

♥ my thriving plan for _____

BETA

values + drivers

mix of work

monthly routines

dream week schedule

sun	mon	tue	wed	thu	fri	sat

work limit / intention _____

paycheck

min \$

great \$

ideal \$

per

self-care practices

hobbies

sep oct nov dec jan feb mar apr may jun jul aug

_____ wks off

_____ wks on

home life

relationships

plans + dreams

luxuries + pleasures