



# Country Mañor

LA MESA HEALTHCARE CENTER

# COUNTRY MANOR LA MESA HEALTHCARE CENTER WELCOMES YOU



At Country Manor La Mesa, we are committed to excellence and an optimum healing experience for your loved one. Our staff of physicians, therapists, nurses, and rehab specialists bring a smile and dedication to the facility each and every day. We strive to provide the highest level of care possible by providing an interdisciplinary rehabilitation program which starts with our Rehabilitation MD who works closely with family, therapists, nursing staff, and surgeons to ensure a holistic approach to recovery focused on

a recovery experience tailored to the needs of each resident. We strive to provide a warm and comfortable environment with a personal touch.

Located in sunny La Mesa, we look forward to taking you on a tour of our facility to meet our friendly staff and show you what we're all about.

Please contact our Admissions Department, at **(619)-460-7871** for additional information.



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## PRIVATE SUITES



Country Manor La Mesa Healthcare Center offers both shared and private suites for a comfortable and relaxing stay. Each patient suite has large windows allowing for soothing natural light and includes a personal phone, flat-screen TV, and high-speed internet with bedside laptop access .



# SERVICES & AMENITIES



- Physical, Occupational, Speech, and Restorative Therapy
- Rehab MD supervised recovery program
- Monthly Candlelight Dinners
- Private suites with flat screen TV's
- Restorative golf therapy
- Treatment Nurse and Skin Consultant
- 24-Hour Skilled Nursing
- Language Line assistance
- Transportation Provided for residents



# REHABILITATION



Residents enjoy the use of our Omnicycle Elite and ACP modalities to assist with healing, strengthening, and endurance earlier in their recovery . Our occupational therapists work on enhancing cognitive skills with the use of motivational games and exercises. Our Rehabilitation MD works closely with our entire clinical team to develop a rehab-program specialized to meet the needs of every resident.



## 24-HOUR NURSING AND REHABILITATION SERVICES

Working in tandem with your physician, our licensed, professional nursing staff work collaboratively with our treatment team to develop a recovery plan focused on a healing experience tailored for you. Comprised of highly specialized medical professionals with many years of experience, our team of clinicians are trained to address the needs of each resident with an expert approach. Care is what we are about and our resident's are always our number one priority.

ACCEPTING ADMISSIONS

**(619) 460-7871**

## CONVENIENTLY LOCATED



5696 Lake Murray Blvd. La Mesa, CA 91942



(619)460-7871 phone | (123)456-7890 fax | 5696 Lake Murray Blvd | La Mesa, CA 91942

Learn more at [www.CountryLaMesaHealthcare.com](http://www.CountryLaMesaHealthcare.com)