Kiran’s mission is to end the cycle of abuse and to serve and empower South Asian victims of domestic violence in North Carolina by providing culturally specific services and comprehensive economic, social, and community resources.
MESSAGE FROM THE CHAIR

Rekha Parikh

It is incredibly heartwarming when we receive a donation from a generous donor like yourself that allows us to say “yes” to one more victim, who is going through tough times with domestic violence and needs help from Kiran. I thank you so much for your help and continuous support. Kiran has been committed to serving survivors of domestic violence in our community since 2000. We continue to provide critical services to keep our survivors safe and free from violence. We would not be able to achieve this without our committed donors that believe in our mission. More people than ever need the strength and comfort of Kiran’s important services. Because of you, our organization opens the door to women and men that are experiencing hardship. Again, thank you to each and every one of you. We hope to have your continued support so we can keep our community free from violence and abuse. Your gift of a donation will be used wisely so survivors can have HOPE. Thank you!

Sincerely,
Rekha Parikh, Chair of Board of Directors

MESSAGE FROM THE EXECUTIVE DIRECTOR

Sangeetha Menon

The South Asian community is one of the fastest growing demographics in North Carolina. Kiran is the only organization in North Carolina which is able to provide culturally appropriate and language specific services to South Asian victims of domestic violence. Kiran in the Indian language of Hindi means "Ray of Light" and it's that ray of light and path to hope that we have provided to survivors for the past 10 years! As we look back at 2019, the Kiran team was privileged to serve and provided intensive culturally specific services to 401 South Asian victims of domestic violence in North Carolina. We received 2,915 calls from those seeking services from us. Our services this past year included the following: Intensive crisis case management; court accompaniment; domestic violence protective orders; financial assistance for groceries and transportation; driving lessons; mental health therapy sessions with South Asian therapists; attorney referrals; rent assistance; resume building; scholarship referrals; translation services; yoga and reiki support groups; relocation assistance and emergency housing referrals. We also conducted 53 outreach and awareness events this past year! We are so grateful for the support of our funders, partners, law enforcement, volunteers, and community members. Your partnership was immensely valuable in providing safety, stability and empowerment to those we served. We are also delighted that in 2019, we established and started operations of the Kiran Charlotte Volunteer Chapter! The chapter members have been instrumental in ensuring that there has been a seamless flow of services to survivors in Mecklenburg County and surrounding areas. I am humbled to lead the mission of Kiran. Every day, I see the positive changes made in the lives of so many survivors, and your support was valuable in helping us make that happen! On behalf of the Kiran team, I thank you for your valuable support and we hope you will consider Kiran as your charity of choice in the future as well.

Sincerely,
Sangeetha Menon, Executive Director

KIRAN, INC. IS A 501(C)3 NON-PROFIT ORGANIZATION
Kiran is a statewide, community based organization that serves and empowers South Asian victims of domestic violence in NC. The agency was incorporated in 2000 by Vandana Shah, Sudha Shreeniwas, Shivali Shah, Aaiysha Khursheed and Susan George as a volunteer-run organization to address the cases of domestic violence in the South Asian community in Raleigh and surrounding areas. In 2008, Vandana Shah, Ritu Kaur, Vasudha Gupta, and Dr. Amy Weil came together to formalize Kiran’s operations by forming the Executive Board and applying for Kiran's first federal grant as part of the new VAWA Communities of Color provisions. With this grant, Kiran became (and still is) the only federally funded 501(c)3 nonprofit organization in NC providing critical culturally specific services to the growing South-Asian community in the state. These empowered women recreated and transformed Kiran. They paved the way for future funding, and thus began the expansion of the range of Kiran services which are provided today!

**OUR SERVICES**

**What We Do**

**Client Services**

- 24 HOUR CRISIS LINE
  1-877-625-4726
- LEGAL ADVOCACY
- CLIENT EMPOWERMENT
- FAMILY SERVICES
- HOUSING REFERRALS
- WELLNESS REFERRALS
- TRANSLATION ASSISTANCE

**Prevention Services**

- LAW ENFORCEMENT TRAININGS
- TEEN EMPOWERMENT WORKSHOPS
- STATEWIDE OUTREACH INITIATIVES
- UNIVERSITIES & HIGH SCHOOLS
- KIRAN WALKATHON & BAZAAR
- SOUTH ASIAN CULTURAL EVENTS
- PLACES OF WORSHIP
We received 2,915 crisis management calls in 2019. Our numbers continue to grow!

From January 2019 – December 2019, Kiran served **401** victims of domestic violence.

