

# ZOE'S GHANA KITCHEN



## SMALL PLATES AND SIDES

ALL VEGAN & GLUTEN FREE!

### Red Red - Spiced Vegan Bean Stew £6.00

Slow cooked black eye bean stew sprinkled with ground cassava

### Jollof £3.50

Gently spiced fragrant rice cooked in tomato sauce

### Avocado & Groundnut Salad £4.50

Ghana's answer to Guacamole - Contains Nuts!

### Okra Fries £4.50

Marinated in fresh garlic, ginger and chilli then tempura battered and deep-fried — not what you expect from okra!

### Chunky Plantain Chips £4.00

Infused with ground cloves nutmeg & cinnamon

## DIPS

Housemade Shito Mayo £1.00

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**BUY A JAR OF OUR HOUSE SHITO (SMOKED CRAYFISH RELISH) 227g £4.50 each**

## DESSERTS

### Puff Puff - Bofrot £3.25

Ghanaian doughnut rolled in sugar and cinnamon served w/ Cornish clotted cream

### Love Chin Chin Banoffee Pie £3.75

Using the West African baked biscuit Chin Chin - spiced with nutmeg, ginger and cinnamon - a generous layer of caramel sauce, topped with sliced bananas & whipped double cream w/ shavings of Divine Dark Chocolate

## BIG PLATES

**Zoe recommends 2 small plates or sides and 1 big plate per person**

### Grilled Lamb Cutlets w/ Zoe's Spiced Peanut Sauce £9

Norfolk bred trimmed cutlets marinated in cayenne pepper, fresh ginger, flash grilled served w/ peanut sauce & roasted crushed peanuts

### Zoe's Jollof Spiced Fried Chicken £7.50

Tender free-range organic chicken breast strips marinated in Zoe's famous nine spice Jollof mix - dipped in buttermilk, coated in cornflour & deep-fried w/ our homemade smoked crayfish hot pepper mayo on the side

### Tilapia Fillets w/ Aduna Baobab Butter £7.50

A refreshing & delicate marinade of fresh lime & cayenne pepper, pan-fried in citrus superfood baobab infused butter

Please ask us about our **DAILY SPECIALS**

## DRINKS

GO GHANA OR GO HOME

### Sobolo Cooler - £4

Homemade hibiscus cooler infused w/fresh ginger, cinnamon, star anise & light brown sugar

### Nigerian Bitter Lemon - £2

### Nigerian Coke Cola - £2

### Water - £1.50

### Star Beer Pale Lager (600ml) £7.50

### Gulder Dark Lager (600ml) £7.50

### Foreign Extra Guinness (330ml) £4.50

### Palm Wine (650ml) £9.00

**Please see our full Wine & Cocktail Menu overleaf**

Please let our staff know of any allergies. All our dishes may contain nuts. An optional 12.5% service charge will be added to your bill which is distributed among the team. All prices include VAT.

For Catering enquiries please email [catering@zoesghanakitchen.co.uk](mailto:catering@zoesghanakitchen.co.uk)  
call 07494746907 // [zoesghanakitchen.co.uk](https://zoesghanakitchen.co.uk)  
[@ghanabetasty](https://www.instagram.com/ghanabetasty) @ghanakitchen & @zoadjonyoh



# ZOE'S GHANA KITCHEN



LUNCH MON-FRI 12-2:30PM

BRUNCH SERVED SAT & SUN 12-4PM

## ALL GLUTEN FREE!

Chop Boxes - In Ghana 'Chop' means Eat - our great value Chop Box meal combos are packed with protein to keep you going all day!

**Red Red Bean Stew, Rice & Plantain £8 (Ve)**

**Pan Fried Tilapia fillet, Rice & Plantain £9**

**Jollof Fried Chicken, Rice & Plantain £9**

## HOUSE COCKTAILS & MIXERS

**The Sobolo - 25ml/50ml £6.50/£8.00**

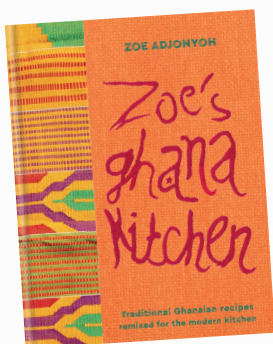
Hibiscus, ginger, star anise & citrus infused Gin Cocktail

**Sobolo Royale - £9.00**

Hibiscus infused Prosecco - you're worth it fancy pants

**Gin or Vodka & Nigerian Bitter Lemon - 25ml/50ml  
£6.50/£8.00**

**Vodka & Coke - 25ml/50ml £6.50/£8.00**



ZOE'S GHANA KITCHEN COOKBOOK  
AVAILABLE NOW TO BUY HERE AND ONLINE!

LEAVE US A REVIEW ON TRIP ADVISOR &  
DROP OFF YOUR BUSINESS CARD TO JOIN  
OUR MONTHLY DRAW FOR A FREE SIGNED

COPY!

## Akara £10 (Ve)

Black-eyed bean fritters - okra, chilli, cayenne pepper & red onion w/ Poached egg & half shell Avocado Salad

## The Accra Breakfast £10 (V)

Spiced Beans w/ Fried Egg & Tatala (plantain pancakes), Toasted Sweet Dough (butter bread) & Baobab Butter,

## Suya Beef Kebabs £10

100% British Organic Beef - Smoky spiced beef kebabs w/ coriander and freshly ground peanut dressing drizzled in Zoe's signature peanut sauce served w/ Jollof & half shell Avocado Salad

## The JFC Club Sandwich £10

Zoe's Jollof Fried Buttermilk, Cornflour & 9 spice Chicken - the Kernal keeps asking but we're keeping Stchum... w/ Jollof & half shell Avocado Salad

+ Smokey Bacon Rashers £2

+ Poached egg (v) £2

+ Plantain Chips w/ Cinnamon £2.50 (ve)

## WINES

**SPARKLING | Dominio de Tharsys Macabeo:** NV: Requena: ESP Btl £26

**WHITE | Soli: Chardonnay/Sauvignon Blanc/  
Riesling/Gewurtztraminer:** Thracian Valley : Bulgaria  
Peaches, citrus & apples with a faint smokiness  
(Btl/250ml/150ml) £24.50 / £9 / £6.50

**RED | Cabaret Frank:** USA Ripe blackcurrant & tea leaves  
(Btl/250ml/150ml) £24.50 / £9 / £6.50

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