



**Dolly Bhargava**  
**Presents a Workshop Series on**  
**Achieving Practical Positive Solutions**  
**To Enhance the Lives of the People We Support**



Dolly Bhargava is a Speech Pathologist with a Masters in Special Education. She has 17 years of experience in providing positive, realistic and productive solutions to individuals with a range of disabilities in early childhood, school, family homes, prisons, accommodation and community settings. She has authored and developed a number of insightful books and apps, including America's National Parenting Publications Award Winner 'Taking CHARGE of my Rainbow of Emotions'. She has recently developed an innovative App and Book Series, 'Behaviour Zen'. Behaviour Zen aims to systematically guide educators, parents and professionals to assess- prevent- manage challenging emotional and behavioural responses in individuals with Anxiety Disorders, Conduct Disorder, Autism, Oppositional Defiant Disorder and ADHD. Visit [www.behaviourzen.com](http://www.behaviourzen.com) and [www.dollybhargava.com](http://www.dollybhargava.com) for more information. So come along to hear a range of practical and interactive workshops that provide an expert blend of information, skills and strategies that will educate, empower and enable you to be the CHANGE in the lives of the individuals you support.

Workshop Title (please tick)	When?	These practical and interactive workshops will address the following:
<input type="checkbox"/> <b>Developing Emotional Regulation Skills in Individuals with Anxious, Oppositional and Aggressive behaviours \$220 inc. GST</b>	Wednesday 23 <sup>rd</sup> of August 9am – 3pm	-Development of emotions -Understanding anxious, oppositional and aggressive behaviour -Effectively responding to anxious, oppositional & aggressive behaviour -Developing emotional regulation skills at school, home and community
<input type="checkbox"/> <b>Assessing, Preventing and Managing Challenging Behaviour \$220 inc. GST</b>	Thursday 24 <sup>th</sup> of August 9am – 3pm	-Causes of challenging behaviours -Internalised and externalised challenging behaviours -Utilising the positive behaviour support framework to identify proactive, active and reactive strategies for school, home and community

**Who?** Parents, Teachers, Education Assistants, LAC and Disability Staff.      **Where?** South Melbourne Town Hall Community Centre, 208-220 Bank St. South Melbourne

Register form by post or email [qualitycommunication1@gmail.com](mailto:qualitycommunication1@gmail.com)

Participant Name/s: \_\_\_\_\_ Organisation Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Cheque**  
 Behaviour Zen Pty Ltd  
 1 Jubilee Street,  
 South Perth WA 6151

**Online bank transfer**  
 Bank: ANZ Bank  
 Account Name: Behaviour Zen Pty Ltd  
 BSB number: 016270  
 Account number: 460978536

**Credit Card Payment**  
 Card Type:             Visa       Mastercard  
 Name on Card: \_\_\_\_\_  
 Credit Card Number \_\_\_\_\_  
 Expiry Date: \_\_\_\_\_ CVC Number: \_\_\_\_\_