The YP Foundation (YPF) is a youth-run and -led organisation that supports and enables young people to create programmes and influence policies in the areas of gender, sexuality, health, education and governance. The organisation promotes, protects and advances young people’s human rights by building feminist leadership, and strengthening youth-led initiatives and movements.
"I used to be a very shy, quiet, reserved person. My experience in TYPF has given me the confidence to claim spaces for myself, and express the needs of young people in a more powerful way. This has been a real eye-opener as to how much potential I have as a young person who can be an agent of change and empower others as well towards the same."

-Shirin Choudhary, Peer Educator

Joining TYPF has been a life-changing experience. The time spent here has given me the opportunity to hone my skills and a platform to do the things that I wanted to do. I have met some truly inspiring people.”

-Suvrita Bhatia, Peer Educator

“I used to be a bully in school and often made fun of other children. TYPF has helped me develop sensitivity towards others and help them.”

-Salman, Community Leader
2015-16 marked a year of transition in TYPF’s leadership, as the organisation’s Founder stepped down from her position as Executive Director. Taking on this position has been exciting as well challenging. The transition period also brought in several new systems in finance and operations; new staff members were brought on-board, and many interesting training avenues were identified for the staff, volunteers and youth leaders.

Under the new leadership and with a new team, TYPF also initiated a Strategic Planning Process to rearticulate and assess its strengths and shortcomings and create a forward plan for the period of 2016-2021. A Strategic Planning Consultant guided the process and drafted the five-year framework for the organisation. A special emphasis was laid on learning from past experiences and existing work. This involved facilitated workshops with the staff of TYPF, focused group discussions with peer educators and in-depth interviews with key stakeholders. Learning from experiences of the newly-hired as well as outgoing staff also comprised an important part of TYPF’s organisational processes.

Other key components of the planning process included conducting a current landscape assessment of the 3 states (Uttar Pradesh, Rajasthan and Delhi NCR) where TYPF’s programmes on SRHR are primarily centered; using a combination of internal reviews and reflective scoping research to assess the potential of expanding the organisation’s work to Bihar, and developing strategies for the same.

All these processes have brought together incredible insights into TYPF’s niche and its strengths. More importantly, they have created an opportunity for us to take stock of our past accomplishments and develop future programming that strengthens our strategies, tools and approaches. They have also reiterated that young people must be at the center of creating development and human rights paradigms for present as well as the future.

Along side strategic planning processes, we have continued to bridge the gap in accessing information by rolling out CSE curriculum to marginalized young people in two states in India. We have created platforms for young people to emerge as leaders and advocate for their human rights with governments at local, national and international levels. In doing this work, we have continued to speak with, and for the constituency of young people toward a single demand – if we are indeed the "demographic dividend", then we will make sure our voices count in defining every policy and program that is about us. As our allies from the world of disability rights activism say – nothing about us, without us!
OUR VISION
A world where young people’s human rights are realized, their leadership skills are enhanced and they are recognized as powerful change makers and equal stakeholders in society.

OUR MISSION
To promote, protect and advance young people’s human rights by building leadership, and strengthening youth led initiatives and movements.

OUR GOAL
Our goal is that young people are able to internalize and then engage with social justice and social change processes and become increasingly recognized as equal stakeholders and change makers within communities and society at large.
Our Vision is to ensure that young people’s human rights are realized.

We believe that to address this, young people must be empowered themselves.

To empower young people, we increase their access to information and services, focusing on helping them understand and realize their rights.

We work with young people to help them create programmes, advocate for and understand those rights; across the areas of gender, sexuality, health, education, the arts, digital media and governance.
**OUR STRATEGIES**

- Direct on ground work with young people through youth leadership programmes reaching out to a larger number of young people to ensure access to information, services and rights.

- Youth leadership in action and advocacy: Enabling young people as leaders to understand and engage with policy and programme development, monitor rights provision and hold duty bearers accountable while also being conscious of their rights and duties as citizens.

- Legitimise youth leadership: creating knowledge and youth led work, movement building and establishing a case for youth leadership as legitimate.

