The Home Garden Seed Association promotes gardening from seed – an easy, economical, and rewarding way to garden. All HGSA content is provided for the free use of garden professionals. When reproducing information from this or other articles, please credit ezfromseed.org as the source.

What are the top reasons gardeners start plants from seed?

1. It’s fun to participate in the whole process, from start to finish!
2. Some plants, like carrots and beets, demand it. Others, such as sunflowers and greens, grow better that way.
   and, most importantly,
3. New and exciting varieties, as well as some favorite old heirlooms are not available any other way.

Spotlight on
A Selection of New (and Heirloom) Introductions from HGSA Members
(and yes … they’re all easy from seed)

New from Harrisseeds.com: ‘Helios Flame’ F1 is a pollen-free sunflower with strong stems and long-lasting blooms. Direct seeded, it will be ready to cut in 45-50 days.

New from Harrisseeds.com: ‘Latte’ F1 is one of the earliest sweet corn varieties to mature. Plus, unlike many early types, it has exceptional sweetness and texture. This bicolor will be a crowd pleaser at the dining table or picnics.

New from Seedlibrary.org: Cornell’s ‘Bush Delicata’ is a delicious, fast-ripening winter squash bred for disease resistance and size—a good fit for containers or small spaces. Expect 2-5 fruits from each plant.

New from Seedlibrary.org: ‘Fried Green Tomato’, best harvested slightly yellow, is more sweet than tart, and makes amazing tomato tarts. An added plus: it keeps its quality for weeks in cold storage.

New from Rohrerseeds.com: Branded as Broccolini® in grocery stores, ‘Aspabroc’ resembles a broccoli raab with an asparagus stem, and offers a mild taste. Broccolini® is a registered trademark of Mann Packing Co, Inc.

New from Botanicalinterests.com: Long-blooming ‘Night and Day’ snapdragons have a spicy scent and are gorgeous in a vase. In fall when the weather cools, the red petals turn nearly black and the foliage turns dark burgundy.

New from Burpee.com: Your eyes won’t believe your ears! ‘Jaws’ produces larger than life 12” long, 7” round ears of sweet yellow corn with deep-set kernels up to 100% larger than normal. Six foot stalks yield two great big ears.

New from Burpee.com: ‘Meatball’ eggplant. Dense, moist, flesh captures the flavor and texture of meat. Jewel-toned and flavorful, the 5” fruits are virtuosos of versatility as entrees, appetizers, or sides.
### New from Reneesgarden.com:

\textit{‘Climbing Phoenix’} is a split-petal vining nasturtium with unique petals, shaped like little flames, that stand out in a kaleidoscope of colors against ivy-shaped leaves. It blooms nonstop all season long.

### New from Americanmeadows.com:

\textit{Dahlia-flowered ‘Illumination’} heirloom zinnia is elegant in the garden, and fabulous in bouquets. Plants grow to 18 inches tall and the 4-inch blooms draw butterflies galore.

### New from Highmowingseeds.com:

\textit{‘Red Ursa Kale’} has frilly leaves with pink and purple stems. Not a curly type, leaves have a tender texture, similar to Red Russian. Colors intensify in cold weather.

### New from Territorialseed.com:

If you want to experience the distinctly rich and aromatic flavor of a hot pepper without the flame, try ‘Zavory’. This heatless habanero has a lot of taste with just the tiniest bit of zing.

### New from Neseed.com:

\textit{‘Orangita’}, an F1 hybrid, is an excellent producer of 1-1.5 pound mini pumpkins. The semi-bush plants are powdery mildew resistant; eating quality is similar to an acorn type squash.

### New from bbsseed.com:

Butterflies and hummingbirds love Maltese Cross. A cottage garden favorite, it features brilliant scarlet-orange flower clusters on 2-4 foot stems. Excellent for cutting.

### New from bbsseed.com:

\textit{Watercress (Nasturtium officinale)} is easy for first-time growers. Delightfully crisp and peppery, it can be snipped for microgreens, or allowed to grow larger for salads.

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