## milkweed

## SALADS

caesar salad
romaine lettuce, brioche croutons, shaved parmesan, creamy caesar dressing

## power bowl

quinoa, avocado, mixed greens, roasted beets, roasted sweet potato, candied pumpkin seeds, dried cranberries, chick peas, avocado-lime dressing

## chopped salad

romaine lettuce, grilled chicken, smoked bacon, blue cheese, tomatoes, roasted corn, blueberries, apple, avocado, parsley, maple vinaigrette

+ steak $8^{*} \mid+$ grilled chicken $5 \mid+$ salmon $/$ shrimp $8^{*}$


## STARTERS

soup of the day
meatballs
homemade beef meatballs, chunky tomato sauce, shaved pecorino romano, toasted sourdough
milkweed "tochos"
crispy fried tater tots smothered in jack cheese, topped with your choice of buffalo chicken, bbq pulled pork or bbq roasted veggies, finished with fresh jalapeno coleslaw
crispy calamari
crispy fried calamari tossed with fresno chilis, scallions, salt and vinegar aioli dip

## wings

finished with hot sauce and melted blue cheese crumble, ranch dip

## steak and avocado quesadilla

shaved sirloin, fresh avocado, cheddar-jack cheese, scallions, warm flour tortilla, chipotle aioli
salmon cakes
*menu items marked with an asterisk (*) may be served raw or cooked to order to your specifications, consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness
before placing your order, please inform your server if a person in your party has a specific food allergy

## ENTREES

sirloin mac \& cheese 17
elbow pasta casserole, mornay sauce, shaved sirloin, blue cheese, caramelized onion, parmesan herbed breadcrumb topping
salmon with green thai curry*
jasmine rice, bok choy, fresh avocado, cilantro sprouts

## shrimp cavatelli

sauteed shrimp, fresh cavatelli pasta, sherry cream sauce with mushrooms \& wilted spinach, fresh basil, parmigiano reggiano
fish \& chips16
beer battered haddock, fresh coleslaw, fries, salt and vinegar aioli
beer battered haddock, fresh coleslaw, fries, salt and vinegar aioli
steak frites * ..... 22
grilled boston strip steak, truffled parmesan hand cut fries, blue cheese butter, sweet port demi glace
buttermilk fried chicken ..... 19
kale mashed potato, chicken sausage bourbon gravy
shakshuka *14
chunky tomato sauce, sweet cherry peppers, feta cheese,scallions, two eggs, challah bread
your choice of homemade meatball or falafel
ravioli17
squash \& mascarpone ravioli, white wine, sage, butter \& parmesan sauce, roasted butternut squash, sun dried tomatoes, ginger snap

## salmon burger

panko breaded and fried salmon cake patty, sliced cucumber, chipotle dressed cole slaw, fries
falafel gyro ..... 12
white cabbage, tomatoes, cucumber, red onion, tahini, ful, fries
delle ave royale*12
griddled 6 oz beef patty, toasted brioche bun, romaine, spicedpickle, grilled onion, white cheddar, secret sauce, fries
SIDES
french fries / sweet potato fries / mashed potato ..... 6
hand cut parmesan truffle fries ..... 8
beef or chicken empanada ..... 5
roasted sweet potato ..... 7
sauteed garlicky kale ..... 7
pan roasted brussels sprouts ..... 7
broccoli rabe ..... 7