- Community Based Partnerships: working with youth led groups and young people from diverse communities in our implementation sites through skills sharing and co-leadership of youth led and youth focused work.

**TYPF’S PROGRAMMES**

- **Know Your Body, Know Your Rights** (sexual and reproductive health and rights)
- **Blending Spectrum** (community intervention through life skills, health, hygiene)
- **The Butterfly Project** (Human rights, feminist leadership and digital media)
- **The Right to Information** (governance and democracy)
Our Impact

In 2015-16, TYPF worked with 88 youth leaders in 4 states, reaching out to 2576 young people between 10-30 years of age directly, through programmes on Comprehensive Sexuality Education, Life Skills, Rights Awareness, Civic Participation and Digital Media.

Gender-wise distribution for the no. of young people TYPF worked with in 2015-16

<table>
<thead>
<tr>
<th>State</th>
<th>District(s)</th>
<th>Number of People Reached</th>
<th>Geography</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delhi</td>
<td>Across NCR</td>
<td>914</td>
<td>Urban</td>
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<tr>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>685</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>229</td>
<td></td>
</tr>
<tr>
<td>Uttar Pradesh</td>
<td>Lucknow, Jhansi</td>
<td>1152</td>
<td>Urban and Peri-Urban</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>232</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>920</td>
<td></td>
</tr>
<tr>
<td>Rajasthan</td>
<td>Kherwada, Desuri, Pali</td>
<td>50</td>
<td>Rural</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>50</td>
<td></td>
</tr>
<tr>
<td></td>
<td>F</td>
<td>50</td>
<td></td>
</tr>
</tbody>
</table>
Founded in 2006, Blending Spectrum is a community-based programme that engages and trains young people as volunteers and peer educators to work with children and adolescents between ages 5-17 from low resource neighborhoods. The programme builds rights-based, youth-led and enabling environments to develop children’s leadership and life skills to challenge gender inequality, reduce levels of violence and discrimination and develop practices that promote personal hygiene. Supported by the Global Fund for Children in 2015-16, Blending Spectrum has been working in Sunder Nagar Nursery (SNN), an urban slum community situated inside the Nizamuddin Basti, Delhi.
HIGHLIGHTS OF 2015-16

• The programme trained 12 peer educators who further conducted 40 training sessions on Life Skills. A total of 150 children and adolescents between 5-17 years (98 girls and 52 boys) were sensitized on the issues of gender-based discrimination, violence and health and hygiene.

• 13 youth leaders ages 13-17 were trained on community-based data collection, reporting, advocacy, anchoring mohallasabhas, community mobilization, facilitation and leading overall programmatic activities.

• The youth leaders demonstrated a marked improvement in their knowledge levels and leadership skills and many of them will now work as peer educators for a new cohort of children ages 5-7 in the next programme cycle.

• A key accomplishment of the programme was the Safety Audit process: led by youth leaders in 3 urban slum communities of Delhi, it identified the existing lacunae in the services and physical infrastructure using a smartphone app. The initiative has also helped facilitate dialogue between the community members and the government representatives.
Kareena is 13 years and lives in Sundar Nagar Nursery. She is one of the 13 youth leaders who led the safety-audit initiative. Kareena joined Blending Spectrum in 2008 and has since developed herself as a young leader actively supporting TYPF’s programme.

Kareena was particularly concerned about the condition of women and girls in SNN, where residents are mostly migrants from smaller towns and rural areas with rag-picking as their primary source of income. These urban poor live in appalling conditions with substandard housing and poor basic amenities. There are many dark and neglected corners in the community and safety of women and girls is a big concern. Kareena enthusiastically took up a leading position in a collaborative project between TYPF and Safetipin, which advocated for women’s safety using a mobile application.

Along with other youth leaders, she led a process of collecting data on safety perceptions in the community and creating a report with recommendations for improvement. Using this they reached out to local police and elected representative raising critical questions to demand change like “Why is there an absolute negligence towards poor people’s safety when there can be an entire army of security personnel deployed for a minister’s single visit?”

