The YP Foundation is a youth run and led organisation that supports and develops youth leadership to advance the rights of young women, girls, and other marginalised youth.

Our aim is to enable young people to internalise and engage in social justice, equity and social change processes. The impact and change that they create is both at structural (policy and community) and personal levels.
OUR THEORY OF CHANGE

OUR VISION
is to ensure that young people’s human rights are realized.

WE BELIEVE
that to address this, young people must be empowered themselves.

TO EMPOWER
young people we increase their access to information and services, focusing on helping them understand and realize their rights.

We work with young people to help them create programmes, advocate for and understand those rights; across the areas of gender, sexuality, health, education, the arts, digital media and governance.
OUR VISION

A world where young people’s human rights are realized, their leadership skills are enhanced and they are recognized as powerful change makers and equal stakeholders in society.

OUR MISSION

To develop young people’s feminist and rights-based leadership, ensure their meaningful participation in creating programmes and policies and legitimize youth leadership of social change.

OUR GOAL

Our goal is that young people are able to internalize and then engage with social justice and social change processes and become increasingly recognized as equal stakeholders and change makers within communities and society at large.
OUR STRATEGIES AND PROGRAMMES

Direct on ground work
With young people through youth leadership programmes reaching out to a larger number of young people to ensure access to information, services and rights.

Youth leadership in action and advocacy
Enabling young people as leaders to understand and engage with policy and programme development, monitor rights provision and hold duty bearers accountable while also being conscious of their rights and duties as citizens.

Legitimize youth leadership
Creating knowledge and youth led work, movement building and establishing a case for youth leadership as legitimate.

Community Based Partnerships
Working with youth led groups and young people from diverse communities in our implementation sites through skills sharing and co-leadership of youth led and youth focused work.

BLENDING SPECTRUM
Community intervention through life skills, health, hygiene.

KNOW YOUR BODY KNOW YOUR RIGHTS
Sexual and Reproductive Health and Rights.

MARDON WALI BAAT
Questioning patriarchal notions, norms of masculinity, gender based violence.

PAAGAL HAI KYA
Developing awareness and de-stigmatizing mental health problems.

REIMAGINING NSS
Strengthening youth leadership within the National Service League (NSS).

THE BUTTERFLY PROJECT
Human rights, feminist leadership and digital media.
In 2016-17, TYPF worked with 179 youth leaders in 3 states, reaching out to 1778 young people between 10-30 years of age directly, through programmes on Sexual and reproductive health and rights, Life Skills and Leadership and Mental Health.

Gender-wise distribution for the no. of young people TYPF worked with in 2016-17

<table>
<thead>
<tr>
<th>STATE</th>
<th>NUMBER OF PEOPLE REACHED</th>
<th>GEOGRAPHY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>TOTAL</td>
<td>BOYS</td>
</tr>
<tr>
<td>Delhi</td>
<td>1015</td>
<td>350</td>
</tr>
<tr>
<td>Uttar Pradesh</td>
<td>584</td>
<td>292</td>
</tr>
<tr>
<td>Rajasthan</td>
<td>85</td>
<td>0</td>
</tr>
</tbody>
</table>
Blending Spectrum works with young people between ages 5-17 from low resource neighbourhoods. The programme builds rights-based, youth-led and enabling environments to develop young people's leadership and life skills to challenge gender inequality, and reduce levels of violence and discrimination. Blending Spectrum has worked in Sunder Nagar Nursery (SNN) in New Delhi for over 11 years. In 2017, the programme began working with the night shelter outside SNN, run by SPYM (Society for Promotion of Youth and Masses).
In 2016-17

TYPF expanded its Blending Spectrum site further by establishing a long term partnership with SPYM, a night-shelter in the Nizamuddin Basti area. Here, the Blending Spectrum team imparts life skills, communication skills, and empathetic skills to a new set of 20-40 participants aged 5-10.

Meri Suraksha, Mera Haq

Led by the youth leaders in SNN, the 2016 Safety Audit was revisited in 2017. The project was carried out over 3 weeks in the SNN and Nizamuddin Basti area where 12 young leaders documented and mapped out ‘safe’ and ‘unsafe’ areas through their cameras. The project concluded with an exhibition of the participants’ photographs and findings of the group, which they used to advocate with 240 community members and local authorities for safer public spaces and improved sanitation.