### Interpretation & Translation Services

- **23**

  Offered clients with services in interpretation & translation assistance in Hindi, Punjabi, Urdu, & Malayalam.

### Legal Advocacy

- **37**

  Served as advocates by providing client referrals to attorneys, DVPO filing, immigration assistance, court accompaniment, & legal fees

### Food Security, Housing, & Transportation

- **91**

  Provided clients with financial assistance in grocery cards, rent, shelter referrals, gas cards, car purchase, & transportation

### Resume Building & Career Counseling

- **116**

  Advised clients in restarting their careers to increase mobility, financial independence, & economic empowerment

### Mental Health & Wellness

- **120**

  Connected clients to South Asian therapists & yoga support group to better the emotional & physical health of victims

### Intensive Crisis Case Management

- **237**

  Provided clients from Afghanistan, Bangladesh, India, Pakistan, & Sri Lanka with crisis case management & safety planning

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**We received 2,915 crisis management calls in 2019.**

*Our numbers continue to grow!*

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**CLIENT IMPACT**

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**CLIENT ASSISTANCE**

Kiran provided financial assistance for clients in the following categories:

- **Rent Assistance** 43.8%
- **Mental Health** 9.5%
- **Food Security** 1.4%
- **Immigration** 8.6%
- **Driving Lessons / Gas / Cab** 10.9%
- **Attorney Fees** 25.8%

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**KIRAN, INC. IS A 501(C)3 NON-PROFIT ORGANIZATION**
### Assets for 2019

- Grants, Contributions, Receivable: 30%
- Property & Equipment, Net: 69%
- Prepaid Expenses: 0.9%
- Cash & Cash Equivalents: 69%

### Liabilities & Equity for 2019

- Accounts Payable & Accrued Expenses: 0.1%
- Equity: 99.9%

### Income for 2019

- Contributions & Grants: 13%
- Other Income: 0.1%
- Fundraising Events: 86.9%

### Expenses for 2019

- Program Services: 13.9%
- Management Expenses: 3.4%
- Fundraising Expenses: 82.8%
Client Reflections

"I want to help people like me...with domestic violence. I want to help them out one day to give them what they need...That's my dream. I want to help them out."

"Knowing that there is someone to reach out to in times of crisis is like seeing a 'ray' of hope. Kiran has been very supportive in my fight against domestic violence. The organization has helped me become fearless, bold, and capable in taking action towards injustice."

"Kiran helped me... my son was 4 years-old at the time, I came with only $3; I don't have no money, no clothes. We don't have anything. They arranged everything. They give me clothes. Give food. Transport. And they find me a job."

"This is the first time I drove to the court by myself. I did not think I could do it. I did not think I could do many things but today, I feel free & empowered."

"It felt so good to shower after getting back from work and being on my feet for 9 hours. I was allowed a 3-4 minute shower only once a day while at home!"

"It was the first time since I came to U.S that I was able to sleep so well, no fears, no one yelling, not feeling that I would get into trouble."

"Without your support and courage I couldn't do it, I was hopeless and helpless and was hurting. I still have pain in my chest when I think all about what my wife and in law's did with me. Thank you... God bless you"
LOOKING AHEAD

Lets build upon our communities resilience, and recognize that we all share a collective responsibility to care for one another. We are enthusiastic about our new initiatives such as the expansion of our Charlotte Volunteer Chapter, strengthening and growing our partnerships, working closely with law enforcement to ensure cultural sensitivity in their services and to ensure that South Asian youth are given the necessary tools and resources to stay safe and empowered. Over the next year and beyond, the Kiran team stands ready to serve and empower South Asian victims of domestic violence in NC.

BOARD & STAFF

Executive Board
- Rekha Parikh Chair
- Surabhi Gawande Treasurer
- Ritu Kaur
- Renu Jain
- Aboli Alurkar Joined February 2020

Kiran Staff
- Sangeetha Menon Executive Director
- Seema Kak Client Services Manager
- Keerat Kaur Program Manager
- Shagufta Hakeem Outreach Coordinator
- Teena Palathanam Client Services Coordinator

Advisory Committee
- Shakthi Sundaram
- Nandita Garg
- JayRaj Desai
- Parul Parekh
- Harmeet Kaur
- Sushama Pradhan
- Sangeetha Menon
- Seema Kak

BE INVOLVED

👍 Follow Us on Facebook & visit www.kiraninc.org

💰 Donate to help support the lives of victims

_people Volunteer in the community to spread awareness

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