The initiative has led to improvement in lighting, infrastructure and police patrolling in the area to ensure that young girls can go to school safely and without fear. Several NGO and government representatives attended the event along with the community members and appreciated the youth-led initiative. Kareena now feels confident to connect to these officials and the local young people for community development work in future.
Founded in 2002, Know Your Body, Know Your Rights (KYBKYR) or Shareer Apna, Adhikar Apne is a national level policy and peer education programme that works with young people between 10 to 25 years old, from in-school and out of school (institutional care homes, gender resource centers, after school learning centers etc) contexts. The programme operates in Delhi NCR, peri-urban areas in Lucknow and rural areas in Jhansi districts of Uttar Pradesh. Supported by the John D. and Catherine T. MacArthur Foundation from 2015-16, KYBKYR worked to empower young people to address their Sexual and Reproductive Health and Rights(SRHR) by delivering Comprehensive Sexuality Education that provides stigma-free and rights-affirming information on issues of gender, sexuality, health, rights, and advocate for the same at community, state and national level.
HIGHLIGHTS OF 2015-16

• 87 young people were trained as CSE peer educators across Delhi NCR and Lucknow and Jhansi districts of Uttar Pradesh who in turn conducted 1300 workshops with 1513 participants.

• 5 peer educators from Delhi were granted fellowships and implemented their own projects on the issues of gender fluidity, gender-based violence and mental health.

• ‘Lo Karlo Baat’, a youth led platform, was set up by a group of peer educators. The platform has enabled sharing of perspectives, building critical thinking and discourse and taking collaborative action on social justice, gender and sexuality.

• The staff and volunteers of KYBKJR audited 19 government and non-government health centres in NCR, to assess the quality of SRH services for youth and the challenges of accessing them, the findings of which were published on online social media platforms.

• A district level dialogue was held in Jhansi where the results and findings of the programmatic work undertaken in the last two years and the experiences of the youth leaders and service providers were shared with Anganwadi, ANM and ASHA workers, doctors and government and non-government representatives who attended the event.

• A state level consultation on Youth led advocacy for SRHR was organized in collaboration with YES Foundation, Bundelkhand Development Foundation and Association for Social Development in Jhansi. The consultation aided in examining the current policy landscape and identifying challenges and opportunities in the area of young people’s access to SRH services.
A new programme "Yeh Hui Na Mardon Wali Baat" was launched in Lucknow in February 2016. Supported by The Asia Foundation, the programme works specifically with young men and boys on challenging gender-based violence (GBV) through questioning dominant patriarchal notions and norms of masculinity. It will work directly with 13 young boys who will then reach out to around 500 more young people across colleges and communities through campaign and action projects.
Zainab lives in Daliganj, a low-income community in Lucknow district of Uttar Pradesh.

She is a youth leader of the Know Your Body Know Your Rights program, implemented in collaborative with YES Foundation. Zainab is currently pursuing a Masters program, but, coming from a family with limited means, she has faced several barriers in continuing her education. Zainab is passionate about improving her own life as well as the lives of other young girls.

While in the Know Your Body Know Your Rights programme, Zainab gained confidence and became was very enthusiastic about working with other young girls. She worked with more than 30 girls, giving them information on various issues such as menstruation, puberty, abortion, contraception and HIV/AIDS. More importantly, through her work, girls began to realize that they have the right to make decisions related to their bodies, relationships and their lives. Zainab continues to work with this group of girls and is pushing them to avail existing government schemes and continue their education. Through the program, Zainab also pushed local and state government to ensure that young people’s sexual and reproductive rights are fulfilled. In recognition of her incredible community-based work, Zainab was recently awarded the Nari Shakti award by Pearl of India Magazine.
Founded in 2002, The Right to Information (RTI) programme has been running in Sunder Nagar Nursery, an urban slum community in Delhi, and in rural areas in Sonepat, Haryana. It works to develop young people’s, especially young women’s, leadership skills and engagement with legislative processes, increasing their awareness on laws and policies in India, and their application in daily life. The programme conducts trainings with young women to acquaint them with the Right to Information Act 2005 and its uses as a tool to address the implementation of the Protection of Women from Domestic Violence Act 2005 (PWDA).
HIGHLIGHTS OF 2015-16

• 10 young women community leaders from SNN between ages 15-20 were trained on the issues of governance, fundamental rights, formal identification process and development of leadership skills.

