SALADS
caesar salad 12
romaine lettuce, brioche croutons, shaved parmesan, creamy caesar dressing
power bowl 16
quinoa, avocado, mixed greens, roasted beets, roasted sweet potato, candied pumpkin seeds, dried cranberries, chick peas, avocado-lime dressing
chopped salad 18
romaine lettuce, grilled chicken, smoked bacon, blue cheese, tomatoes, roasted corn, blueberries, apple, avocado, parsley, maple vinaigrette
+ steak 10 * | + grilled chicken 7 | + salmon / shrimp 10 *

STARTERS
soup of the day 8
meatballs 12
homemade beef meatballs, chunky tomato sauce, shaved pecorino romano, toasted sourdough
milkweed “tochos” 16
crispy fried tater tots smothered in jack cheese, topped with your choice of buffalo chicken, bbq pulled pork or bbq roasted veggies, finished with fresh jalapeno coleslaw
crispy calamari 15
crispy fried calamari tossed with fresno chilies, scallions, salt and vinegar aioli dip
wings 15
finished with hot sauce and melted blue cheese crumble, ranch dip
steak and avocado quesadilla 15
shaved sirloin, fresh avocado, cheddar-jack cheese, scallions, warm flour tortilla, chipotle aioli
salmon cakes 14
cheesy grits, chipotle aioli, chopped green onion & tomato

ENTREES
sirloin mac & cheese 20
elbow pasta casserole, mornay sauce, shaved sirloin, blue cheese, caramelized onion, parmesan herbed breadcrumb topping
salmon with green thai curry* 23
jasmine rice, bok choy, fresh avocado, cilantro sprouts
shrimp cavatelli 24
sauteed shrimp, fresh cavatelli pasta, sherry cream sauce with mushrooms & wilted spinach, fresh basil, parmesano reggiano
fish & chips 19
beer battered haddock, fresh coleslaw, fries, salt and vinegar aioli
steak frites * 25
grilled boston strip steak, truffled parmesan hand cut fries, blue cheese butter, sweet port demi glace
buttermilk fried chicken 23
kale mashed potato, chicken sausage bourbon gravy
shakshuka * 17
chunky tomato sauce, sweet cherry peppers, feta cheese, scallions, two eggs, challah bread
your choice of homemade meatball or falafel 20
ravioli
squash & mascarpone ravioli, white wine, sage, butter & parmesan sauce, roasted butternut squash, sun dried tomatoes, ginger snap
salmon burger 17
panko breaded and fried salmon cake patty, sliced cucumber, chipotle dressed coleslaw, fries
falafel gyro 16
white cabbage, tomatoes, cucumber, red onion, tahini, ful, fries
delle ave royale * 16
griddled 6 oz beef patty, toasted brioche bun, romaine, spiced pickle, grilled onion, white cheddar, secret sauce, fries

SIDES
french fries / sweet potato fries / mashed potato 7
hand cut parmesan truffle fries 10
beef or chicken empanada 7
roasted sweet potato 8
sauteed garlicky kale 8
pan roasted brussels sprouts 8
broccoli rabe 8
chili flakes and parmesan

*menu items marked with an asterisk (*) may be served raw or cooked to order to your specifications, consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness

before placing your order, please inform your server if a person in your party has a specific food allergy