Samvidhan Live

The Jagrik Project: In October 2016, TYPF partnered with Commutiny – The Youth Collective to implement the Jagrik Project. The project aimed to build young people’s awareness of their fundamental rights and duties of citizens of India. For 8 weeks, 24 young people from SNN between the ages of 12 and 25 undertook a series of community and self-reflective tasks associated with different fundamental rights and duties.
KYBKYR (Shareer Apna, Adhikaar Apne) works to empower young people to address their Sexual and Reproductive Health and Rights (SRHR) by delivering Comprehensive Sexuality Education that provides stigma-free and rights-affirming information on issues of gender, sexuality, health, rights. It also empowers young people, and particularly young women, to advocate for their sexual health and reproductive rights at community, state and national level.

The programme works in numerous sites across 3 states in North India, and recently began working in Bihar.

KYBKYR has been supported by the EMPower Foundation and the Packard Foundation over 2016-17.
KYBKyr expanded into new geography with the Centre for Social Equity and Inclusion in 5 districts in Bihar.

60 young people were trained as CSE peer educators across Delhi NCR, Lucknow, and Patna, who in turn conducted the entire KYBKyr programme with 700 participants.

19 government and non-government health centres were audited in NCR to assess the quality of SRH services available to young people and the challenges of accessing them. The findings of this were released as an article on the media platform Youth ki Awaaz.

This audit was taken forward as an action project in Lucknow, where 27 AFHCs were audited by 30 young researchers. This was published as the ‘Seen Not Heard’ Report in July 2016.

Social Action Projects were implemented by youth leaders in 3 KYBKyr sites. Through theatre and public meetings, young people discussed Comprehensive Sexuality Education with community members, reaching out to over 100 people in total.

TYPF instituted its first annual Sexuality Karyashala for partner organisations and field-level staff in January 2017. 23 participants from 11 organisations across Delhi NCR, Lucknow, Patna, and Benaras came together to exchange knowledge on implementing CSE and the associated challenges, as well as to strengthen their understanding of young people’s sexual and reproductive health and rights.
In 2016, TYPF launched a new initiative in Lucknow, Uttar Pradesh, which works specifically with young men and boys on challenging gender-based violence (GBV) through questioning patriarchal notions and norms of masculinity. Supported by The Asia Foundation, TYPF worked with 13 young men, addressing issues of gender, discrimination, social norms, and sexuality, as well as building their feminist leadership capacities. The participants then used the knowledge and skills gained during the training to carry out social action projects in college campuses, schools, and also carried out a campaign in public spaces such as 1090 Chauraha in Lucknow.
Workshops and discussions helped the young men examine their own concepts of patriarchy, masculinity, sexuality and the opposite sex. It increased their knowledge on sexuality, gender and masculinities, cleared their misconceptions and beliefs. For some it allowed them space to discuss sexuality and their sexual experiences openly without judgment and feelings of shame.

Peer leaders led and facilitated sessions on gender, masculinity, and power, violence at the college, school and NGO Care home. For many of them, it was the first time that they were leading sessions and their own concepts had to be clear. The on ground action helped them gain self confidence and for some of the boys they liked this component of the program the best.

The participants conducted sessions on masculinity, gender, power, self, violence using games, film screenings, talks breaking gender stereotypes and reached out to over 500 young people and others.

The young men developed innovative communication materials on masculinity and gender using their own photos and developing post cards, posters, podcasts and short films.
In collaboration with PHFI, TYPF launched a new initiative on mental health in 2017. Paagal Hai Kya is a curriculum-driven intervention that works with young people and adolescents in in-school and out-of-school contexts. The curriculum focuses on the intersection between mental health problems and entering into adolescence/adulthood, and gender and sexual identities. It also emphasises the importance of mental well-being and the need to de-stigmatise mental health problems. The programme works in two states in India with at least 100 young people between the ages of 13-25. The curriculum for Paagal Hai Kya is a product of the TYPF Fellowship programme and was created by Suvrita Bhatia, a Youth Advocate and TYPF Fellow.
Through 4 workshops with SEWA Bharat and Sardar Patel Vidyalaya, the programme reached out to over 100 young people in schools and after-school resource centres. The workshops addressed issues like bullying, gender inequality in the home, and sexual harassment or eve-teasing. The workshops also focused on problem-solving perspectives and building collaborative solutions to address problems they all had in common. Through this, participants became more aware of their own and others’ behaviours that contribute to creating an unhealthy and oppressive environment.