• A District level dialogue, attended by the Supervisor of BLOs from the Electoral Registration Office of South Delhi was organized in SNN where community members shared their problems with government stakeholders.

• A 5 day awareness campaign was conducted in SNN on health-, education-, and livelihood-related Government schemes which reached out to 1000 community members from 500 households through door-to-door campaigns, pamphlet distributions, and discussions.

• 3 community sabhas were held with 60 community members in SNN to share the successes, challenges, learnings and the way forward of the RTI programme in their community. The feedback from the participants helped the programme to review its strategies for effective implementation.

• A campaign titled “Your Vote Will Matter” was conducted in SNN, on the functioning of the Electronic Voting Machine, importance of casting votes and voter rights, as well as on candidates and their manifestoes in their constituency.

• The youth leaders registered a total of 91 community members for their Birth, Caste and Income certificates and Voter IDs.
Reena Khatoon, 29, a trained lawyer, joined TYPF in 2013 and currently works as a Program Manager for its RTI and KYBKYR programmes.

Belonging to a rural, poor and conservative Muslim family, Reena has come a long way through her determination to chase her dreams.

Reena’s family faced the brunt of corruption from municipal authorities when they migrated to an urban slum community to support children’s education. The entire community was deprived of their right to obtain pucca houses under a government scheme for slums on unreasonable grounds. Reena used the Right to Information Act as a tool to take a stand for her community, questioning relevant government stakeholders. Her appeal was soon heard and the municipality officially registered their community as a slum and built 500 pucca houses.

The desire to educate other vulnerable youth on the importance of law to demand their rights brought Reena to The YP Foundation where she dedicated herself to the RTI Programme: “The RTI Act has the potential to act as a powerful tool for women’s empowerment as it demand accountability and transparency from the government. The programme at TYPF has enabled my work on empowering women and adolescent girls from vulnerable sections, which I am very passionate about.”

Reena has led several community-based campaigns and trained young people from diverse backgrounds in Delhi NCR and Haryana, especially young women from marginalized communities, on the use of RTI as a tool to access their rights and demand justice on issues of domestic violence, gender inequality and early- and child- marriages. She has also conducted trainings to build awareness of community members on voter rights and formal identification.
The Butterfly Project: Digital Media and The Arts

Founded in 2006, The Butterfly Project currently runs in Delhi and in 2 districts in Rajasthan, Pali and Desuri. The programme works with children, adolescents and young people between ages 13 to 20 from low-income and marginalized communities. Supported by the Ford Foundation in 2015-16, the programme aims to promote young people’s human rights by providing them with a platform to develop technical skills to creatively express themselves through film and digital media and advocate for their freedom of expression.
HIGHLIGHTS OF 2015-16

- A training on gender and sexuality, conducted by TYPF for its partner organisations’ staff enhanced their understanding and articulation on how these issues should be addressed while empowering young girls. It also helped them identify the programs with young girls on education, health and community development.

- 50 young girls were trained in Udaipur and Desuri districts of Rajasthan to equip them with knowledge and vocabulary to articulate daily manifestations of gender inequality in their lives.

- The trainings have served as a safe space for these young girls to discuss taboo issues and ask questions related to their bodies, sex and reproduction. The trainings also familiarized the girls with the creative use of digital photography and media to document their life-experiences.
Youth-led advocacy is a key strategy for TYPF across all programmatic divisions. In the last decade, TYPF has successively pushed for meaningful participation of young people, especially young women in creation and monitoring of existing policies. At a meta level, this has meant making young people’s meaningful participation a non-negotiable in policy advocacy processes. This is critical in the Indian context, wherein a majority of SRHR interventions for young people, within government and non-government programs, are conceptualized and led by adults.
HIGHLIGHTS OF 2015-16

• Across programs, TYPF foregrounded young people’s lived experiences in advocating for youth-centered programming. KYBKYR created knowledge on young people’s experiences in accessing SRHR services in two sites in India and made policy recommendations. Blending Spectrum created platforms for young people to define safety within their communities and advocate for safeguards from local government bodies.

