



Summer 2017

M	T	W	T	F	S	S
630 - 9 mysore* kimberly	630 - 10 mysore* kimberly	630 - 9 mysore* jason	630 - 10 mysore* kimberly	630 - 9 mysore* jason	8 - 930 vinyasa mary	8 - 945 primary mary
915 - 1015 basics I betty		915 - 1030 yin yoga carol	915 - 1015 basics II betty			
12 - 1 vinyasa misa		11 - 1215 yoga for longevity betty	12 - 1 vinyasa kimberly	10 - 11 basics I marcia		10 - 11 basics II marcia
		5 - 6 pre/post natal valerie / kristin	5 - 6 yoga & cancer lana			
615 - 730 basics II mary	615 - 730 vinyasa kimberly	615 - 745 half/primary series tammy		These classes are perfect for beginners!		

*No mysore classes on full & new moons:
7/9, 7/23, 8/7, 8/21, 9/6

Bolded classes are a series and paid separate

Changes, updates & teacher bios

www.yogaeastyoga.com