Community Therapeutic Day School (CTDS), founded in 1974 under the auspices of Boston Children’s Hospital, Harvard Medical School and the Mass. Mental Health Center, and with original funding through the National Institute for Mental Health, enrolls children with severe emotional, social and neurological difficulties that interfere with their learning and prevent them from attending regular school programs.

**COMMUNITY THERAPEUTIC DAY SCHOOL**

In addition to our core school program, we offer the following community and training services:

- Diagnostic Consultations
- Neuropsychological Evaluations
- Consultation in therapeutic education and inclusion to public and private schools
- Psychotherapy
- Parent Guidance
- Sibling groups for siblings of children with disabilities
- Child psychiatry residence training through a formal teacher-affiliation with UMass Medical School
- Graduate school training to students from local universities in a variety of educational and clinical disciplines

**DIAGNOSTIC CONSULTATIONS**

Utilizing a diagnostic interview and play therapy model, CTDS provides diagnostic consultations which aid families in understanding their child’s needs. Careful exploration of the many facets of the child’s development, functioning, and current difficulties allows for the synthesis of diagnostic indicators which illuminate the leading edge of the child’s unique strengths and challenges.

In our extensive experience, and work with the whole child, we offer a clear, impartial and comprehensive perspective that integrates the many aspects of a child’s condition. These may include:

- Psychological and/or psychiatric vulnerabilities
- Neurological conditions
- Physical development
- Sensory integration and processing
- Speech/language disorders and/or delays
- Intellectual capacity
- Educational functioning
- Social and emotional maturity and awareness
- Areas of development and developmental trajectory
- Executive Functioning
- Genetics
  - Attachment and the child’s place in his/her family and culture
  - Sibling relationships

As a community service, CTDS evaluates children of all ages for free at the request of parents, or by referral from counseling, educational or medical professionals. A Spanish speaking clinician can be available upon request.

Donations are accepted, encouraged and appreciated.

**DIAGNOSTIC CONSULTATIONS STAFF**

Bridget Glenshaw, LMHC, CTDS Clinical Program Manager, holds an M.A. in Expressive Therapies where she trained at both Boston Children’s Hospital and McLean Hospital. She received postgraduate training at the Institute for Existential Psychoanalytic Therapy. She continues to participate in a psychoanalytically oriented supervision. She served as an adjunct faculty in the art therapy departments of Lesley University and Emmanuel College and has co-authored the book *Sibling Group Lends a Helping Hand.*

Michelle Traverse, LICSW, Program Director and Clinical Social Worker. Michelle returned to CTDS in 2008 after a 12 year hiatus. She holds a BA in psychology from Boston College and received her MSW from Simmons College. She trained at Massachusetts Mental Health Center, Gaebler Children’s Center, McLean Hospital & the New England home for Little Wanderers. Her career at CTDS spans the areas of social work, therapeutic teaching diagnostic consultations, psychotherapy school consultation, working with children and families in our inclusion program and administration. Michelle’s prior experience included facilitating therapeutic groups, working in residential treatment and home-based family therapy.

Joel Goldstein, Psychiatrist, joined CTDS in the Spring of 2018. He holds his B.A from the University of Pennsylvania and his MD from Albert Einstein College of Medicine in New York. Currently, Joel is a child/adolescent psychiatrist for the Department of Mental Health in their Caring Together Initiative, is Chief, of the Division of Child and Adolescent Psychiatry at Cambridge Health Alliance and has a private private practice in Lexington. He is a member of the American Psychiatric Association, the American Academy of Child and Adolescent Psychiatry and of the New England Council for Child and Adolescent Psychiatry (NECCAP).
Diagnostic Consultations provide an opportunity for families to explore their child’s emotional, social and cognitive development using an interview and play therapy model.

Helping children and their families move towards healing, health and hope since 1974.

TO MAKE AN APPOINTMENT

for a DIAGNOSTIC CONSULTATION
or for more information please call

Michelle Traverse, LICSW or Bridget Glenshaw, LMHC
781-861-7081

We are located at 187 Spring Street, Lexington, MA 02421
(f) 781-861-3625

www.communitytherapeuticdayschool.org
ctds1@verizon.net

Community Therapeutic Day School is located on a 4 - acre former dairy farm. The orchard, woodlands, nature path perennial gardens, historic barn and playground offer educational and recreational opportunities.

WHAT PROVIDERS SAY

"CTDS maintains a prevention-based orientation with very complex children and the direction is to define and refine diagnosis and work with the whole family. There is no one model that fits these children. It is important to open up possibilities, to expand one’s thinking and curiosity to uncover the strengths and abilities, and to understand the disabilities of these children. We need people to step up and get involved: CTDS does that."

Janice Ware, Ph.D., Director, Cardiac Neurodevelopmental Program and Senior Psychologist, Developmental Medicine Center at Children’s Hospital/ Harvard Medical School

"The word diagnosis in Greek means to know thoroughly and completely. This is a goal we can never quite reach but continue to strive for. We do this by integrating best past practices with the most current knowledge from the fields of medicine, psychology, neuroscience, education, genetics and psychopharmacology in our effort to arrive at the best possible understanding of our children and their families and to help them towards the most optimal of life's goals."

Dr. Bruce Hauptman, MD

"When I have needed help with complex cases for issues like diagnostic uncertainty, sub-optimal responses to medications, guidance regarding school problems and knotty family dynamics, the availability of CTDS is a welcome resource for the clinicians of Family Practice Group and our patients. I look forward to many years of mutual collegiality and improved outcomes for our shared patients and families."

Stanley Sagov, MD, Family Practice Group, Arlington, MA

"Diagnostic Consultations provide an opportunity for families to explore their child’s emotional, social and cognitive development using an interview and play therapy model."