

# The Golden Rule across the World's Religions

## Thirteen Sacred Texts

### **Bahá'í Faith**

Lay not on any soul a load that you would not wish to be laid upon you, and desire not for anyone the things you would not desire for yourself.

*Bahá'u'lláh, Gleanings*



### **Buddhism**

Treat not others in ways that you yourself would find hurtful.

*The Buddha, Udana-Varga 5.18*



### **Christianity**

In everything, do to others as you would have them do to you; for this is the law and the prophets.

*Jesus, Matthew 7:12*



### **Confucianism**

One word which sums up the basis of all good conduct....loving-kindness. Do not do to others what you do not want done to yourself.

*Confucius, Analects 15.23*



### **Hinduism**

This is the sum of duty: do not do to others what would cause pain if done to you.

*Mahabharata 5:1517*



## Islam

Not one of you truly believes until you wish for others what you wish for yourself.

*The Prophet Muhammad, Hadith*



## Jainism

One should treat all creatures in the world as one would like to be treated.

*Mahavira, Sutrakritanga 1.11.33*



## Judaism

What is hateful to you, do not do to your neighbour. This is the whole Torah; all the rest is commentary. Go and learn it.

*Hillel, Talmud, Shabbath 31a*



## Native Spirituality

We are as much alive as we keep the earth alive.

*Chief Dan George*



## Sikhism

I am a stranger to no one; and no one is a stranger to me. Indeed, I am a friend to all.

*Guru Granth Sahib, p.1299*



## Taoism

Regard your neighbour's gain as your own gain and your neighbour's loss as your own loss.



*Lao Tzu, T'ai Shang Kan Ying P'ien, 213-218*

## **Unitarianism**

We affirm and promote respect for the interdependent web of all existence of which we are a part.



## **Unitarian principle**

## **Zoroastrianism**

Do not do unto others whatever is injurious to yourself.



## **Shayast-na-Shayast 13.29**

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