• TYPF worked in a Technical Resource Group on RKSCh to advocate for greater participation of young people in its implementation.

• TYPF advocated for young people, especially young women’s human rights at local (in panchayats and community sabhas) and national (as part of networks such as Pravah) levels.

• We also pushed for young people’s meaningful participation within international human rights mechanisms and international and regional programming. Key highlights included working in the High Level Task Force on ICPD+20, RESURJ and developing a youth-centered agenda for SAARC Summit 2016.
BEHIND THE SCENES
TYPF Staff

Aishwarya Srivastava, Executive Assistant
Anuj Gopal Dubey, Programme Coordinator, KYBKyr
Basant Ram, Office Manager
Ganesh Kumar, Office Assistant
Manak Matiyani, Executive Director
Manasa PV, Programme Coordinator, KYBKyr
Mohan Chand, Finance Manager
Neha Raj, Programme Coordinator, Blending Spectrum
Rashee Mehra, Programme Manager, Blending Spectrum
Reena Khatoon, Programme Manager, KYBKyr
shruthi Basavaraj, Coordinator, Resource Mobilization
s. vinita, director of programmes & advocacy
OUR BOARD MEMBERS

❖ **ARSHIYA SETHI**
Creative Head, India Habitat Centre
Founder, Kri Foundation
Mentor to AASRA, an Association for the Scientific Research on the addictions.

❖ **SHAHNAZ SIGANPORIA**
Associate Editor, Vogue India

❖ **PRAMADA MENON**
Founder Member, Creating Resources for Empowerment in Action (CREA)
Executive Director, DASTKAR (1993-1998)

❖ **VISHAL TALREJA**
Executive Director, Dream a Dream (2002)
Ashoka Fellow
OUR BOARD MEMBERS

▨ ISHITA CHAUDHRY
Founder and Managing Trustee, TYPF
Founding Member, RESURJ (Realizing Sexual and Reproductive Justice)
Member, UNESCO’s Global Advisory Group for Sexuality Education (2010-2012)
Advisory Board Member, Reproductive Health Matters (Hindi edition)
Advisory Board Member, Jagori’s Safe Delhi Initiative
Member, Board of Directors, CREA

Awards:
Change Looms Award for Social Entrepreneurship (The Ashoka Foundation) (2008)
The Young Achiever’s Award, Nepal (2009)
## Donors and Collaborators

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### TYPF Income & Expenditure Sheet

1 Apr 2015 – 31 Mar 2016

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<thead>
<tr>
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<th>AMOUNT</th>
<th>INCOME</th>
<th>AMOUNT</th>
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<tbody>
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<tr>
<td>Administrative Costs</td>
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<td>Bank Charges</td>
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<td>Office Repair &amp; Maintenance</td>
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<td><strong>Personnel Costs</strong></td>
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<td><strong>Programme-Specific Expenses</strong></td>
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<td>Venue Hire &amp; Licenses Cost</td>
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<td><strong>Expenditure met from Foreign Grant</strong></td>
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<td><strong>Depreciation</strong></td>
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<td><strong>Excess of Income over Expenditure</strong></td>
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<tr>
<td><strong>Total</strong></td>
<td>1,31,6,554.94</td>
<td><strong>Total</strong></td>
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**As per our report of even date**

For Pinto M.P. & Associates
Chartered Accountants
Firm Regn. No. 06002N

(Martin P. Pinto F.C.A)
Partner
Membership No. 085006

- 7 SEP 2016

(Manak Matiyani)
Executive Director
The YP Foundation

(Authorised Signatory)
LIVE | LAUGH | LEAD
A YEAR OF YOUTH LEADERSHIP

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