



Spring 2017

M	T	W	T	F	S	S
630 - 9 mysore* kimberly	630 - 10 mysore* kimberly	630 - 9 mysore* jason	630 - 10 mysore* kimberly	630 - 9 mysore* jason	8 - 930 vinyasa mary	8 - 945 primary kimberly
915 - 1015 basics I betty		915 - 1030 yin yoga betty		915 - 1015 basics II betty		
	12 - 1 vinyasa misa	11 - 1215 wise warriors betty	1015 - 1045 yoga sutras laura		10 - 11 basics I marcia	10 - 11 basics II kimberly
			12 - 1 vinyasa kimberly			
	430 - 530 teen I susan	5 - 6 pre/post natal valerie / kristin	5 - 6 yoga & cancer lana	5 - 6 vinyasa mary		
615 - 730 basics II mary	615 - 730 vinyasa kimberly	630 - 730 beginner series 4/12 - 5/17 kimberly	615 - 745 half/primary series tammy		These classes are perfect for beginners!	

*No mysore classes on full & new moons:
4/26, 5/10, 5/25, 6/9, 6/23, 7/9

Bolded classes are a series and paid separate

Changes, updates & teacher bios

www.yogaeastyoga.com