

Summer camp

AS the summer heat rolls in, clubs, schools and centres in Bahrain are holding camps for children.

These programmes include a variety of academic, athletic, artistic and cultural activities which hundreds of children are expected to take part in.

A summer camp at the **Ritz-Carlton Bahrain Hotel and Spa** is already underway for children aged between four and 12.

The 'Ritz Kids Summer Camp' will run until August 11 at the hotel's Sports Club, every day from 10am to 4pm.

Various games including squash, football and swimming will take place along with cultural and environmental responsible activities.

Call 17586612 for more information.

Another summer camp is being held by **Life-Fit Fitness Centre** at Hawar International School

By FARAZ MIRZA

until August 20, for children aged between three and 13.

Camp activities taking place from 9.30am to 1pm include taekwondo, arts and crafts, dance-fit, and drama.

For further details, call 17692424.

The **RIA Centre** in Adliya is also running a summer camp, called 'Summer Fun at Ria', which began on July 1.

The camp runs from Sundays to Thursdays from 8am to noon, and features activities such as singing lessons, face-painting, circuit training, yoga, jewellery-making and public speaking.

Call 17716871 or email info@ria-institute.com.

Open to children between the ages of five and 15, the **Bahrain Keraleeya Samajam** has started their summer camp, which will go on until August 15. From 8am to 1pm

on Sunday to Thursday, children will be participating in photography classes, vegetable carving, badminton, and much more.

Call 17251878 for more information.

Registration has opened for a summer camp being held by **Studio Ceramics Seef Mall**.

Running at 10.30am to 1.30pm from Sunday to Thursday, the classes include many fun ceramic and crafts activities, as well as daily mad science sessions.

Call 17002911 for costs and details.

The **Indian Institute for**



n Taekwondo instructor Ali Al Banna demonstrates a kick during session at Al Oruba Club's martial arts camp

Performing Arts offers summer classes on folk dance, semi-classical dance, keyboard and guitar among others.

It started last week and will run until August 27, from 9.30am to noon on Sundays to Thursdays.

Call 17231717 for prices and more information.

Self-defence classes for children is being conducted at a martial arts camp hosted by **Al Oruba Club** in Juffair.

Aimed at children aged between three and 15, vari-

ous combat styles including taekwondo, kung fu, boxing, and mixed-martial arts will be taught by professional certified trainers until September 15.

The camp operates on a flexible schedule, with an option for classes on Saturday, Monday and Wednesday or Sunday, Tuesday and Thursday.

It also has various timings available, from 10am to noon, noon to 2pm and 2pm to 4pm.

Taekwondo classes take place from 4pm to 5pm, while

children above 12 have the option of 8pm to 9.30pm.

Call 36668390 or 38465577 for more details.

Starting this week, the **Indian Club** is holding a summer camp until August 15 for children aged between five and 14 in Gudaibiya.

From 9.30am to 1pm on Saturdays through Wednesdays, some of the camp's activities involve yoga, karate, indoor games, sports and movies, with Wednesdays reserved for field trips.

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n Children during a story-telling activity at the Bahrain Keraleeya Samajam summer camp

fun for young



A child performs a taekwondo kick during a practice session

Indian Club members get a discount on the price of the classes, and for more information call 17253157.

A summer camp at **Al Dana Nursery** in Gufool is taking place until July 30 and will restart from August 2 to August 25.

It features activities such as painting, making collages, and cooking, as well outdoor activities.

It will take place from 8am to noon, five days a week. Call 17253541.

The 'Discover the Dinosaurs Summer Camp' is being hosted by the **Budaiya Pre-School** throughout this month.

The school's 19th annual summer camp is held from 8.15am to 1pm, exploring the theme of dinosaurs through various art, music, reading and even cooking and construction activities.

For more details, call 17791491.

Kid's Planet Nursery is holding a summer camp in Jid Ali on Sundays through Thursdays, until August 27.

From 7am to 2pm, children will participate in origami, sand art, clay modelling and much more.

Call 36455504.

A series of fun-filled programmes are available at the **Bright Beginnings Day Care and Child Development Centre**.

Children aged between three and 12 months, one and three years, three and five years, and five and 11 years can enjoy activities at the camp, called 'Summer Club 2015', from 8.30am to 1pm in the centre's Adliya campus.

They will be involved in various activities including story-telling and drama, sensory and soft play, and brain-body dynamics. Call 17710405.

Running until August 27, **My Gym Children's Fitness Centre** is holding a summer camp Sunday to Thursday. Activities include games, arts and crafts, yoga, jumping

clay, and gymnastics.

It will run from 9am to 1pm.

With a minimum sign-up requirement of 10 days, call 17566566 for information on prices.

The **Artzania** summer camp is open for registration and will take place from August 2 to August 27 at Ramli Mall.

Aimed at children aged between five and 12, activities will be held from 9am to 2pm Sunday through Thursday.

Brain games, story-telling and bricks building are among the activities that will take place.

To register and for more

details, call 17640663.

A summer camp for children will be held five days a week by **Sylvan Learning Centre**.

Children, aged between five and 12, will participate in academic activities as well as athletics such as robotics, cooking and outdoor games.

It will run from August 2 to August 20, starting 9am.

For more information, call 17400227.



A child takes part in a Mad Science session at the Studio Ceramics summer camp, Seef Mall



A child paints a dinosaur at the Budaiya Pre-School's Discover the Dinosaurs summer camp.

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