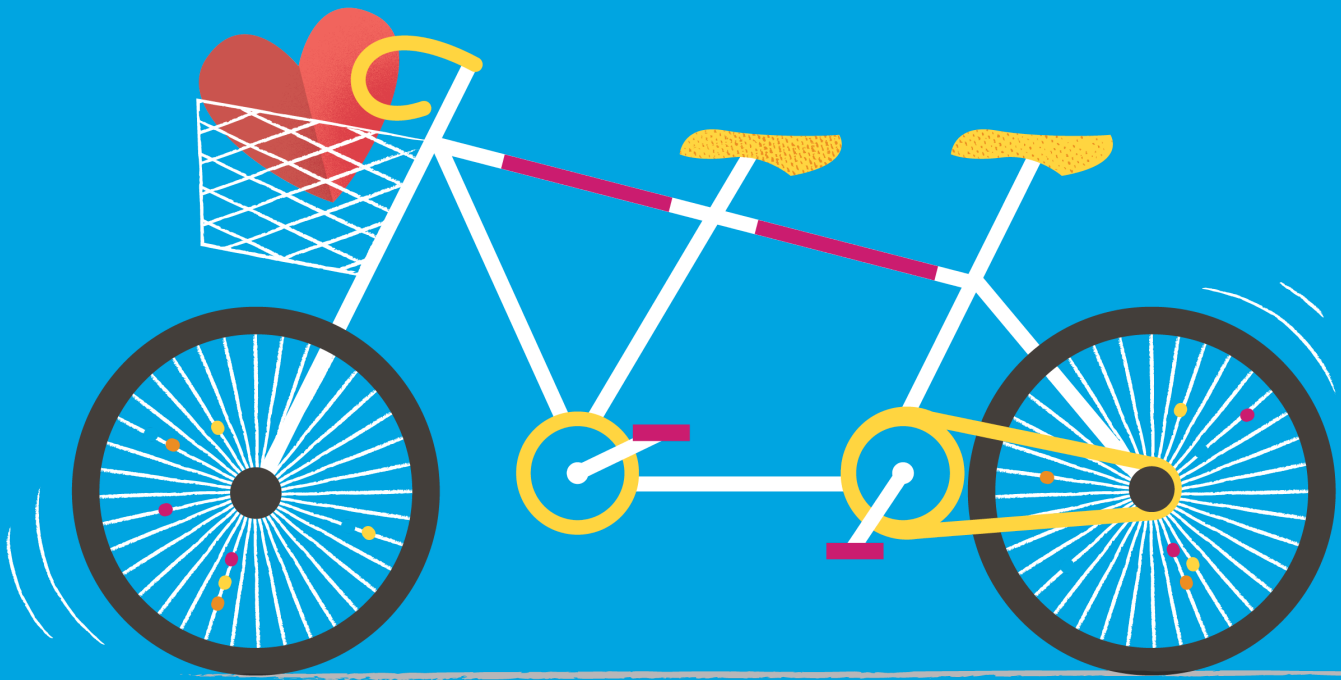


MOIRA

Disability &
Youth Services

Respite & Recreation Expo 2017



**Free event for families and
carers living in the south.**

10am - 2pm
Thursday 3rd August

**Kingston City Hall
Moorabbin**

Find out more about recreation & respite opportunities for people living with a disability, with a large variety of stalls, shopping and speakers.

Speaker Program

- 10:15am – 11:00am - Autism: A parent carer perspective
(Kerri Rolfe, MOIRA Disability and Youth Services)
- 11:15am-12:00pm - Caring for the carer
(Meredith Butler, Carers Victoria)
- 12:15pm – 1:00pm - Safeguarding people's rights under the NDIS
(Anthony Kolmus, Disability Services Commissioner)
- 1:15pm – 2:00pm - Rethinking Respite for your NDIS plan
(ACD, Association for Children with a Disability)

Kingston City Hall
Grand Hall and Banquet Room, Level 2
985 Nepean Highway
Moorabbin, 3189

150m from Moorabbin train station.

Undercover parking available, Limited to 80 spaces.

Free Coffee and Massages available.
Interpreters available on request,
Please contact us if you require
this service.

Carer Lunch

We invite carers and immediate family members to a free social lunch on the day to relax, unwind and meet other carers. Please join us from **12:00pm - 1:15pm** for a range of delicious hot and cold finger food.

To RSVP Contact Dina at Alfred Health Carer Services on 87813400.

Limited places available.

Proudly
supported by:

AlfredHealth

Carer Services

