

CV AN BLOCK

Yoga Opleidingen

mei/00	YOGA PLUS/ POWER YOGA SPORTOPOLIS MERKSEM
2002	YOGA + SPORTOPOLIS EKEREN
2005	ASHTANGA YOGA/ 3 DAGEN BRUSSEL
okt/05	POWER OF YOGA LEVEL 2 / 16 HRS NIKE ACADEMIE / INNDIGO
feb/06	POWER OF YOGA LEVEL 1 / 24 HRS NIKE ACADEMIE / INNDIGO
apr/06	ASHTANGA YOGA RETREAT / 2 WEKEN SRI LANKA
jul/06	ASHANGA YOGA WORKSHOP/ 2 DAGEN BRUSSEL
aug/06	ASHTANGA YOGA / 1 WEEK FRANKRIJK
sep/06	PATTABHI JOIS/ SHARAT/ RANGASWAMY (PATTABHI + KLEINZOOM & DOCHTER)
sep/06	YOGA WORKSHOP / 3 DAGEN NIKE ACADEMIE / INNDIGO
nov/06	ASHTANGA YOGA WORKSHOP FRANKRIJK
dec/06	ASHTANGA YOGA WORKSHOP BRUGGE
mrt/07	INTERNATIONAL YOGA FESTIVAL RICHIKESH/HYMALAYAS/ INDIA
aug/07	WORKSHOP ASHTANGA YOGA NEDERLAND
mrt/08	ASHTANGA YOGA / 2 WEKEN GOA
2008	CLASSES WITH
mrt/09	ASHTANGA YOGA / 2 WEKEN GOA
2009	JUNI / 4 DAGEN 1 DAG 2 DAGEN 1 DAG
29/11/2009	1 dag 6 dagen
14/mrt/10 1/04/2010, 1 week	Workshop Acroyoga Yoga/detox/week
1/04/2010, 1 week	Ashtanga yoga & yogalessen
30 apr t&m 5 mei 2010	Prajna Yoga Workshop Intensive
24/mei/10	
18, 19 & 20 juni/10	RE:START "Not just a great yoga weekend"
1, 2 & 3 okt/10	Ashtanga Yoga Workshop





REGENT LICHAMELIJKE OPVOEDING VERANTWOORDELIJKE GROEPSLESSEN: HEALTH CITY YOGA LESGEEFSTER: HEALTH CITY & PRIVE

lerares sinds 1989

TEACHER

KARRIE DONOVAN PERSONAL BEST TRAINING & CONSULTING MAAIKE VERSTRICHT COLLEGA LESGEVER ANTHONY PREM CARLISI BORN IN PHOENIX/ARIZONA PRACTITIONER FOR 30 YEARS ELSIE MATTHIJSSENS OWNER OF ANTWERP YOGA ELSIE MATTHIJSSENS OWNER OF ANTWERP YOGA ANTHONY PREM CARLISI
ANNIE PACE STUDENT OF SRI K. PATTABHI JOIS/ STARTED IN 1995 SRI K PATTABHI JOIS GURUJI MODERN FOUNDER OF ASHTANGA INTRODUCED ASHTANGA TO THE WEST ELSIE MATTHIJSSENS OWNER OF ANTWERP YOGA DAVID SWENSON began practising yoga in 1969 at the very early age of 13 brought Sri K. Pattabhi Jois to the U.S. for the first time ELSIE MATTHIJSSENS & FRANCIS WUYTS (OSTEOPAAT)
MANJU JOIS TOPTRAINER & ZOOM VAN SRI K PATTABHI JOIS TOPTRAINERS ALL OVER THE WORLD
DAVID WILLIAMS PRACTITIONER SINCE 1971 STUDENT OF SRI K. PATTABHI JOIS TEACHER OF MANY BIG TEACHERS CHUCK MILLER & MATY EZRATY STUDENTS OF SRI K. PATTABHI JOIS CHUCK IS PRACTISING SINCE 1971 Maty has been a student of many senior Iyengar teachers * KATIZA SATYA * ROBERT BOUSTANY * RICHARD FREEMAN * PETROS HAFFENRICHTER (jivamukti) * RUSTY WELLS (bhakti flow) * ANTHONY PREM CARLISI Jeff & Harmony Lichty STUDENTS OF SRI K. PATTABHI JOIS VICTORIA BC / CANADA Jeff & Harmony Lichty * PATRICK & GOSTA * ANTHONY PREM CARLISI * BIKRAM YOGA / ANTWERPEN Biochemical yoga Anwerp yoga Sanskriet & Bhagavad-Gita Antwerp yoga Fitopia/ Edegem Thailand/ Koh Samui Carole & Graeme Bradshaw Carole is ashtanga yogi in practice & philosophy Graeme is founder of the Medicine institute of Hong Kong Graeme is a homeopath & naturopath Yoga Thailand, Koh Samui & The Sanctuary, spa resorts Koh Phangan Tias & Surya Little Tias' teaching specializes in yoga & anatomy Surya is a teacher of yoga, macrobiotic healing & meditation Rusty Wells Antwerp yoga
Psilogie campus/HC Premium Zuid Antwerpen Ilse Fimmers, Philip De Wulf & An Block Ashtanga Yoga Research Institute Lino Miele

