

Gynaecology Patient Information

GPs refer patients to the community gynaecology service where they will be seen by a Consultant who specialises in Gynaecology – the medical practice dealing with the health and wellbeing of the female reproductive system (vagina, uterus and ovaries).

Prior to seeing the Consultant Gynaecologist you may have been booked for a Pelvic Ultrasound Scan

The Consultant will ask you questions about your general health and wellbeing as well as the problems that you are experiencing e.g. period problems

The Consultant may perform a physical examination and some diagnostic tests such as:

- Blood tests
- Endometrial biopsy (Leaflet available)
- Swabs
- Urine Tests

At the end of your appointment your Consultant will give you information about your condition, answer any further question you have, and discuss with you the treatment options that are available.

A written report is sent to your GP within 48 hours which will have information about any medication your GP needs to prescribe for you. If you require a follow up, a member of the HealthHarmonie gynaecology team will contact you to book this.

Post Appointment, if you have any concerns or questions, please contact the HealthHarmonie gynaecology team.

Hysteroscopy

Following an appointment with HealthHarmonie you may be offered a hysteroscopy appointment.

Your visit is for your previously discussed procedure, and it is advisable for you to bring someone to accompany you home – however you will still be able to drive yourself. It is important that you eat and drink as normal before the procedure, as we will **not** be using general anaesthetic.

This is an examination of your womb with a special telescope called a hysteroscope. The procedure is a diagnostic test and the reason for your examination will be explained to you by the Consultant who will perform the procedure.

The procedure is not painful, although it may be a little uncomfortable (like having a smear test). If there is any pain then you should tell the Nurse or Consultant.

The only very small risk to this procedure is Pelvic Infection.

Please be aware your consultant may require you to complete a pregnancy test prior to procedure dependent upon menstrual cycle timeframe and individual circumstances.

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PROCEDURE

A very small hysteroscope is passed through the vagina and the cervix into the womb. In most cases, you will be able to watch the procedure on a monitor.

The Consultant or Nurse will explain everything to you during the examination.

AFTER THE PROCEDURE.

A small amount of patients may experience some period like pain for a short time after the procedure and some patients may have a little bleeding (spotting). The whole examination should take about 20 to 40 minutes, depending on the procedure. You should feel your usual self immediately after the procedure.