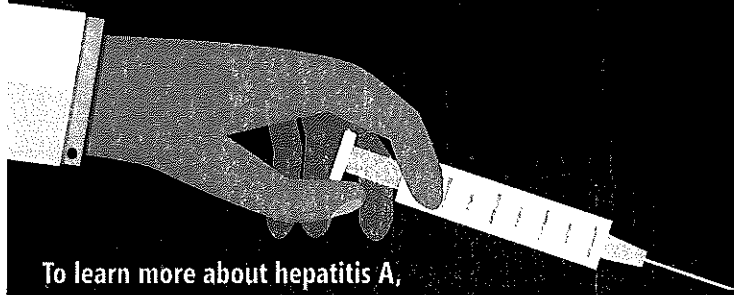


# Get a shot for hepatitis A!

## Ask a doctor or nurse.



To learn more about hepatitis A,  
please visit: [www.sccphd.org/hep-a](http://www.sccphd.org/hep-a)

**WHY?** There are outbreaks of hepatitis A in the Santa Cruz and San Diego areas. It is affecting people who are homeless, use drugs, or have recently been in jail.

**Now people are sick with hepatitis A in this area.**

### Should I get a hepatitis A shot (vaccine)?

Yes, get a hepatitis A shot if you:

- Have been in jail
- Are homeless
- Use drugs
- Have liver disease, like hepatitis B or hepatitis C
- Are a man who has sex with men
- Travel to certain countries

### How do you get sick with hepatitis A?

- Hepatitis A is in the stool (poop) of someone with the disease. If a person with hepatitis A does not wash their hands after going to the bathroom they can spread the germ when they touch objects or food. Someone else can get hepatitis A when they put these items into their mouth.
- You can also get hepatitis A from having sex with someone who has it.

### How can I prevent getting hepatitis A?

- **Get a shot** for hepatitis A.
- **Wash your hands** after going to the bathroom and before eating or making food.
- If you can't wash your hands, **use hand sanitizer or wipes.**

### What is hepatitis A?

Hepatitis A is a virus that infects the liver. It can cause a mild illness lasting a few weeks to a severe illness lasting several months.

Santa Clara County  
**PUBLIC  
HEALTH**