

Rationale

Physical Education provides students with knowledge, skills and behaviours to enable them to achieve a degree of autonomy in developing and maintaining their physical, mental, social and emotional health.

Purpose

- To promote a healthy lifestyle
- To impact on the physical, social, emotional and mental health of students
- To inspire students to engage in physical activity, games, sport and outdoor recreation by developing a sense of community belonging and social connectedness
- To make commitment to activity in health-related physical fitness and sport education

Guidelines

The Victorian Curriculum will be the basis of the Physical Education Curriculum. Students at every year level will engage in activities that include:

- Enjoyment, personal achievement, team co-operation and participation which take precedence over competition.
- Supervision that prioritises the safety of students when engaged in Sport and Physical Education
- Sports injury prevention methods and strategies
- Sun protection and acknowledgement of outdoor weather conditions

Implementation

Students at Camberwell South Primary School will be given the opportunity to engage in a balanced, sequential and comprehensive program based on the **Victorian Curriculum** as a biennial program which includes: Fundamental Motor Skills, Athletics, Ball Handling Skills, Fitness, Gymnastics / Movement, Aquatics (**Preps, Year 1 and Year 2**), Perceptual Motor Skills (PMP – Preps), Games, Sport Education and Bike Education (**Years 5 and 6**).

The Physical Education program will include :

- students engagement in a variety of physical activities on their own and cooperatively with their peers
- assistance for students with special needs and the provision of opportunities for extension
- students experiencing physical activities that use equipment and those that do not
- students operating in a range of environments including indoor, outdoor and aquatic settings
- teaching aimed at building on students' skill development
- students access to new knowledge of basic tactics in modified games and sport-specific situations, and the increment of knowledge of rules to keep games and activities safe.

- environments that encourage skills such as strategic thinking to solve real-life problems to improve game performance
- activities that encourage social development, with aspects such as cooperation, communication, cooperative planning and team work in sports and games
- students undertaking a variety of roles in team games including; player, coach, umpire and administrator
- students reflection on personal sporting experiences
- a fifty minute P.E. lesson per week for all students.

The Physical Education teacher will co-ordinate the school's inter-school athletic, swimming and cross country programs.

Assessment may include:

- Portfolio tasks that have student involvement\
- Formal assessment tasks which include the use of digital assessment technologies
- Self assessment tasks
- Allocated lesson time for peer and group feedback

Review

A committee of staff and the Education Subcommittee will review the Physical Education policy on a cyclical basis according to the School Council Policy Review Schedule. The review will ensure that the school's programs and procedures are adequately reflecting Statewide curriculum developments and the changing needs of the Camberwell South community. The review will include feedback and endorsement from the CSPS Education Committee.

Ratified By:	Date:	
Education Committee		
Staff		
School Council President	21/06/2017	Name: Pernille Cavanough Signature: 