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## SALADS

<b>chopped salad</b>	16
romaine lettuce, grilled chicken, smoked bacon, blue cheese, tomatoes, roasted corn, blueberries, apple, avocado, parsley, maple vinaigrette	
<b>caesar salad</b>	10
romaine lettuce, brioche croutons, shaved parmesan, creamy caesar dressing	
<b>power bowl</b>	15
quinoa, avocado, mixed greens, roasted beets, roasted sweet potato, candied pumpkin seeds, chick peas, dried cranberries, avocado-lime dressing	
<b>+ steak 10 *   + grilled chicken 6   + salmon / shrimp 10 *</b>	

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## STARTERS

<b>soup of the day</b>	8
<b>crispy calamari</b>	13
crispy fried calamari tossed with fresno chilis, scallions, salt and vinegar aioli dip	
<b>wings</b>	14
finished with hot sauce and melted blue cheese crumble, ranch dip	

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## PLATES

<b>bbq steak tips *</b>	21
creamy mashed potato, pan roasted brussels sprouts	
<b>fish and chips</b>	18
beer battered haddock, fresh coleslaw, fries, salt and vinegar aioli	
<b>buttermilk fried chicken</b>	19
french fries, traditional coleslaw, chicken sausage bourbon gravy	
<b>sirloin mac 'n' cheese</b>	19
elbow pasta casserole, mornay sauce, shaved sirloin, blue cheese crumble, caramelized onion, parmesan herbed breadcrumb topping	

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## SANDWICHES

<b>salmon burger</b>	15
panko breaded and fried salmon cake patty, sliced cucumber, chipotle dressed cole slaw, fries	
<b>turkey blta</b>	14
roasted turkey, smoked bacon, romaine lettuce, tomato, avocado, citrus aioli, pressed sourdough, fries	
<b>milkweed burrito</b>	10
choice of buffalo chicken or pulled pork: grilled flour tortilla, rice, black beans, roasted corn, pico de gallo, avocado & jack cheese	
<b>cubano</b>	15
ham, pulled pork, swiss cheese, pickles, dijon mustard, pressed ciabatta, fries	
<b>delle ave royale *</b>	14
griddled 6oz beef patty, toasted brioche bun, romaine, spiced pickle, grilled onion, white cheddar, secret sauce, fries	
<b>falafel gyro</b>	14
white cabbage, tomatoes, cucumber, red onion, tahini, ful, fries	
<b>country fried chicken sandwich</b>	13
toasted brioche bun, coleslaw, sliced empire apple, spiced pickle, ranch, fries	
<b>grilled cheese</b>	10
white cheddar, swiss & provolone, toasted sourdough, fries	
<b>+ tomato &amp; avocado</b>	+2

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## SIDES

<b>french fries / sweet fries</b>	6
<b>hand cut fries, parmesan, truffle</b>	8
<b>mashed potato</b>	6
<b>beef or chicken empanada</b>	5
<b>pan roasted brussels sprouts</b>	7

\*menu items marked with an asterisk (\*) may be served raw or cooked to order to your specifications, consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food born illness

before placing your order, please inform your server if a person in your party has a specific food allergy