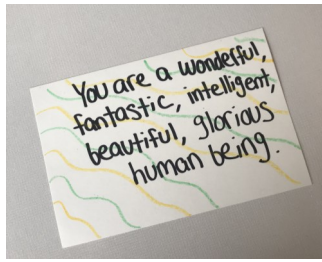


Well Wish Notes help spread good thoughts, support, and greetings to our clients .

Make Well Wish Notes today!

What to include: These notes will help extend the connection between Lifelong and our clients. Pictures and/or language that are general and uplifting are great examples of impactful Well Wishes Notes.



What not to include: We want to be mindful that every client is different, and with that we want to make the Well Wish Notes general so it can be applied to everyone. Please refrain from languages or graphics that are:

- Religious specific
- Holiday specific
- Politically specific
- Family specific

What to do: Take an index card, or anything of similar size, and decorate it with your best wishes of well!



Well Wish Notes can be dropped off at or mailed to
Lifelong in Georgetown at:

210 South Lucile St. Seattle, WA 98108

Questions?: TaraJ@Lifelong.org

Lifelong