



*These are just menu suggestions.  
Menus each week are customized to your tastes –  
want more gourmet items? Want simpler fare? Vegetarian? Paleo? Just ask!*

#### **SOUP**

Baked Potato Soup  
Turkey Sausage, Spinach, Lentil Soup  
Beef Chili  
Turkey Sausage Poblano Chili  
Vegetable Soup  
White Bean Chili  
Tortellini with Sausage And Kale Soup  
Chicken Tortilla Soup  
Black Bean Soup with Kale  
Broccoli Corn Chowder  
Beer Cheese Soup  
Chicken Wild Rice Soup  
Minestrone Soup  
Lentil Soup  
Chicken Wild Rice Soup

#### **ASIAN**

Teriyaki Salmon with Sesame Seeds  
Thai Shrimp Curry  
Asian Marinated Flank Steak  
Noodle Salad with Chicken & Spicy Peanut Dressing  
Thai Curry  
Cashew Chicken  
Thai Ground Chicken Salad  
Pineapple Honey Glazed Chicken  
Hoisin Glazed Chicken  
Pineapple Chicken  
Chicken Lettuce Wraps

#### **LATIN**

Fajitas with Peppers And Tortillas  
Corn Pancakes with Black Bean Salsa  
Chicken Enchiladas  
Tacos Carne Asada  
Beef Taco Salad

#### **MEDITERANEAN**

Chicken Marsala with Noodles  
Lemon Risotto with Chicken  
Moroccan Chicken with Dates, Green Olives And Lemon  
Chicken with Forty Cloves Of Garlic  
Greek Chicken  
Green Goddess Chicken  
Chicken Milanese  
Chicken with Tomatoes, Pancetta And Mozzarella  
Chicken Piccata  
Sole Piccata  
Eggplant Parmesan  
Stuffed Shells Primavera  
White Fish with Lemon Butter Sauce  
Spaghetti And Meatballs  
Chicken Paprikash  
Beef Stroganoff

#### **AMERICAN**

Chicken Pot Pie  
Buffalo Mac N Cheese - with Chicken  
Capn Crunch Chicken Tenders  
Macaroni And Cheese  
Sausage Stuffed Peppers  
Chicken Salad with Grapes  
Curried Chicken Salad with Apples & Raisins  
Lemon/Herb Marinated Chicken  
Oven BBQ Chicken  
Beef & Leek Beef Stew  
Porcini Crusted Beef Tenderloin  
Classic Meatloaf  
Apple Asian Glazed Meatloaf  
Mexican Meatloaf  
Shepherds' Pie with Ground Beef  
Pecan Topped Salmon  
Lemon Rosemary Salmon  
Crab Cakes  
Salmon with Brown Sugar Mustard Glaze  
Pork Medallion with Apples  
Pork In Dijon Cream Sauce

[havewhiskwilltravel.com](http://havewhiskwilltravel.com)

Lisa Waldschmidt

415.505.7332

[lisa@havewhiskwilltravel.com](mailto:lisa@havewhiskwilltravel.com)