The workshops allowed TYPF to pilot the curriculum and further refine the strategies and curriculum flow. The curriculum is slated for release as a public resource at the end of the programme.
The YP Foundation (TYPF) collaborated with UNFPA to strengthen the potential of NSS to maximize the power of youth activism and volunteering in 2016-17. The purpose of the project was to strengthen the existing NSS system, which reaches out to a large number of young people and provides opportunities to lead on-ground issue-based work. The project reached out to over 1000 people and directly worked with more than 300 NSS participants and office bearers in Varanasi.
The YP Foundation (YPF) collaborated with UNFPA to strengthen the potential of NSS to maximize the power of youth activism and volunteering in 2016-17. The purpose of the project was to strengthen the existing NSS system, which reaches out to a large number of young people and provides opportunities to lead on-ground issue-based work. The project has selected 5 NSS programme officers and around 20 office bearers in 5 college campuses in Varanasi.
The Butterfly Project currently runs in Delhi and in 2 districts in Rajasthan, Pali and Desuri. The programme works with children, adolescents and young people between ages 13 to 20 from low-income and marginalized communities. Supported by the Ford Foundation in 2015-16, the programme aims to promote young people's human rights by providing them with a platform to develop technical skills to creatively express themselves through film and digital media and advocate for their freedom of expression.
THE DELHI LEG
of the programme was begun from October 2016. In partnership with SEWA Bharat, TYPF is working with 30 Young Women Leaders.

IN JANUARY 2017
a training on gender and sexuality was conducted by TYPF for the staff of Doosra Dashak and Alfa Education Society, TYPF’s partner organisations in Rajasthan. This enhanced their understanding and articulation on how these issues should be addressed while empowering young girls.
Youth-led advocacy is a key strategy for TYPF across all programmatic divisions. TYPF has built a niche of creating youth-led advocacy mechanisms for over a decade, at the local, national and international levels.

In the last two years, TYPF has conversed with government stakeholders, non-governmental organisations and social movements on the importance of young women as agents of social change – be it as peer educators in government programs such as RKSK, youth facilitators in programmatic contexts, or as leaders of young feminist movements. By doing so, TYPF aims to fundamentally shift the conversation from using young people as just mobilizers to critical drivers and leaders of programs and policies. This is critical in the Indian context, wherein a majority of SRHR interventions for young people, within government and non-government programs, are conceptualized and led by adults.
In the international arena, TYPF has played the role of representing on-ground work and young people’s lived realities and concerns in global advocacy platforms. TYPF continues to advocate for youth engagement and foregrounding of young women’s SRHR and the broader context of ending patriarchal gender inequalities as critical areas to be addressed within the SDG work in India.

TYPF was an active participant in a number of advocacy spaces, given on the next two pages.
International Advocacy

- High Level Political Forum [HLPF]
- Advocacy in Practice Training, IWCH, International Women’s Health Coalition
- UNESCO International Technical Guidance on Sexuality Education meeting
- Pre-APFSD Youth Forum
- Asia Pacific CSO Forum on Sustainable Development [APFSD]
- APFSD CSO Forum
- Ipas Youth Summit
- BRICS Youth Summit
- Feminist Leadership Building and Rights Institute, CREA
- 8th CSBR Sexuality Institute
- ARROW Regional Feminist Organising meeting
ADVOCACY IN INDIA

DELHI

- CREA Youth Advocacy Training
- National-Level Consultation: A Critical Examination of Sexuality Discourses in India
- Comprehensive Abortion Care Conclave
- National Seminar on Unearthing Role of Youth in Accountability
- NCERT Curriculum Review Meeting
- Samvidhan Live - The Jagrik Project

GOA

- Sangath Conference: Bridging the Mental Health Gap

HYDERABAD

- National Workshop on "Perspective Building – Adolescent Girls"

CHENNAI

- Indian Association for Women’s Studies Conference
- Women in a Changing World: Restructured Inequalities, Countercurrents and Sites of Resistance
Youth leadership is at the centre of all programming at TYPF. Each year, a cohort of volunteers join TYPF as Youth Advocates across our main programmatic divisions. They are trained in 2 phases to prepare them for implementation of programmes: Phase I focuses on issue-based training and strengthening the youth advocates’ feminist leadership, while Phase II resembles a training of trainers that aims to cultivate their programmatic and facilitation skills, with a special focus on the ethics of leading community based interventions. Diversity and inclusion are at the heart of these trainings.
The training, carried out over 3 months, covers a gamut of issues including Gender, Sexuality, Identity, Power and Patriarchy, the Politics of Urbanisation, Mental Health, VAW, Abortion, Human Rights and Rights based perspectives, Queer politics, programme facilitation, and the importance of ethical considerations in all programmatic interventions.
BEHIND THE SCENES
ISHITA CHAUDHRY
- Founder and Managing Trustee, TYPF
- Founding Member, RESURJ (Realizing Sexual and Reproductive Justice)
- Former Member, UNESCO’s Global Advisory Group for Sexuality Education (2010-2012)
- Former Advisory Board Member, Reproductive Health Matters (Hindi edition)
- Former Advisory Board Member, Jagori’s Safe Delhi Initiative
- Former Member, Board of Directors, CREA

