



## CanSTAT Members Update

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August 5, 2015

Dear members of CanSTAT

As your new council, we are working hard to clarify and re-organize many aspects of CanSTAT.

There are a number of details we would like to share with you.

The International A.T. Congress is coming up in Limerick, Ireland from August 9-15. More information can be found at <http://www.atcongress.com/> For all CanSTAT members who attend, we would like you to consider writing a brief summary of the workshops and events you took part in, to be eventually shared with other CanSTAT members. We wish you all a dynamic and fruitful congress.

The new council, along with many members of CanSTAT, believe that we need to work on new and improved communication throughout the whole organization. There have been previous attempts to use email, facebook, yahoo groups, email newsletters, and the members' section of the website for different types of communication. However, none of these systems have become completely inclusive or dynamically used by a majority of members. Also, it would be great to have a "reference library" of files, promotional materials, and information that can be shared between members. We welcome conversation and ideas about this. We are aware that the members' section of the website is 3 years out of date. We need to do website updates before we can change some of this information, and this is one of our priorities.

We are currently working to re-establish our CanSTAT committees, and clarify what we could change or add to help run CanSTAT as a dynamic organization. We will need to start at least one new committee for technology & public relations. This would include better choices for communication between members (including the AGM), website updates, and media. If you are interested in being a part of this, or have ideas to help us organize it, please contact us. We will confirm all committees once they are established.

International A.T. Awareness Week this year is October 12-18th, 2015. Promotional materials are available from STAT, and have been emailed to CanSTAT. Again, we need a good medium for sharing them with all members. In the meantime, if you would like copies of the materials, please email [info@CanSTAT](mailto:info@CanSTAT) and I will forward them to you.

We have had a request from some of the French speaking affiliated societies for help with translation of STAT documents. ATAS has agreed to fund part of the cost for translation. If any CanSTAT members are fluent in French and would be interested in helping to translate, please email [info@canstat.ca](mailto:info@canstat.ca) for more information.

There is ongoing CanSTAT grant money for Alexander Technique professional development, research, and projects if a proposal is submitted and approved. The total amount is currently a maximum of \$2500 per year. This is allocated in amounts up to \$500 per application, which can be used by the current Canadian A.T. training schools or other groups of 5 or more members who want to organize their own pro-d event. This money could also be allocated to specific research, or other types of projects on a case by case basis. Again, please contact [info@canstat.ca](mailto:info@canstat.ca) for more information.

If you have not already paid, your CanSTAT dues are now overdue. Please also send your proof of liability insurance once you have it. If you have questions, please email [canstat.treasurer@gmail.com](mailto:canstat.treasurer@gmail.com) .

And finally, all email addresses have been updated. If you are receiving this at a different address than what you would prefer, please let us know so we can change it.

We wish you all a wonderful summer.

Sincerely,  
Heather Walker  
for  
CanSTAT Council-

*Gabriella Minnes Brandes (President)*

*Heather Walker (Secretary)*

*Mark Vasak (Treasurer)*