30/10/2010	Ashtanga Yoga Workshop	Michael Hamilton Antwerp yoga
30/01/2011	WERELDYOGADAG	PRACTICE IN HC ZUIDPOOL oIv An Block
28/2/2011 T&M 11/2/2011 20,21 & 22/ 05/2011	KOH PHANGANG/ THAILAND Ashtanga Yoga Workshop Brugge	ASHTANGA PRACTICE MET KIRSTEN BERG & MITCHELL GOLD DAVID SWENSON
14/7/2011 t & m 17/7/2011	Ashtanga Yoga Workshop Eindhoven	David Williams
12/7/2011 t & m 14/7/2011	Ashtanga Yoga Workshop Idapingala yogastudio/ Antwerpen	Tim Feldmann
16/10/2012	De Yogastudio Ekeren Ademhaling & Bandha's tijdens de practice.	o.I.v. An Block
30/10/2011		Rusty Wells Antwerp Yoga
25/11/2011 t & m 27/11/2011	Ashtanga Yoga Workshop Maastricht	Petri Raisanen
4/12/2012	De Yogastudio Ekeren Yogaflow om de feestdagen bewust & relax door te komen.	o.I.v. An Block
29/01/2012	De Yogastudio Ekeren Workshop: Zuiverende & ontgiftende yogaflow	o.I.v. An Block
27/3/2012 t&m 1/4/2012		Rusty Wells Antwerp Yoga
7 & 8/4/2012	teachertraining (60 uur) Deepen your practice pranayama	Paul Dallaghan Eindhoven
26/5 t&m 1/6 2012	TEACHER TRAINING DE YOGALOF MYSORE	DAVID SWENSON BRUGGE CASA PORTAFERRISSA
22/06/2012	ASHTANGAYOGA BARCELONA	CALLE PORTAFERRISSA 8/1ste A, BARCELONA
1/07/2012	POP UP 10U30 MUSEUM VOOR SCHONE KUNSTEN	YOGADISCOVERY o.I.v. An Block
8/07/2012	POP UP 10U30 HEALTH CITY ZUIDPOOL (regen)	YOGADISCOVERY o.I.v. An Block
29/07/2012	POP UP 20U THEATERPLEIN	YOGADISCOVERY o.I.v. An Block
5/08/2012	POP UP 10U30 MAS	YOGADISCOVERY o.I.v. An Block
26/08/2012	POP UP 10U30 PARK SPOOR NOORD	YOGADISCOVERY o.I.v. An Block
2/09/2012	POP UP 10U30 PONTON FLANDRIA	YOGADISCOVERY o.I.v. An Block
9/09/2012	POP UP TERKAMERENBOS BRUSSEL	BRUSSELS YOGA
26/09/2012	LANG YOGA WEEKEND CABALLITO DE MAR	o.I.v. Nina De Man & An Block
21/10/2012	WORKSHOP ADEMHALING & BANDHA'S DE YOGASTUDIO EKEREN	o.I.v. An Block
16/12/2012	POP UP 10U30 PARK SPOOR NOORD	YOGADISCOVERY o.I.v. An Block
13/01/2013	WORKSHOP : ZUIVERENDE & ONTGIFTENDE YOGAFLOW DE YOGASTUDIO EKEREN	o.I.v. An Block
24/01/2013	Privéles	DAMIEN DE BASTIER
30/01/2013	Privéles	DAMIEN DE BASTIER
3/02/2013	Vinyasaflow	DAMIEN DE BASTIER
5/04/2013	DE YOGASTUDIO EKEREN	o.I.v. An Block Tips & tricks JOEY MILES
13 t&m 19/4	Ashtanga yoga The path that connects heaven & earth	PURPLE VALLEY GOA/INDIA
Van mei tot november 2013	Pop up yogalessen (20) o.a. "op daken van openbare gebouwen"	YOGADISCOVERY o.I.v. An Block
17/09/2013	Ashtanga yoga workshop	Antwerp yoga Simon Park
18 t&m 20 okt 2013	Yogaweekend	Courtill o.I.v. Anke Truymen & An Block
6/05/2014	Promotie Lolë Yogales	Stadsfeestzaal o.I.v. Nina De Man & An Block
6/07/2014	Promotie Freddy pants Yogales	Strantwerpen o.I.v. Nina De Man & An Block
14 t&m 16 aug 2014	Yogales	Pukkelpop o.I.v. Nina De Man & An Block
23 & 24 aug 2014	Yogales	Navanadi o.I.v. An Block
20/09/2014	Promotie H&M sportlijn Yogales (5)	Koning Boudewijnstadion o.I.v. Nina De Man & An Block
29/9 t&m 5/10 2014	Yogaweek Spanje	o.I.v. An Block

