



Maya Spa

WELLNESS CENTER

ENGLISH

8.00 am - 8.00 pm 7 days a week

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#AzulikMayaSpa



Massages

Treat yourself to a soothing massage at Azulik

Holistic Massage 50 min \$2800 | 80 min \$3200

Relaxing experience that combines various aromatherapy scents, neuro sedative techniques & Reiki.

Deep Tissue Massage 50 min \$2800 | 80 min \$3200

Medium-high pressure massage to relax the deepest muscular tension of your body.

Hot Stone Massage 80 min \$3500

This massage honors the heat of the stones, making it an incredible experience of deep relaxation.

Ik Fusion Massage 80 min \$3500

Combination of various massage techniques with reflexology to relieve muscle tension & balance the mind.

Neck & Back Massage 35min \$1700

Shoulder, neck & back session will leave you refreshed for your next adventure.

Meditation

Back to basics with breathing & sacred words.

Private Meditation 60 min \$1500 (p/p)

Learn a varied selection of meditation techniques to silence the mind of your everyday noise.

Seafront Meditation with Mayan Clay 60 min \$2000 (p/p)

Meditation ceremony at the beach with a Mayan Clay body treatment. Take in the beautiful colors of the sky & the Caribbean Sea while reconnecting.

Yoga

Relax, Stretch & Reconnect

Group Daily Yoga Class 60 min \$300 (p/p) for outside guests

8.00am yoga, meet at 7.45am in the swing lounge. Namaste.

Private Class 60 min \$1200 (p/p)

Private yoga for 1-2 people. Classes will be customized according to wants & levels.

Yoga Partner 60 min \$2000 (p/couple)

Connect in yoga practice with your partner. We use different exercises & techniques to synchronize your hearts & breathing.

Mayan Treatments

Unique Mayan Therapies created here at Azulik

Mayan Rebirth Ceremony 120 min \$5600

Full body exfoliation followed by a body wrap with banana leaves & Mayan clay. You will then be immersed into a Renaissance bath with a blend of flowers & plants, completed with a massage.

Mayan Sobada 60 min \$2800 | 80 min \$3200

Abdominal massage to reconnect your core with the universal energy of Mayan traditions. With the 80-minute massage, you will have a back, neck, scalp & face massage included.

Ancestral Intonation Massage 80 min \$3500

Using the Ancient Nahuatl technique, this massage starts in the abdominal area guiding out the negative energy. The positive energy is then guided back in leaving you cleansed.

Mayan Clay 80 min \$3500

A wrap with Mayan clay, enriched with powerful properties that beautify & nourish the skin. Combined with a relaxing 30-minute massage, breath work & a prayer for Mother Earth.

Mayan Bath 80 min \$3500

Starts with a body scrub with natural products, then entering a deep Mayan Bath filled with petals & sacred Mayan herbs to further cleanse. Combined with a brief relaxing massage.

Temazcal

Sacred, ancient Mayan Steam Lodge. A unique experience. 2-3 hrs. 1-2 \$4800 | 3-4 \$1500 (p/p) | 5+ \$1200 (p/p)

Purifying

Accompanied by traditional songs to guide you on an inward journey of profound introspection with your own essence in the humid, warm & dark belly of our Mother Earth.

Full Moon

Honors the feminine energy of the Moon, its influence on the waters of abundance, fertility & the power it has to synchronize natural cycles within men & women.

Wedding Ritual

Share it with your bridesmaids & make a memorable farewell party. Share with your loved one & strengthen your mind, body & soul connection.