

Dermatology Patient Information

You have been referred to the community Dermatology service where you will be seen by a Consultant who specialises in Dermatology – the medical practice dealing with the health and wellbeing of the skin, hair, nails and its diseases.

Our dermatology service is suitable for patients of all ages with rashes and patients aged 16 and over that may require minor skin surgery or treatment of Basel Cell Carcinoma.

Preparation - Surgery

Please note that you might be offered same-day surgery for your skin problem if this is appropriate and you might want to bear this in mind when planning your journey and arranging time off work etc. It is possible that the surgery (which will be a minor procedure under local anaesthetic, typically taking about 30 minutes).

Patients on Medication

We ask for you to bring a list of medication that you are currently taking and have been prescribed by your GP. A number of patients are on medications which might make the surgery a little bit more complicated and under these circumstances they might not be offered same day surgery but will be given a further appointment sometime later.

Travel to and from your appointment

It is preferable for someone to drive you to and from the appointment if at all possible. In most cases you could probably drive, however it does depend on the type of surgery you are having and the part of the body involved, particularly the hands and feet or if a dressing has been placed over your eye. Please allow about half an hour extra after surgery in case you need to recuperate slightly before setting off home.

During the appointment

The Consultant will ask you questions about your general health and wellbeing as well as the problems that you are experiencing and the Consultant may perform a physical examination. At the end of your appointment your Consultant will give you information about your problem and answer any further question you have, and tell you the best course of action according to your results. A written report is sent to your GP within 48 hours which will have information about any medication your GP needs to prescribe for you.

Post appointment

If you have had skin surgery you will be given information about aftercare and when your stiches need to be removed. Please ensure you book an appointment at your doctors surgery to have this done, this can be performed by the practice nurse.

If you require a follow up appointment a member of the HealthHarmonie booking team will contact you to offer you an appointment when you are due to come back.