26/10/2014 11/10/2014	Yoga Magazine Festival 5 workshops	Amsterdam Simon Low Radiant Light Radiant Light Simon Low
7 t&m 9/11/14	Yin, Yang & restorative Yoga workshop	Simon Low
26/01/2015	NAVA-TV An Block	Yogafimpjes opnemen Yogalof, Brugge
21/06/2015	Mede organisator	International Yogaday Wilrijk
7/07/2015	Privé yogales	Andreas Trussat Amsterdam
26/7/2015-2/8/2015	Classes @ HotDog Yogastudio Yogalife The Shala Concept studio Yogalessen	Zuid Afrika Cape Town
20-22/8/2015		Pukkelpop, Hasselt o.l.v. Nina De Man & An Block
21 t&m 23/8/2015	teacher & student	Yogaland Yogafestival, België
30/9 t&m 7/10/2015	Yogaweek Spanje	o.l.v. An Block
1/11/2015	Mede organisator	Yoga for the people Een yogasessie in het Sportpaleis om geld in te zamelen voor Artsen zonder grenzen.
19/02/2016	initiatie intrinity Matrix	Nederland
18/03/2016	Yogasessies (olv mezelf) voor de persvoorstelling van Sleepy Love herstellende yoga -> bachbloesem omschrijving	Dag van de slaap Voor Alida & Alain/ Lombardia
24/04/2016	workshop Living Yoga Van trierstraat/Antwerpen	Marc St. Pierre
15,16 & 17/07/2016	Meghan Currie Workshop	Vondelkerk Amsterdam
22, 23 & 24/07/2016	Silence for Peace	Tomorrowland :-)
28/9 t&m 5/10 2016	Herstellende yoga + meditatie olv mezelf Yogaweek @Caballito olv mezelf	Reet/Boom Spanje
6/11/2016	Yin Yoga workshop	Radiant Light Wesley Ann Bassett