ARSHIYA SETHI
- Former Creative Head, India Habitat Centre
- Founder, Kri Foundation
- Mentor to AASRA

APAR GUPTA
- Advocate, New Delhi
- Author, “Commentary on the IT Act”
- “Forbes 30 under 30” (2015) for his work on media and technology
- Council for the Internet and Mobile Association of India (IAMAI)

SHAHNAZ SIGANPORIA
- Associate Editor, Vogue India
COLLABORATORS

DONORS & COLLABORATORS

ASIA-PACIFIC RESOURCE AND RESEARCH CENTRE FOR WOMEN
THE ASIA FOUNDATION
CHOICE FOR YOUTH AND SEXUALITY
DAVID & LUCILE PACKARD FOUNDATION
EMPOWER FOUNDATION
THE FORD FOUNDATION
GLOBAL FUND FOR CHILDREN
GLOBAL FUND FOR WOMEN
INROADS
INTERNATIONAL WOMEN’S HEALTH COALITION
PUBLIC HEALTH FOUNDATION OF INDIA
UNFPA

Collaborators

ALFA EDUCATION SOCIETY
AMAN BIRADARI
CENTRE FOR SOCIAL EQUITY AND INCLUSION
Cyc – The Youth Collective
Doosra Dashak
Mahila Swarojgar Samiti
Samarpan Foundation
Sewa Bharat
Udayan Care
Yes Foundation
## CONSOLIDATED INCOME & EXPENDITURE

**FOR THE YEAR ENDED 31.03.2017**

### EXPENDITURE | INDIAN GRANT UTILIZATION | GRANT UNFPA UTILIZATION

<table>
<thead>
<tr>
<th></th>
<th>Indian Grant Utilization</th>
<th>Grant UNFPA Utilization</th>
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<tbody>
<tr>
<td>Curriculum Design and Development</td>
<td>95,457.00</td>
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<tr>
<td>Workshop for 20 NSS Student Officer Bearers</td>
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<tr>
<td><strong>Administration Cost</strong></td>
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<tr>
<td>Personnel Cost</td>
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<tr>
<td>Supportive Supervision</td>
<td>2,80,033.00</td>
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<tr>
<td>Selection of 5 colleges per location</td>
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<td></td>
<td>28,282.00</td>
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<tr>
<td><strong>3 Day Advocacy Campaigning and Action Project</strong></td>
<td>55,663.00</td>
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<tr>
<td>Personnel Cost</td>
<td>2,10,000.00</td>
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<tr>
<td>Supportive Supervision</td>
<td>47,724.00</td>
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<tr>
<td>Refund of Grant Including Interest</td>
<td>4,96,898.00</td>
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<tr>
<td>Other Administrative Expenses</td>
<td>15,153.90</td>
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<tr>
<td><strong>FORIEGN GRANT UTILIZATION</strong></td>
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<tr>
<td>Arrow</td>
<td>3,99,687.00</td>
<td>3,967,117.00</td>
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<tr>
<td>Asia Foundation</td>
<td>1,645,848.00</td>
<td>64,219.00</td>
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<td>CYC Jagric</td>
<td>70,009.00</td>
<td>9,69,932.00</td>
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<td>Global Fund for Women Empower</td>
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<td>6,22,294.00</td>
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<td>Global Fund for Children</td>
<td>6,23,519.00</td>
<td>2,66,206.00</td>
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<td>Human Capability Foundation</td>
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<td></td>
<td></td>
<td>3,15,810.92</td>
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<tr>
<td>Depreciation</td>
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<td>15,458.20</td>
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### INCOME

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<thead>
<tr>
<th></th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Grants - UNFPA</td>
<td>1,725,838.00</td>
</tr>
<tr>
<td>Donations</td>
<td>1,39,922.57</td>
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<tr>
<td>Miscellaneous income</td>
<td>1,27,130.00</td>
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<td>Interest on SB/FD</td>
<td>1,02,703.40</td>
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<td><strong>GRANTS FOREIGN</strong></td>
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<tr>
<td>Opening balance</td>
<td>5,991,654.77</td>
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<tr>
<td>Received during the year</td>
<td>31,112,115.11</td>
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<tr>
<td>Add: Interest on SB/FD</td>
<td>664,246.70</td>
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<tr>
<td>Less Closing Balance</td>
<td>25,780,554.88</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td>14,083,055.67</td>
</tr>
</tbody>
</table>

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LIVE
LAUGH
LEAD
A Year of youth leadership

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