204040

Immerse yourself in nature with a wide choice of outdoor activities. Try Kayaking & Paddle Boarding in the Hayle estuary or visit the Lizard peninsula for Coasteering & Climbing. Over 30 years' experience, well qualified instructors, all equipment provided.

10% OFF EQUIPMENT HIRE WITH THIS MAP

DOGS

DOGGY DAY CARE
 Chenhalls Rd
 Open 365 days a year
 @DoggyDayCareCornwall
doggydaycarecornwall.co.uk

Doggy Day Care Cornwall provides a premium dog day care and home boarding service for busy owners. Featuring a custom built day care facility and a self-service secure dog park, Doggy Day Care Cornwall is the leading pet care specialist in Cornwall.

NATURAL CORNISH PET SHOP
 Chenhalls Rd
 Open 365 days a year
naturalcornishpet.co.uk
 @NaturalCornishPetShop

Championing the best possible diets for dogs and cats to bring you a curated range of only the very best natural food, treats, toys & accessories (including their own brand of Cold Pressed Dog Food) With experts in animal care and nutrition on hand to give advice on caring for even the fussiest of paws.

FOOD & DRINK

HAMPSONS OF HAYLE
 20 Chapel Terrace
 33 Fore Street
 Mon-Sat 8am - 5pm
 01736 752427
hampsonsofhayle.co.uk

Trading since 1966, The Hampsons family still boast the same passion for providing Hayle with fine quality homemade pasties, pies and much more.

Find their 2 stores on the map.

SANDERS FISH & CHIPS
 Foundry Square
 Open every day
 11:45pm-2pm
 4:30-9pm
 01736 448371
 @SandersFishAndChips

Eat in or takeaway at this Traditional fish and chip shop with all the trimmings.

Range of starters, other mains including veggie options and glorious puddings. Good wine & beer selection also available. Childrens' menu & highchairs.

SALT KITCHEN / BAR
 25 Foundry Sq
 Open 9.30-late
salt-hayle.co.uk
 @salthayle
 01736 755862

A modern continental style bistro in the heart of Hayle. Offers fresh seafood, steaks, burgers, ribs, vegetarian and more, with an extensive drinks and cocktail list.

KITCHEN OPEN 9.30am - 9pm EVERY DAY

COPPER WAVES COFFEE HOUSE
 30 Fore Street
 Mon-Sat
 8.30am-4.30pm
 Sun 9.30am-3pm
 @copper.waves.hayle

Pop in for a delicious coffee, sample a trademark smoothie bowl, or indulge in a selection of cakes, doughnuts or cookies.

Lots of treats to enjoy in this lovely cafe... or to takeaway!

ICED ON THE QUAY
 East Quay
 Open every day
 10am - 8pm
 01736 448371
 @IcedOnTheQuay
 @iced_on_the_quay

THE place to fulfill your wildest dessert fanatasies:

Cheeky waffles with all manner of toppings, cheesecakes, tiramisu, delicious shakes and ice creams (for humans AND dogs) Vegan options available.

SANDY ACRES BEACH CAFE
 Sandy Acres
 07494 436635
sandy-acres.co.uk
 Mon-Sun
 10am - 4pm
 (Closed Mon & Tues out of season)

Cool container cafe serving organic coffee, homemade cake, sandwiches and locally made burgers.

The cafe is set in the dunes above a fantastic surf spot and dog friendly beach and even has a surf school & Hire shop next door.

PHILP'S FAMOUS PASTIES
 1 East Quay
 Mon-Sat 8.30am-6pm
 Sun 10am-4pm
 01736 755661
 01736 753302
philppasties.co.uk

A family run business with over 50 years experience in the bakery industry.

With outlets in Hayle, Praze-an-Beeble & Marazion their long queues are the testament to their popularity.

RICHARDS OF CORNWALL FARM SHOP
 Carwin Rise
 Mon - Sat
 9am - 5:30pm
 01736 757888
richardsofcornwall.co.uk

A working family farm with friendly on-site farm shop, providing fresh, seasonal fruit & vegetables, a variety of traditional free range meats & poultry, award-winning cheeses & dairy products and lots more specially selected artisan products!

A must visit for a real taste of Cornwall.

THE JAM POT CAFE & BEACH SHOP
 Gwithian Towns
 Every day 10am - 5pm
 Winter Fri - Mon
 10am - 4pm
 01736 601114
 @TheJamPotCafe

With fabulous views overlooking the whole of St Ives Bay, this listed 1800s coastguard lookout now serves as a cafe serving delicious cakes, cream teas, breakfasts, lunches, beach snacks, ice cream and hot & cold drinks plus a shop to grab all your beach goods.

ACCOMMODATION

Atlantic Coast
 holiday park
 53 Upton Towans
atlanticcoastpark.co.uk
 01736 752071

Atlantic Coast Holiday Park is a quiet and peaceful park lying close to the sand dunes of beautiful St Ives Bay, near Hayle in Cornwall.

Suitable for families and couples, this David Bellamy Gold Award Park is conveniently situated for touring Cornwall by car with its' close proximity to St Ives, Land's End and The Lizard. Pets welcome!

TOMS Holidays
 3A Riviere Towans
 01736 753010
tomsholidays.co.uk

Only a stone's throw from the beach and nestled within the Hayle dunes, Toms Holidays offers the perfect location for your Cornish seaside holiday.

With more than 100 individual properties featuring lodges, bungalows & chalets, whether here to relax or explore West Cornwall, you are sure to find your perfect holiday getaway.

SANDY ACRES CAMPSITE
 Sandy Acres
 07494 436635
sandy-acres.co.uk
 Open May-September

Stay by the beach! Small & simple but cool campsite tucked in the dunes with direct access to a great surf-spot and dog friendly beach.

This peaceful campsite is ideal for couples and small families.

FOREVER CORNWALL
 Gwithian Beach Chalets
 01326 567838
forevercornwall.co.uk
 @forevercornwallretreats

Forever Cornwall are the Gwithian Beach Chalet specialists.

Their collection of unique self-catering retreats, just moments from the beach, are all beautifully equipped and well presented for the perfect break in Cornwall.